

BScN Collaborative Program with University of Alberta
NURS 323, Community Nursing Through the Lifespan - Winter 2023

★6 (fi 18) (either term, 2-144c-2)

Lecture: 18 hours, Lab: 18 hours, Clinical: 144 hours

The course covers theories, ethics and evidence-informed approaches to community health nursing including primary health care, population health, health maintenance and promotion, and disease and injury prevention. It includes exploration of concepts of community-based assessment, planning, intervention and evaluation with community-as-client. The practicum portion of the course includes a variety of community settings. Nursing practice will include health assessment and interventions for clients throughout the lifespan and care continuum. Course includes 144 clinical hours total. Note: Available only to nursing students in the Collaborative/Honors Program or Bilingual Program.

Prerequisites: NURS 216, NURS 224, and NURS 225.

Instructors:

Nursing Instructor – Clinical Group L1 & L4

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Nursing Instructor- Lecture/Lab/Clinical Group L2 & L6

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Nursing Instructor – Clinical Group L3

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Nursing Instructor – L5

Sandy DeWolfe

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Nursing Instructor – L7

Catharine Szpak

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Office Hours

By appointment only – email for appointment

Communication

It is the students' responsibility to ensure that they check Moodle courses at minimum of twice daily, once in morning and evening. It is recommended to check more frequently. Instructors will communicate with the student group by announcements in the news forum on Moodle. It is the students' responsibility to ensure thorough review of all resources and content on the Moodle course site. The instructors have placed many resources and documents to ensure the students' success in each course.

It is the students' responsibility to check their Keyano College email at minimum of twice daily, once in morning and again in evening. It is recommended to check email more frequently. Please note that the method to contact your instructor is email. Please allow a 48 hour minimum response time from your instructor on business days. Instructors will not be checking emails on evenings and weekends/holidays. Do not text or call your instructor unless you will be absent for clinical that day; inquiries related to assignments and course content must be sent in an email to your instructor.

Hours of Instruction

See Timetable

Required Resources

All students will be required to have access to the previously purchased Elsevier bundle. This includes access to the required textbook along with the Nursing Concepts Online platform.

Students are required to have appropriate clinical attire and supplies per the BScN Student Handbook.

Canadian Nurses Association. (2017). *Code of ethics for registered nurses*. Ottawa, ON. Retrieved from: <https://www.cna-aiic.ca/~media/cna/page-content/pdf-en/code-of-ethics-2017-edition-secure-interactive>

College and Association of Registered Nurses of Alberta. (2019). *Entry-level competencies for the practice of registered nurses*. Edmonton, AB: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/standards/entry-to-practice-competencies-for-the-registered-nurses-profession.pdf?sfvrsn=15c1005a_16

College and Association of Registered Nurses of Alberta (2010). *Ethical decision-making for registered nurses in Alberta: Guidelines and recommendations*. Edmonton: Author. Retrieved from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/RN_EthicalDecisions_May2010.pdf

Course Outcomes

Upon successful completion of the course, the student shall be able to:

- 1) Explore, apply, and integrate theory, ethics and evidence informed approaches for community health nursing.
- 2) Identify, integrate, and practice primary health care, population health, health promotion and maintenance, and illness and injury prevention approaches with community as client.
- 3) Explore and practice the nursing process in a community context and setting.
- 4) Practice and integrate health assessment and nursing interventions for clients throughout the lifespan and care continuum within a community context.
- 5) Articulate and perform, as appropriate, the role of the community health nurse in promoting the health of individuals, families, groups, communities, and populations.
- 6) Demonstrate safe, ethical, and collaborate practice with childbearing families in diverse settings
- 7) Demonstrate performance of selected health assessment skills with:
 - a. Women during pre-conception, pregnancy, birth and post-partum
 - b. Newborns, infants, and children
- 8) Demonstrate integration of evidence-informed knowledge from previous and concurrent nursing courses in clinical, lab, and simulation settings.

