

Course Outline

University Studies

Winter, 2020

PSYCH 105E, Individual and Social Behaviour 3 credits, 3 hours lecture

Psychology 105 builds on the content of Psychology 104 through the exploration of four aspects of human psychology including Intelligence, Developmental Processes, Social Psychological Processes, and Clinical Processes. This course examines the nature of intelligence, cognitive and social development throughout the life span, explores the social psychological aspects of a person with specific reference to the self, interpersonal, and group dynamics, and motivation and emotion. In addition, clinical areas of psychology relating to personality, abnormal behaviour, psychotherapy, and health psychology are examined. In Psychology 105, students continue to develop their understanding of scientific methodology through experimental research laboratories.

Prerequisite: PSYCH 104

Instructor

Michael A. Smith, PhD S213B 780-791-8964 michael.smith@keyano.ca

Office Hours

| Mon: | 01:00 | - | 02:30 |
|------|-------|---|-------|
| Tue: | 10:30 | - | 12:00 |
| Wed: | 01:00 | - | 02:30 |
| Thu: | 01:00 | - | 01:30 |

Hours of Instruction

Wed. 6:30 - 9:30 Room CC273

Required Resources

<u>An introduction to psychological science</u>, Krause, M., Carts, D., Smith, S., & Dolderman, D., (2nd Canadian Ed.).

Course Outcomes

Upon successful completion of this course, the student shall be able to:

- Demonstrate knowledge (through tests, assignments and activities) of the major perspectives of psychology and how each approach views/explains human behaviour and thought.
- Identify and explain the major theories and concepts within the discipline of psychology using the appropriate terminology.
- Describe the major research methods used by psychologists, and their strengths and weaknesses.
- Apply verbal and presentational skills, in order to effectively communicate ideas to fellowlearners
- Develop and exercise organizational and team building capabilities

Evaluation

| Quizzes | 10% |
|-------------------|------|
| Term Test 1 (TT1) | 25% |
| Term Test 2 (TT2) | 25% |
| Final Exam | 40% |
| Total | 100% |

A grade of C- is required for progression or transfer.

Quizzes:

There will be a computer administered quiz on each chapter covered. You will have 3 attempts at each quiz with your highest mark of the three attempts recorded. Quizzes will be open for one week, after which time, the quiz will be closed. Once closed, the quiz cannot be re-opened.

Midterms:

There will be two midterms based on in-class materials and chapters within the book.

Final:

There will be one cumulative final exam based on in-class materials and chapters within the book.

Grading System

| Descriptor | Alpha Grade | 4.0 Scale | Percent | Rubric for Letter Grades | |
|--------------|-------------|-----------|-----------|--|--|
| | A+ | 4.0 | > 92.9 | Work shows in-depth and critical analysis, | |
| Excellent | А | 4.0 | 85 – 92.9 | well developed ideas, creativity, excellent | |
| | A- | 3.7 | 80 - 84.9 | writing, clarity and proper format. | |
| | B+ | 3.3 | 77 – 79.9 | Work is generally of high quality, well | |
| Good | В | 3.0 | 74 – 76.9 | developed, well written, has clarity, and | |
| | В- | 2.7 | 70 – 73.9 | uses proper format. | |
| | C+ | 2.3 | 67 – 69.9 | Work has some developed ideas but needs | |
| Satisfactory | С | 2.0 | 64 - 66.9 | more attention to clarity, style and | |
| Progression | C- | 1.7 | 60 - 63.9 | formatting. | |
| Poor | D+ | 1.3 | 55 – 59.9 | Work is completed in a general way with | |
| Minimum Pass | D | 1.0 | 50 - 54.9 | minimal support, or is poorly written or did not use proper format. | |
| | | | | | |
| Failure | F | 0.0 | < 50 | Responses fail to demonstrate appropriate understanding or are fundamentally incomplete. | |

Proposed Schedule of Topics

| | Торіс | Ch. |
|---|--------------------------|-----|
| 1 | Thought and Language | 8 |
| 2 | Lifespan Development | 10 |
| 3 | Motivation & Emotion | 11 |
| 4 | Personality | 12 |
| 5 | Social Psychology | 13 |
| 6 | Health, Stress, & Coping | 14 |

PSYCH 105, E

| 7 | Psychological Disorders | 15 |
|---|-------------------------|----|
| 8 | Therapies | 16 |

Please Note:

Date and time allotted to each topic is subject to change.

