UNIVERSITY OF ALBERTA
Faculty of Nursing Undergraduate Programs
BScN COLLABORATIVE PROGRAM
Grande Prairie Regional College, Keyano College,
Red Deer College, University of Alberta

NURS 222

INDIGENOUS HEALTH IN CANADA

COURSE OUTLINE

**Note: students are expected to familiarize themselves with this course outline,
the BScN Program Student Handbook and Moodle site.**

Calendar statement

NURS 222 (*3) This course is offered in response to the Truth and Reconciliation Commission of Canada: Calls to Action, and is the beginning step to culturally safe interaction and practice. Focus is on introducing students to a variety of historical realities and contemporary issues relevant to Indigenous health in Canada. Students will examine issues and contributions facing settler relations from a historical, contemporary and critical perspective, with a focus on health and well-being. Note: Available only to nursing students in the Collaborative Program.

Course hours

Lecture: 6hrs/week over 6 weeks

Course Learning Outcomes

Upon completion of this course, the student must be able to:

1. Understand the historical and contemporary realities relevant to Indigenous health in Canada.
2. Develop self-awareness about Indigenous peoples relationship to colonialism and its impacts.
3. Examine our own attitudes and beliefs of Indigenous histories and cultures in Canada.
4. Develop and explore cultural humility.
5. Develop an understanding of Indigenous teachings and practices through interactions with Indigenous knowledge keepers and elders.
6. Reflect and critically analyze perceptions and knowledge through / in Indigenous worldviews.

Course Instructor

Title	Name	Office number	Phone number	email
Faculty	Dr. Nadine Rimmer	S109F	780-792-5701	nadine.rimmer@keyano.ca

Note:
-   Please allow 2 business days for a response. Include "NURS 222" in your subject line.
-   Professional and respectful communication is expected.

Communication:

It is the students' responsibility to ensure that they check Moodle courses at minimum of twice daily, once in morning and evening. It is recommended to check Moodle more frequently. It is the students' responsibility to ensure thorough review of all resources and content on the Moodle course site. The instructors have placed many resources and documents to ensure the students' success in each course.

Instructors will communicate with the student group by announcements in the news forum on Moodle. Please ensure that you check this at least twice daily.

It is the students' responsibility to check their Keyano College email at minimum of twice daily, once in morning and again in evening. It is recommended to check email more frequently. Please note that the method to contact your instructor is email. Please allow a 48 hour minimum response time from your instructor on business days. Instructors will not be checking emails on evenings and weekends/holidays. Do not text or call your instructor unless you will be absent for clinical that day; inquiries related to assignments and course content will be sent in an email to your instructor.

Required textbooks

(Note: Foundations textbooks will be used as references throughout the program. Please retain your copies as they will be required resources in future courses).

Please note that all textbooks may be utilized in part in this course at the discretion of the instructor.

It is a prerequisite that all students complete the MOOC Indigenous Canada through the Cousera and University of Alberta website. This is a free course however, there is a cost for a certificate of completion.

There is a required textbook for this course:
Determinants of Indigenous Peoples' Health: Beyond the Social, 2nd ed.
Greenword, de Leeuw & Lindsay
Canadian Scholars

There will however be a list of readings and other resources for you to access each week on the Moodle site.

Required resources

College and Association of Registered Nurses of Alberta. (2013). *Entry-to-practice competencies for the registered nurses profession.* Edmonton, AB: Author. Retrieved from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Standards/RN_EntryPracticeCompetencies_May2013.pdf

College and Association of Registered Nurses of Alberta (2010). *Ethical decision-making for registered nurses in Alberta: Guidelines and recommendations.* Edmonton: Author. Retrieved from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/RN_EthicalDecisions_May2010.pdf

College and Association of Registered Nurses of Alberta. (2013). *Practice standards for regulated members* with *The Canadian Nurses Association code of ethics for registered nurses.* Edmonton: Author. Retrieved from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Standards/PracticeStandards_CNA_Ethics_2008.pdf

College and Association of Registered Nurses of Alberta. (2008). *Primary health care.* Edmonton, AB: Author. Retrieved from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/PrimaryHealthCare_Sep2008.pdf

College and Association of Registered Nurses of Alberta. (2011). *Professional boundaries for registered nurses: Guidelines for the nurse-client relationship.* Edmonton, AB: Author. Retrieved from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/RN_ProfessionalBoundaries_May2011.pdf

Faculty of Nursing, University of Alberta. (2017). *Graduate Competencies and Year-End Outcomes Condensed Version Rev. 2.0.* Retrieved from Moodle Nurse 001Skills/Resources/Policies/Surveys course.

