

UNIVERSITY OF ALBERTA

Faculty of Nursing Undergraduate Programs BScN COLLABORATIVE PROGRAM

Grande Prairie Regional College, Keyano College, Red Deer College, University of Alberta



NURS 224

Foundations of Nursing III

COURSE OUTLINE

Note: students are expected to familiarize themselves with this course outline, the BScN Program Student Handbook and Moodle

Calendar Statement

NURS 224 - Foundations of Nursing III

(★3) The focus on evidence-informed assessment and management of health challenges in both episodic and chronic illness. Aligns with concepts from NURS 216 and NURS 225 intentional clinical learning activities. Note: Available only to nursing students in the Collaborative/Honors Program and Bilingual Program. Prerequisites for Collaborative/Honors Program students: NURS 220 (or NURS 201) and NURS 221 (or NURS 202). Prerequisites for Bilingual Program students: SC INF 220 (or SC INF 217) and SC INF 221 (or SC INF 218). Corequisites: NURS 216 and NURS 225 (or NURS 308). Credit may be obtained for only one of NURS 224 or 307

Course Hours (for this term)

Lecture: 45 hours

Course Learning Outcomes

Upon completion of this course, the student will be able to:

- Implement the nursing process based on key evidence-informed data with clients experiencing episodic and chronic health challenges across the lifespan;
- Build relational nursing practice and inquiry skills/abilities;
- Explain the Registered Nurse's role in managing clients with episodic and chronic illness;
- Examine safety as a foundational concept in nursing practice;
- Analyze the relationship between ethics and nursing practice.

Course Instructors

Name	Office number	Phone number	email
Crystal Rose	CC-205F	780-791-8937	Crystal.rose@keyano.ca

Note:

- Please allow 2 business days for a response. Include your course name in your subject line.
- Professional and respectful communication is expected.

Communication

It is the students' responsibility to ensure that they check Keyano Email and Moodle courses <u>at</u> <u>minimum of twice daily, once in morning and evening.</u> It is the students' responsibility to ensure thorough review of all resources and content on the Moodle course site. The instructors have placed many resources and documents to ensure the students' success in each course.

Instructors will communicate with the student group by announcements in the news forum on Moodle. Please ensure that you check this at least twice daily. Please note that the method to contact your instructor is email. Please allow a 48 hour minimum response time from your instructor on business days. Instructors will not be checking emails on evenings and weekends/holidays. Do not text or call your instructor unless you will be absent for clinical that day; inquiries related to assignments and course content will be sent in an email to your instructor.

In NURS 224, we are using the HyFlex course delivery mode. HyFlex is short for "hybrid-flexible." What this means is that, as the student, you have a choice about how you participate in class on a daily/weekly basis. The options for attending/participating this class are below:

Options for Attending/Participating Class (choice can be made daily/weekly):

- a. Face-to-face in our classroom on campus at our regular class time
- b. **Online virtually via Zoom (Synchronously)** at our regular class time (see details below in the "Expectations" section).
- c. Online Asynchronously on a flexible schedule, you will complete online activities during the scheduled week adhering to activities and assignment due dates. The mode may require you to review class recordings.

Please note that you may asked to indicate your intended participation mode on a weekly basis using a poll tool in Moodle.

Attending Online Virtually via Zoom:

- 1. Enter our Moodle course, go to Course Information section, and click on the Online Virtual Session Zoom link to join the class.
- 2. Once you click on "Online Virtual Session Zoom link," a dialog box will appear, click the Join Meeting button.

Expectations of Students with Respect to Technology:

Log in to Moodle at least three times a week to check announcements and the schedule (it's good to get into the habit of checking Moodle daily for each of your courses).

- 1. Participate in class regardless of whether you attend face-to-face, virtually via Zoom (synchronously), or asynchronously.
- 2. If you choose to attend class virtually via Zoom:
 - a. make sure that your technology is updated and ready for each class (log in 5-10 minutes early to check updates and connections).
 - i. Note: Public Wi-Fi connections sometimes may not support the bandwidth necessary for Zoom.
 - ii. Headphones are recommended.
 - iii. Cameras on preferred.
 - b. once you enter the Zoom room, all you need to do is wait for the session to begin.
 - iv. There may be second difference between the virtually and "real life," so you will experience the lecture with a little bit of lag. However, this will not be noticeable unless you are attending in person and also have Zoom/Microsoft Teams open.
 - v. You instructor will monitor all questions that come in, so don't worry about any lag.
- 3. If you choose to attend class in person, it is recommended that you bring a device to class to login to Zoom session for group work.
- 4. Be respectful of your peers and the instructor regardless of whether you attend face-to-face or virtually.
- 5. Having non-course-content-related technology issues?
 - c. If you ever have a problem, first try using a different browser.
 - d. For Zoom related issues, you might find your answer at Getting Started with Zoom
 - e. For Moodle related issues, visit <u>Learning to use Moodle</u>
 - f. For general issues, you can contact thel or call 780-791-4965

