

NATST 201: A Canadian Indigenous Perspective to Helping

3 credits, 3 hours lecture

An analysis of Canadian welfare policy and the human services from an aboriginal perspective. The course emphasizes the linkage between practice and policy and overlays concepts such as colonization, decolonization, and approaches to practices which include cross culture, structure and anti-oppression in the context of Indigenous world views, experience and helping practices.

In this course the processes of colonization, decolonization and empowerment are discussed as they relate to: 1) emerging initiatives arising from Indigenous self-government and; 2) the role of human services in the development and delivery of culturally sensitive policies and practice. Specific attention is given to Indigenous philosophies and structural social theories as they apply to historical, contemporary and emerging modes of human service practice with Indigenous systems and populations.

Prerequisites and/or co-requisites: See course calendar

Instructor

Instructor Name: Donna Pruski
Office location: CC205M
Phone number: 780.791.5128
donna.pruski@keyano.ca

Office Hours

Due to the nature of this term, office hours will be by appointment.

Hours of Instruction

Friday 8:00 AM - 10:50 AM
Room CC 233

Required Resources

Baskin, C. (2022). *Strong Helpers Teachings (3rd Ed.)*. Toronto: Canadian Scholars

Course Outcomes

Upon successful completion of this course, the student shall be able to:

- Identify how policy has defined and continues to define relationships between Indigenous peoples of Canada and the Canadian state.
- Identify the manner in which broader policies have impacted Indigenous peoples in Canada.
- Identify the resurgence of Indigenous peoples' ways of helping and healing as part of the decolonization process.
- Identify the historical values and cultural foundations of Indigenous peoples' ways of helping, teaching, and healing.
- Describe the relationship between colonizing Euro-western powers and Indigenous populations.
- Describe the manner in which social welfare institutions are used as assimilative instruments of Canadian social policy with Indigenous populations in Canada.
- Describe decolonization processes among Indigenous populations and the need to recognize the role of non-Indigenous populations in decolonization efforts.

- Discuss potential for change in existing social welfare institutions serving Indigenous populations in Canada.
- Explain the impact of colonization on traditional Indigenous Peoples' social institutions.
- Critically analyze human service practice from an Indigenous perspective.
- Participate effectively in groups in the learning environment

Participation	15%
Midterm	30%
Personal Practice Paper	25%
Final Exam	30%
TOTAL	100%

A grade of C- is required for progression.

Participation

Students will be assigned a participation grade based on attendance and participation in group activities/discussions. Further information will be provided in class.

Midterm

This will be a 3 hour, in class exam on **March 3rd, 2023**. This exam will cover all course material discussed in class. This exam will be worth 30% of students' overall grade.

Personal Practice Paper

For this assignment, students are expected to write a formal assessment and intervention paper that reflects an Indigenous approach to assessment and intervention strategies. The objective of this assignment is to demonstrate the development of your personal practice approach in work with Indigenous individuals, families and/or communities. The assignment also requires that you identify what guides your assessment and intervention strategies in your work within the Indigenous community. You can draw on an actual situation you have worked with as long as client confidentiality is protected or may choose to use a case study example. This assignment will be worth 25% of students' overall grades and will be due **March 31, 2023**.

Final Exam

The final exam will be scheduled during the final exam period (April 17th – 26th, 2023). This will be a 3-hour exam covering all chapters discussed after the midterm and any other additional material covered in class. **Date TBA (April 17th – 26th, 2023). Weight: 30%**

Grading System

Descriptor	Alpha Grade	4.0 Scale	Percent	Rubric for Letter Grades
Excellent	A+	4.0	> 92.9	Work shows in-depth and critical analysis, well developed ideas, creativity, excellent writing, clarity and proper format.
	A	4.0	85 – 92.9	
	A-	3.7	80 – 84.9	
Good	B+	3.3	77 – 79.9	Work is generally of high quality, well developed, well written, has clarity, and uses proper format.
	B	3.0	74 – 76.9	
	B-	2.7	70 – 73.9	
Satisfactory	C+	2.3	67 – 69.9	
	C	2.0	64 – 66.9	

Progression	C-	1.7	60 – 63.9	Work has some developed ideas but needs more attention to clarity, style and formatting.
Poor	D+	1.3	55 – 59.9	Work is completed in a general way with minimal support, or is poorly written or did not use proper format.
Minimum Pass	D	1.0	50 – 54.9	
Failure	F	0.0	< 50	Responses fail to demonstrate appropriate understanding or are fundamentally incomplete.

