



**PRACTICAL NURSING 204**

**NURSING FOUNDATIONS V1:  
COMMUNITY NURSING**

**January 10, 2014 – February 14, 2014**

**COURSE OUTLINE**

**Tutor: Doris Roth RN, MN**

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**PRACTICAL NURSING 204  
NURSING FOUNDATIONS VI:  
COMMUNITY NURSING**

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**NURSING FOUNDATIONS VI:  
COMMUNITY NURSING  
COURSE OUTLINE**

**CALENDAR STATEMENT**

**NURSING FOUNDATIONS VI:** \* Semester 4

This Nursing Foundations VI course offers development of competency in providing care to meet the unique needs of families and communities, and the ability to function within the community health team.

**Pre-requisites:** Nursing Foundations III, IV, V; Nursing Practice II

**COURSE HOURS**

**TOTAL HOURS: 45**                      LECTURE: 45                      CREDITS: 3

**COURSE DESCRIPTION**

This nursing course provides the learner with theories of family and community to acquire the knowledge and skill required to promote the health and well-being of populations within the community. The course emphasizes the importance of collaboration between the interdisciplinary health-care team, families, and communities to achieve safe, evidence-informed community nursing practice. The learner will build upon previous nursing knowledge and related theory in adapting the nursing approach to the care and health promotion of the family and community using the nursing metaparadigm and nursing process. Trends and issues in the care of families and communities will also be explored.

**TUTOR INFORMATION**

Instructor: Doris Roth RN, BScN, MN  
Phone (Office): 791 8919  
E-mail: [doris.roth@keyano.ca](mailto:doris.roth@keyano.ca)  
Office Hours: Mondays from 0900-1200

## GENERAL LEARNING OUTCOMES

### General Learning Outcomes

Upon successful completion of this course, the learner will meet the following outcomes:

1. Describe the role of the practical nurse as part of the interdisciplinary health-care team in the community.
2. Integrate the nursing metaparadigm, nursing theory, and related knowledge into community nursing.
3. Explain the concepts of health promotion and population health as related to community nursing.
4. Maintain and promote safety of clients within the community.
5. Apply the nursing process to the community as client.
6. Integrate concepts of nurse/client synergy to community nursing care and health promotion.
7. Determine appropriate communication techniques to establish a therapeutic nurse/client relationship with community as client.
8. Apply principles of teaching and learning related to the community as client.
9. Identify the legal and ethical principles in the care of the community as client.
10. Incorporate the concept of cultural competence in the community setting.
11. Apply knowledge of documenting, reporting, and recording of pertinent client information to community nursing,
12. Integrate professionalism and leadership to the community as client.
13. Incorporate research findings in evidence-informed practice in the delivery of community nursing care.
14. Demonstrate reflective practice for personal and professional growth and continued learning related to community nursing.

### Instructional Methods

- This course uses a variety of teaching/learning methods including: case studies, reflective questions, discussions, personal discovery, interactive online learning activities, multiple-choice assessments, and critical thinking exercises. These course activities provide the opportunity for learners to learn with and from others who are undergoing a similar learning experience.
- The course emphasizes pre-class preparation, participation in interactive classes, and post-class reflection and review. The learner is expected to take an active part in class discussions and take responsibility for his/her own learning. The instructor's role is to facilitate learning.

## **PRACTICAL NURSING PROGRAM POLICIES**

Please refer to Keyano College Practical Nurse Handbook for specific Practical Nursing Program policies and to Keyano College Calendar for general College policies.

Please review the Keyano College Nursing Program Policy on Clinical Attire, which is outlined in the student handbook. The following are required items for clinical: nametag, health centre ID, watch, penlight, black pen, bandage scissors and stethoscope.

## **LATE POLICY FOR ASSIGNMENTS**

All assignments are to be passed in at the time and place they are due. Please see timetable. Extensions on assignments may be granted and must be negotiated with the tutor prior to the due date and with a date specified for late submissions. If prior arrangements are not made, a penalty of a letter grade for each working day that an assignment is submitted after the due date will be deducted from the final grade i.e. an assignment graded at B would receive an adjusted grade of B- if handed in one day late; if two days late, the grade is adjusted to C+ etc.

## **SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE**

### **DISABILITY SUPPORT SERVICES: LEARNER ASSISTANCE PROGRAM**

If you have a documented disability or you think that you would benefit from some assistance from a Disabilities Counselor, please call or visit the Disability Supports Office 780-792-5608 to book an appointment (across from the library). Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of Keyano College. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at Keyano College.

### **SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE**

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.

