

Course Outline



CYC 101

Child & Youth Care Methodology

Winter/2026/ABLD

CYC 101 – Child & Youth Care Methodology

3 credits, 45 hours

Course Description

An introduction to the methods and approaches used in creating, maintaining and assessing the wellbeing and development of children, youth and families. Emphasis is on understanding the relationship between systems theory, families and family dynamics, with a specific focus on self-awareness and critical reflection.

Pre-Corequisites

Course Learning Outcomes (CLOs)

Upon successful completion of the course, the student shall be able to:

1. Examine the family focused approach to Child and Youth Care scope of practice.
2. Develop introductory skills and abilities necessary to engage with vulnerable children, youth and families utilizing a trauma informed approach.
3. Identify holistic needs of children, youth and their families through the lens of a Child and Youth Care Worker.
4. Illustrate the importance of creating therapeutic relationships with children, youth and their families.
5. Identify strategies required in the creation of intervention plans for children, youth and families that are inclusive, strength based, and evidence informed in nature.
6. Summarize the importance of critical reflection in developing self-awareness and self-care skills.

| Assessment Type | Percentage |
|--------------------------|------------|
| Assignments and Projects | 100% |
| Quizzes & Tests | |

Course Completion Requirements

A progression grade of C- is required.

Grading Scale

| | | |
|------------|-----------|-----------------|
| 4.0 | A+ | 93-100 |
| 4.0 | A | 85-92.9 |
| 3.7 | A- | 80-84.9 |
| 3.3 | B+ | 77-79.9 |
| 3.0 | B | 74-76.9 |
| 2.7 | B- | 70-73.9 |
| 2.3 | C+ | 67-69.9 |
| 2.0 | C | 64-66.9 |
| 1.7 | C- | 60- 63.9 |
| 1.3 | D+ | 55-59.9 |
| 1.0 | D | 50-54.9 |
| 0.0 | F | 0-49 |

Land Acknowledgement

We respectfully acknowledge that Keyano College is located on Treaty 8 territory, the traditional and contemporary meeting grounds and gathering places of the Denesuline, Cree and Métis Peoples of this region. Our name, Keyano (kiyânaw in nêhiyawêwin – Cree language), translates to “we, us, our” and speaks to the connection we have as a community and our commitment to being in the right relationships with the First Peoples of these lands.

Review Date: July 2025

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