PRACTICAL NURSING 204

NURSING FOUNDATIONS V1: COMMUNITY NURSING


COURSE OUTLINE
## Course Outline

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NURSING FOUNDATIONS VI: COMMUNITY NURSING  

COURSE OUTLINE

CALENDAR STATEMENT

NURSING FOUNDATIONS VI: * Semester 4

This Nursing Foundations VI course offers development of competency in providing care to meet the unique needs of families and communities, and the ability to function within the community health team.

Pre-requisites: Nursing Foundations III, IV, V; Nursing Practice II

COURSE HOURS

TOTAL HOURS: 45  LECTURE: 45  CREDITS: 3

COURSE DESCRIPTION

This nursing course provides the learner with theories of family and community to acquire the knowledge and skill required to promote the health and well-being of populations within the community. The course emphasizes the importance of collaboration between the interdisciplinary health-care team, families, and communities to achieve safe, evidence-informed community nursing practice. The learner will build upon previous nursing knowledge and related theory in adapting the nursing approach to the care and health promotion of the family and community using the nursing metaparadigm and nursing process. Trends and issues in the care of families and communities will also be explored.

TUTOR INFORMATION

Instructor: Doris Roth  
Phone (Office) 780 791-8919  
e-mail: doris.roth@keyano.ca  
Office Hours: Mondays from 0900-1200
GENERAL LEARNING OUTCOMES

General Learning Outcomes

Upon successful completion of this course, the learner will meet the following outcomes:

1. Describe the role of the practical nurse as part of the interdisciplinary health-care team in the community.
2. Integrate the nursing metaparadigm, nursing theory, and related knowledge into community nursing.
3. Explain the concepts of health promotion and population health as related to community nursing.
4. Maintain and promote safety of clients within the community.
5. Apply the nursing process to the community as client.
6. Integrate concepts of nurse/client synergy to community nursing care and health promotion.
7. Determine appropriate communication techniques to establish a therapeutic nurse/client relationship with community as client.
8. Apply principles of teaching and learning related to the community as client.
9. Identify the legal and ethical principles in the care of the community as client.
10. Incorporate the concept of cultural competence in the community setting.
11. Apply knowledge of documenting, reporting, and recording of pertinent client information to community nursing.
12. Integrate professionalism and leadership to the community as client.
13. Incorporate research findings in evidence-informed practice in the delivery of community nursing care.

Instructional Methods

- This course uses a variety of teaching/learning methods including: case studies, reflective questions, discussions, personal discovery, interactive online learning activities, multiple-choice assessments, and critical thinking exercises. These course activities provide the opportunity for learners to learn with and from others who are undergoing a similar learning experience.

- The course emphasizes pre-class preparation, participation in interactive classes, and post-class reflection and review. The learner is expected to take an active part in class discussions and take responsibility for his/her own learning. The instructor’s role is to facilitate learning.
PRACTICAL NURSING PROGRAM POLICIES

Please refer to Keyano College Practical Nurse Handbook for specific Practical Nursing Program policies and to Keyano College Calendar for general College policies.

Please review the Keyano College Nursing Program Policy on Clinical Attire, which is outlined in the student handbook. The following are required items for clinical: nametag, health centre ID, watch, penlight, black pen, bandage scissors and stethoscope.

LATE POLICY FOR ASSIGNMENTS

All assignments are to be passed in at the time and place they are due. Please see timetable. Extensions on assignments may be granted and must be negotiated with the tutor prior to the due date and with a date specified for late submissions. If prior arrangements are not made, a penalty of a letter grade for each working day that an assignment is submitted after the due date will be deducted from the final grade i.e. an assignment graded at B would receive an adjusted grade of B- if handed in one day late; if two days late, the grade is adjusted to C+ etc.

SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE

DISABILITY SUPPORT SERVICES: LEARNER ASSISTANCE PROGRAM

If you have a documented disability or you think that you would benefit from some assistance from a Disabilities Counselor, please call or visit the Disability Supports Office 780-792-5608 to book an appointment (across from the library). Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of Keyano College. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at Keyano College.

SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.
Students will work through 8 Units in the classroom. Units to be covered in Nursing Foundations VI: Community Nursing are as follows:

**Course Units**

This course consists of the following units:

**Unit 1:** Foundations of Community Health  
**Unit 2:** Community Health Nursing Roles  
**Unit 3:** Health Promotion and Diversity  
**Unit 4:** Community as Client  
**Unit 5:** Working with Vulnerable Populations  
**Unit 6:** Family as Client  
**Unit 7:** Communicable Disease Control  
**Unit 8:** Environmental Health and Disaster Management
Assessments

To receive credit in Nursing Foundations VI: Community Nursing, the learner must complete all course requirements, which include all assignments and exams.

Course credit will not be given if only parts of the course have been completed.

**DISTRIBUTION OF MARKS**

<table>
<thead>
<tr>
<th>THEORY</th>
<th>Description</th>
<th>Percentage</th>
<th>Exam Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midterm Exam multiple choice</td>
<td>Demonstrate knowledge of course content (Units 1–4)</td>
<td>25%</td>
<td>January 23, 2013</td>
</tr>
<tr>
<td>Assignment 1</td>
<td>Health Promotion/Injury Prevention Resource/Teaching</td>
<td>20%</td>
<td>January 28, 2013</td>
</tr>
<tr>
<td>Assignment 2</td>
<td>Vulnerable Population Assessment</td>
<td>20%</td>
<td>February 11, 2013</td>
</tr>
<tr>
<td>Assignment 3</td>
<td>Building Your Professional Portfolio</td>
<td>No grade</td>
<td>February 19, 2013</td>
</tr>
<tr>
<td>Final Exam cumulative; multiple choice</td>
<td>Demonstrate knowledge of all course content</td>
<td>35%</td>
<td>February 19, 2013</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td>100%</td>
<td></td>
</tr>
</tbody>
</table>

**PASSING LEVEL AND GRADING SCALE**

This is a theory course. You must complete all assignments and examinations to receive a final grade. You will not be allowed to rewrite assignments or exams to raise their grade.

To receive credit for Nursing Foundations V, a learner must achieve each of the following:

- A minimum overall grade of 1.7 (C–) or 60%

Refer to the Practical Nurse Program Handbook for information regarding grading scale, extensions, and other program standard practices.

**Important Additional Information**

*Note to all Learners: It is the learner’s responsibility to retain course outlines for possible future use in support of applications for transfer credit to other educational institutions.*
COURSE ASSESSMENT

Assessment of mastery of the content of Nursing Foundations VI: Community Nursing will be determined through the learner meeting expectations for the following:

- Development of a Health Promotion/Injury Prevention Teaching Resource and Analysis paper
- Assessment of a vulnerable population
- Building your professional portfolio
- Midterm exam
- Final cumulative exam

Assignment 1: Health Promotion/Injury Prevention Teaching Resource and Analysis Paper

The learner will complete this assignment at a time determined by the instructor/tutor. To complete this assignment, you will develop a teaching resource focusing on either health promotion or injury prevention in the community. You will then write a scholarly paper analyzing the teaching resource. This assignment contributes 20% towards the course grade.

Assignment 2: Vulnerable Population Assessment

The learner will complete this assignment at a time determined by the instructor/tutor. There are two (2) alternatives for this assignment. Each alternative involves selecting a vulnerable population in your community and completing an assessment of that population. The learner will then write a scholarly paper outlining the assessment findings. This assignment contributes 20% towards the course grade.

Assignment 3: Building Your Professional Portfolio

You are expected to maintain and enhance the Professional Portfolio begun in Nursing Foundations I during each Nursing Foundations course. At the end of each Nursing Foundations course you will submit evidence of having maintained and enhanced your Professional Portfolio to your instructor/tutor.

This assignment is not graded and does not contribute toward your final grade for the course.
**Midterm Exam**

This exam contributes 25% toward the course grade. It covers course information from Unit 1 through Unit 4 inclusive.