## OVERVIEW OF LEARNING EXPERIENCES

Students will work through 8 Units in the classroom. Units to be covered in Nursing Foundations VI :Community Nursing are as follows:

### **Course Units**

This course consists of the following units:

**Unit 1:** Foundations of Community Health

**Unit 2:** Community Health Nursing Roles

**Unit 3:** Health Promotion and Diversity

**Unit 4:** Community as Client

**Unit 5:** Working with Vulnerable Populations

**Unit 6:** Family as Client

**Unit 7:** Communicable Disease Control

**Unit 8:** Environmental Health and Disaster Management

## CODE OF ETHICS

The following CLPNA competencies are learned during the Nursing Foundations V course:

- A: Nursing Knowledge
- B: Nursing Process
- C: Safety
- D: Communication and Interpersonal Skills
- E: Nursing Practice
- Q: Rehabilitation Nursing
- R: Community Health
- S: Clinic Based Nursing
- T: Occupational Health and Safety
- W: Professionalism
- X: Licensed Practical Nurse Role

All students must practice in a manner that is consistent with:

- The CLPNA Code of Ethics and Standards of Practice (2008).

Refer to [www.clpna.com](http://www.clpna.com) for references

## REQUIRED TEXTS

### PRIMARY TEXT

Stanhope, M., Lancaster, J., Jessup-Falcioni, H., & Viverais-Dresler, G.A. (2011). *Community health nursing in Canada* (2nd Canadian ed.). Toronto, ON: Elsevier.

Potter, P.A., Perry, A.G., Ross-Kerr, J.C., & Wood, M.J. (2010). *Canadian fundamentals of nursing* (Revised 4th ed.). Toronto, ON: Elsevier.

Practical Nurse Collaborative Curriculum. (2012). *Nursing Foundations VI: Community nursing: Course materials*.

### Internet Resources to Supplement Text Readings

Alberta Health and Wellness website at [www.health.gov.ab.ca](http://www.health.gov.ab.ca)

Boyle Street Community Services website at <http://boylestreet.org>

College of Licensed Practical Nurses of Alberta website at [www.clpna.com](http://www.clpna.com)



## OVERVIEW OF COURSE ASSESSMENT

### Assessments

To receive credit in Nursing Foundations VI: Community Nursing, the learner must complete all course requirements, which include all assignments and exams.

Course credit will **not** be given if only parts of the course have been completed.

### DISTRIBUTION OF MARKS

THEORY			Exam Date
Midterm Exam multiple choice	Demonstrate knowledge of course content (Units 1–4)	25%	January 23, 2014
Assignment 1	Health Promotion/Injury Prevention Resource/Teaching	25%	January 28, 2014
Assignment 2	Building Your Professional Portfolio	10%	February 10, 2014
Final Exam cumulative; multiple choice	Demonstrate knowledge of all course content	40%	February 14, 2014
<b>Total</b>		<b>100%</b>	

### PASSING LEVEL AND GRADING SCALE

This is a theory course. You must complete all assignments and examinations to receive a final grade. You will not be allowed to rewrite assignments or exams to raise their grade.

To receive credit for Nursing Foundations V, a learner must achieve each of the following:

- A minimum overall grade of 1.7 (C–) or 60%

Refer to the Practical Nurse Program Handbook for information regarding grading scale, extensions, and other program standard practices.

### Important Additional Information

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*Note to all Learners: It is the learner's responsibility to retain course outlines for possible future use in support of applications for transfer credit to other educational institutions.*

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## **COURSE ASSESSMENT**

Assessment of mastery of the content of Nursing Foundations VI: Community Nursing will be determined through the learner meeting expectations for the following:

- Development of a Health Promotion/Injury Prevention Teaching Resource and Analysis paper
- Building your professional portfolio
- Midterm exam
- Final cumulative exam

### **Assignment 1: Health Promotion/Injury Prevention Teaching Resource and Analysis Paper**

The learner will complete this assignment at a time determined by the instructor/tutor. To complete this assignment, you will develop a teaching resource focusing on either health promotion or injury prevention in the community. You will then write a scholarly paper analyzing the teaching resource. This assignment contributes **25%** towards the course grade.

### **Assignment 2: Building Your Professional Portfolio**

You are **expected** to maintain and enhance the Professional Portfolio begun in Nursing Foundations I during each Nursing Foundations course. At the end of each Nursing Foundations course you will submit evidence of having maintained and enhanced your Professional Portfolio to your instructor/tutor. This assignment contributes **10%** towards the course grade.

### **Midterm Exam**

This exam contributes **25%** toward the course grade. It covers course information from Unit 1 through Unit 4 inclusive.

### **Final Exam**

This exam contributes **40%** toward the theory course grade. It covers all course information from Unit 1 through Unit 8.



# **ASSIGNMENT 1: HEALTH PROMOTION/INJURY PREVENTION TEACHING RESOURCE AND ANALYSIS PAPER**

In this assignment, you will have the opportunity to do each of the following:

- Create a health promotion or injury prevention resource addressing an issue in your community.
- Complete an analysis paper of the teaching resource.