Required Computer Access Codes for Elsevier Evolve e-books

Elsevier. (2016). Nursing concepts online-Access Code. Elsevier ebooks

Required Resources

College and Association of Registered Nurses of Alberta. (2013). Entry-to-practice competencies for the registered nurses profession. Edmonton, AB: Author. Retrieved from <a href="https://www.nurses.ab.ca/docs/default-source/document-library/standards/entry-to-practice-competencies-for-the-registered-nurses-profession.pdf?sfvrsn=15c1005a_12

- College and Association of Registered Nurses of Alberta (2010). Ethical decision-making for registered nurses in Alberta: Guidelines and recommendations. Edmonton: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/rn-ethical-decisions-making.pdf?sfvrsn=d714472f_10
- College and Association of Registered Nurses of Alberta. (2013). *Practice standards for regulated members.* Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/standards/practice-standards-for-regulated-members.pdf?sfvrsn=d4893bb4_8
- Canadian Nurses Association (CNA) Code of Ethics for Registered Nurses (2017). Accessed at: https://cna-aiic.ca/~/media/cna/page-content/pdf-en/code-of-ethics-2017-edition-secure-interactive.pdf?la=en
- College and Association of Registered Nurses of Alberta. (2008). *Primary health care*. Edmonton, AB: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/primary-health-care-guidelines.pdf?sfvrsn=d3e8692c_10
- College and Association of Registered Nurses of Alberta. (2011). *Professional boundaries for registered nurses: Guidelines for the nurse-client relationship*. Edmonton, AB: Author. Retrieved from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/RN Professi onalBoundaries May2011.pdf
- Faculty of Nursing, University of Alberta. (2017). *Graduate Competencies and Year-End Outcomes Condensed Version Rev. 2.0.* Retrieved from Moodle Nurse 001Skills/Resources/Policies/Surveys course.

Recommended Textbooks & Resources

1. American Psychological Association. (2019). Publication manual of the American Psychological Association (7th ed.). Washington, DC: Author.

Course Evaluation

Assignments/Course components	Dates	Weight
Nursing Concept Poster Presentation	Section A – February 6 th (Presentations) and	30%
and Annotated Bibliography	February 13 th (Annotated Bibliography)	
	Section B -March 29th (Presentations) and	
	April 3 rd (Annotated Bibliography)	
Midterm exam	Section A- January 23 rd	25%
	Section B-March 15 th	
Final Exam	Section A- February 15 th	40%
	Section B-TBA Exam Week	

Criteria to receive a "Pass"

- Attend all classes. If you miss a class due to illness or unforeseen circumstances, you must inform your instructor prior to class.
- All assignments must be completed and submitted to instructor on the specified due date as outlined.
- In class participation includes active engagement in discussions and activities and listening to and demonstrating respect for classmate's contributions.
- Students must refrain from cell phone and internet use during class.
- Students are expected to come to class prepared to participate.

Assignments Descriptions

Nursing Concept Poster Presentation and Annotated Bibliography (30%)

Preamble:

A concept analysis is an exercise designed to make the student as familiar as possible with a concept. A concept is usually one or two words that convey meaning, understanding, and feelings between or among individuals within a discipline. Some concepts relevant to nursing are caring, autonomy, critical thinking, hope, and coping. Concepts in nursing can be applied to clients, the nurse-client relationship, nursing practice, and the environments where nursing practice occurs. A concept analysis is the first step in communicating meanings, understandings, and feelings.

This assignment is intended to give students an opportunity to explore a particular nursing practice concept in more depth and consider how it may be applied to their future nursing practice.

Scholarly Poster Presentation and Annotated Bibliography

Select one of the nursing concepts from Giddens to explore in more depth (or consult with your instructor if you want to explore a concept not listed). Look for a measurable quality in your topic of interest. Review and synthesize the literature related to the chosen concept to address the questions in the guidelines below in your poster and annotated Bibliography.

- What is the definition of the concept?
- Write down all the words you can think of which relate to or express your concept.
- Look up the concept in a dictionary and list the definitions you feel most closely describe your thoughts or feelings on the concept.
- What does the research/literature say about this concept?
- Is there agreement among authors about a definition?
- Formulate a list of characteristics or criteria that describe the concept in measurable terms so the concept can be measured in the empirical world.
- Are there related concepts? What are they?
- How is this concept related to health and/or illness?
- How will your new knowledge/understanding of the concept impact your future nursing care?

- Develop your own definition of the concept which dictionary definitions and literature support including criteria for measurement of your concept in the real world.
- Search nursing literature for journal articles and related to the concept to get a sense of the beliefs and thoughts of others in the discipline regarding the concept and choose four to create an **annotated bibliography**.
- Begin the annotated bibliography with an introductory **page** expressing what the concept is and why it is significant to you and nursing.