Evaluation

Focused Learning in Community & Care of the Childbearing Families			
Assignments/Course components	Dates	Weight	Course objectives no.
1) Clinical Assessment Tool	Day following each rotation	Pass/Fail	1, 2, 3, 4, 5, 6, 7, 8
2) Public Health Concept Map	Prior to Public Health Orientation	Pass/Fail	1, 2, 3, 4, 6, 8
3) Mastery Assessments	Last Day of Clinical	Completion	1, 2, 3, 4, 5, 6, 7,8
4) Weekly Reflections	Day following each rotation	Pass/Fail	1, 2, 3, 4, 5, 6, 7,8

Students must achieve a pass in all assignments and course components to pass this course. A failure in submitting any assignment or course component will result in an overall failure in the course.

1) Clinical Assessment Tool

The Clinical Assessment Tools (CAT) is used to evaluate students' performance in the clinical setting. Students will be evaluated in accordance with the criteria outlined in the CATs. Student performance will be evaluated through direct and indirect observations by the clinical instructor and/or co-assigned staff, peers, or other faculty. Students are expected to be adequately prepared for clinical in order to deliver safe, knowledgeable, and ethical care to assigned clients; this includes client research, prioritizing and planning care, and competency with psychomotor skills. Students who fail to meet any component of the CAT will fail the course. Students who are demonstrating unsatisfactory clinical performance will be informed immediately by their instructor and a collaborative learning plan will be developed. Students who do not meet the required learning outcomes will receive a failing grade in the course. There will be two CATs – one for community/public health (midterm following first rotation) and one for the maternity unit.

2) Public Health Concept Maps

Students will create 1 concept maps in preparation for Well Child visits in Public Health. L1 & L5: 2 months, L2 & L6: 6 months, and L3 & L4 & L7: 12 months. Concept maps must be comprehensive and include relevant health promotion information for each age group. *Concept maps must be done and submitted electronically and fit onto one page, but font can be small.*

Each concept map must include the following information:

- Age
- Growth: Height/length, weight, head circumference
- Vital signs
- Developmental theories
- Developmental Milestones (fine motor, gross motor, social/emotional, cognitive)
- Immunizations (What is due, what it protects against, route, dose, fit to immunize questions, anaphylaxis, side effects, after care)
- Nutrition
- Elimination
- Skin care
- Sleep
- Self-concept
- Safety (SIDS, car seats, cords/strings, cribs, toys, soothers, bottles, clothing, environment)
- Family
- Sexuality
- Primary health care principles

- Community resources (in person and online)
- Determinants of health

3) **Mastery Assessments**

Mastery Assessments must be completed in order to pass the course. These assessments and review are completed in Elsevier/Evolve using Developing Clinical Judgment for Professional Nursing and the Next-Generation NCLEX-RN® Examination.

4) **Weekly Reflections**

Students will be required to submit a written reflection on a clinical experience they encountered during their week. Critical Reflections are NOT a summary of an activity or an emotional outlet. The goal of these papers is to articulate a change in your thinking about a subject and thereby a change in your behavior. Critical self-reflection must be written in a scholarly format, APA format, and include evidence from the literature. See the Guideline for Writing Critical Reflections on Moodle.

All of these requirements must be met by the end of the course to achieve a PASS.

Late Assignments

All assignments are to be submitted as indicated in the course outline and timetable. Extensions on assignments may be granted; however, must be negotiated with the Instructor prior to the due date and with a date specified for late submissions. Assignments not submitted on the day and time specified will incur a 5% deduction per day including weekends. This will be applied each day until the assignment is received by the instructor. Students can submit assignments on Moodle on weekends.

If the student does not submit an assignment by course end date and prior to the final exam date, a zero will be given for that assignment.

Students MUST submit all assignments in order to pass the course. If an assignment is not submitted before aforementioned deadlines, the student will receive a failing grade of an F in the course.

Plagiarism

The Plagiarism Tutorial below must be completed within the first week of class. Please send your certificate of completion to your instructor via Keyano Mail.

<https://www.indiana.edu/~academy/firstPrinciples/choice.html>

Grading System

This course is a pass/fail course. Failure to complete any of the required components to a satisfactory level will result in failure of the course.

Proposed Schedule

See the class schedule, topics, and readings as attached and on Moodle.

