PRACTICAL NURSING 204

NURSING FOUNDATIONS VI: COMMUNITY NURSING

October 13, 2016 – December 16, 2016

COURSE OUTLINE
2017

Tutor: Megan Patey BScN RN

Revised 2016
PRACTICAL NURSING 204
NURSING FOUNDATIONS VI:
COMMUNITY NURSING

Table of Contents

PRACTICAL NURSING 204.................................................................................................................. 1
PRACTICAL NURSING 204.................................................................................................................. 3
CALENDAR STATEMENT................................................................................................................... 4
COURSE HOURS................................................................................................................................. 4
COURSE DESCRIPTION..................................................................................................................... Error! Bookmark not defined.
TUTOR INFORMATION....................................................................................................................... 4
GENERAL LEARNING OUTCOMES................................................................................................... 4
    GENERAL LEARNING OUTCOMES................................................................................................. 5
    INSTRUCTIONAL METHODS.......................................................................................................... 5
PRACTICAL NURSING PROGRAM POLICIES................................................................................ 7
LATE POLICY FOR ASSIGNMENTS................................................................................................. 7
SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE............................................................... 8
    DISABILITY SUPPORT SERVICES: LEARNER ASSISTANCE PROGRAM ................................ Error! Bookmark not defined.
SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE......................................................... Error! Bookmark not defined.
OVERVIEW OF LEARNING EXPERIENCES.................................................................................. 8
COURSE UNITS.................................................................................................................................. 8
CODE OF ETHICS............................................................................................................................. 8
REQUIRED TEXTS............................................................................................................................. 9
    PRIMARY TEXT ............................................................................................................................ 9
INTERNET RESOURCES TO SUPPLEMENT TEXT READINGS....................................................... 9
OVERVIEW OF COURSE ASSESSMENT......................................................................................... 9
ASSESSMENTS................................................................................................................................... 9
    DISTRIBUTION OF MARKS ......................................................................................................... 10
    PASSING LEVEL AND GRADING SCALE...................................................................................... 10
IMPORTANT ADDITIONAL INFORMATION................................................................................... 10
ASSIGNMENT 1: HEALTH PROMOTION/INJURY PREVENTION TEACHING RESOURCE AND ANALYSIS
    PAPER ....................................................................................................................................... 11
ASSIGNMENT 2: BUILDING YOUR PROFESSIONAL PORTFOLIO................................................. 11
MIDTERM EXAM .............................................................................................................................. 11
FINAL EXAM ................................................................................................................................... 11
Assignment 1: Health Promotion/Injury Prevention Teaching Resource and Analysis Paper 12
INSTRUCTIONS ................................................................................................................................. 12
Marking Guide for Assignment 1 ..................................................................................................... 14
ASSIGNMENT 1: HEALTH PROMOTION/INJURY PREVENTION TEACHING RESOURCE AND ANALYSIS
    PAPER – MARKING GUIDE .......................................................................................................... 14
    APA AND GRAMMAR – MARKING GUIDE................................................................................... 16
Assignment 2: Building Your Professional Portfolio ........................................................................ 17
CONTINUING COMPETENCY ACHIEVEMENT.............................................................................. 18
PROFICIENCY CATEGORIES.............................................................................................................. 18
NURSING FOUNDATIONS VI: COMMUNITY NURSING
COURSE OUTLINE

CALENDAR STATEMENT/COURSE DESCRIPTION

NURSING FOUNDATIONS VI: * Semester 4
This nursing theory course provides the student with knowledge of theories on the family and community to promote the health and well-being of populations within the community. The course emphasizes the importance of collaboration between the interdisciplinary health care team, families, and communities to achieve safe, evidence informed community nursing practice. The student will build upon previous nursing knowledge and related theory in adapting the nursing approach to the care and health promotion of the family using the nursing metaparadigm and nursing process. Trends and issues in the care of families and communities will also be explored.