**Final Exam**

This exam contributes 35% toward the theory course grade. It covers all course information from Unit 1 through Unit 8.
ASSIGNMENT 1: HEALTH PROMOTION/INJURY PREVENTION TEACHING RESOURCE AND ANALYSIS PAPER

DUE Date: 1200 hours

In this assignment, you will have the opportunity to do each of the following:

- Create a health promotion or injury prevention resource addressing an issue in your community.
- Complete an analysis paper of the teaching resource.

Through this assignment, you will create a health promotion or injury prevention resource addressing a health issue in your community using a method of your choice (e.g., pamphlet/brochure, PowerPoint presentation, poster presentation, radio/TV commercial or webpage). The resources need to be appropriate as a teaching resource for your target audience.

*See Appendix A for Marking Guide

Instructions

1. Choose a group/population in your community and assess the client for health promotion/injury prevention health education needs.
2. Choose a health issue to target for this audience and describe why this is an issue for this group.
3. Use research for evidence-informed practice as part of the assessment and health promotion/injury prevention strategies pertinent to the target audience. Develop a teaching strategy based on assessment and “at risk” health behaviour. Apply teaching and learning principles in the learning resource.
4. Describe how to evaluate the members of the target audience to identify whether strategies were successful.
5. Develop resource:
   - Use method of your choice (e.g. pamphlet/brochure, PowerPoint presentation, poster presentation, radio/TV commercial or webpage).
   - Alternate ideas for resources must be preapproved by your instructor.
   - Assure the resource is appropriate to reach the learning needs of the target audience based on your assessment.
6. Complete an analysis paper including the following:
   - The paper should be 2–3 pages in length. It must be typewritten (word-processed) and follow APA 6th edition format.
   - Include a title page.
• Include a brief description of the target audience, background information, current prevalence of the issue, magnitude of the problem, and factors influencing the problem.
• Identify “at-risk behaviours.”
• Provide a brief description of your learning/teaching strategy.
• Use the community assessment tools identified by your instructor.
• Discuss development of your teaching strategy based on assessment and “at-risk” health behaviour.
• Discuss your plan for evaluation of the resource.
• Provide an APA-format reference list. Include three (3) references, with one being a current nursing journal.

Submit the marking guide with your assignment.
ASSIGNMENT 2: VULNERABLE POPULATION ASSESSMENT

DUE Date: 1200 hours

In this assignment, you will have the opportunity to do the following:

- Choose, or be assigned, one of two options for the assignment.
- Complete an assessment of a vulnerable population.
- Use the assessment to apply the nursing process to the client.

Through this assignment, you will complete an assessment of a vulnerable population and identify how assessment findings will impact nursing care for the client.

1. This assignment must be typewritten (word-processed) and follow APA 6th edition format.
2. Select a vulnerable population in your community.
3. Complete a health assessment of that population.
4. Use the assessment to identify:
   a. health risks
   b. community resources available to address those risks
   c. level of prevention addressed by available resources
   d. challenges the facility faces in meeting health needs of the client
   e. challenges the client faces in meeting health needs
5. Complete a scholarly paper:
   a. Three to five (3–5) pages
   b. Follow APA format
   c. Include three (3) references – one (1) from a nursing journal
   d. Include informed consent form(s) as an Appendix
   e. Include: assessment findings, health risks, community resources available, level of prevention addressed by resources, challenges in meeting the client’s health needs
6. Submit the marking guide with the assignment.

*See Appendix B for Marking Guide*
Instructions

OPTION 1

Volunteer for 1–2 days or a prescribed number of hours at a community agency such as a food bank, women’s shelter, soup kitchen or respite program with prior approval of your instructor/tutor. You must arrange this yourself as it will be outside of class time. You are volunteering at this agency, not representing the College.

Assess/interview a sampling of the population using the facility (requires informed consent form for interview).

Research the history of the facility for its role and purpose, and the challenges the facility faces in addressing health needs of the vulnerable population it serves.

