



Course Outline

UNIVERSITY STUDIES

**PSYCH105A
Individual and Social Behavior
Winter, 2014**

**3 CREDITS
3 HOURS PER WEEK**

INSTRUCTOR: M. A. Smith

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| INSTRUCTOR: | M. A. Smith | | |
| PHONE NUMBER: | 780-791-8964 | | |
| E-MAIL: | michael.smith@keyano.ca | | |
| OFFICE NUMBER: | S213B | | |
| OFFICE HOURS: | Monday | 2:00 PM – 3:00 PM | |
| | Wednesday | 11:00 AM – 1:00 PM | |
| | Thursday | 11:00 AM – 1:00 PM | |
| HOURS OF INSTRUCTION: | Mondays | 12:00-1:50 PM | Room 273 |
| | Wednesdays | 10:00-10:50 AM | |

COURSE DESCRIPTION:

Psychology 105 builds on the content of Psychology 104 through the exploration of four aspects of human psychology including Intelligence, Developmental Processes, Social Psychological Processes, and Clinical Processes. This course examines the nature of intelligence, cognitive and social development throughout the life span, explores the social psychological aspects of a person with specific reference to the self, interpersonal, and group dynamics, and motivation and emotion. In addition, clinical areas of psychology relating to personality, abnormal behavior, psychotherapy, and health psychology are examined.

CALENDAR DESCRIPTION:

This course introduces the student to select psychological theory as it relates to sport and physical activity. Psychological constructs along with their theoretical perspectives will be viewed within a cognitive, emotional, and behavioral framework. An analytical approach is encouraged.

PRE-REQUISITE(S):

Successful completion of PSYCH104.

COURSE OUTCOMES:

The student will be able to:

1. Demonstrate knowledge (through tests, assignment and activities) of the major perspectives of psychology and how each approach views/explains human behaviour and thought.
2. Identify and explain the major theories and concepts within the discipline of psychology using the appropriate terminology.
3. Describe the major research methods used by psychologists, and their strengths and weaknesses.

REQUIRED RESOURCES:

Carlson, N. R., & Heth, C. D. (2010). *Psychology: The science of behaviour* (4th ed.). Toronto ON: Pearson.

TOPICS TO BE COVERED:

Proposed Lecture Schedule (The actual schedule may change as class requirements unfold).

| Week | Date | Topic(s) | Chapters |
|-----------|-------------|--|-------------------------|
| 1 | 1-6 | Introduction to the course / Intelligence and thinking | 11 |
| | 1-8 | Intelligence and thinking | “ |
| 2 | 1-13 | “ | “ |
| | 1-15 | Lifespan Development | 12 |
| 3 | 1-20 | “ | “ |
| | 1-22 | “ | “ |
| 4 | 1-27 | Motivation and Emotion | 13 |
| | 1-29 | “ | “ |
| 5 | 2-3 | “ | “ |
| | 2-5 | <i>Review</i> | |
| 6 | 2-10 | <i>Term Test 1</i> | <i>Ch. 11-13</i> |
| | 2-12 | Personality | 14 |
| 7 | 2-17 | <i>College Closed: Family Day</i> | |
| | 2-19 | Personality | 14 |
| 8 | 2-24 | <i>Reading Week: No Class</i> | |
| | 2-26 | <i>Reading Week: No Class</i> | |
| 9 | 3-3 | Personality | 14 |
| | 3-5 | Social Psychology | 15 |
| 10 | 3-10 | “ | “ |
| | 3-12 | Lifestyle Stress and Health | 16 |
| 11 | 3-17 | “ | “ |
| | 3-19 | Review | |
| 12 | 3-24 | <i>Term Test 2</i> | <i>Ch. 14-16</i> |
| | 3-26 | Nature of Psychological Disorders | 17 |
| 13 | 3-31 | “ | “ |
| | 4-2 | “ | “ |
| 14 | 4-7 | Treatment of Psychological Disorders | 18 |
| | 4-9 | “ | “ |
| 15 | 4-14 | <i>Presentations</i> | |
| | 4-16 | “ / Review | “ |
| | TBA | <i>Final Exam</i> | |

MOODLE

Go to <http://ilearn.keyano.ca/>

A Moodle website has been created to accompany this course. Login information will be provided by your instructor. For further instructions please see the Moodle handout. Assignments, power point slides, readings and handouts will be posted on Moodle. Note, however, that the purpose of the posted power point slides is *not to replace class attendance* – they are simply a guideline of each lecture. You **will not** attain a full grasp of the material if you use only these notes – it is absolutely necessary to supplement them with your own notes taken during class. It is also your responsibility to check Moodle for any announcements.

EVALUATION:

| Assignment | Percentage | Due Date |
|------------------------|------------|-----------------------------------|
| Chapter quizzes | 15% | At the end of each chapter |
| Presentations | 15% | April 14, 16 |
| Term Test 1 | 20% | Feb. 10 |
| Term Test 2 | 20% | Mar. 24 |
| Final Exam | 30% | TBA |
| | | |

Note that the following descriptions are brief explanations only - you will receive more detailed information closer to the test/assignment due date.

