

PESS 293E – Introduction to the Movement Activities of Children Aged 5-12
3 credits, 3 hours lecture

A study of play and other movement activities including games, gymnastics and dance for children will be covered.

Instructor

Brad St. Denis

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Office Hours By appointment

I do not have set office hours as I do not have an office at Keyano. If you need to contact me for any reason, please feel free to email, call, or text and I will get back to you as quickly as possible. Email is probably the best option. If we need to meet in person we can schedule an appointment.

Hours of Instruction

Monday 6:30 p.m. – 9:30 p.m.

SSWC - Northland Kinesiology Room

SSWC - N.A. Fitness Studio

Required Resources
Ever Active Kids – Leaders' Manual, Alberta Fitness Leadership Certification Association, January 2014.

Course Outcomes

Upon successful completion of this course, students shall be able to:

- Explain and discuss the types of movement activities in which children 5-12 years of age engage.
- Distinguish between and elaborate on the characteristics and needs of children participating in movement activities.
- Provide examples of the opportunities available for participation.
- Explain and demonstrate movement concepts with emphasis of their application to a variety of movement activities.
- Identify methods of assisting children to learn movement activities.

Evaluation

Assignment	Percentage	Due Date
Assignments:	35%	TBA
HOS Reflection	10%	
Student Led Lesson	10%	
Lesson Reflection	15%	
Practical Application/ Discussion	15%	TBA
Midterm	20%	February 10, 2017
Final Examination	30%	April 6, 2017
Total	100%	

A grade of C- is required for progression or transfer.

Grading System

Descriptor	Alpha Grade	4.0 Scale	Percent	Rubric for Letter Grades
Excellent	A+	4.0	> 92.9	Work shows in-depth and critical analysis, well developed ideas, creativity, excellent writing, clarity and proper format.
	A	4.0	85 – 92.9	
	A-	3.7	80 – 84.9	
Good	B+	3.3	77 – 79.9	Work is generally of high quality, well developed, well written, has clarity, and uses proper format.
	B	3.0	74 – 76.9	
	B-	2.7	70 – 73.9	
Satisfactory Progression	C+	2.3	67 – 69.9	Work has some developed ideas but needs more attention to clarity, style and formatting.
	C	2.0	64 – 66.9	
	C-	1.7	60 – 63.9	
Poor Minimum Pass	D+	1.3	55 – 59.9	Work is completed in a general way with minimal support, or is poorly written or did not use proper format.
	D	1.0	50 – 54.9	
Failure	F	0.0	< 50	Responses fail to demonstrate appropriate understanding or are fundamentally incomplete.

Proposed Schedule of Topics

Please Note:

This course outline may be modified to facilitate unforeseen time constraints. Date and time allotted to each topic is subject to change.

Theory, discussion, observation and practical work will run concurrently throughout the course. The content listed below will be integrated for presentation rather than considered separately.

1. A study of the movement activities engaged in by children 5-12 years of age.
 - a) the types of activities
 - b) the content of the activities
 - c) the suitability of activities for children within this age group
 - d) the development of activities

2. An introduction to the characteristics and needs of children 5-12 years of age.
 - a) growth and development; cognitive, affective and psychomotor
 - b) age characteristics
 - c) the needs of children for physical activity
 - d) skill acquisition

3. A brief survey of the opportunities provided for children to participate in movement activities.
 - a) agencies that provide programs; the family, private and public organizations
 - b) types of programs offered and their objectives
 - c) basic observational techniques

4. Movement analysis.
 - a) basic kinesiological principles and Laban's principles of movement
 - b) the application of these principles of observation, activity analysis and task setting.
 - c) basic observational techniques

5. The provision of suitable environment and activities for children 5-12 years of age.
 - a) suitable toys and equipment for the promotion of activity
 - b) natural and man-made environments which encourage activity
 - c) climatic considerations
 - d) ways of helping children learn more about themselves and the activities and the values of physical activity in their lives.
 - e) free play, its values and limitations
 - f) presentation of material
 - g) organization and progressive development of material
 - h) modification of adult activities for children

Performance Requirements

Student Responsibilities

It is your responsibility as a student to contact the Office of the Registrar to complete the forms for Withdrawal or Change of Registration, and any other forms. Please refer to the list of important dates as noted in the Academic Schedule in the Keyano College credit calendar.

More specific details are found in the Student Rights and Student Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

Student Attendance

Class attendance is useful for two reasons. First, class attendance maximizes a student's learning experience. Second, attending class is a good way to keep informed of matters relating to the administration of the course (e.g., the timing of assignments and exams). Ultimately, you are responsible for your own learning and performance in this course.

It is the responsibility of each student to be prepared for all classes. Students who miss classes are responsible for the material covered in those classes and for ensuring that they are prepared for the next class, including the completion of any assignments and / or notes that may be due.

Academic Misconduct

Students are considered to be responsible adults and should adhere to principles of intellectual integrity. Intellectual dishonesty may take many forms, such as:

- Plagiarism or the submission of another person's work as one's own
- The use of unauthorized aids in assignments or examinations (cheating)
- Collusion or the unauthorized collaboration with others in preparing work
- The deliberate misrepresentation of qualifications
- The willful distortion of results or data
- Substitution in an examination by another person
- Handing in the same unchanged work as submitted for another assignment
- Breach of confidentiality.

The consequences for academic misconduct range from a verbal reprimand to expulsion from the College. More specific descriptions and details are found in the Student Rights and Student Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

In order to ensure your understanding of the concept of plagiarism, you must successfully complete the online tutorial found on ilearn.keyano.ca. Then print the certificate, sign it, and show it to each of your instructors. Your coursework will not be graded until you show this signed certificate.

Specialized Supports

Counselling and Accessibility Services

Counselling Services provides a wide range of specialized counselling services to prospective and registered students, including personal, career and academic counselling.

SKILL Centre

The SKILL Centre is a learning space in the Clearwater Campus at Keyano College where students can gather to share ideas, collaborate on projects and get new perspectives on learning from our tutorial staff.

The SKILL Centre, through a variety of delivery methods, provides assistance in skill development to Keyano students. Assistance is provided by instructors, staff and student tutors. Individuals wishing to improve their mathematics, writing, grammar, study, or other skills, can take advantage of this unique service.