Performance Requirements

Student Responsibilities

It is your responsibility as a student to contact the Office of the Registrar to complete the forms for Withdrawal or Change of Registration, and any other forms. Please refer to the list of important dates as noted in the Academic Schedule in the Keyano College credit calendar.

More specific details are found in the Student Rights and Student Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

Student Attendance

Class attendance is useful for two reasons. First, class attendance maximizes a students' learning experience. Second, attending class is a good way to keep informed of matters relating to the administration of the course (e.g., the timing of assignments and exams). Ultimately, you are responsible for your own learning and performance in this course.

It is the responsibility of each student to be prepared for all classes. Students who miss classes are responsible for the material covered in those classes and for ensuring that they are prepared for the next class, including the completion of any assignments and / or notes that may be due.

Academic Misconduct

Students are considered to be responsible adults and should adhere to principles of intellectual integrity. Intellectual dishonesty may take many forms, such as:

- Plagiarism or the submission of another person's work as one's own
- The use of unauthorized aids in assignments or examinations (cheating)
- Collusion or the unauthorized collaboration with others in preparing work
- The deliberate misrepresentation of qualifications
- The willful distortion of results or data
- Substitution in an examination by another person
- Handing in the same unchanged work as submitted for another assignment
- Breach of confidentiality.

The consequences for academic misconduct range from a verbal reprimand to expulsion from the College. More specific descriptions and details are found in the Student Rights and Student Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

In order to ensure your understanding of the concept of plagiarism, you must successfully complete the online tutorial found on ilearn.keyano.ca. Then print the certificate, sign it, and show it to each of your instructors. Your course work will not be graded until you show this signed certificate.

Specialized Supports

The Student Academic Support Services (SASS) department: Accessibility Services, Skill Centre and Wellness Services, work together to support student success at Keyano College.

Accessibility Services (CC167) supports student success through group and individualized instruction of learning, study and test taking strategies, and adaptive technologies. Students with documented disabilities, or who suspect a disability, can meet with the Learning Strategists to discuss accommodation of the learning barriers that they may be experiencing. Students who have accessed accommodations in the past are encouraged to visit our office at their earliest opportunity to discuss the availability of accommodations in their current courses. Individual appointments can be made by calling 780-791-8934

Skill Centre (CC119) provides a learning space where students can gather to share ideas, collaborate on projects and get new perspectives on learning from our tutorial staff. Students visiting the centre have access to one-to-one or group tutoring, facilitated study groups, and assistance in academic writing. The Skill Centre's Peer Tutor program provides paid employment opportunities for students who have demonstrated academic success and want to share what they have learned. Tutoring is available free to any students registered at Keyano College on a drop in basis, from 9:00 am to 5:00 pm Monday through Friday. Additional evening hours are subject to tutor availability and are posted in the Skill Centre.

Wellness Services (CC260) offers a caring, inclusive, and respectful environment where students can access free group and individual support to meet academic and life challenges. Mental Health Coordinators offer a safe and confidential environment to seek help with personal concerns. The Mindfulness Room in CC260 is available as a quiet space for students to relax during regular office hours. Wellness Service welcomes students to participate in any of the group sessions offered throughout the academic year addressing such topics as Mindfulness and Test Anxiety. Individual appointments can be made by calling 780-791-8934.

Student Life Department (CC210) is a place for students to go when they don't know who else can answer their questions. The staff will help students navigate barriers to success and if they don't know the answer, they will find it out. Student success is directly affected by how connected a student feels to their college. The student life department is there to help students get connected.

Please watch your Keyano email for workshop announcements from our Student Academic Support Services team.