Chapter Quizzes: You will be required to write a quiz at the end of each chapter. The quizzes will be conducted in the first 15 min of class.

Presentations: You will be required (as a team with a partner) to perform a 10 minute Power Point presentation (with an additional 2 minutes for Q&A) on a topic related to the course coverage of PSYCH105. In addition, you will submit a 1-page report summarizing the content of your presentation (APA format).

Term Tests: Term tests will cover textbook chapters, lecture material, and may contain questions pertaining to supplementary material. Tests will be written during class time.

Final Exam: Will be scheduled by the Registrar's Office and will be held during the final exam period. The test will cover textbook chapters, lecture material, and may contain questions pertaining to supplementary material.

You must write the final exam during the final exam period. Do not make any holiday plans until you know the dates of your final exams.

Students who miss the final exam due to exceptional circumstances may apply for a deferred examination by contacting the University Studies Chairperson, Louis Dingley, within 48 hours after the scheduled exam to request a deferred final exam. A medical certificate or other appropriate documentation may be required to legitimize the absence.

GRADING SYSTEM:

| Letter Grade | Description | Grade Points |
|--------------|--------------|--------------|
| A+ | | 4 |
| A | Excellent | 4 |
| A- | | 3.7 |
| B+ | | 3.3 |
| B | Good | 3 |
| B- | | 2.7 |
| C+ | | 2.3 |
| C | Satisfactory | 2 |
| C- | | 1.7 |
| D+ | | 1.3 |
| D | Minimal Pass | 1 |
| F | Failure | 0 |

Students intending to transfer to other institutions should strive for a 'C-' as a minimum. Transfer information on each course is available at the [Alberta Council on Admission and Transfers](#).

Students who do not complete all the required work should not expect to pass the course. Students should consult:

<http://www.keyano.ca/Academics/Examinations>

IMPORTANT DATES:

| | |
|-------------------|--|
| January 17 | Courses dropped after this date will be designated "W". (A withdrawal (W) is not reflected in your GPA) |
| February 17 | Family Day: No Classes |
| February 21 to 25 | Reading Week: No Classes |
| March 7 | Courses dropped after this date will be designated "WF". (A withdrawal-failure (WF) counts as a 0 in your GPA) |
| April 17 | Last day of classes |
| April 22 to 30 | Final Exams |

COURSE POLICIES

Policy Regarding Assignments

1. It is the student's responsibility to ensure assignments are handed in on time.
2. Assignments are due *during class time* on the dates specified.
3. Late assignments will lose 10% of their total grade per day. I will consider such an assignment late up until the time that *I receive it*.

4. Please note that it is strongly encouraged that students complete and submit all assignments. Failure to submit any assignment may result in a final course letter grade of "F".

Policy Regarding Missed Term Tests

The only valid reasons for missing a term test are: 1. Serious illness or injury requiring hospitalization, 2. Bereavement owing to the death of a close loved one, 3. Documented trauma. One of these types of events must have occurred within 48 hours prior to the test day and time.

Documentation must be provided to support the claim. Moreover, to qualify for a make-up test, any student who misses a term test under these conditions, must contact the instructor, by email, before the end of the business day (i.e., by 4:30 PM) when the missed test was scheduled.

If you miss a Term Test you or fail to take advantage of a makeup test (if one is permitted) you will receive 0 for that component of the course.

COLLEGE POLICIES

Equality, Equity and Respect

Keyano College is committed to providing an environment of equality, equity and respect for all people within the College community. All members of this community are considered partners in developing teaching and learning contexts that are welcoming to all. Faculty, staff, and students are encouraged to use inclusive language to create a classroom atmosphere in which students' experiences and views are treated with equal respect and valued in relation to their gender, ethnic and cultural background, and sexual orientation.

Students should consult:

<http://www.keyano.ca/StudentLife/StudentConduct/IndividualRightsPolicy>

Plagiarism and Cheating

Every student expects to be treated and evaluated fairly in a course. Plagiarism and cheating robs everyone of this right.

No student may submit words, ideas or data of another student or person as his or her own in any writing, project, assignment, quiz, electronic presentation, exam etc. Any work used that is not the student's own must be clearly cited as belonging to someone else. There are penalties for using other's work and not citing it. The Student's Rights & Responsibilities document clearly outlines these penalties and the appeal process.

- No learner can obtain information from another student during an exam.
- No learner can bring unauthorized information (paper or electronic) into an exam or quiz.
- No student can submit work done in another course for grading in this course without the written prior approval of the course instructor.
- No student can submit copyright protected or commercially produced materials as part or all of an assignment without proper citation & permission.

Student Rights & Responsibilities

Students should consult the Keyano College Credit Calendar or online at:

<http://www.keyano.ca/Academics/CreditCalendar>

Specialized Supports and Duty to Accommodate

Disability Support Services: Learner Assistance Program

If you have a documented disability or you think that you would benefit from some assistance from a Disabilities Counsellor, please call or visit the Disability Supports Office 780-792-5608 to book an appointment (across from the library). Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of Keyano College. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at Keyano College.

Specialized Supports and Duty to Accommodate

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation, and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.
