

# He-THE-COLOR

THE MONTHLY NEWSLETTER OF THE STUDENTS' ASSOCIATION OF KEYANO COLLEGE

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Submit your own story/creation





















## October 2020

List of SAKC events for the month of October 2020

MON	TUE	WED	THU	FRI
Sept. 28	29	30	1	2
Extended SGB Elections Campaign! (Sept 21 - Oct. 2)				
5	6	7	8	9
SGB Online Voting				World Mental Health Day
World Teachers' Day	Ballot Counting (4pm)			(Oct. 10) ´
12	13	14	15	16
Thanksgiving Day NO CLASSES				World Food Day
19	20	21	22	23
				United Nations Day (Oct. 24)
26	27	28	29	30
	Halloween Kahoot! (Oct 27-30)			
	Casino Fundraiser	(Volunteers needed!)		

### **STUDENT BODY**

### **Voting**

- **Elections**
- Referenda

### **STUDENT GOVERNING BOARD**

### Governance

- Bylaw Approval
- Annual Budget Approval
- Representation Oversight



### Representation

- Policy Approval
- Represent Members
- Management Oversight

### **EXECUTIVE DIRECTOR**

#### **Management**

- Organizational Stewardship
- Implementation Oversight

### **STAFF**

### **Implementation**

- Service Delivery
- Mission Fulfillment



### **NON-PROFIT ORGANIZATIONAL STRUCTURE**

### **Shared Responsibilities**

**Support the** "Enhance the Keyano College student Mission experience by advocating for their rights, representing their voice, creating a culture of engagement and leadership, while providing student-driven services."

Duty of Care & At all times, act in good faith and in the best Loyalty interest of members and the organization.

**Due Diligence** Know what SAKC does, know your role, be prepared to contribute, stay informed, and always act prudently and reasonably.

Respect Roles Everyone has their role to perform, and the organization is at its most functional when everyone focuses on performing it.



## Student Menta Health Committee

We're here to support you.

Learn more at www.studentcare.ca

## EMPOWER ME BYSTUDENTCARE

No issue is too big or too small. **Empower Me is here** to support you.

Available 24/7, 365 days a year

1-833-628-5589

School can be very stressful and especially in this time of heightened anxiety and worry, if you're feeling overwhelmed and need additional support, you're not alone.

> The Empower Me program allows students covered by the SAKC **Health Plan to connect** with qualified professionals for a number of issues, from financial insecurity to anxiety or depression.

You have access to an additional support service 24/7, 365 days a year, from anywhere in Canada or the US, through Empower Me.

### Can relate! Hahahaha! XD

me not studying but also being aware that every second I spend doing nothing is increasing the probability of my failure but still not being bothered to study but still panicking

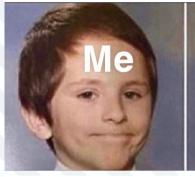


Parents: "Are you getting all your work done? Are you reading ahead? How is your sleep schedule?"

### College Students:



When you are the first person to enter the online class





online classes (due to corona) starter pack

\*chaotic energy\*





pretending that you're not sitting on your bed



turning on the camera and turning it off in 3 seconds

"could you repeat the task please?"



"mute your mics everybody!!!"

books everywhere

somebody showing off their pet on camera

"starting monday we'll be using online lecture"

My wifi:





### ADVICE FROM OUR SAKC PRESIDENT!

It is the month of October a.k.a Halloween month. Let's get the spooky on.

How are you and how are your classes going?

**Email me about any** concerns or worries vou face with the current changes.

### CONTACT:

### **Chioma Igbokei**

President president@sakc.ca pres.sakc@keyano.ca



5 pieces of advice every college student can use:

### Pay attention in class

- = less time spent on homework
- = more fun

Take advantage of your college resources e.g library, skills centre, info commons

### Studying isn't everything

- join extracurriculars e.g SGB (SAKC Board of Governors)

### Stay in touch with your family

- try to call them at least once a week

Your competition is not your classmate but you. Embrace your strength!