Grading rubric – See **APPENDIX A**

Midterm Quiz (30%)

Examination details, including location will be posted on Moodle. Examination will be completed within scheduled class time. See timetable for date and time.

Final Exam (40%)

Examination details, including location will be posted on Moodle. Section B's final exam will be invigilated on-site during exam week.

Final Grades

The assignments are marked as raw scores according to the percentage weight assigned to each. The marks on course assignments will contribute to the overall letter grade according to the percentage that each assignment is weighted in the course. At the end of the course, all assignment scores are totaled for a term summary mark in the course based on the grading scale below. The FINAL COURSE GRADE is based on the cumulative total of individual student's weighted assignment marks.

Grading rubric is in APPENDIX B.

Deferred Final Exams

A student who has missed a final exam because of incapacitating mental and/or physical illness, severe domestic affliction or for circumstances as described in Keyano College's Examination Policy in the Credit Calendar. Students are required to follow the process outlined in the policy should they wish to apply for a deferred exam.

Performance Requirements

Student Responsibilities

It is your responsibility as a student to contact the Office of the Registrar to complete the forms for Withdrawal or Change of Registration, and any other forms. Please refer to the list of important dates as noted in the Academic Schedule in the Keyano College credit calendar.

More specific details are found in the Student Rights and Student Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

Student Attendance

Class/Lab attendance is useful for two reasons. First, class/lab attendance maximizes a students' learning experience. Second, attending class/lab is a good way to keep informed of matters relating to the administration of the course (e.g., the timing of assignments and exams). Ultimately, you are responsible for your own learning and performance in this course.

It is the responsibility of each student to be prepared for all classes/labs. Students who miss classes/labs are responsible for the material covered in those classes and for ensuring that they are prepared for the next class/lab, including the completion of any assignments and / or notes that may be due.

Academic Misconduct

Students are considered to be responsible adults and should adhere to principles of intellectual integrity. Intellectual dishonesty may take many forms, such as:

- Plagiarism or the submission of another person's work as one's own
- The use of unauthorized aids in assignments or examinations (cheating)
- Collusion or the unauthorized collaboration with others in preparing work
- The deliberate misrepresentation of qualifications

- The willful distortion of results or data
- Substitution in an examination by another person
- Handing in the same unchanged work as submitted for another assignment
- Breach of confidentiality.

The consequences for academic misconduct range from a verbal reprimand to expulsion from the College. More specific descriptions and details are found in the Student Rights and Student Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

In order to ensure your understanding of the concept of plagiarism, you must successfully complete the online tutorial found on ilearn.keyano.ca. Then print the certificate, sign it, and show it to each of your instructors. Your course work will not be graded until you show this signed certificate.

Late Assignments

All assignments are to be submitted as indicated in the syllabus and timetable. Extensions on assignments may be granted; however, must be negotiated with the instructor prior to the due date and with a date specified for late submissions. Assignments not submitted on the day and time specified will incur a 5% deduction per day including weekends. This will be applied each day until the assignment is received by the instructor. Students can submit assignments by e-mail on weekends.

Using Lockdown Browser for Online Exams

This course requires the use of Lockdown Browser for online exams. Watch this <u>short video</u> to get a basic understanding of Lockdown Browser and the optional webcam feature (which may be required for some exams).

Then download and install Lockdown Browser from this link:

https://ilearn.keyano.ca/course/view.php?id=28874#section-7

To take an online test, start Lockdown Browser and navigate to the exam. (You won't be able to access the exam with a standard web browser.) For additional details on using Lockdown Browser, review this Student Quick Start Guide (PDF)

Finally, when taking an online exam, follow these guidelines:

- Select a location where you won't be interrupted
- Before starting the test, know how much time is available for it, and that you've allotted sufficient time to complete it
- Turn off all mobile devices, phones, etc. and don't have them within reach
- Clear your area of all external materials books, papers, other computers, or devices
- Remain at your desk or workstation for the duration of the test
- Lockdown Browser will prevent you from accessing other websites or applications; you will be unable to exit the test until all questions are completed and submitted

Specialized Supports

The Student Services department is committed to Keyano students and their academic success. There are a variety of student supports available at Keyano College during the semester. Due to the continuing situation with the Covid-19 pandemic, the offered support services will be implemented differently this semester by being provided virtually.

All student services are available during Keyano business hours: Monday to Friday, 8h30-16h30.

Accessibility Services: provides individual and group learning strategy instruction for all students. Meet with a Learning Strategist to learn studying and test-taking strategies for online classes. Students with documented disabilities, or who suspect a disability, can meet with a Learning Strategist to discuss their current learning barriers and possible accommodations. Students who have accessed accommodations in the past are encouraged to contact us to request them for the semester. Please note that requesting accommodations is a process and requires time to arrange. Contact us as soon as you know you may require accommodations. For accessibility services supports and to book a virtual appointment, please contact accessibility.services@keyano.ca.

