

**PSYCH 105E**, Individual and Social Behaviour  
*3 credits, 3 hours lecture*

Psychology 105 builds on the content of Psychology 104 through the exploration of four aspects of human psychology including Intelligence, Developmental Processes, Social Psychological Processes, and Clinical Processes. This course examines the nature of intelligence, cognitive and social development throughout the life span, explores the social psychological aspects of a person with specific reference to the self, interpersonal, and group dynamics, and motivation and emotion. In addition, clinical areas of psychology relating to personality, abnormal behaviour, psychotherapy, and health psychology are examined. In Psychology 105, students continue to develop their understanding of scientific methodology through experimental research laboratories.

*Prerequisite: PSYCH 104*

### **Instructor**

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### **Office Hours**

Mon. 02:00 – 03:30  
Tues. 10:00 – 12:00  
Wed. 02:00 – 03:30

### **Hours of Instruction**

Wed. 6:30 – 9:30; room CC273

### **Required Resources**

**An introduction to psychological science**, Krause, M., Carts, D., Smith, S., & Dolderman, D., (2nd Canadian Ed.).

### **Course Outcomes**

Upon successful completion of this course, the student shall be able to:

- Demonstrate knowledge (through tests, assignments and activities) of the major perspectives of psychology and how each approach views/explains human behaviour and thought.
- Identify and explain the major theories and concepts within the discipline of psychology using the appropriate terminology.
- Describe the major research methods used by psychologists, and their strengths and weaknesses.
- Apply verbal and presentational skills, in order to effectively communicate ideas to fellow-learners
- Develop and exercise organizational and team building capabilities

**Evaluation**

Quizzes	10%
Term Test 1 (TT1)	25%
Term Test 2 (TT2)	25%
Final Exam	40%
<i>Total</i>	<i>100%</i>

A grade of C- is required for progression or transfer.

**Quizzes:**

There will be a computer administered quiz on each chapter covered. You will have 3 attempts at each quiz with your highest mark of the three attempts recorded. Quizzes will be open for one week, after which time, the quiz will be closed. Once closed, the quiz cannot be re-opened.

**Midterms:**

There will be two midterms based on in-class materials and chapters within the book.

**Final:**

There will be one cumulative final exam based on in-class materials and chapters within the book.

**Grading System**

Descriptor	Alpha Grade	4.0 Scale	Percent	Rubric for Letter Grades
Excellent	A+	4.0	> 92.9	Work shows in-depth and critical analysis, well developed ideas, creativity, excellent writing, clarity and proper format.
	A	4.0	85 – 92.9	
	A-	3.7	80 – 84.9	
Good	B+	3.3	77 – 79.9	Work is generally of high quality, well developed, well written, has clarity, and uses proper format.
	B	3.0	74 – 76.9	
	B-	2.7	70 – 73.9	
Satisfactory	C+	2.3	67 – 69.9	Work has some developed ideas but needs more attention to clarity, style and formatting.
	C	2.0	64 – 66.9	
	C-	1.7	60 – 63.9	
Poor	D+	1.3	55 – 59.9	Work is completed in a general way with minimal support, or is poorly written or did not use proper format.
	D	1.0	50 – 54.9	
Failure	F	0.0	< 50	Responses fail to demonstrate appropriate understanding or are fundamentally incomplete.

**Proposed Schedule of Topics**

	Topic	Ch.
1	Intelligence	9
2	Lifespan Development	10
3	Motivation & Emotion	11
4	Personality	12
5	Social Psychology	13
6	Health, Stress, & Coping	14

7	Psychological Disorders	15
8	Therapies	16

**Please Note:**

Date and time allotted to each topic is subject to change.

**Performance Requirements**

**Student Responsibilities**

It is your responsibility as a student to contact the Office of the Registrar to complete the forms for Withdrawal or Change of Registration, and any other forms. Please refer to the list of important dates as noted in the Academic Schedule in the Keyano College credit calendar.

More specific details are found in the Student Rights and Student Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

**Student Attendance**

Class attendance is useful for two reasons. First, class attendance maximizes a students' learning experience. Second, attending class is a good way to keep informed of matters relating to the administration of the course (e.g., the timing of assignments and exams). Ultimately, you are responsible for your own learning and performance in this course.

It is the responsibility of each student to be prepared for all classes. Students who miss classes are responsible for the material covered in those classes and for ensuring that they are prepared for the next class, including the completion of any assignments and / or notes that may be due.

**Academic Misconduct**

Students are considered to be responsible adults and should adhere to principles of intellectual integrity. Intellectual dishonesty may take many forms, such as:

- Plagiarism or the submission of another person's work as one's own
- The use of unauthorized aids in assignments or examinations (cheating)
- Collusion or the unauthorized collaboration with others in preparing work
- The deliberate misrepresentation of qualifications
- The willful distortion of results or data
- Substitution in an examination by another person
- Handing in the same unchanged work as submitted for another assignment
- Breach of confidentiality.

The consequences for academic misconduct range from a verbal reprimand to expulsion from the College. More specific descriptions and details are found in the Student Rights and Student Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

In order to ensure your understanding of the concept of plagiarism, you must successfully complete the online tutorial found on [ilearn.keyano.ca](http://ilearn.keyano.ca). Then print the certificate, sign it, and show it to each of your instructors. Your course work will not be graded until you show this signed certificate.

**Specialized Supports**

The Student Academic Support Services (SASS) department: Accessibility Services, Skill Centre and Wellness Services, work together to support student success at Keyano College.

**Accessibility Services (CC167)** supports student success through group and individualized instruction of learning, study and test taking strategies, and adaptive technologies. Students with documented disabilities, or who suspect a disability, can meet with the Learning Strategists to discuss accommodation of the learning barriers that they may be experiencing. Students who have accessed accommodations in the past are encouraged to visit our office at their earliest opportunity to discuss the availability of accommodations in their current courses. Individual appointments can be made by calling 780-791-8934

**Skill Centre (CC119)** provides a learning space where students can gather to share ideas, collaborate on projects and get new perspectives on learning from our tutorial staff. Students visiting the centre have access to one-to-one or group tutoring, facilitated study groups, and assistance in academic writing. The Skill Centre's Peer Tutor program provides paid employment opportunities for students who have demonstrated academic success and want to share what they have learned. Tutoring is available free to any students registered at Keyano College on a drop in basis, from 9:00 am to 5:00 pm Monday through Friday. Additional evening hours are subject to tutor availability and are posted in the Skill Centre.

**Wellness Services (CC260)** offers a caring, inclusive, and respectful environment where students can access free group and individual support to meet academic and life challenges. Mental Health Coordinators offer a safe and confidential environment to seek help with personal concerns. The Mindfulness Room in CC260 is available as a quiet space for students to relax during regular office hours. Wellness Service welcomes students to participate in any of the group sessions offered throughout the academic year addressing such topics as Mindfulness and Test Anxiety. Individual appointments can be made by calling 780-791-8934.

**Please watch your Keyano email for workshop announcements from our Student Academic Support Services team.**