Please Note:

Date and time allotted to each topic is subject to change.

Performance Requirements and Student Services

Student Responsibilities

As a student, it is your responsibility to contact the Office of the Registrar to complete the required forms, including the Withdraw Course or Program or a Change of Registration form. Please refer to the important dates listed in the Academic Schedule in the [Keyano College credit calendar](#). The Keyano College credit calendar also has information about Student Rights and the Code of Conduct. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and the Code of Conduct Policies.

Student Attendance

Class attendance is helpful for two reasons: First, class attendance maximizes a student's learning experience. Second, attending class is an excellent way to keep informed of matters relating to the course administration (e.g., the timing of assignments and exams). Ultimately, you are responsible for your learning and performance in this course. It is the responsibility of each student to be prepared for all classes. Absent students are responsible for the material covered in those classes, and students must ensure they are ready for their next class, including completing any missed assignments and notes.

Academic Misconduct

Students are considered responsible adults and should adhere to the principles of intellectual integrity. Intellectual dishonesty takes many forms:

- Plagiarism or the submission of another person's work as their own,
- The use of unauthorized aids in assignments or examinations (cheating),
- Collusion or the unauthorized collaboration with others in preparing work,
- The deliberate misrepresentation of qualifications,
- The willful distortion of results or data,
- Substitution in an examination by another person,
- Submitting unchanged work for another assignment, and
- Breach of confidentiality.

The consequences for academic misconduct range from a verbal reprimand to expulsion from the College. More specific descriptions and details are found in the Student Rights and Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Code of Conduct Policies. To ensure your understanding of plagiarism, you may be required to complete the online [Understanding Plagiarism tutorial](#) and submit the certificate of completion.

Online Learning

Technology and internet connectivity will impact your online learning experience. You may be required to watch online videos, take online quizzes, or participate in live online classes. Live/virtual courses will be hosted in Microsoft Teams or Zoom. For all course delivery types, you will access your course resources on Keyano's learning management system: Moodle (iLearn). Login in using your [Keyano username and password](#). Keyano College operates in a Windows-based environment, and having access to the correct tools for online learning is essential. Here's a list of recommended system requirements.

Internet Speed

Minimum download and upload speeds of 10 Mbps. Recommended download speeds of 25 Mbps and upload speeds of 10 Mbps (if you are sharing your internet at home). You can check your internet speed with [Speedtest by Ookla](#).

Computer System Requirements

Keyano College software are Windows based.

Microsoft Windows	Apple (Mac)
<p>Minimum Requirements:</p> <ol style="list-style-type: none"> Windows 10 Operating System or above 4GB of RAM 10GB available hard drive storage space <ol style="list-style-type: none"> Install the Microsoft Office 365 suite (~3GB) * Microphone, webcam, and speakers (All modern laptops have these three accessories built-in.) Windows has built-in anti-virus/malware software. It is essential to install system updates to keep your device secured regularly. <p>*Microsoft Office 365 is free to Keyano students.</p>	<p>Minimum Requirements:</p> <ol style="list-style-type: none"> Mac Operating System 10.14 (Monterey) or above 4GB of RAM 10GB available hard drive storage space <ol style="list-style-type: none"> Install the Microsoft Office 365 suite (~3GB) * Microphone, webcam, and speakers (All modern laptops have these three accessories built-in.) Mac has built-in anti-virus/malware software. It is important to install system updates to keep your device secured regularly. <p>*Microsoft office 365 is free to Keyano students.</p>
<p>Recommended Upgrades</p> <ul style="list-style-type: none"> 8GB of RAM Regularly back up or synchronize your files, locally or with a cloud-based storage option. <p>OneDrive is the cloud-based storage option free to students after the setup of KeyanoMail and Microsoft 365.</p>	<p>Recommended Upgrades</p> <ul style="list-style-type: none"> 8GB of RAM Regularly back up or synchronize your files locally or with a cloud-based storage option. <p>OneDrive is the cloud-based storage option free to students after the setup of KeyanoMail and Microsoft 365.</p>
<p>Tablets, iPads and Chromebooks are not recommended: they may not be compatible with the testing lockdown browsers and Microsoft Office 365.</p>	

Specific Department Requirements

Business and OA programs require Windows 10.
Other programs may utilize Windows-based tools as well.

