PRACTICAL NURSE COLLABORATIVE CURRICULUM

KEYANO COLLEGE

COURSE OUTLINE

PN 202

NURSING FOUNDATIONS IV: MATERNITY NURSING

FALL 2013

October 31, 2013–December 9, 2013

INSTRUCTOR: Barb Reitz
PRACTICAL NURSING 202
NURSING FOUNDATIONS IV: MATERNITY NURSING

Course Outline
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NURSING FOUNDATIONS IV:
INTRODUCTION TO NURSING
COURSE OUTLINE

CALENDAR STATEMENT

NURSING FOUNDATIONS IV: * Semester 3

This Nursing Foundations IV: Maternity Nursing course offers development of competency in providing care to meet the unique needs of the childbearing family.

Pre-requisites: All first Year Courses

Co-requisite: PN 200; PN 201A; PN 201B

COURSE HOURS

TOTAL HOURS: 45
LECTURE: 45
CREDITS: 3

COURSE DESCRIPTION

This course introduces the learner to the childbearing family and the practical nurse’s role in promoting, restoring, and maintaining the health of the maternity client and her family. The learner will apply knowledge of the nursing process and the four concepts of the nursing metaparadigm to the care of the expectant family before, during, and after the birth of the baby.

The learner will build upon previous nursing knowledge and related theory in adapting the nursing approach to the care and health promotion of the child-bearing family. The learner will apply the collaborative interdisciplinary team approach to maternity care. Assessment of family strengths, coping abilities, and life experiences are key to the practical nurse’s role in health promotion. New developments in maternal and newborn care will be examined through addressing trends and issues in maternity care.

TUTOR INFORMATION

Instructor Barb Reitz
Phone (Office)
e-mail: barb.reitz@keyano.ca
Office hours: Mondays 1:00-4:00PM
GENERAL LEARNING OUTCOMES

Upon successful completion of this course, the learner will meet the following outcomes:

1. Describe the role of the practical nurse and interdisciplinary health-care team in the care of the maternity client.
2. Integrate the nursing metaparadigm, nursing theory, and related knowledge to maternity nursing.
3. Examine ways to maintain and promote safety in maternity nursing.
4. Apply the nursing process to the maternity client.
5. Integrate nursing of the family and nurse/client synergy to maternity nursing care.
6. Apply principles of teaching and learning and health promotion to the maternity client and the family.
7. Identify the legal and ethical principles in the care of the maternity client and the family.
8. Relate cultural competency to maternity nursing.
9. Apply knowledge of documenting, reporting, and recording of pertinent client information to maternity nursing.
10. Integrate professionalism and leadership to the care of the maternity client.
11. Incorporate research findings in evidence-informed practice in the delivery of maternity nursing care.
12. Utilize reflective practice for professional growth and competence.

Instructional Methods

- This course uses a variety of teaching/learning methods including: discussion, experiential exercises, learner presentations, role-plays, case studies, lectures, reflection, and group activities. These course activities provide the opportunity for you to learn with and from others who are undergoing a similar learning experience.

- The course emphasizes pre-class preparation, participation in interactive classes, and post-class reflection and review. You are expected to take an active part in class discussions and take responsibility for your own learning. The instructor’s role is to facilitate learning.
**PRACTICAL NURSING PROGRAM POLICIES**

Please refer to Keyano College Practical Nurse Handbook for specific Practical Nursing Program policies and to Keyano College Calendar for general College policies.

Please review the Keyano College Nursing Program Policy on Clinical Attire, which is outlined in the student handbook.

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**LATE POLICY FOR ASSIGNMENTS**

All assignments are to be passed in at the time and place they are due. Please see timetable. Extensions on assignments may be granted and must be negotiated with the tutor prior to the due date and with a date specified for late submissions. If prior arrangements are not made, a penalty of a letter grade for each working day that an assignment is submitted after the due date will be deducted from the final grade i.e. an assignment graded at B would receive an adjusted grade of B- if handed in one day late; if two days late, the grade is adjusted to C+ etc.

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**SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE**

**DISABILITY SUPPORT SERVICES: LEARNER ASSISTANCE PROGRAM**

If you have a documented disability or you think that you would benefit from some assistance from a Disabilities Counselor, please call or visit the Disability Supports Office 780-792-5608 to book an appointment (across from the library). Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of Keyano College. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at Keyano College.