Pre-requisites: Successful completion of all first year courses, PN 200

COURSE HOURS

TOTAL HOURS: 45  LECTURE: 45  CREDITS: 3

TUTOR INFORMATION

Instructor: Megan Patey BScN RN
Phone (Office): 791 8906
E-mail: megan.patey@keyano.ca
Office Hours: See timetable for weekly schedule

GENERAL LEARNING OUTCOMES
General Learning Outcomes

Upon successful completion of this course, the learner will meet the following outcomes:

1. Model professional attitudes, judgments and ability in the classroom.
2. Apply the concepts of healthy living to maintain personal and professional well-being.
3. Integrate concepts from the arts, sciences and social sciences into a developing professional practice.
4. Explain the concepts of health promotion and population health as related to community nursing.
5. Perform appropriate client assessments, interpret the significance of findings and identify priority nursing diagnosis related to nursing for the community as client.
6. Plan safe, effective, competent and holistic nursing care for the community as client based on analysis of available data and evidence-informed practice guidelines.
7. Perform safe, effective, competent and holistic community nursing interventions to optimize client strengths, achieve expected health outcomes, and promote wellness.
8. Evaluate the outcomes resulting from nursing and healthcare interventions, and adjust priorities and the plan of care as required.
9. Apply knowledge of documenting, reporting, and recording of pertinent client information to community nursing.
10. Communicate effectively and accurately, and work collaboratively with instructors and classmates in the classroom.
11. Describe the role of the practical nurse and interdisciplinary health-care team in the community setting.
12. Apply principles of teaching and learning and health promotion related to the community as client.
13. Integrate knowledge of self-regulation, critical inquiry and clinical judgment, leadership, cultural competence, teamwork, reflection, and continuous learning and competency development into nursing practice.
14. Apply knowledge of governing regulation/legislation and ethics related to the provision of community nursing care.
15. Integrate research findings that support evidence-informed practice in the delivery of community nursing care.
16. Contribute to a culture of safety within the classroom as it relates to community nursing.

Instructional Methods

- This course uses a variety of teaching/learning methods including: case studies, reflective questions, discussions, personal discovery, interactive online learning activities, multiple-choice assessments, and critical thinking exercises. These course activities provide the opportunity for learners to learn with and from others who are undergoing a similar learning experience.
The course emphasizes pre-class preparation, participation in interactive classes, and post-class reflection and review. The learner is expected to take an active part in class discussions and take responsibility for his/her own learning. The instructor’s role is to facilitate learning.

Expectations of Students Writing On-Line Exams

1. Each instructor will have the following options with regards to writing quizzes: writing on line from a location and computer of their choice; writing in a classroom with their own device invigilated by the instructor, or writing the quiz on paper. The course instructor will provide information related to where the student is to write the quiz.

2. If quizzes are written from a location and computer of their choice, these are **not** open book exams. The quiz is to have been studied for prior to the quiz or exam date and is to be completed independently: that is by oneself, not in collaboration with or in the company of another person or persons. No photos of quiz questions are to be taken via phones.

3. Midterm and Final exams will be invigilated by the instructor. The time and place can be found in the course syllabi. Students may be required to provide their own devices for these exams.

4. Students who are writing from a location and computer of their choice are responsible for discussing any computer/internet issues with the instructor at least two days prior to the exam date listed in the course timetable.

5. Once the quiz/exam has started, the student will submit their answers immediately prior to going on to the next question.

6. Time for all quizzes and exams will be strictly adhered to. For example if a quiz is 30 minutes, the quiz will be open for exactly 30 minutes.

7. No grades will be released until the instructor has had time to review the quiz/exam stats. Once the review has been done, the marks will be released. Review of the quiz/exam questions in class will be done at the instructor’s discretion.

8. If any problem arises during the taking of the quiz/exam, the student is to contact the instructor immediately at the time of the issue.

