PSYCH 282E: Behaviour Modification

Credits, weeks, hours
3 credits, 16 weeks, 3 hours lecture
Psychology 282 introduces students to issues in the field of Learning and behaviour including principles and procedures of classical and operant conditioning. Students in this course will learn practical skills such as how to record behaviour, design, implement, and evaluate behaviour change plans. Much of the lecture materials comes from basic research, however, applied examples will frequently be used and application of principles will often be obvious.
Prerequisite: PSYCH 104

Instructor
Michael A. Smith
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780-791-8964
michael.smith@keyano.ca

Office Hours
Monday 1:00 – 1:50
Tuesday 1:00 – 2:50
Thursday 11:00 – 11:50; 2:00 – 2:50

Hours of Instruction
Thursday 6:30 – 9:30, Room CC237

Required Resources

Course Outcomes
Upon successful completion of this course, the student will be able to:

• Demonstrate knowledge (through tests, assignment and activities) of the concepts within the area of behavioural psychology.
• Identify and explain the major theories and concepts within the discipline of Behavioural Psychology using the appropriate terminology.
• Gain an understanding of the practical applications of classical conditioning, operant conditioning and observational learning.
• Demonstrate the use of the principles of behavior modification through self-modification of behavior

Evaluation
Clearly outline what students must do in order to pass or complete the course.

Concept map 10%
Self-modification project 20%
A grade of C- is required for progression or transfer.

Grading System

<table>
<thead>
<tr>
<th>Descriptor</th>
<th>Alpha Grade</th>
<th>4.0 Scale</th>
<th>Percent</th>
<th>Rubric for Letter Grades</th>
</tr>
</thead>
<tbody>
<tr>
<td>Excellent</td>
<td>A+</td>
<td>4.0</td>
<td>&gt; 92.9</td>
<td>Work shows in-depth and critical analysis, well developed ideas, creativity, excellent</td>
</tr>
<tr>
<td></td>
<td>A</td>
<td>4.0</td>
<td>85 – 92.9</td>
<td>writing, clarity and proper format.</td>
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<tr>
<td></td>
<td>A-</td>
<td>3.7</td>
<td>80 – 84.9</td>
<td>Work is generally of high quality, well developed, well written, has clarity, and</td>
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<tr>
<td></td>
<td>B+</td>
<td>3.3</td>
<td>77 – 79.9</td>
<td>uses proper format.</td>
</tr>
<tr>
<td>Good</td>
<td>B</td>
<td>3.0</td>
<td>74 – 76.9</td>
<td>Work has some developed ideas but needs more attention to clarity, style and formatting.</td>
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<tr>
<td></td>
<td>B-</td>
<td>2.7</td>
<td>70 – 73.9</td>
<td>Work is completed in a general way with minimal support, or is poorly written or did</td>
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<tr>
<td>Satisfactory Progression</td>
<td>C+</td>
<td>2.3</td>
<td>67 – 69.9</td>
<td>not use proper format.</td>
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<tr>
<td>Progression</td>
<td>C</td>
<td>2.0</td>
<td>64 – 66.9</td>
<td></td>
</tr>
<tr>
<td>Poor</td>
<td>C-</td>
<td>1.7</td>
<td>60 – 63.9</td>
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<tr>
<td>Minimum Pass</td>
<td>D+</td>
<td>1.3</td>
<td>55 – 59.9</td>
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<tr>
<td></td>
<td>D</td>
<td>1.0</td>
<td>50 – 54.9</td>
<td></td>
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<tr>
<td>Failure</td>
<td>F</td>
<td>0.0</td>
<td>&lt; 50</td>
<td>Responses fail to demonstrate appropriate understanding or are fundamentally incomplete.</td>
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Proposed Schedule of Topics