Computer Software

Students have access to Microsoft Office 365 and Read&Write for free using Keyano credentials.

See [Recommended Technology](#) for more information.

Recording of Lectures and Intellectual Property

Students may only record a lecture if explicit permission is provided by the instructor or Accessibility Services. Even if students have permission to record a lecture or lecture materials, students may not share, distribute, or publish any of the lectures or course materials; this includes any recordings, slides, instructor notes, etc., on any platform. Thus, no student is allowed to share, distribute, publish or sell course-related content without permission. It is important to recognize that the Canadian Copyright Act contains provisions for intellectual property. The [Academic Integrity Policy](#) provides additional information on Keyano College's expectations from students as members of the intellectual community.

ITS Helpdesk

If you have issues with your student account, you can contact the ITS Helpdesk by emailing its.helpdesk@keyano.ca or calling 780-791-4965.

Specialized Supports The Student Services Department is committed to Keyano students and their academic success. There is a variety of student support available at Keyano. All student services are available during Keyano business hours: Monday to Friday, 8:30 a.m. to 4:30 p.m. The College is closed on statutory holidays. If you require support outside of regular business hours, please inform the support service team, and they will do their best to accommodate your needs.

Accessibility Services provides accommodations for students living with disabilities. Students with documented disabilities or who suspect a disability can meet with an Access Strategist to discuss their current learning barriers and possible accommodations. Students who have accessed accommodations in the past are encouraged to contact the department to request accommodations for the following semester. Please note that requesting accommodations is a process and requires time to arrange. Contact the department as soon as you know you may require accommodations. For accessibility supports and disability-based funding, please book an appointment by emailing us at: accessibility.services@keyano.ca.

Accessibility Services also provides individual and group learning strategy instruction for all students and technology training and support to enhance learning. You can meet with an Access Strategist to learn studying and test-taking strategies. In addition, you can schedule an appointment with the Assistive Technology Specialist to explore technology tools for learning. Book an appointment today by emailing: accessibility.services@keyano.ca

Wellness Services offers a caring, inclusive, and respectful environment where students can access free group and individual support to meet academic and life challenges. Mental Health Coordinators provide a safe and confidential environment for you to seek help with personal concerns. Our Wellness Navigator offers support with basic needs such as housing, financial and nutritional support, and outside referrals when needed. Wellness Services welcomes students to participate in group sessions that address topics including mindfulness and test anxiety throughout the academic year. Individual appointments can be made by emailing wellness.services@keyano.ca.

Library Services: provides students with research, information, and education technology supports as they engage in their studies. Library staff are available to help you online and in person throughout the semester. Librarians offer individual and small group appointments booked using the online [Book A Librarian calendar](#). The Library also provides research and subject guides to help you with your studies. To view a subject or course-specific guide, check out the complete list of online [Subject Guides](#). To start your research and access citation guides (APA, MLA, Chicago, or IEEE), visit the [Research Help page](#). The Library's collections (including print and online materials) are searchable using OneSearch. The Library offers a Loanable Technology collection to support students accessing and using technology. For an up-to-date list of technology available for borrowing, visit the Library's [Loanable Technology webpage](#). For a detailed list of library resources and services, go to www.keyano.ca/library. For all inquiries, please email askthelibrary@keyano.ca or [chat with us online](#).

Academic Success Centre: The Academic Success Centre at Keyano College (CC-119) provides **free** academic support services to registered students, such as tutoring, writing support, facilitated study groups, workshops, and study space. Academic Content Specialists are available in Mathematics, Science, Trades, Power Engineering, Upgrading/College Prep, Human Services, English, Humanities, and more. Students are encouraged to visit the Academic Success Centre to discuss study strategies and academic concerns. For additional information, please email Academic.Success@keyano.ca.

Academic Success Coach: The Academic Success Coach is located in the Academic Success Centre and works with students to develop academic success plans, time management skills, study strategies, and homework plans. For additional information, please email Academic.Success@keyano.ca.