9. It is the responsibility of each student to be familiar with the contents of the Student Code of Conduct. It is mandatory that all students sign a form identifying they have read/or are familiar with the Student Code of Conduct. First, Second, and Third year students will
have read or are familiar with the Keyano College Student Code of Conduct. Fourth year students will identify they are familiar with the University of Alberta Student Code of Conduct. Beginning in Sept 2016, all new students plus those moving from third year to fourth year will be mandated to sign the above form(s).

**Statement on Plagiarism**

All students must complete the Plagiarism/Tutorial Certificate found on Moodle. To locate this information, sign into Moodle and on the left side of the page under student the tutorial can be located.

Expectations:

1. All students must complete this tutorial. The certificate must be shown to the instructor prior to submitting any written assignment. Failure to show the instructor the certificate of completion could result in a late written assignment penalty.

2. If you have completed this tutorial in a University Studies course you can show your instructor the certificate. The tutorial is required to be completed only once during your time at Keyano unless you have left the program and returned.

**Student Code Of Conduct**

Please refer to the Student Handbook and review the Student Code of conduct Policy (Policy 110.0), Students Rights policy (Policy 111.0) and Student Code of Conduct Procedure (110.1). It is expected that you will review and be aware of expectations relative to student rights, responsibilities and behaviours.

---

**PRACTICAL NURSING PROGRAM POLICIES**

Please refer to Keyano College Practical Nurse Handbook for specific Practical Nursing Program policies and to Keyano College Calendar for general College policies.

---

**LATE POLICY FOR ASSIGNMENTS**

**LATE ASSIGNMENTS:**
Assignments not submitted on the day and time specified will incur a 5% deduction per day including weekends. This will be applied each day until the assignment is received by the instructor. Students can submit assignments by e-mail on weekends, but must provide a paper copy on the first day following the weekend.
SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE

Students with Disabilities

It is the College’s goal that learning experiences be as accessible as possible. If you anticipate or experience physical or academic barriers based on disability, please let your instructor know immediately so that we can discuss options. You are also welcome to contact Disability Services (780-791-8934) to establish reasonable

OVERVIEW OF LEARNING EXPERIENCES

Students will work through 8 Units in the classroom. Units to be covered in Nursing Foundations VI :Community Nursing are as follows:

Course Units

This course consists of the following units:

Unit 1: Foundations of Community Health
Unit 2: Community Health Nursing Roles
Unit 3: Health Promotion and Diversity
Unit 4: Community as Client
Unit 5: Working with Vulnerable Populations
Unit 6: Family as Client
Unit 7: Communicable Disease Control
Unit 8: Environmental Health and Disaster Management

CODE OF ETHICS

The following CLPNA competencies are learned during the Nursing Foundations V course:

- A: Nursing Knowledge
- B: Nursing Process
- C: Safety
- D: Communication and Interpersonal Skills
- E: Nursing Practice
- Q: Rehabilitation Nursing
- R: Community Health
All students must practice in a manner that is consistent with:

Refer to [www.clpna.com](http://www.clpna.com) for references

---

### REQUIRED TEXTS

#### PRIMARY TEXT


#### Internet Resources to Supplement Text Readings

Alberta Health and Wellness website at [www.health.gov.ab.ca](http://www.health.gov.ab.ca)

Boyle Street Community Services website at [http://boylestreet.org](http://boylestreet.org)

College of Licensed Practical Nurses of Alberta website at [www.clpna.com](http://www.clpna.com)

---

### OVERVIEW OF COURSE ASSESSMENT

#### Assessments

To receive credit in Nursing Foundations VI: Community Nursing, the learner must complete all course requirements, which include all assignments and exams.