Through this assignment, you will create a health promotion or injury prevention resource addressing a health issue in your community using a method of your choice (e.g., pamphlet/brochure, PowerPoint presentation, poster presentation, radio/TV commercial or webpage). The resources need to be appropriate as a teaching resource for your target audience.

**\*See Appendix A for Marking Guide**

## **Instructions**

1. Choose a group/population in your community and assess the client for health promotion/injury prevention health education needs.
2. Choose a health issue to target for this audience and describe why this is an issue for this group.
3. Use research for evidence-informed practice as part of the assessment and health promotion/injury prevention strategies pertinent to the target audience. Develop a teaching strategy based on assessment and “at risk” health behaviour. Apply teaching and learning principles in the learning resource.
4. Describe how to evaluate the members of the target audience to identify whether strategies were successful. Choose three questions the target audience will answer to evaluate your teaching resource.
5. Develop resource:
  - Use method of your choice (e.g. pamphlet/brochure, PowerPoint presentation, poster presentation, radio/TV commercial or webpage).
  - Alternate ideas for resources must be preapproved by your instructor.
  - Assure the resource is appropriate to reach the learning needs of the target audience based on your assessment. Include a smart goal for your target audience.
6. Complete an analysis paper including the following:
  - The paper should be 2–3 pages in length minimum. It must be typewritten (word-processed) and follow APA 6th edition format.
  - Include a title page.
  - Headings – Research, Teaching Resource and Evaluation

- A brief description of the target audience, background information, current prevalence of the issue, magnitude of the problem, and factors influencing the problem
- Identification of three “at-risk behaviours” or factors
- A brief description of your learning/teaching strategy
- Discussion on the development of your teaching method and tool based on assessment and “at-risk” health behaviour
- Description of the resource developed
- Your plan for evaluation of the resource (questions for participants to answer – minimum three) and a self-evaluation (one strength and one suggestion for improvement identified)
- An APA-format reference list. Include three (3) references, with one being a current nursing journal.

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***Submit the marking guide with your assignment.***

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## Marking Guide for Assignment 1

# Assignment 1: Health Promotion/Injury Prevention Teaching Resource and Analysis Paper – Marking Guide

KEY CONTENT	MARKS
<b>RESEARCH (20 MARKS)</b>	
Described target group (2)	
Completed assessment for “at risk” issue and identified 3 at risk behaviours/factors (3)	
Described health issue including: background information (4), current prevalence (1), magnitude of problem (1), and factors influencing the problem (4)	
Used research for evidence-based practice for assessment and health promotion/injury prevention strategies pertinent to target audience in the essay and teaching tool (5)	
<b>Comments:</b>	<hr/> <b>/20</b>
<b>TEACHING RESOURCE (20 MARKS)</b>	
Described learning/teaching method used (2)	
Listed 3 appropriate teaching strategies used based on assessment (3)	
Developed resource appropriate to target audience (15)	
<ul style="list-style-type: none"><li>• Stated SMART goal for target audience (2)</li><li>• Teaching Tool/Resource<ul style="list-style-type: none"><li>○ Age appropriateness (2)</li><li>○ Correct wording/spelling (2)</li><li>○ Correct Information (2)</li><li>○ Size of font/printing (2)</li><li>○ Suitable amount of content (2)</li><li>○ Suitable Images used (2)</li><li>○ Cited source on teaching tool/resource (1)</li></ul></li></ul>	<hr/> <b>/20</b>

**Comments:****EVALUATION (5 MARKS)**

Included plan for evaluation

- Target Group evaluation (3)
  - 3 open ended questions for participants to answer/evaluate you, with answer sheet from participants included
- Self-evaluation of teaching resource
  - One strength (1)
  - One suggestion for improvement (1)

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**/5****Comments:**

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**TOTAL /45**

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***Submit this marking guide with your assignment.***

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## APA AND GRAMMAR – MARKING GUIDE

KEY CONTENT	MARKING GUIDE				
	POINTS:	1	0.5	0.25	0
<b>TITLE PAGE</b>					
Included: date; header and page number; running head. Remaining items centred: title of paper, student name, college name, course and section number, assignment name and number, instructor name	Excellent	Satisfactory	Minimal	None	
<b>BODY OF PAPER</b>					
Paper organized – header and page number; headings; appropriate margins, double-spaced throughout, indent 5 spaces or 1 tab for new paragraphs, correct font – Times New Roman, 12 pt. font	Excellent	Satisfactory	Minimal	None	
<b>REFERENCES</b>					
Citations in body of paper follow APA format	Excellent	Satisfactory	Minimal	None	
References on separate page; followed APA format; included minimum of 3 references with one being a current nursing journal	Excellent	Satisfactory	Minimal	None	
<b>GRAMMAR AND SPELLING</b>					
Grammar appropriate and words spelled correctly (minimal errors)	Excellent <5 errors	Satisfactory 6-10 errors	Minimal 11-20 errors	None >20 errors	
	<b>TOTAL</b>				<b>/5</b>
<b>Comments:</b>					
<b>GRAND TOTAL (ALL MARKING GUIDES)</b>					<b>/50</b>

*Submit this marking guide with your assignment.*



# ASSIGNMENT 2: BUILDING YOUR PROFESSIONAL PORTFOLIO

You are **required** to maintain and enhance your Professional Portfolio begun in Nursing Foundations I during each Nursing Foundations course.

