

Course Outline



CYC 100

Introduction to Child and Youth
Care

Winter/2026/ABLD

CYC 100 – Introduction to Child and Youth Care

3 credits, 45 hours

Course Description

An introduction to the profession of Child and Youth Care, examining historical developments and their impact on child and youth care practices today. The course focuses on three central themes: 1) the children, youth, and families served; 2) the role of the child and youth care practitioner; and 3) self-awareness.

Pre-Corequisites

Course Learning Outcomes (CLOs)

Upon successful completion of the course, the student shall be able to:

1. Examine historical developments within the practice of Child and Youth Care.
2. Analyze legislation, policies, and codes of conduct to the practice of Child and Youth Care in various environments.
3. Explore the role of the Child and Youth Care worker in supporting vulnerable children and youth.
4. Review ethical and professional standards of practice inherent in the role of a child and youth care worker through a holistic perspective.
5. Identify the core values and beliefs that distinguish Child and Youth Care from other helping professions.
6. Discuss the importance of self-awareness and self-advocacy within the scope of a Child and Youth Care Worker and identify several practical techniques to promote resiliency.
7. Critically evaluate and explore individual values, beliefs, attitudes and gain self-awareness when working with children, youth, and families in a variety of Child and Youth Care settings.

Assessment Type	Percentage
Assignments and Projects	75%
Quizzes & Tests	25%

Course Completion Requirements

A progression grade of C- is required.

Grading Scale

4.0 Grade Scale	Alpha Grade	Percentage Grade
4.0	A+	93-100
4.0	A	85-92.9
3.7	A-	80-84.9
3.3	B+	77-79.9
3.0	B	74-76.9
2.7	B-	70-73.9
2.3	C+	67-69.9
2.0	C	64-66.9
1.7	C-	60-63.9
1.3	D+	55-59.9
1.0	D	50-54.9
0.0	F	0-49

Land Acknowledgement

We respectfully acknowledge that Keyano College is located on Treaty 8 territory, the traditional and contemporary meeting grounds and gathering places of the Denesuline, Cree and Métis Peoples of this region. Our name, Keyano (kiyânaw in nêhiyawêwin – Cree language), translates to “we, us, our” and speaks to the connection we have as a community and our commitment to being in the right relationships with the First Peoples of these lands.

Review Date: July 2025

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