Recommended Textbooks & Resources

Course evaluation

Assignments/Course components	Dates	Weight	Course objectives no.
1) Reflections	Reflection #1 - Reflection #2 - Reflection #3 - Reflection #4 -	40% (10% each)	2. Develop self-awareness about Indigenous peoples relationship to colonialism and its impacts. 3. To examine our own attitudes and beliefs of Indigenous histories and cultures in Canada. 4. Develop and explore cultural humility. 7. Reflect and critically analyze perceptions and knowledge through / in Indigenous worldviews.
2) Presentation	See Timetable	30%	1. Understand the historical and contemporary realities relevant to Indigenous health in Canada. 2. Develop self-awareness about Indigenous peoples relationship to colonialism and its impacts. 3. To examine our own attitudes and beliefs of Indigenous histories and cultures in Canada. 4. Develop and explore cultural humility. 5. To develop an understanding of Indigenous teachings and practices through interactions with Indigenous knowledge keepers and elders. 6. Create a final project about health care practices and Indigenous communities 6. Reflect and critically analyze perceptions and knowledge through / in Indigenous worldviews.
3) Final Exam	See timetable	30%	

Please refer to the Absence from Term Work Policy as stated in University of Alberta Calendar 2017-2018.

Assignments descriptions

1) **Reflections:**
    - **There are four reflections for you to complete during this course.**
    - **Each reflection should be no more than 3 pages long with a minimum of 2 pages.**
    - **Submission is via email or hardcopy by 10 pm on the due dates.**

Reflection is an important nursing skill and there are many ways to reflect. In these reflective writing pieces you are asked to use three reflective prompts/questions to guide your reflection. The following are three guiding reflective prompts/questions that you will use to explore your own thoughts, feelings, and experiences surrounding Indigenous health in Canada. There are no right or wrong responses and you will not be judged on what you share. Please allow yourself time to think about each question before answering. The goal of the reflections are for you to reflect on your own thoughts, feelings and experiences and consider how this learning will change your nursing practice.

1. What hesitations/questions/interests did you have while reading, listening or participating in ….. and why do you think these were present (i.e. personal experience, media, family, stigma etc…)

2. How have your thoughts about Indigenous health in Canada changed after reading, listening to or participating in ….. ?

3. What did I learn from this activity? Why is this important to my nursing practice?

Reflective writing - Evaluation Criteria – 10%	
Use of reflective questions (3%)	● application of the questions
Reflection (5%)	● logical progression of reflection ● clarity ● thoughtfulness ● Creativity ● Completeness
Format (2%)	● Grammar ● Spelling ● Sentence structure ● APA Style

2) **Digital Presentation:**

Presentation (30%)

As part of the class requirements you will be placed in a randomized group to create and present your digital presentation using either a research poster or electronic poster, photovoice, video or powerpoint on an issue relevant to Indigenous health in Canada. Your presentation may address any number of different issues as long as they fall within the concepts discussed throughout the course. One of the areas of Awareness, Acknowledgement, Atonement, or Action should be considered and linked to your presentation. Your presentation will include the following:

a. **Proposal –** The proposal will be one page in length. The purpose of the proposal is to provide a clear concise description of the topic or issue your presentation will address.

b. **Presentation –** The 15 minute (marks will be docked if you exceed your time limit) presentation must demonstrate your group's ability to integrate relevant resource materials (eg., photographs, graphs, brochures, literature, etc) to engage your audience and have them develop a deeper understanding of your topic/issue. The presentation will be evaluated for content, presentation and creativity.
c. **Peer Assessment –** Members of your group will have the opportunity to evaluate team members. You will be able to provide feedback and rate your peer's efforts.