Course credit will **not** be given if only parts of the course have been completed.
**Distribution of Marks**

<table>
<thead>
<tr>
<th>THEORY</th>
<th></th>
<th>Exam Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midterm Exam multiple choice</td>
<td>Demonstrate knowledge of course content (Units 1–4)</td>
<td>25% November 21, 2016</td>
</tr>
<tr>
<td>Assignment 1</td>
<td>Health Promotion/Injury Prevention Resource/Teaching</td>
<td>25% November 24, 2016</td>
</tr>
<tr>
<td>Assignment 2</td>
<td>Building Your Professional Portfolio</td>
<td>10% December 12, 2016</td>
</tr>
<tr>
<td>Final Exam cumulative; multiple choice</td>
<td>Demonstrate knowledge of all course content</td>
<td>40% December 16, 2016</td>
</tr>
<tr>
<td></td>
<td>Total</td>
<td>100%</td>
</tr>
</tbody>
</table>

**Passing Level and Grading Scale**

This is a theory course. Students must complete all assignments and examinations to receive a final grade. Students will not be allowed to rewrite assignments or exams to raise their grade.

To receive credit for Nursing Foundations V, a learner must achieve each of the following:

- A minimum overall grade of 1.7 (C–) or 60%

Refer to the Practical Nurse Program Handbook for information regarding grading scale, extensions, and other program standard practices.

**Important Additional Information**

*Note to all Learners*: It is the learner’s responsibility to retain course outlines for possible future use in support of applications for transfer credit to other educational institutions.

**Course Assessment**

Assessment of mastery of the content of Nursing Foundations VI: Community Nursing will be determined through the learner meeting expectations for the following:

- Development of a Health Promotion/Injury Prevention Teaching Resource and Analysis paper
- Building your professional portfolio
• Midterm exam
• Final cumulative exam

**Assignment 1: Health Promotion/Injury Prevention Teaching Resource and Analysis Paper**

The learner will complete this assignment at a time determined by the instructor/tutor. To complete this assignment, you will develop a teaching resource focusing on either health promotion or injury prevention in the community. You will then write a scholarly paper analyzing the teaching resource. **This assignment contributes 25% towards the course grade.**

**Assignment 2: Competency Profile**

You are **expected** to maintain and enhance the Professional Portfolio begun in Nursing Foundations I during each Nursing Foundations course. At the end of each Nursing Foundations course you will submit evidence of having maintained and enhanced your Professional Portfolio to your instructor/tutor. **This assignment contributes 10% towards the course grade.**

**Midterm Exam**

**This exam contributes 25% toward the course grade.** It covers course information from Unit 1 through Unit 4 inclusive.

Exams will be offered online through Moodle. A device that enables internet access will be required for exam completion. Students who do not have access to such devices should notify the tutor at least one week in advance. The time and venue are flexible and will be discussed at orientation.

**Final Exam**

**This exam contributes 40% toward the course grade.** It covers all course information from Unit 1 through Unit 8. The final exam will also be offered online through Moodle. A classroom and specific time will be scheduled and the option to write in another venue will be discussed at the start of the course.
ASSIGNMENT 1: HEALTH PROMOTION/INJURY PREVENTION TEACHING RESOURCE AND ANALYSIS PAPER

In this assignment, you will have the opportunity to do each of the following:

- Create a health promotion or injury prevention resource addressing an issue in your community.
- Complete an analysis paper of the teaching resource.

Through this assignment, you will create a health promotion or injury prevention resource addressing a health issue in your community using a method of your choice (e.g., pamphlet/brochure, PowerPoint presentation, poster presentation, radio/TV commercial or webpage). The resources need to be appropriate as a teaching resource for your target audience.

*See Appendix A for Marking Guide

Instructions

1. Choose a group/population in your community and assess the client for health promotion/injury prevention health education needs.

2. Choose a health issue to target for this audience and describe why this is an issue for this group.

3. Use research for evidence-informed practice as part of the assessment and health promotion/injury prevention strategies pertinent to the target audience. Develop a teaching strategy based on assessment and “at risk” health behaviour. Apply teaching and learning principles in the learning resource.