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**SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE**

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.
Students will work through 7 Units in the classroom. Units to be covered in Nursing Foundations IV: Maternity Nursing are as follows:

This course consists of the following units:

**Unit 1:** Foundations of Maternity Nursing

**Unit 2:** Pregnancy and Prenatal Nursing Care for Childbearing Families
- Topic 2.1: Psychological and Physiologic Changes of Pregnancy
- Topic 2.2: Prenatal Care
- Topic 2.3: Promoting Nutritional Health in Pregnancy
- Topic 2.4: Preparing for Childbirth
- Topic 2.5: Nursing Care of the High-Risk Client
- Topic 2.6: Pregnancy in Special Populations

**Unit 3:** Assessment of Fetal Well-Being

**Unit 4:** Childbirth
- Topic 4.1: Processes of Labour and Delivery
- Topic 4.2: Comfort Measures in Labour and Delivery
- Topic 4.3: Intrapartum Nursing Care
- Topic 4.4: High-Risk Births and Obstetric Emergencies
- Topic 4.5: Perinatal Loss and Grief

**Unit 5:** Postpartum Health and Nursing Care
- Topic 5.1: Postpartum Nursing Care
- Topic 5.2: Postpartum Family Adjustment
- Topic 5.3: Nursing Care of Clients Experiencing Postpartum Complications

**Unit 6:** Newborn Development and Nursing Care
- Topic 6.1: Assessment of the Newborn
- Topic 6.2: Nursing Care of the Newborn
- Topic 6.3: Nutritional Needs of the Newborn
- Topic 6.4: High-Risk Newborns and Their Families

**Unit 7:** Trends, and Issues in Maternity Nursing
OVERVIEW OF COURSE ASSESSMENT

To receive credit in Nursing Foundations IV: Maternity Nursing, the learner must complete all course requirements, which include two assignments, 2 exams, and 1 quiz. Course credit will not be given if all components of the course are not completed.

DISTRIBUTION OF MARKS

<table>
<thead>
<tr>
<th>THEORY</th>
<th>GRADE</th>
<th>DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midterm Exam multiple choice</td>
<td>Demonstrate knowledge of course content (Units 1–4)</td>
<td>25%</td>
</tr>
<tr>
<td>Post-Partum Exam multiple choice</td>
<td>Postpartum Nursing (Unit 5)</td>
<td>25%</td>
</tr>
<tr>
<td>Assignment 1</td>
<td>Building Your Professional Portfolio</td>
<td>10%</td>
</tr>
<tr>
<td>Final Exam cumulative; multiple choice</td>
<td>Demonstrate knowledge of all course content</td>
<td>40%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td>100%</td>
</tr>
</tbody>
</table>

PASSING LEVEL AND GRADING SCALE

This is a theory course. You must complete all assignments and examinations to receive a final grade. You will not be allowed to rewrite assignments or exams to raise your grade.

To receive credit for Nursing Foundations IV, a learner must achieve each of the following:

- A minimum overall grade of 1.7 (C–) or 60%

Refer to the Practical Nurse Program Handbook for information regarding grading scale, extensions, and other program standard practices.

Important Additional Information

*Note to all Learners: It is the learner’s responsibility to retain course outlines for possible future use in support of applications for transfer credit to other educational institutions.*
COURSE ASSESSMENT

Assessment of mastery of the content of Nursing Foundations IV will be determined through the learner meeting expectations for the following:

- Self-assessment and personalized nursing care plan
- Development of a professional portfolio
- Competency achievement Midterm exam
- Final cumulative exam
- Guided practice of nursing skills.

Assignment 1: Building Your Professional Portfolio

You are expected to maintain and enhance the Professional Portfolio begun in Nursing Foundations I during each Nursing Foundations course. At the end of each Nursing Foundations course you will submit to your instructor/tutor evidence of having maintained and enhanced your Professional Portfolio.

This assignment must be completed and contributes 10% towards your course grade.

Midterm Exam

The midterm exam evaluates your knowledge of content covered in Units 1 to 4. This exam contributes 25% towards your course grade. This exam has two sections. Section I contains multiple-choice questions, and Section II requires written responses. This is a supervised exam.

Postpartum Nursing Care Exam

The quiz evaluates your knowledge of content covered in Unit 5 and contributes 25% towards your course grade.

This quiz consists of multiple-choice questions. Depending on your location you may write this quiz online or on paper. Your instructor will provide specific details as to the method of writing, location, and date.

Final Exam

This is a cumulative multiple-choice exam that contributes 40% towards your final course grade. It covers all course content from Unit 1 through Unit 7. This is a supervised exam.
ASSIGNMENT 1: BUILDING YOUR PROFESSIONAL PORTFOLIO

Due Date: Last day of Course

You are expected to maintain and enhance your Professional Portfolio begun in Nursing Foundations I during each Nursing Foundations course.

