



Course Outline

UNIVERSITY STUDIES

Psychology 106 E
Psychological Principles for Nursing
Fall, 2012

3 CREDITS
3 HOURS PER WEEK

INSTRUCTOR: Jady Wong

INSTRUCTOR: Jady Wong
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OFFICE NUMBER: S213B

OFFICE HOURS:

Tuesday	3:00 – 4:00 PM
Wednesday	2:00 – 4:00 PM
Friday	10:00 AM – 12:00 PM

HOURS OF INSTRUCTION:

Thursday	6:30 – 9:30 PM	Room 273 Clear Water Building
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COURSE DESCRIPTION:

Throughout this course, you will be introduced to the study of human behavior. This is an Introductory-level course, which means that we will be covering many different areas of psychology. You will receive a broad overview of the field of psychology with a special focus on psychological principals pertinent to nursing. We will talk about concepts related to memory, development, perception, lifestyle, stress and health, mental disorders, memory and personality. We will also explore some of the research conducted within this discipline, and discuss the methods researchers use to study various psychological concepts

This course will mainly consist of lectures, but *your participation is important!* By actively participating in this class, you will enhance your learning, gain a deeper understanding of the material and have more fun! We will regularly engage in activities designed to enhance your learning and increase your knowledge of the material. I will also introduce interesting supplementary material, research studies, and other information that is not found within the textbook, but that is exciting and relevant to the course. We will also view videos that will expand on the textbook material.

CALENDAR DESCRIPTION:

Psychology 106 is an introductory course in the study of human behaviour that serves as an introduction to psychological issues pertinent to nursing. Topics include learning and behaviour, memory, motivation and emotion, social psychology, health psychology, personality, psychological disorders and the treatment of psychological disorders. Psychology 106 is a condensed version of Psychology 104 and 105. You may not obtain credit in psychology 106 if you have credit in these courses. Psychology 106 serves as a prerequisite for any 200 level course offered by the Department of Psychology.

PRE-REQUISITE(S):

There are no pre-requisites for this course.

COURSE OUTCOMES:

The student will be able to:

1. demonstrate knowledge (through tests, assignment and activities) of the major perspectives of psychology and how each approach views/explains human behaviour and thought.
2. identify and explain the major theories and concepts within the discipline of psychology using the appropriate terminology.
3. demonstrate an understanding of the field of psychology and how its concepts can be applied to nursing practices.
4. describe the major research methods used by psychologists, and their strengths and weaknesses.

REQUIRED RESOURCES:

Carlson, N. R., & Heth, C. D. (2010). *Psychology: The science of behaviour* (4th ed.). Toronto ON: Pearson.

TOPICS TO BE COVERED:**Tentative Lecture Schedule**

Week	Date	Topic(s)	Textbook Chapters
Week 01	Sept. 6 th	Introduction to Course, The Science of Psychology	1
Week 02	Sept. 13 th	The Ways and Means of Psychology	2
Week 03	Sept. 20 th	Evolution, Heredity, and Behaviour Biology of Behaviour	3 4
Week 04	Sept. 27 th	Sensation Perception	5 6
Week 05	Oct. 4 th	Learning and behaviour	7
Week 06	Oct. 11 th	MIDTERM #1 (1 hour 45mins) Lecture Weeks: 1 - 5 Textbook Chapters: 1, 2, 3, 4, 5, 6	
Week 07	Oct. 18 th	Memory Consciousness	8 9
Week 08	Oct. 25 th	Language Intelligence and Thinking	10 11
Week 09	Nov. 1 st	Motivation and Emotion Lifestyle, Stress, and Health	13 16
Week 10	Nov. 8 th	MIDTERM #2 (1 hour 45mins) Lecture Weeks: 7-9 Textbook Chapters: 7, 8, 9, 10, 11, 13	
Week 11	Nov. 15 th	Lifespan Development Personality	12 14
Week 12	Nov. 22 nd	Social Psychology	15
Week 13	Dec. 29 th	The Nature and Causes of Psychological Disorders	17
Week 14	Dec. 6 th	The Treatment of Psychological Disorders	18

MOODLE

Go to <http://ilearn.keyano.ca>

A Moodle website has been created to accompany this course. Login information will be provided by your instructor. For further instructions please see the Moodle handout. Assignments, readings and handouts will be posted on Moodle. Please note that lecture notes (Powerpoints slides) will be posted on this website before each class. Please print them off and bring them with you to class. Note, however, that the purpose of the lecture notes is *not to replace class attendance* – they are simply a guideline of each lecture. You **will not** attain a full grasp of the material if you use only these notes – it is absolutely necessary to supplement them with your own notes taken during class. It is also your responsibility to check Moodle for any announcements.

EVALUATION:

Assignment	Percentage	Due Date
Assignment	10%	October 4 th , 2012
Midterm 1	30%	October 11 th , 2012
Midterm 2	30%	November 8th, 2012
Final Examination	30%	TBA

Note that the following descriptions are brief explanations only - you will receive more detailed information closer to the test/assignment due date.

Assignment: You will be asked to complete one written assignment. The assignment will be handed out in the appropriate classes.

Midterm exams 1&2: Exams will consist of 60 multiple choice questions. Midterm exams will cover textbook chapters and lecture material and may contain questions pertaining to films shown during class and textbook information not touched on during class. Tests will be written during class time. NOTE: Computer sheets will be used for all exams – students are required to come prepared with Black Lead No. 2 pencils.