<table>
<thead>
<tr>
<th>Wk</th>
<th>Topic</th>
<th>Due Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Part 1: Introduction and basic concepts</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Part 2: Selecting, defining, and measuring behavior</td>
<td></td>
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<tr>
<td>3</td>
<td>Part 3: Evaluating and analyzing behavior change</td>
<td></td>
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<td>4</td>
<td>Part 4: Reinforcement</td>
<td></td>
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<tr>
<td>5</td>
<td>Part 5: Punishment</td>
<td><strong>Term Test 1 (02-04)</strong></td>
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<tr>
<td>6</td>
<td>Part 6: Antecedent variables</td>
<td></td>
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<tr>
<td>7</td>
<td>Part 7: Developing new behaviors</td>
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<tr>
<td>8</td>
<td><strong>Reading Week</strong></td>
<td></td>
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<tr>
<td>9</td>
<td>Part 8: Decreasing behavior with non-punishment procedures</td>
<td></td>
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<tr>
<td>10</td>
<td>Part 9: Functional Analysis</td>
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<tr>
<td>11</td>
<td><strong>Term Test 2 (03-17)</strong></td>
<td></td>
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<tr>
<td>12</td>
<td>Part 10: Verbal Behavior</td>
<td></td>
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<tr>
<td>13</td>
<td>Part 11: Special applications</td>
<td><strong>Project (03-31)</strong></td>
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<td>14</td>
<td>Part 12: Promoting generalized behavior</td>
<td></td>
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<tr>
<td>15</td>
<td>Part 13: Ethics</td>
<td></td>
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</table>

**Please Note:**
Date and time allotted to each topic is subject to change. It is your responsibility as a student to contact the Office of the Registrar to complete the forms for Withdrawal or Change of Registration, and any other forms. Please refer to the list of important dates as noted in the Academic Schedule in the Keyano College Credit Calendar.
Performance Requirements

Concept Map
Each student will produce a concept map of each of the chapters as we go along. See handout for
details.

Self-Modification Project: You will complete a self-modification program using the principles of behavior
modification. Details of the assignment and the due date will be handed out in an appropriate class and
discussed.

There will be two term tests and a final exam. The tests will cover textbook chapters, lecture material,
and any supplementary material.

Student Attendance
Class attendance is useful for two reasons. First, class attendance maximizes a students’ learning
experience. Second, attending class is a good way to keep informed of matters relating to the
administration of the course (e.g., the timing of assignments and exams). Ultimately, you are
responsible for your own learning and performance in this course.

It is the responsibility of each student to be prepared for all classes. Students who miss classes are
responsible for the material covered in those classes and for ensuring that they are prepared for the
next class, including the completion of any assignments and / or notes that may be due.

Academic Misconduct
Students are considered to be responsible adults and should adhere to principles of intellectual
integrity. Intellectual dishonesty may take many forms, such as:

- Plagiarism or the submission of another person’s work as one’s own
- The use of unauthorized aids in assignments or examinations (cheating)
- Collusion or the unauthorized collaboration with others in preparing work
- The deliberate misrepresentation of qualifications
- The willful distortion of results or data
- Substitution in an examination by another person
- Handing in the same unchanged work as submitted for another assignment
- Breach of confidentiality.

The consequences for academic misconduct range from a verbal reprimand to expulsion from the
College. More specific descriptions and details are found in the Student Rights and Student Code of
Conduct section of the Keyano College 2015-2016 credit calendar. It is the responsibility of each
student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct
Policies.

In order to ensure your understanding of the concept of plagiarism, you must successfully complete
the online tutorial found on ilearn.keyano.ca. Then print the certificate, sign it, and show it to each of
your instructors. Your written course work will not be graded until you show this signed certificate.
Specialized Supports

Counselling and Disability Services

Counselling Services provides a wide range of specialized counselling services to prospective and registered students, including personal, career and academic counselling.

SKILL Centre

The SKILL Centre is a learning space in the Clearwater Campus at Keyano College where students can gather to share ideas, collaborate on projects and get new perspectives on learning from our tutorial staff.

The SKILL Centre, through a variety of delivery methods, provides assistance in skill development to Keyano students. Assistance is provided by instructors, staff and student tutors. Individuals wishing to improve their mathematics, writing, grammar, study, or other skills, can take advantage of this unique service.
Authorization
This course outline has been reviewed and approved by the Program Chair.

[Michael, Smith], Instructor

[Louis, Dingley], Chair  Date Authorized

Guy Harmer, Dean  Date Authorized

Signed copies to be delivered to:
Instructor
Registrar’s Office