



Health Care Aide 113

Providing Client Care and Comfort

February 10, 2020 – March 5, 2020

COURSE OUTLINE

Instructor: Marina Yanciw
Abby Boychuk

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HEALTH CARE AIDE 113

COURSE OUTLINE

CALENDAR STATEMENT

The student will learn to safely bathe a client in the bed, tub and shower. Bed making skills, assisting with elimination and meals will be introduced. Body mechanics for both client and staff will be emphasized. Infection prevention and control guidelines and safety measures to prevent slips, trips, falls and accidental scalding will be introduced.

Prerequisites: HCA 110, HCA 111, HCA 112,

COURSE HOURS

TOTAL HOURS: **63** LECTURE: 28 Hours LAB 35 Hours CREDITS: 2

COURSE DESCRIPTION

During this course you will learn the basic care skills that will allow you to give safe and efficient care to your clients. Providing personal grooming and hygiene care to your clients is an intimate and highly personal experience. During the theory and lab elements of this course you will learn to approach this care in a professional and compassionate manner.

TUTOR INFORMATION

Instructor: Marina Yanciw
Phone: (Office) 780-791-8932
E-mail: marina.yanciw@keyano.ca
Office: CC187C
Office Hours: As per appointment

Instructor: Abby Boychuk
Phone: (Office) 780-792-5629
Email: abby.boychuk@keyano.ca
Office: CC187I
Office Hours: As per appointment

GENERAL LEARNING OUTCOMES

Upon successful completion of this course, you will be able to meet or exceed the following:

- 1.1 Identify safe techniques for dressing and undressing clients.
- 1.2 Identify causes and signs of skin breakdown and pressure sores, and describe basic skin care to prevent skin breakdown.
- 1.3 Explain the purpose of back rubs.
- 1.4 Describe appropriate oral care techniques for conscious and unconscious clients.
- 1.5 Describe appropriate personal hygiene practices.
- 1.6 Examine best practices while bathing.
- 1.7 Integrate knowledge of urinary system and the structure and function of the bowel to assist with elimination.
- 1.8 Demonstrate the best practice principles of bed making.
- 1.9 Integrate knowledge of the musculoskeletal and nervous systems with mobility, positioning, transfers, and lifts.
- 1.10 Demonstrate best practice principles to meet a client's nutritional needs.

Instructional Methods

- This course uses a variety of teaching/learning methods including: discussion, experiential exercises, learner presentations, role-plays, case studies, lectures, reflection, lab demonstration and practice, and group activities. These course activities provide the opportunity for learners to learn with and from others who are undergoing a similar learning experience.
- The course emphasizes pre-class preparation, participation in interactive classes, and post-class reflection and review. The learner is expected to take an active part in class discussions and take responsibility for his/her own learning. The instructor's role is to facilitate learning.

HEALTH CARE AIDE PROGRAM POLICIES

Please refer to Keyano College Health Care Aide Handbook for specific Health Care Aide Program policies and to Keyano College Calendar for general College policies.

Please review the Keyano College Nursing Program Policy on Clinical Attire, which is outlined in the student handbook. The following are required items for clinical: nametag, health center ID, watch, penlight, and black pen.

LATE POLICY FOR ASSIGNMENTS

All assignments are to be passed in at the time and place they are due. Please see timetable. Extensions on assignments may be granted and must be negotiated with the tutor prior to the due date and with a date specified for late submissions. If prior arrangements are not made, a penalty of a letter grade for each working day that an assignment is submitted after the due date will be deducted from the final grade i.e. an assignment graded at B would receive an adjusted grade of B- if handed in one day late; if two days late, the grade is adjusted to C+ etc.

SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE

ACCESSIBILITY SERVICES: LEARNER ASSISTANCE PROGRAM

If you have a documented disability or you think that you would benefit from some assistance from a Learning Strategist, please call or visit the Accessibility Services Office 780-791-8934 to book an appointment (across from the library). Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of Keyano College. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at Keyano College.

SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.

OVERVIEW OF LEARNING EXPERIENCES

Course Modules

This course consists of the following units:

Module 1: Client Grooming and Personal Hygiene

Module 2: Bathing the Client

Module 3: Assisting with Elimination

Module 4: Bed Making

Module 5: Assisting with Client Mobility

Module 6: Positioning, Transfers and Lifts

Module 7: Assist at Mealtime

REQUIRED TEXTS

Sorrentino, S.A., Remmert, R., & Wilk, M.J. (2017). *Mosby's Canadian textbook for the support worker* (4th Ed.). Toronto, ON: Elsevier.

Sorrentino, S.A., Remmert, R., & Wilk, M.J. (2017). *Mosby's Canadian textbook for the support worker* (4th Ed.). Toronto, ON: Elsevier. Work book to accompany.

Access to the Internet

OVERVIEW OF COURSE ASSESSMENT

Skills Demo

Students are required to demonstrate and perform the skills that they have learned so far in the lab setting. This is a scenario based demonstration and is pass/fail; the student will have a second attempt to pass the demonstration if they are not successful the first time.

Final Exam

The final exam is **cumulative**, meaning that it tests your knowledge of the content of the entire course. It is a multiple-choice exam with 50 questions. Your responses must be on Moodle at the specified time.

DISTRIBUTION OF MARKS

THEORY			DATE
Skills Demo	Students Demonstrate skill knowledge to date in the lab setting	P/F	Mar 4
Final Exam cumulative; multiple choice	Demonstrate knowledge of course content	100%	Mar 2
		Total	100%

PASSING LEVEL AND GRADING SCALE

This is a combined theory course. Learners must complete **all** examinations to receive a final theory grade. Please refer to the Credit Calendar for information on supplemental exams.

To receive credit for HCA 113, a learner must achieve the following:

- A minimum overall grade of 2.3 (C+) or 70%

Refer to the Health Care Aide Handbook for information regarding grading scale, extensions, and other program standard practices.

Important Additional Information

Expectations of Students Writing On-Line Exams

1. Exams will be written in a computer lab at the college. The course instructor will provide information related to where the student is to write the quiz.
2. These are **not** open book exams. The quiz is to have been studied for prior to the quiz or exam date and is to be completed independently: that is by oneself, not in collaboration with or in the company of another person or persons. No photos of quiz questions are to be taken via phones.

3. Midterm and Final exams will be invigilated by the instructor. The time and place can be found in the course syllabi or timetable.
4. Once the quiz/exam has started, the student will submit their answers immediately prior to going on to the next question.
5. Time for all quizzes and exams will be strictly adhered to. For example if a quiz is 30 minutes, the quiz will be open for exactly 30 minutes.
6. No grades will be released until the instructor has had time to review the quiz/exam stats. Once the review has been done, the marks will be released. Review of the quiz/exam questions in class will be done at the instructor's discretion.
7. If any problem arises during the taking of the quiz/exam, the student is to notify the instructor immediately at the time of the issue.
8. It is the responsibility of each student to be familiar with the contents of the Student Code of Conduct. It is mandatory that all students sign a form identifying they have read/or are familiar with the Student Code of Conduct.

Note to all students: It is the student's responsibility to retain course outlines for possible future use in support of applications for transfer credit to other educational institutions.