PSYCH 239E – Abnormal Psychology

3 credits, 16 weeks, 3 hours lecture
This course is a detailed introduction to Abnormal Psychology and psychopathology. The topics include distinction between normality and abnormality, diagnosis, etiology and treatment. The classification scheme (DSM) developed by the American Psychiatric Association is the basis on which various psychopathological categories are selected for discussion. Current topics such as community mental health, legal and ethical issues are also discussed.

Prerequisite: At least one 200-level Psychology (PSYCH 233 and PSYCH 275 recommended)

Instructor
Michael Smith
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791-8964
michael.smith@keyano.ca

Office Hours
Monday 1:00 – 2:00
Tuesday 1:00 – 4:00
Wednesday 1:00 – 2:00

Hours of Instruction
Monday 6:30 – 9:30: S212
Wednesday 6:30 – 9:30: S212

Required Resources


Course Outcomes
Students will be able to demonstrate knowledge in:
- Abnormality and the history of Abnormal Psychology
- Assessment of mental illness
- Theoretical approaches to mental illness
- The Diagnostic and Statistical Manual
- The characteristics of various psychological disorders
- Mental illness across the lifespan
- Treatment approaches to mental illness

Evaluation
Case Study 20%
In-class activities 10%
Term Test 1 20%
Term Test 2 20%
A grade of C- is required for progression or transfer.

**Grading System**

<table>
<thead>
<tr>
<th>Descriptor</th>
<th>Alpha Grade</th>
<th>4.0 Scale</th>
<th>Percent</th>
<th>Rubric for Letter Grades</th>
</tr>
</thead>
<tbody>
<tr>
<td>Excellent</td>
<td>A+</td>
<td>4.0</td>
<td>&gt; 92.9</td>
<td>Work shows in-depth and critical analysis, well developed ideas, creativity, excellent writing, clarity and proper format.</td>
</tr>
<tr>
<td></td>
<td>A</td>
<td>4.0</td>
<td>85 – 92.9</td>
<td>Work is generally of high quality, well developed, well written, has clarity, and uses proper format.</td>
</tr>
<tr>
<td></td>
<td>A-</td>
<td>3.7</td>
<td>80 – 84.9</td>
<td>Work has some developed ideas but needs more attention to clarity, style and formatting.</td>
</tr>
<tr>
<td>Good</td>
<td>B+</td>
<td>3.3</td>
<td>77 – 79.9</td>
<td>Work is completed in a general way with minimal support, or is poorly written or did not use proper format.</td>
</tr>
<tr>
<td></td>
<td>B</td>
<td>3.0</td>
<td>74 – 76.9</td>
<td>Work shows in-depth and critical analysis, well developed ideas, creativity, excellent writing, clarity and proper format.</td>
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<tr>
<td></td>
<td>B-</td>
<td>2.7</td>
<td>70 – 73.9</td>
<td>Work is generally of high quality, well developed, well written, has clarity, and uses proper format.</td>
</tr>
<tr>
<td>Satisfactory</td>
<td>C+</td>
<td>2.3</td>
<td>67 – 69.9</td>
<td>Work shows in-depth and critical analysis, well developed ideas, creativity, excellent writing, clarity and proper format.</td>
</tr>
<tr>
<td>Progression</td>
<td>C</td>
<td>2.0</td>
<td>64 – 66.9</td>
<td>Work is generally of high quality, well developed, well written, has clarity, and uses proper format.</td>
</tr>
<tr>
<td></td>
<td>C-</td>
<td>1.7</td>
<td>60 – 63.9</td>
<td>Work shows in-depth and critical analysis, well developed ideas, creativity, excellent writing, clarity and proper format.</td>
</tr>
<tr>
<td>Poor</td>
<td>D+</td>
<td>1.3</td>
<td>55 – 59.9</td>
<td>Work is completed in a general way with minimal support, or is poorly written or did not use proper format.</td>
</tr>
<tr>
<td>Minimum Pass</td>
<td>D</td>
<td>1.0</td>
<td>50 – 54.9</td>
<td>Work shows in-depth and critical analysis, well developed ideas, creativity, excellent writing, clarity and proper format.</td>
</tr>
<tr>
<td>Failure</td>
<td>F</td>
<td>0.0</td>
<td>&lt; 50</td>
<td>Responses fail to demonstrate appropriate understanding or are fundamentally incomplete.</td>
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</tbody>
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**Proposed Schedule of Topics**