4. Describe how to evaluate the members of the target audience to identify whether strategies were successful. Choose three questions the target audience will answer to evaluate your teaching resource.

5. Develop resource:
   - Use method of your choice (e.g. pamphlet/brochure, PowerPoint presentation, poster presentation, radio/TV commercial or webpage).
   - Alternate ideas for resources must be preapproved by your instructor.
   - Assure the resource is appropriate to reach the learning needs of the target audience based on your assessment. Include a smart goal for your target audience.

6. Complete an analysis paper including the following:
   - The paper should be 2–3 pages in length minimum. It must be typewritten (word-processed) and follow APA 6th edition format.
   - Include a title page.
   - Headings – Research, Teaching Resource and Evaluation
• A brief description of the target audience, background information, current prevalence of the issue, magnitude of the problem, and factors influencing the problem
• Identification of three “at-risk behaviours” or factors
• A brief description of your learning/teaching strategy
• Discussion on the development of your teaching method and tool based on assessment and “at-risk” health behaviour
• Description of the resource developed
• Your plan for evaluation of the resource (questions for participants to answer – minimum three) and a self-evaluation (one strength and one suggestion for improvement identified)
• An APA-format reference list. Include three (3) references, with one being a current nursing journal.
• The teaching resource will be presented in the classroom.

Submit the marking guide with your assignment.
### Assignment 1: Health Promotion/Injury Prevention Teaching Resource and Analysis Paper – Marking Guide

#### Key Content

<table>
<thead>
<tr>
<th>Research (20 Marks)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Described target group (2)</td>
</tr>
<tr>
<td>2. Selected target group and completed assessment for “at risk” issue and identified 3 at risk behaviours/factors (3)</td>
</tr>
<tr>
<td>3. Described health issue including: background information (4), current prevalence (1), magnitude of problem (1), and factors influencing the problem (4)</td>
</tr>
<tr>
<td>4. Used research for evidence-based practice for assessment and health promotion/injury prevention strategies pertinent to target audience in the essay and teaching tool (5)</td>
</tr>
</tbody>
</table>

#### Teaching Resource (20 Marks)

1. Described learning/teaching method used (2)
2. Listed 3 appropriate teaching strategies used based on assessment (3)
3. Developed resource appropriate to target audience (10)
   - Stated SMART goal for target audience
   - Teaching Tool/Resource
     - Age appropriateness
     - Correct wording/spelling
     - Correct Information
     - Size of font/printing
     - Suitable amount of content
     - Suitable Images used
     - Cited source on teaching tool/resource
4. Presentation of Resource to class (5)
EVALUATION (5 MARKS)

Included plan for evaluation

- **Target Group evaluation (3)**
  - 3 open ended questions for participants to answer/evaluate you, with answer sheet from participants included

- **Self-evaluation of teaching resource (2)**
  - One strength
  - One suggestion for improvement

Comments:

Total: /45

Submit this marking guide with your assignment.
# APA AND GRAMMAR – MARKING GUIDE

<table>
<thead>
<tr>
<th>KEY CONTENT</th>
<th>MARKING GUIDE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>TITLE PAGE</strong></td>
<td></td>
</tr>
<tr>
<td>Included: date; header and page number; running head. Remaining items centred: title of paper, student name, college name, course and section number, assignment name and number, instructor name</td>
<td>Excellent Satisfactory Minimal None</td>
</tr>
<tr>
<td><strong>BODY OF PAPER</strong></td>
<td></td>
</tr>
<tr>
<td>Paper organized – header and page number; headings; appropriate margins, double-spaced throughout, indent 5 spaces or 1 tab for new paragraphs, correct font – Times New Roman, 12 pt. font</td>
<td>Excellent Satisfactory Minimal None</td>
</tr>
<tr>
<td><strong>REFERENCES</strong></td>
<td></td>
</tr>
<tr>
<td>Citations in body of paper follow APA format</td>
<td>Excellent Satisfactory Minimal None</td>
</tr>
<tr>
<td>References on separate page; followed APA format; included minimum of 3 references with one being a current nursing journal</td>
<td>Excellent Satisfactory Minimal None</td>
</tr>
<tr>
<td><strong>GRAMMAR AND SPELLING</strong></td>
<td></td>
</tr>
<tr>
<td>Grammar appropriate and words spelled correctly (minimal errors)</td>
<td>Excellent &lt;5 errors Satisfactory 6-10 errors Minimal 11-20 errors None &gt;20 errors</td>
</tr>
</tbody>
</table>