Write a scholarly paper that is 3–5 pages, follow APA format, and include 3 references – one from a nursing journal. It should include the following:

- Vulnerable population
- Cultural influence
- Health determinant influence
- Health risks identified
- Level of prevention being addressed by this agency
- Challenges the facility faces in meeting health needs of the vulnerable population
- Challenges the client faces in meeting health needs

OPTION 2

Select a family representative of a vulnerable population in your community.

Obtain informed consent from the family.

Complete an assessment using the CFAM tool. Include a genogram and ecomap.

Complete a scholarly paper identifying the following:

- Characteristics of the family that qualify them as part of a vulnerable population
- Strategies to include the family in collaboration with care plan and evaluation
- The family’s strengths and challenges in meeting health needs
- One (1) existing priority problem. Provide rationale as to why this is a priority. (It should be related to vulnerability characteristics.)
- One (1) potential priority problem. Provide rationale as to why this is a priority
- Identification of goals/expected outcomes that have been established in synergy with the family
- Community resources available to assist the family and the level of prevention provided by those resources
- Paper should be 3–5 pages, follow APA format, and include three (3) references – one (1) from a nursing journal.

Submit the marking guide with your assignment.
**Assignment 3: Building Your Professional Portfolio**

**Due Date: 1200 hours**

You are expected to maintain and enhance your Professional Portfolio begun in Nursing Foundations I during each Nursing Foundations course.

The purpose of a cumulative Professional Portfolio is to develop documentation you can use to secure employment in a health-care setting as a practical nurse graduate.

- At the end of each Nursing Foundations course you will submit to your instructor/tutor evidence of having maintained and enhanced your Professional Portfolio.
- Submission may be electronically through websites available in the College or in hard copy using the form below.
- **Do not submit** the entire Professional Portfolio unless requested to do so by your instructor/tutor.
- The report does **not** replace work on the Professional Portfolio but is an indication that you met expectations.
- This assignment is **not graded** and does **not** contribute towards the final grade for this course.

Categories to continue to build as applicable to the learning of each Nursing Foundations course are:

**A. Personal:**
- Personal goals
- Personal interests
- Education
- Experiences
- Achievements

**B. Professional:**
- Philosophy of practical nursing
- Resume and cover letter
- Appraisals and evaluations
- Reflective practice
- Leadership
- Scholarly papers
- Nursing care plans
Continuing Competency Achievement

Continuing competency achievement is an essential aspect of the Professional Portfolio and is recorded through a review of the competencies from the Course Outline or from the Competency Profile on the CLPNA website at www.clpna.com. Make a list of the competencies learned in this course and rate the proficiency you achieved in each of the competencies.

**Proficiency Categories**

**Excellent**: integrates competency theory with other knowledge, skills, and attitudes so that it becomes seamless/automatic as part of everyday nursing practice

**Good**: understands competency in theory and in scenarios and nursing practice

**Fair**: understands the competency in theory; unable to apply it to scenarios or nursing practice

**Poor**: does not understand content related to the competency

| You will be expected to finalize your Professional Portfolio and to create a Continuing Competency Program Learning Plan/Binder upon completion of Nursing Foundations VIII. |
Report on Progress of Professional Portfolio

<table>
<thead>
<tr>
<th>DESCRIPTION OF <strong>ONE</strong> SIGNIFICANT LEARNING EXPERIENCE IN THIS COURSE</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHAT I LEARNED</td>
</tr>
<tr>
<td>WHY IT WAS MEANINGFUL/SIGNIFICANT</td>
</tr>
<tr>
<td>HOW I WILL APPLY THIS LEARNING IN NURSING PRACTICE</td>
</tr>
<tr>
<td>ADDITIONAL COMMENTS</td>
</tr>
</tbody>
</table>

Student Name: ____________________________

Course: ____________________________

Date: ____________________________

Instructor/Tutor: ____________________________
The following CLPNA competencies are learned during the Nursing Foundations V course:

- A: Nursing Knowledge
- B: Nursing Process
- C: Safety
- D: Communication and Interpersonal Skills
- E: Nursing Practice
- F: Respiratory Care
- G: Surgical Nursing
- H: Orthopedic Nursing
- I: Neurological/Neurovascular Nursing
- J: Cardiovascular Nursing
- L: Pediatrics
- M: Mental Health Nursing
- P: Palliative Care
- R: Community Health
- U: Medication Administration
- W: Professionalism

All students must practice in a manner that is consistent with:


Refer to www.clpna.com for references

**REQUIRED TEXTS**

**PRIMARY TEXT**


Internet Resources to Supplement Text Readings

Alberta Health and Wellness website at www.health.gov.ab.ca

Boyle Street Community Services website at http://boylestreet.org

College of Licensed Practical Nurses of Alberta website at www.clpna.com
### Assignment 1: Health Promotion/Injury Prevention Teaching Resource and Analysis Paper Marking Guide

<table>
<thead>
<tr>
<th>Key Content</th>
<th>Marking Guide</th>
</tr>
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<tbody>
<tr>
<td><strong>Research</strong></td>
<td></td>
</tr>
<tr>
<td>Selected target group and completes assessment for “at risk” issue</td>
<td>Excellent</td>
</tr>
<tr>
<td>Described health issue including: background information, current prevalence, magnitude of problem, and factors influencing the problem</td>
<td>Excellent</td>
</tr>
<tr>
<td>Used research for evidence-based practice for assessment and health promotion/injury prevention strategies pertinent to target audience</td>
<td>Excellent</td>
</tr>
<tr>
<td>Points: 5</td>
<td>3</td>
</tr>
<tr>
<td>Comments:</td>
<td></td>
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**/15**

<table>
<thead>
<tr>
<th>Teaching Resource</th>
<th>Marking Guide</th>
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<tbody>
<tr>
<td>Used appropriate teaching strategies based on assessment</td>
<td>Excellent</td>
</tr>
<tr>
<td>Resource appropriate for target audience</td>
<td>Excellent</td>
</tr>
<tr>
<td>Points: 10</td>
<td></td>
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<tr>
<td>Comments:</td>
<td></td>
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</table>

**/10**

<table>
<thead>
<tr>
<th>Completion of Analysis Paper</th>
<th>Marking Guide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brief description of target audience</td>
<td>Excellent</td>
</tr>
<tr>
<td>Description of background information, current prevalence of issue, magnitude of problem, and factors influencing the problem.</td>
<td>Excellent</td>
</tr>
<tr>
<td>Points: 10</td>
<td></td>
</tr>
</tbody>
</table>

22
<table>
<thead>
<tr>
<th><strong>KEY CONTENT</strong></th>
<th><strong>MARKING GUIDE</strong></th>
<th><strong>POINTS:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>At-risk behaviours identified</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>Brief description of learning/teaching plan</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>Used the community assessment tools</td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>Included plan for evaluation</td>
<td></td>
<td>0</td>
</tr>
</tbody>
</table>

**Legend**

- **5** – Excellent work, comprehensive information or analysis included, great attention to detail throughout
- **1** – Minimal required information included, incomplete work
- **3** – Satisfactory work, most required information included at an adequate level
- **0** – Required information not identifiable

**Comments:**

**Submit this marking guide with the assignment.**
# APA AND GRAMMAR: MARKING GUIDE

<table>
<thead>
<tr>
<th>KEY CONTENT</th>
<th>MARKING GUIDE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>POINTS:</strong></td>
<td></td>
</tr>
<tr>
<td><strong>TITLE PAGE</strong></td>
<td></td>
</tr>
<tr>
<td>Included: date; header and page number; running head. Remaining items centred: title of paper, student name, college name, course and section number, assignment name and number, instructor name</td>
<td>Excellent  Satisfactory  Minimal  None</td>
</tr>
<tr>
<td><strong>BODY OF PAPER</strong></td>
<td></td>
</tr>
<tr>
<td>Paper organized – header and page number; introduction, body, and conclusion; appropriate margins, double-spaced throughout, indent 5 spaces or 1 tab for new paragraphs, correct font – Times New Roman, 12 pt. font</td>
<td>Excellent  Satisfactory  Minimal  None</td>
</tr>
<tr>
<td><strong>REFERENCES</strong></td>
<td></td>
</tr>
<tr>
<td>Citations in body of paper follow APA format</td>
<td>Excellent  Satisfactory  Minimal  None</td>
</tr>
<tr>
<td>References on separate page; followed APA format include minimum of 3 references with one being a current nursing journal</td>
<td>Excellent  Satisfactory  Minimal  None</td>
</tr>
<tr>
<td><strong>GRAMMAR AND SPELLING</strong></td>
<td></td>
</tr>
<tr>
<td>Grammar appropriate and words spelled correctly (&lt; 5 errors)</td>
<td>Excellent  Satisfactory  Minimal  None</td>
</tr>
</tbody>
</table>