Wellness Services: offers a caring, inclusive, and respectful environment where students can access free group and individual support to meet academic and life challenges. Mental Health Coordinators offer a safe and confidential environment to seek help with personal concerns. All individual appointments will continue virtually.

Wellness Service welcomes students to participate in any of the virtual group sessions offered throughout the academic year addressing topics including mindfulness and test anxiety.

Individual virtual appointments can be made by emailing wellness.services@keyano.ca. If you require mental health supports outside of business hours, please contact 211 from anywhere in Alberta to receive information about community supports.

Library Services: provides students with research and information supports as they engage in their studies. Although the Keyano Library is physically closed, we remain open online. Library staff are available to support you virtually during the semester. For library service supports and inquiries, please email askthelibrary@keyano.ca.

Individual support with the Information Librarian will be provided virtually. Appointments can be requested by email or by placing a Book a Librarian request using the following online form: https://forms.keyano.ca/Library/Virtual-Book-A-Librarian.

Research and Subject Guides are helpful resources when conducting research or addressing your information needs. To view a subject or course specific guide, use the following Subject Guides link: http://keyano.beta.libguides.com/?b=g&d=a. To access additional research resources, including Citation Guides (APA, MLA, Chicago, or IEEE), go to the Research Help Library page: https://www.keyano.ca/en/student-services/research-help.aspx

For the most up to date information relating to the Library, please view the Library Closure Information box on the Keyano Library homepage or by going directly to this page: https://www.keyano.ca/en/student-services/library-closure-information.aspx

Tutoring Supports: for tutoring supports and assistance with course content, please contact your instructor during office hours or by appointment. In addition, we invite you to meet virtually with a Learning Strategist to ensure that you have a study system that works for your learning needs. Learning Strategists can help you maximize instructor office hour time.

Please watch your Keyano email for workshop announcements from our Student Services team.

APPENDIX A: Nursing Poster Presentation Rubric

NURSING 225 NURSING CONCEPT POSTER ASSIGNMENT MARKING GUIDE

Student Name:

<u>Category</u>	Evaluation Criteria	Weight (%)	<u>Mark</u>	
POSTER: Layout, Design & Formatting	- Minimum size 20"x24", maximum size 27"x39"	15		
	- Tri-fold poster board may be used			
	- Appropriate font sizes -20 points or greater			
	- All uppercase letters are not used			
	- White space used to minimize content of text			
	- Color used well			
	- Creative and visually appealing, looks professional and eye-catching	l		
	- Sequencing of information is appropriate and logical			
	- Paragraphs are short (<10 sentences); majority of information listed			
	- Tone is positive, friendly			
	- Maintains interest and attention			
	- Speaks to reader/college student			
POSTER:	- Poster demonstrates understanding of the concept	20		
Content	- Create poster as if reader has no prior knowledge of subject matter			
	- Priority criteria are addressed			
	- Information is current, accurate, and scholarly	nd easily understood		
	- Content is well-organized, clear, and easily understood by reader			
	- Technical terms or acronyms are avoided			
	- Contains no unnecessary information			
	- No grammar or spelling errors			
	- Use numbers for in-text referencing, no reference required for images			

POSTER: Graphics	- Graphics are easy to understand and promote the text	
	- Appropriate and enhance the topic	
	- Attract and maintain interest; creative and makes the messages come alive	
	- Images/graphics are clear and readable	
Annotated Bibliography	- Four journal articles are reviewed	40
	- Journal articles are primary sources, peer-reviewed, and Canadian	
	- Concise summary of article	
	- Clear explanation of relevance of article to poster presentation	
	- Able to accurately reflect journal content	
	- Clear evidence of paraphrasing and no plagiarism	
	- One page concept introduction, highlighting the importance to both you and nursing	
Annotated Bibliography: APA formatting	- No APA errors	15
	- Information is less than 5-7 years old	
	- All sources of information are clearly identified and credited using APA citations	

TOTAL MARK

Instructor Comments:

APPENDIX B

Keyano College Percentage – Alpha Grading System

Descriptor	Percentage Scale	Alpha Scale
Excellent	96-100	A +
	90-95	A
	85-89	A -
Good	80-84	B+
	76-79	В
	72-75	В-
Satisfactory	68-71	C+
	64-67	C
Minimum Pass	60-63	C-
Poor	55-59	D+
	50-54	D
Failure	0-49	F



Nursing 224

This course outline has been reviewed and approv	red by the Program Chair.	
Crystal Rose, Instructor	-	
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Dr. Candi Muise, Chair	Date Authorized	
Arlene Starkes, Dean	Date Authorized	