| **Total**            | /5          |

| **Comments:**        |             |

**Grand Total (All Marking Guides) /50**

*Submit this marking guide with your assignment.*
ASSIGNMENT 2: COMPETENCY PROFILE

You are required to maintain and enhance your Professional Portfolio begun in Nursing Foundations I during each Nursing Foundations course.

The purpose of a cumulative Professional Portfolio is to develop documentation you can use to secure employment in a health-care setting as a practical nurse graduate.

- At the end of each Nursing Foundations course you will submit to your instructor/tutor evidence of having maintained and enhanced your Professional Portfolio.
- Submission may be electronically through websites available in the College or in hard copy using the “Report on Progress of Professional Portfolio” form below.
- **Do not submit** the entire Professional Portfolio unless requested to do so by your instructor/tutor.
- The report does **not** replace work on the Professional Portfolio but is an indication that you met expectations.
- This assignment contributes 10% to your total course grade.
- **See Appendix B for grading**

Categories to continue to build as applicable to the learning of each Nursing Foundations course are:

A. **Personal:**
   - Personal goals
   - Personal interests
   - Education
   - Experiences
   - Achievements

B. **Professional:**
   - Philosophy of practical nursing
   - Resume and cover letter
   - Appraisals and evaluations
   - Reflective practice
   - Leadership
   - Scholarly papers
   - Nursing care plans
   - Client teaching plans
   - Professional goals
Continuing competency achievement is an essential aspect of the professional portfolio. Review the competencies from the Course Outline or from the Competency Profile on the CLPNA website at www.clpna.com that apply to this course. Choose the most significant competency you learned in this course. Reflect on the following questions: Using the “Proficiency Categories” below, how would you rate your proficiency in this competency? What did you do to achieve this competency? Why is this competency meaningful or significant? How will you use this learning in your nursing practice?

**Proficiency Categories**

**Excellent:** integrates competency theory with other knowledge, skills, and attitudes so that it becomes seamless/automatic as part of everyday nursing practice

**Good:** understands competency in theory and in scenarios and nursing practice

**Fair:** understands the competency in theory; unable to apply it to scenarios or nursing practice

**Poor:** does not understand content related to the competency

You will be expected to finalize your Professional Portfolio and to create a Continuing Competency Program Learning Plan/Binder upon completion of Nursing Foundations VIII.
# Assignment 2: Competency Profile

<table>
<thead>
<tr>
<th>Description of One Significant Learning Experience in This Course</th>
<th>5 Marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description of Event</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>What I Learned From the Experience</th>
<th>10 marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reflect on experience and its relationship to the course content and how it impacted your learning</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Why It Was Meaningful/Significant</th>
<th>15 marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explain the significance of the learning experience as to why it was meaningful for you</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>How I Will Apply This Learning in Nursing Practice</th>
<th>15 marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demonstrate the application of the learning experience to your nursing practice now and in the future</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Additional Comments</th>
<th>5 Marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other experience that may enhance learning in the course</td>
<td></td>
</tr>
<tr>
<td>Any other comments that may be pertinent to the course</td>
<td></td>
</tr>
</tbody>
</table>

Student Name: ____________________________________________

Course: ___________________________________________________

Date: _____________________      Instructor: __________________________