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Readings</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>What is Abnormal Ψ; Assessment</td>
<td>Ch. 1 &amp; 2</td>
</tr>
<tr>
<td>2</td>
<td>Anxiety related and Mood Disorders (No class on Mon. 18th) (Term Test 1)</td>
<td>Ch. 3 &amp; 4</td>
</tr>
<tr>
<td>3</td>
<td>Dissociative &amp; Personality Disorders</td>
<td>Ch. 5 &amp; 6</td>
</tr>
<tr>
<td>4</td>
<td>Addictive, eating, and sleep disorders (Term Test 2)</td>
<td>Ch. 7 &amp; 8</td>
</tr>
<tr>
<td>5</td>
<td>Gender, sexual, and psychotic disorders (Case Study Due)</td>
<td>Ch. 9 &amp; 10</td>
</tr>
<tr>
<td>6</td>
<td>Disorders across the lifespan; Final Exam</td>
<td>Ch. 11 &amp; 12</td>
</tr>
</tbody>
</table>

**Please Note:**
Date and time allotted to each topic is subject to change. It is your responsibility as a student to contact the Office of the Registrar to complete the forms for Withdrawal or Change of Registration, and any other forms. Please refer to the list of important dates as noted in the Academic Schedule in the Keyano College Credit Calendar.

**Performance Requirements**

**Case Study.** Students will be responsible for a case study write up. The task is to perform a ‘psychological work-up’ on an historical or current figure who seems to have a psychological disorder. That is, you will analyze behavioral examples from commonly available sources on your chosen figure. Sources can include youtube clips, newspaper and magazine articles, biographies, news stories etc. You will then write a report on the figure outlining your conclusions regarding which psychological disorder(s) you believe the person is suffering from based on your analysis and knowledge of abnormal psychology. Format and details will be handed out in class.

**In-class Activities.** In class activities (10%) may include short response papers, short in-class quizzes,
student led work groups and discussions, and short presentations.

**Term Tests:** There will be two term tests (20%) each. These may include multiple choice, short answer and essay questions.

**Final exam.** There will be one cumulative final exam (30%). The final may include multiple choice, short answer and essay questions.

**Student Attendance**
Class attendance is useful for two reasons. First, class attendance maximizes a student’s learning experience. Second, attending class is a good way to keep informed of matters relating to the administration of the course (e.g., the timing of assignments and exams). Ultimately, you are responsible for your own learning and performance in this course.

It is the responsibility of each student to be prepared for all classes. Students who miss classes are responsible for the material covered in those classes and for ensuring that they are prepared for the next class, including the completion of any assignments and / or notes that may be due.

**Academic Misconduct**
Students are considered to be responsible adults and should adhere to principles of intellectual integrity. Intellectual dishonesty may take many forms, such as:

- Plagiarism or the submission of another person’s work as one’s own
- The use of unauthorized aids in assignments or examinations (cheating)
- Collusion or the unauthorized collaboration with others in preparing work
- The deliberate misrepresentation of qualifications
- The willful distortion of results or data
- Substitution in an examination by another person
- Handing in the same unchanged work as submitted for another assignment

Penalties for academic offences range from a verbal reprimand to dismissal from the College, and in certain circumstances may involve legal action.

**Specialized Supports**

**Counselling and Disability Services**
Counselling Services provides a wide range of specialized counselling services to prospective and registered students, including personal, career and academic counselling.

**SKILL Centre**
The SKILL Centre is a learning space in the Clearwater Campus at Keyano College where students can gather to share ideas, collaborate on projects and get new perspectives on learning from our tutorial staff.

The SKILL Centre, through a variety of delivery methods, provides assistance in skill development to Keyano students. Assistance is provided by instructors, staff and student tutors. Individuals wishing to improve their mathematics, writing, grammar, study, or other skills, can take advantage of this unique service.
Authorization
This course outline has been reviewed and approved by the Program Chair.

__________________________________________
Michael, Smith, Instructor

__________________________________________
Louis, Dingley, Chair  Date Authorized

__________________________________________
Guy Harmer, Dean  Date Authorized

Signed copies to be delivered to:
Instructor
Registrar’s Office