Proposed Schedule:

Wk	Date	Topics	Assigned reading
1	Jan. 6	Review of course outline and introduction to the course Starting at the Beginning	Chapter 1
2	Jan. 13	Current Theories and Models of Social Work as Seen Through an Indigenous Lens Centering all Helping Approaches	Chapter 4 & 5
3	Jan. 20	The White Paper The Indian Act	Readings on Moodle
4	Jan. 27	Guest Speaker	
5	Feb. 3	Human Service and Indigenous Families Caring for Families, Caring for Children	Readings on Moodle Chapter 13
6	Feb. 10	Guest Speaker	
7	Feb. 17	Taking Back Research Well-Being and Resiliency: The Miyo Resource	Readings on Moodle Chapter 15
8	Feb. 24	Reading Week – No classes	
9	Mar. 3	Midterm	Midterm exam 30%
10	Mar. 10	Spirituality: The Core of Indigenous World Views Mental Health as Connected to the Whole	Chapter 9 & 10
11	Mar. 17	Truth and Reconciliation Healing Justice	Readings on Moodle Chapter 11 & 18
12	Mar. 24	Two Spirit Identity	Chapter 12
13	Mar. 31	Guest Speaker Personal Practice Paper Due	Personal Practice 25%
14	Apr. 7	Experiential Learning off campus	
Final	Apr. 17-26	Final Exam date TBA	Final Exam 30%

Please Note: Date and time allotted to each topic is subject to change.

Performance Requirements and Student Services

Student Responsibilities

It is your responsibility as a student to contact the Office of the Registrar to complete the forms for Withdrawal or Change of Registration, and any other forms. Please refer to the list of important dates as noted in the Academic Schedule in the [Keyano College credit calendar](#). The Keyano College credit calendar also has information about Student Rights and Code of Conduct. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Code of Conduct Policies.

Student Attendance

Class attendance is useful for two reasons. First, class attendance maximizes a student's learning experience. Second, attending class is a good way to keep informed of matters relating to the administration of the course (e.g., the timing of assignments and exams). Ultimately, you are responsible for your own learning and performance in this course.

It is the responsibility of each student to be prepared for all classes. Students who miss classes are responsible for the material covered in those classes and for ensuring that they are prepared for the next class, including the completion of any assignments and notes that may be due.

Academic Misconduct

Students are considered to be responsible adults and should adhere to principles of intellectual integrity. Intellectual dishonesty may take many forms, such as:

- Plagiarism or the submission of another person's work as one's own;
- The use of unauthorized aids in assignments or examinations (cheating);
- Collusion or the unauthorized collaboration with others in preparing work;
- The deliberate misrepresentation of qualifications;
- The willful distortion of results or data;
- Substitution in an examination by another person;
- Handing in the same unchanged work as submitted for another assignment; and
- Breach of confidentiality.

The consequences for academic misconduct range from a verbal reprimand to expulsion from the College. More specific descriptions and details are found in the Student Rights and Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Code of Conduct Policies.

In order to ensure your understanding of the concept of plagiarism, you must successfully complete the online tutorial found on ilearn.keyano.ca. Then print the certificate, sign it, and show it to each of your instructors. Your course work may not be graded until you show this signed certificate.