Marking guide is provided on moodle.

3) Final Examination (30%) The final exam will consist of 75 multiple choice questions. This exam will cover material from the entire course.

Final grades

The assignments are marked as raw scores according to the percentage weight assigned to each. The marks on course assignments will contribute to the overall letter grade according to the percentage that each assignment is weighted in the course. At the end of the course, all assignment scores are totaled for a term summary mark in the course based on the grading scale below. The FINAL COURSE GRADE is based on the cumulative total of individual student's weighted assignment marks.

Grading rubric is located in Appendix A.

Deferred final exams:

A student who has missed a final exam because of incapacitating mental and/or physical illness, severe domestic affliction or for circumstances as described in Keyano College's Examination Policy in the Credit Calendar. Students are required to follow the process outlined in the policy should they wish to apply for a deferred exam.

Policy statements:

The course outline acts as an agreement between the student and the instructor of this class regarding the details of the course.

Keyano College is committed to the highest standards of academic integrity and honesty. Students are expected to be familiar with these standards regarding academic honesty and to uphold the policies of the College in this respect. Students are particularly urged to familiarize themselves with the provisions of the Academic Policies and Student Rights and Code of Conduct and avoid any behavior which could potentially result in suspicions of cheating, plagiarism, misrepresentation of facts and/or participation in an offence. Academic dishonesty is a serious offence and can result in suspension or

expulsion from the College.

Audio or video recording, digital or otherwise, of lectures, labs, seminars or any other teaching environment by students is allowed only with the prior written consent of the instructor or as a part of an approved accommodation plan. Student or instructor content, digital or otherwise, created and/or used within the context of the course is to be used solely for personal study, and is not to be used or distributed for any other purpose without prior written consent from the content author(s).

Students wishing to proceed in the Nursing program must achieve a grade of at least C+ in the foundational Nursing courses. Policy regarding the foundational course minimum pass can be found in the Keyano College Credit Calendar.

Please refer to the Nursing Program Student Handbook for specific Nursing Program Policies, including, attendance, examinations, withdrawal dates for classes, and plagiarism.

Refer to Keyano College Calendar for Student Rights and Responsibilities, Misconduct and Discipline, and Student Appeal Procedure.

Please refer to the Student Handbook and review the Student Code of Conduct Policy (Policy 110.0), Student Rights Policy (Policy 111.0) and Student Code of Conduct Procedure (110.1). It is expected that you will review and be aware of expectations relative to student rights, responsibilities and behavior.

Late Assignments

All assignments are to be submitted as indicated in the syllabus and timetable. Extensions on assignments may be granted; however, must be negotiated with the Instructor prior to the due date and with a date specified for late submissions. Assignments not submitted on the day and time specified will incur a 5% deduction per day including weekends. This will be applied each day until the assignment is received by the instructor. Students can submit assignments by e-mail on weekends, but must provide a paper copy on the first day following the weekend.

If the student does not submit an assignment by course end date and prior to the final exam date, a zero will be given for that assignment.

Students MUST submit all assignments in order to pass the course. If an assignment is not submitted before aforementioned deadlines, the student will receive a failing grade of an F in the course.

Plagiarism

Please refer to Appendix F for the statement on plagiarism. The Tutorial regarding plagiarism can be found and Moodle and must be completed.

Specialized supports and duty to accommodate

Disability Support Services

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It is the College's goal that learning experiences be as accessible as possible. If you anticipate or experience physical or academic barriers based on a disability, please let your instructor know immediately so options can be discussed. You are also welcome to contact Disability Services to establish reasonable accommodations. Please call 780-791-8934 or drop in at CC -167 (across from the Library).

APPENDIX A

Keyano College Percentage – Alpha Grading System

Descriptor	Percentage Scale	Alpha Scale
Excellent	96-100	A+
	90-95	A
	85-89	A-
Good	80-84	B+
	76-79	B
	72-75	B-
Satisfactory	68-71	C+
	64-67	C
Minimum Pass	60-63	C-
Poor	55-59	D+
	50-54	D
Failure	0-49	F