## STUDENT AFFAIRS

We want to see Keyano College students get more engaged in our monthly activities and win prizes!

### CONTACT:

### **Marvin Tibby**

VP Student Affairs SMHC Chair vpstudentaffairs@sakc.ca

# savp.sakc@keyano.ca

### **Job Postings**

We try to ensure when there are job postings, we want students to take advantage of it. More information can be found on our online platforms.

### **Bowling Night & 9 Round**

SAKC will be hosting a bowling night and a 9 Round (fun activities for students), one in October and the other in November. Look out on our social media for updates!

### **Online Games & Prizes**

We have online games with gift cards prizes, so join us and enjoy the fun and laughter. Look out on our social media for updates!

### **Contact Us!**

In this pandemic SAKC wants you to know that you are not alone so feel free to call on any of us if you are having any personal issues, we are willing and ready to listen to you.

### **Any Ideas? Let's Hear It!**

If you have any idea about things you would enjoy just let us know so we can arrange it and make it a success.



We are now a month into our fall semester and we would like for students to send us their feedback on how online classes are going. What concerns need to be addressed? What can be improved? How can we help students more effectively?

### **Scarlett Chapman**

VP Academics Academic Council Chair vpacademics@sakc.ca

## ACADEMIC COUNCIL MEMBERS

We would like to welcome our new Academic Council members for 2020-2021!

### **Carl Haine**

1st year, Social Work

### Kauthar Hemeid

2nd year, Bachelor of Science

### Chloe Haine

3rd year, Business Administration - Accounting

### **Terrence Abalos**

4th year, Bachelor of Science in Nursing

### 5 Tips for Taking Online Classes

### Treat an online course like a "real" course.

 When it comes to online classes, you need to have the discipline to sit down and say, "I am going to work on this," as well as the dedication to actually follow through.

### Hold yourself accountable

- Set goals for yourself
- Check in with yourself weekly

### **Practice time management**

- Look at the syllabus and make note of major assignments
- Create weekly schedule that you follow
- Check in periodically throughout the term to look at how you're spending your time

### Create a regular study space and stay organized

 Set up a dedicated learning environment for studying free of distractions.

### **Actively participate**

Participate in the courses online forums and engage with other classmates

## 2019-2020 National Scholar Award



**CCAA - ACSC News Release** (September 16, 2020)

We are excited to share to everyone that 20 Keyano College student-athletes went above and beyond in their sports and academic ventures, and received a National Scholar Award.

The Canadian College Athletic Association (CCA) National Scholar Award recognizes the outstanding academic accomplishments of these student-athletes.

Keep up the good work & Go Huskies!

### RECIPIENTS

### **BASKETBALL**

- Casey Gorieu
- Jacob Simmons
- Joy Victor
- Kaitlyn de Sousa Martins
- Kaleigh Sellers
- Kayla Lutterodt
- Madison Gingell
- Mamoiyan Toure
- Tyshaine Page

### SOCCER

- Julio Meirelles
- Karl Tronche
- Kya Soper
- Lisa Popp
- Skylar Robertson

### VOLLEYBALL

- Alex Andryszewski
- Harlee Cameron
- Jamie Ferns
- Kayla Wandowich
- Mackenzie Stokes
- Marlo Rathmann

## REACHING OUT TO OUR Creative Huskie



We will edit and publish your work in our next Howler issues!

You can choose where you would like us to promote your content:

SOCIAL MEDIA

We encourage different types of content such as: literature, arts, crafts, photography, and other works that you would like to share to the College and the community!

#THEHOWLER #SAKC #KEYANOCOLLEGE #KEYANOHUSKIES

#KEYANOSTUDENTLIFE

Our goal is to SUPPORT AND HELP YOU

to other people through our platforms.



If you are interested and would like to fill out a submission form, please email:

communication@sakc.ca

Our communication team will review your submission and discuss how you would like us to promote your creation.