**TOTAL**  /5

Comments:

---

**GRAND TOTAL (ALL MARKING GUIDES)**  /60

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*Submit this marking guide with the assignment.*
### Assignment 2: Vulnerable Population Assessment – Option 1 Marking Guide

#### Key Content

<table>
<thead>
<tr>
<th>Points:</th>
<th>5</th>
<th>3</th>
<th>1</th>
<th>0</th>
</tr>
</thead>
</table>

#### Nursing Assessment

- Selected and volunteered for appropriate time at a facility in community serving vulnerable population
  - Excellent  Satisfactory  Minimal  None
- Completed research of facility for role and purpose in addressing needs of vulnerable population, level of prevention provided by facility, and challenges faced in meeting those needs
  - Excellent  Satisfactory  Minimal  None
- Completed assessment of sampling of vulnerable population served by facility (submits consent forms)
  - Excellent  Satisfactory  Minimal  None

  Assessment included:
  - Cultural influence on health needs
  - Health-determinant influence on health needs
  - Health risks
  - Challenges the client faces meeting health needs

  - Excellent  Satisfactory  Minimal  None

  **/35**

#### Scholarly Paper

- Identifies vulnerable population and health risk
  - Excellent  Satisfactory  Minimal  None
- Identifies assessment findings
  - Excellent  Satisfactory  Minimal  None
- Identifies challenges to meeting health needs of the client
  - Excellent  Satisfactory  Minimal  None

  **/15**

**Comments:**

---

**Total**  **/50**
**APA AND GRAMMAR: MARKING GUIDE**

<table>
<thead>
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<th>KEY CONTENT</th>
<th>MARKING GUIDE</th>
</tr>
</thead>
<tbody>
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<td><strong>POINTS:</strong></td>
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</tr>
<tr>
<td><strong>TITLE PAGE</strong></td>
<td>Excellent Satisfactory Minimal None</td>
</tr>
<tr>
<td>Included: date; header and page number; running head. Remaining items centred: title of paper, student name, college name, course and section number, assignment name and number, instructor name</td>
<td></td>
</tr>
<tr>
<td><strong>BODY OF PAPER</strong></td>
<td>Excellent Satisfactory Minimal None</td>
</tr>
<tr>
<td>Paper organized – header and page number; introduction, body, and conclusion; appropriate margins, double-spaced throughout, indent 5 spaces or 1 tab for new paragraphs, correct font – Times New Roman, 12 pt. font</td>
<td></td>
</tr>
<tr>
<td><strong>REFERENCES</strong></td>
<td>Excellent Satisfactory Minimal None</td>
</tr>
<tr>
<td>Citations in body of paper follow APA format</td>
<td></td>
</tr>
<tr>
<td>References, on separate page, followed APA format</td>
<td></td>
</tr>
<tr>
<td><strong>GRAMMAR AND SPELLING</strong></td>
<td>Excellent Satisfactory Minimal None</td>
</tr>
<tr>
<td>Grammar appropriate and words spelled correctly (&lt; 5 errors)</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>/5</td>
</tr>
<tr>
<td>Comments:</td>
<td></td>
</tr>
</tbody>
</table>

**GRAND TOTAL (ALL MARKING GUIDES)** /55

*Submit this marking guide with the assignment.*