The purpose of a cumulative Professional Portfolio is to develop documentation you can use to secure employment in a health-care setting as a practical nurse graduate.

- At the end of each Nursing Foundations course you will submit to your instructor/tutor evidence of having maintained and enhanced your Professional Portfolio.
- Submission may be electronically through websites available in the College or in hard copy using the “Report on Progress of Professional Portfolio” form below.
- **Do not submit** the entire Professional Portfolio unless requested to do so by your instructor/tutor.
- The **report** does **not** replace work on the Professional Portfolio but is an indication that you met expectations.
- This assignment contributes 5% to your total course grade.

Categories to continue to build as applicable to the learning of each Nursing Foundations course are:

## A. Personal:

- Personal goals
- Personal interests
- Education
- Experiences
- Achievements

## B. Professional:

- Philosophy of practical nursing
- Resume and cover letter
- Appraisals and evaluations
- Reflective practice
- Leadership
- Scholarly papers
- Nursing care plans
- Client teaching plans

- Professional goals
- CPRNE study plan
- Continuing competency achievement

## **Continuing Competency Achievement**

Continuing competency achievement is an essential aspect of the professional portfolio. Review the competencies from the Course Outline or from the Competency Profile on the CLPNA website at [www.clpna.com](http://www.clpna.com) that apply to this course. Choose the most significant competency you learned in this course. Reflect on the following questions: Using the "Proficiency Categories" below, how would you rate your proficiency in this competency? What did you do to achieve this competency? Why is this competency meaningful or significant? How will you use this learning in your nursing practice?

### **PROFICIENCY CATEGORIES**

**Excellent:** integrates competency theory with other knowledge, skills, and attitudes so that it becomes seamless/automatic as part of everyday nursing practice

**Good:** understands competency in theory and in scenarios and nursing practice

**Fair:** understands the competency in theory; unable to apply it to scenarios or nursing practice

**Poor:** does not understand content related to the competency

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*You will be expected to finalize your Professional Portfolio and to create a Continuing Competency Program Learning Plan/Binder upon completion of **Nursing Foundations VIII**.*

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## Report on Progress of Professional Portfolio

<b>DESCRIPTION OF <u>ONE</u> SIGNIFICANT LEARNING EXPERIENCE IN THIS COURSE</b>	
<b>WHAT I LEARNED</b>	
<b>PROFICIENCY RATING</b>	
<b>WHY IT WAS MEANINGFUL/ SIGNIFICANT</b>	
<b>HOW I WILL APPLY THIS LEARNING IN NURSING PRACTICE</b>	

Student Name: \_\_\_\_\_

Course: \_\_\_\_\_

Date: \_\_\_\_\_

Instructor/Tutor: \_\_\_\_\_

## REPORT ON PROGRESS OF PROFESSIONAL PORTFOLIO – MARKING GUIDE

<b>KEY CONTENT</b>	<b>MARKING GUIDE</b>			
<b>POINTS:</b>	<b>1</b>	<b>0.5</b>	<b>0.25</b>	<b>0</b>
<p><b>DESCRIPTION OF ONE SIGNIFICANT LEARNING EXPERIENCE IN THIS COURSE</b></p> <p>Described at least one experience in this course that made the course content significant to the learner</p>	Excellent	Satisfactory	Minimal	None
<p><b>WHAT I LEARNED</b></p> <p>Identified at least one content area, or competency that was significant to the learner</p>	Excellent	Satisfactory	Minimal	None
<p><b>PROFICIENCY RATING</b></p> <p>Rated self according to Proficiency categories in the Learning Guide</p>	Excellent	Satisfactory	Minimal	None
<p><b>WHY IT WAS MEANINGFUL/SIGNIFICANT</b></p> <p>Described the significance of the learning experience and the content area or competency learned</p>	Excellent	Satisfactory	Minimal	None
<p><b>HOW I WILL APPLY THIS LEARNING IN NURSING PRACTICE</b></p> <p>Described how the knowledge and experience will be applied to nursing practice</p>	Excellent	Satisfactory	Minimal	None
<b>TOTAL</b>				<b>/5</b>

**Comments:**