

Course Outline



Social Work with Groups Course  
Name: SOWK 235

Winter/2026

## SOWK 235: Social Work with Groups

3 credits, 45 hours

### Course Description

This course focuses on the process and dynamics of group work in social work practice. The theoretical underpinnings of group work are explored with an emphasis on values and practices that differ across cultures and consequently impact group work. A variety of group types, phases of group development, intervention techniques, and leadership qualities are examined. Students will apply concepts of group work in the classroom and will have opportunities to practice with and observe groups.

### Pre-Corequisites

N/A

### Course Learning Outcomes (CLOs)

Upon successful completion of the course, the student shall be able to:

1. *Develop an understanding of group work and practices from different cultural perspectives*
2. *Identify the different stages of group development and explain the characteristics of each of the respective stages*
3. *Explain the different procedures for forming a group and facilitating groups*
4. *Identify the various types of groups and the purpose and functions of each type of group*
5. *Demonstrate self-awareness within a group context (impact on group and group's effect on them)*
6. *Demonstrate use of beginning leadership skills and techniques applicable to various stages of groups*
7. *Participate effectively in groups in the learning environment*

Assessment Type	Percentage
Quizzes and Tests	25%
Assignments and Projects	45%
Exams	30%

### Course Completion Requirements

**A progression grade of D is required.**

### Grading Scale

<b>4.0</b>	<b>A+</b>	<b>93-100</b>
<b>4.0</b>	<b>A</b>	<b>85-92.9</b>
<b>3.7</b>	<b>A-</b>	<b>80-84.9</b>
<b>3.3</b>	<b>B+</b>	<b>77-79.9</b>
<b>3.0</b>	<b>B</b>	<b>74-76.9</b>
<b>2.7</b>	<b>B-</b>	<b>70-73.9</b>
<b>2.3</b>	<b>C+</b>	<b>67-69.9</b>
<b>2.0</b>	<b>C</b>	<b>64-66.9</b>
<b>1.7</b>	<b>C-</b>	<b>60- 63.9</b>
<b>1.3</b>	<b>D+</b>	<b>55-59.9</b>
<b>1.0</b>	<b>D</b>	<b>50-54.9</b>
<b>0.0</b>	<b>F</b>	<b>0-49</b>

### Land Acknowledgement

We respectfully acknowledge that Keyano College is on Treaty No. 8 Territory, the ancestral and traditional territory of the Cree, Dene, and Metis people.

Every effort has been made to ensure that information in this course outline is accurate at the time of publication. Keyano College reserves the right to change courses if it becomes necessary so that course content remains relevant. In such cases, the instructor will give the students clear and timely notice of the changes.

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