Specialized Supports

The Student Services Department is committed to Keyano students and their academic success. There are a variety of student supports available at Keyano. Due to the continuing situation with the Covid-19 pandemic, the offered support services will be implemented through a model to respond to the restrictions in force at the time. In-person and virtual services will be offered. All Alberta Health Services guidelines will be followed for in-person appointments—wear a mask, maintain two meters of physical distance, use hand sanitizer, and stay home if you are unwell.

All student services are available during Keyano business hours: Monday to Friday, 8h30-16h30. The College is closed for statutory holidays. If you require support outside of regular business hours, please inform the support service team, and we will do our best to accommodate your needs.

Accessibility Services: provides accommodations for students with disabilities. Students with documented disabilities, or who suspect a disability, can meet with a Learning Strategist to discuss their current learning barriers and possible accommodations. Students who have accessed accommodations in the past are encouraged to contact us to request them for the semester. Please note that requesting accommodations is a process and requires time to arrange. Contact us as soon as you know you may require accommodations. For accessibility supports and to book an appointment, please contact accessibility.services@keyano.ca.

Accessibility Services also provides individual and group learning strategy instruction for all students, as well as technology training and supports to enhance learning. Meet with a Learning Strategist to learn studying and test-taking strategies for online classes. Schedule an appointment with the Assistive Technology Specialist to explore technology tools for learning. Book an appointment today by emailing accessibility.services@keyano.ca

Wellness Services: offers a caring, inclusive, and respectful environment where students can access free group and individual support to meet academic and life challenges. Mental Health Coordinators offer a safe and confidential environment to seek help with personal concerns. Students may access services virtually and in-person.

Wellness Services welcomes students to participate in any of the group sessions offered throughout the academic year addressing topics including mindfulness and test anxiety.

Individual appointments can be made by emailing wellness.services@keyano.ca.

Library Services: provides students with research and information supports as they engage in their studies. Library staff are available to support you both online and in-person throughout the semester. For a detailed list of library supports and services, go to www.keyano.ca/library. For all inquiries, please email askthelibrary@keyano.ca or chat with us online.

Begin your research with the [Library's FIND page](#). Search for information and sources for your assignments using the OneSearch, the Library's Catalogue, or by searching in a specific database selected from the [A-Z Database List](#).

Individual support with us is available. For support with citations, research and other information needs, appointments can be booked using the online [Book A Librarian Calendar](#). For support with Moodle, educational tools for assignments, Microsoft Office, Zoom, Teams and more, book an appointment using the online [Educational Technology Support Calendar](#).

Research and subject guides are helpful resources when beginning your research, assignment, using new educational technology, or addressing other information needs. To view a subject or course-specific guide, check out the complete listing of online [Subject Guides](#).

To access additional research resources, including Citation Guides (APA, MLA, Chicago, or IEEE), go to the [Research Help Library page](#).

The Loanable Technology collection is available to support students in their learning pursuits, whether online, in person or both. Items available for borrowing include mobile projectors, webcams, noise-cancelling headphones, Chromebooks, and laptops. For an up-to-date list of technology available for borrowing as well as support available, go to the Library's [Loanable Technology webpage](#).

Academic Success Centre: The Academic Success Centre is a learning space in the Clearwater Campus (CC-119) at Keyano College. Students can gather to share ideas, collaborate on projects, get new perspectives on learning from our Academic Content Specialists, or use the Centre's educational resources. The Academic Success Centre provides academic support services to students registered in credit programs at Keyano College in the form of individual tutoring, writing support groups, facilitated study groups, workshops, and study space. Services are **free** to Keyano students.

Academic Content Specialists are available in the areas of Math, Science, Human Services, and English/Humanities. This covers all courses offered at Keyano. The Academic Success Coach can also be found in the Academic Success Centre.

For the most up to date information on how to book a session, please view [the Keyano Academic Success Centre homepage](#).

Academic Integrity: The goal of the Academic Success Centre is to foster a student's ability to learn effectively and independently. Students registered at Keyano College are welcome to drop by the Centre to visit with any of our Academic Content Specialists to discuss their academic concerns.

