

TRACK RULES

FAILURE TO FOLLOW SET RULES MAY RESULT IN REMOVAL FROM THE FACILITY AND LOSS OF MEMBERSHIP.

- Check track direction before use.
- Inside track lanes = slow; outside track lanes = fast and passing lanes.
- Look before crossing lanes to avoid collisions.
- No outdoor footwear is permitted on the track.

- Children under 8 must be within arm's reach of someone 16 or older when using the track.
- Children under 5 must be in a stroller or buggy while using the track.
- No spectating on the track.



All guests are required to wear a wristband



Clean non marking, closed toed indoor footwear to be worn at all times

SEE STAFF FOR ASSISTANCE, EQUIPMENT, OR HELPFUL FITNESS TIPS!