The purpose of a cumulative Professional Portfolio is to develop documentation you can use to secure employment in a health-care setting as a practical nurse graduate.

- At the end of each Nursing Foundations course you will submit to your instructor/tutor evidence of having maintained and enhanced your Professional Portfolio.
- Submission may be electronically through websites available in the College or in hard copy using the form below.
- Do not submit the entire Professional Portfolio unless requested to do so by your instructor/tutor.
- The report does not replace work on the Professional Portfolio but is an indication that you met expectations.
- This assignment is not graded and does not contribute towards the final grade for this course.

Categories to continue to build as applicable to the learning of each Nursing Foundations course are:

A. Personal:
   - Personal goals
   - Personal interests
   - Education
   - Experiences
   - Achievements

B. Professional:
   - Philosophy of practical nursing
   - Resume and cover letter
   - Appraisals and evaluations
   - Reflective practice
   - Leadership
   - Scholarly papers
Continuing competency achievement is an essential aspect of the Professional Portfolio and is recorded through a review of the competencies from the Course Outline or from the Competency Profile on the CLPNA website at www.clpna.com. Make a list of the competencies learned in this course and rate the proficiency you achieved in each of the competencies.

**PROFICIENCY CATEGORIES**

**Excellent:** integrates competency theory with other knowledge, skills, and attitudes so that it becomes seamless/automatic as part of everyday nursing practice

**Good:** understands competency in theory and in scenarios and nursing practice

**Fair:** understands the competency in theory; unable to apply it to scenarios or nursing practice

**Poor:** does not understand content related to the competency

You will be expected to finalize your Professional Portfolio and to create a Continuing Competency Program Learning Plan/Binder upon completion of **Nursing Foundations VIII.**
# Report on Progress of Professional Portfolio

<table>
<thead>
<tr>
<th>DESCRIPTION OF ONE SIGNIFICANT LEARNING EXPERIENCE IN THIS COURSE</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>WHAT I LEARNED</td>
<td></td>
</tr>
<tr>
<td>WHY IT WAS MEANINGFUL/SIGNIFICANT</td>
<td></td>
</tr>
<tr>
<td>HOW I WILL APPLY THIS LEARNING IN NURSING PRACTICE</td>
<td></td>
</tr>
<tr>
<td>ADDITIONAL COMMENTS</td>
<td></td>
</tr>
</tbody>
</table>

Student Name: _______________________________________________________________

Course: _______________________________________________________________________

Date: _________________________________________________________________________

Instructor/Tutor: ________________________________________________________________
CODE OF ETHICS

CLPNA Competencies

The following CLPNA competencies are learned during the Nursing Foundations IV course:

- A: Nursing Knowledge
- B: Nursing Process
- C: Safety
- D: Communication and Interpersonal Skills
- E: Nursing Practice
- K: Maternal/Newborn Care
- T: Occupation Health and Safety
- W: Professionalism
- X: Licensed Practical Nurse Leadership Role

All students must practice in a manner that is consistent with:


Refer to www.clpna.com for references

REQUIRED TEXTS

Required Textbooks and Resources

PRIMARY TEXT


**Other Required Resources**

Health Assessment textbook

Drug guide or online drug guide such as Medline

Medical dictionary or online medical dictionary such as Medline

**INTERNET RESOURCES TO SUPPLEMENT TEXT READINGS**


**CINAHL Plus with Full Text Database**


## ASSIGNMENT 1: COMPETENCY PROFILE

<table>
<thead>
<tr>
<th>Description of One Significant Learning Experience in This Course</th>
<th>5 Marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description of Event</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>What I Learned from the Experience</th>
<th>10 marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reflect on experience and its relationship to the course content and how it impacted your learning</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Why It was Meaningful/Significant</th>
<th>15 marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explain the significance of the learning experience as to why it was meaningful for you</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>How I will Apply this Learning in Nursing Practice</th>
<th>15 marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Demonstrate the application of the learning experience to your nursing practice now and in the future</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Additional Comments</th>
<th>5 Marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other experience that may enhance learning in the course</td>
<td></td>
</tr>
<tr>
<td>Any other comments that may be pertinent to the course</td>
<td></td>
</tr>
</tbody>
</table>

Student Name: _________________________________________________________________
Course: _______________________________________________________________________
Date: ________________ Instructor/Tutor: __________________________________________