Availability: Monday to Friday: 8:30 a.m. – 4:30 p.m. Flexible times may be available upon request. Virtual and in-person sessions, please email to get in contact with our Academic Content Specialists. For the most up to date information on how to book a session, please view the [Academic Success Centre homepage](#).

Academic Success Coach: offers you support and access to resources for your academic success to help you to find the Keys to your Success. The Academic Success Coach will work with you to develop an academic success plan, develop your study and time management skills, and connect you with the right resources here at Keyano. Academic.success@keyano.ca is the best way to access resources during blended service delivery. The Academic Success Coach is located in the Skill Centre in CC-119 at the Clearwater Campus.

E-Learning

Technology and internet will impact your online learning experience. It's important that you can watch an online video and other course materials, take online quizzes and participate in a live class with your instructor and other students. Live/virtual classes will be hosted in Microsoft Teams or Zoom.

For all course delivery types, you will access your course resources on Keyano's learning management system, **Moodle (iLearn)**. Login in using your [Keyano username and password](#).

Keyano College operates in a Windows based environment, and having the correct tools for online learning is important. Here's a list of recommended system requirements.

Internet Speed

Minimum Internet speeds of 10 Mbps.
 Recommended Internet speeds of 25 Mbps (especially if you are sharing your internet at home).
 Check your internet speed with Fast.com.

System requirements:

Microsoft Windows	Apple
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<p>Minimum Requirements:</p> <p>A Windows 10 computer/laptop</p> <ul style="list-style-type: none"> Minimum 4GB of RAM. 10GB+ available hard drive storage. Enough available hard drive space to install the Microsoft Office suite (approximately 3GB). <u>Microsoft Office</u> software is free to all Keyano students and employees. Microphone, webcam and speakers. A headset with a microphone is recommended. System updates must be regularly installed. Anti-Virus / Anti-Malware software 	<p>Minimum Requirements:</p> <p>A Macintosh (V10.14 and above) computer/laptop</p> <ul style="list-style-type: none"> Minimum 4GB of RAM. 10GB+ available hard drive storage. Enough available hard drive space to install the Microsoft Office suite (approximately 3GB). <u>Microsoft Office</u> software is free to all Keyano students and employees. Microphone, webcam and speakers. A headset with a microphone is recommended. System updates must be regularly installed. Anti-Virus / Anti-Malware software.
<p>Recommended Requirements</p> <ul style="list-style-type: none"> 8GB of RAM A method of backing up/synchronizing to local or cloud-based storage such as OneDrive is highly recommended. This is included if you complete the setup of KeyanoMail and download MS Office using your Keyano email for free. 	<p>Recommended Requirements</p> <ul style="list-style-type: none"> 8GB of RAM A method of backing up/synchronizing to local or cloud-based storage such as OneDrive is highly recommended. This is included if you complete the setup of KeyanoMail and download MS Office using your Keyano email for free.
<p>Chromebooks are not recommended as they are not compatible with testing lockdown browsers.</p> <p>A Microsoft Surface or iPad or iPad Pro may be possible alternatives in some program areas.</p>	

Specific Department Requirements:

Business and OA programs require Windows 10.
Other programs may utilize Windows based tools as well.

Computer Software

Students will be able to get access to Microsoft Office 365 for free using Keyano credentials by [clicking here](#).

Recording of Lectures and Intellectual Property

Students may only record a lecture if explicit permission is provided by the instructor or by Accessibility Services. Even if students have permission to record a lecture or lecture materials, students may not share, distribute, or publish any of the lectures or course materials, this includes any recordings, slides, instructor notes, etc. on any platform. Thus no student is allowed to share, distribute, publish or sell course related content (instructor, or students) without permission. It is important to recognize that the Canadian Copyright Act contains provisions for intellectual property. The [Academic Integrity Policy](#) provides additional information on Keyano College's expectations from students as members of the intellectual community.

ITS Helpdesk

If you are having issues with your student account, you can contact the ITS Helpdesk by emailing its.helpdesk@keyano.ca or calling 780-791-4965.