Midterm 3: midterm 3 exam will be scheduled by the Registrar's Office and will be held during the final exam period (Dec. 10th- 19th). Exam will consist of multiple choice questions. The exam will include questions from Chapters 12, 14, 15, 16, 17 and 18. The exam will include questions pertaining to textbook chapters, lecture material and may contain questions pertaining to films shown during class and textbook information not touched on during class. NOTE: Computer sheets will be used for all exams – students are required to come prepared with Black Lead No. 2 pencils. **YOU MUST WRITE THE FINAL EXAM DURING THE FINAL EXAM PERIOD. DO NOT MAKE ANY HOLIDAY PLANS UNTIL YOU KNOW THE DATES OF YOUR FINAL EXAMS.** Students who miss the final exam due to exceptional circumstances may apply for a deferred examination by contacting the University Studies Chairperson, Louis Dingley, within 48 hours after the scheduled exam to request a deferred final exam. A medical certificate or other appropriate documentation may be required to legitimize the absence.

GRADING SYSTEM:

Letter Grade	Description	Grade Points
A+		4
A	Excellent	4
A-		3.7
B+		3.3
B	Good	3
B-		2.7
C+		2.3
C	Satisfactory	2
C-		1.7
D+		1.3
D	Minimal Pass	1
F	Failure	0

Students intending to transfer to other institutions should strive for a 'C-' as a minimum. Transfer information on each course is available at the [Alberta Council on Admission and Transfers](#).

Students who do not complete all the required work should not expect to pass the course. Students should consult:

<http://keyano.ca/current-students/students/exams>

IMPORTANT DATES:

September 18 th , 2012	Courses dropped after this date will be designated "W". (A withdrawal (W) is not reflected in your GPA)
October 4 th , 2012	Assignment due
October 11 th , 2012	Mid-term examination 1
October 26 th , 2012	Courses dropped after this date will be designated "WF". (A withdrawal failure (WF) counts as a 0 in your GPA)
November 8 th , 2012	Mid-term examination 2
December 7 th , 2012	Last day of classes
December 10 th – 19 th , 2012	Final Exam Period

COURSE POLICIES

Policy Regarding Late Assignments

1. Assignments are due on the dates specified above.
2. Late assignments will be given a mark of zero.
3. In special, unforeseeable circumstances where due dates cannot be met, it is the student's responsibility to provide acceptable written documentation substantiating the reasons for not meeting the deadline (e.g., doctor's certificate, copy of death certificate/obituary, police report). Students with acceptable documentation must contact the course instructor **no later than 48 hours after the due date** to make alternative arrangements.
4. Please note that it is strongly encouraged that students complete and submit their assignment. Failure to submit the assignment may result in a final course letter grade of an "F".

Policy Regarding Missed Midterm Exams

Missed Exams: The only valid reasons for missing an exam are: 1. serious illness or injury, requiring hospitalization, 2. bereavement, owing to the death of a close loved one, and 3. a traumatic experience. One of these three types of events must have occurred recently enough to explain the students' absence from the test (i.e., the illness/injury, death, or trauma must have occurred within the 48 hours prior to the test day and time). Documentation must be provided in support of such explanations for missing a test. Moreover, to qualify for a make-up exam, any student who misses an exam on account of illness/injury, bereavement, or trauma must make contact with the instructor, by email, before the end of the business day (i.e., by 4:30 PM) when the test that they missed was scheduled to take place.

Unlike regularly scheduled exams, which will follow a multiple-choice format, the make-up exams may require written completion of long answer questions. All make-up tests will be written a few days after the missed test date (specific date/time TBA).

If you miss a midterm exam you must accept receiving 0 marks for that component of the course – that is, the 30% of your course grade derived from your performance on each of the 2 midterms. If you are given permission to write a make-up exam and fail to take advantage of your one opportunity to write the exam, you must accept receiving 0 marks for that component of the course – again, this rule means that you will receive 0 out of the 30% that each exam contributes to your final course grade.

COLLEGE POLICIES

Equality, Equity and Respect

The Keyano College is committed to providing an environment of equality, equity and respect for all people within the College community. All members of this community are considered partners in developing teaching and learning contexts that are welcoming to all. Faculty, staff, and students are encouraged to use inclusive language to create a classroom atmosphere in which

students' experiences and views are treated with equal respect and valued in relation to their gender, ethnic and cultural background, and sexual orientation.

Students should consult:

<http://keyano.ca/current-students/individual-rights>

Plagiarism and Cheating

Every student expects to be treated and evaluated fairly in a course. Plagiarism and cheating robs everyone of this right.

No student may submit words, ideas or data of another student or person as his or her own in any writing, project, assignment, quiz, electronic presentation, exam etc. Any work used that is not the student's own must be clearly cited as belonging to someone else. There are penalties for using other's work and not citing it. The Student's Rights & Responsibilities document clearly outlines these penalties and the appeal process.

- No learner can obtain information from another student during an exam.
- No learner can bring unauthorized information (paper or electronic) into an exam or quiz.
- No student can submit work done in another course for grading in this course without the written prior approval of the course instructor.
- No student can submit copyright protected or commercially produced materials as part or all of an assignment without proper citation & permission.

Student Rights & Responsibilities

Students should consult the Keyano College Credit Calendar or online at:

<http://www.keyano.ca/Media/Collections/Calendars/Keyano.Calendar1112-10-full.pdf>

Specialized Supports and Duty to Accommodate

Disability Support Services: Learner Assistance Program

If you have a documented disability or you think that you would benefit from some assistance from a Disabilities Counsellor, please call or visit the Disability Supports Office 780-792-5608 to book an appointment (across from the library). Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of Keyano College. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at Keyano College.

Specialized Supports and Duty to Accommodate

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation, and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.



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**Psychology 106 E
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**3 CREDITS
3 HOURS PER WEEK**

Jady Wong, Instructor

Date

Reviewed and approved by:

Louis Dingley, Chairperson

Date

Guy Harmer, Dean

Date