PESS 293
Physical Education and Sports Studies 293
An Introduction to the Movement Activities of Children Ages 5-12

3 CREDITS
3 HOURS PER WEEK

INSTRUCTOR:  Mark Dolmont
Winter Semester, 2013
INSTRUCTOR:  Mark Dolmont

PHONE NUMBER:  (780) 880-3219

E-MAIL:  mark.dolmont@fmcsd.ab.ca

OFFICE NUMBER:  N/A

OFFICE HOURS:  By appointment

I do not have set office hours as I do not have an office at Keyano. If you need to contact me for any reason, please feel free to email or call me and I will get back to you as quickly as possible. Email is probably the best option.

HOURS OF INSTRUCTION:
Monday  6:30 PM – 9:30  Northland Kinesiology Classroom-SSWC

PRE-REQUISITE(S)
None

COURSE DESCRIPTION:
A study of play and other movement activities including games, gymnastics and dance for children will be covered.

COURSE OBJECTIVES:
The student will develop and understanding of the following concepts:

1. Knowledge of the types of movement activities in which children 5-12 years of age engage.

2. An understanding of the characteristics and needs of children participating in movement activities.

3. Knowledge of the opportunities available for participation.

4. Knowledge and understanding of movement concepts with emphasis of their application to a variety of movement activities.

5. Knowledge of ways of assisting children to learn movement activities.
TEXT(S)/MATERIALS REQUIRED:


EVALUATION:

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Percentage</th>
<th>Due Date</th>
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</thead>
<tbody>
<tr>
<td>Assignments</td>
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</tr>
<tr>
<td>Practical Application</td>
<td>15%</td>
<td></td>
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<tr>
<td>Midterm</td>
<td>20%</td>
<td>March 4, 2013</td>
</tr>
<tr>
<td>Final Examination</td>
<td>35%</td>
<td>TBA, 2013</td>
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GRADING SYSTEM:

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>Description</th>
<th>Grade Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>4</td>
<td></td>
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<tr>
<td>A</td>
<td>4</td>
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</tr>
<tr>
<td>A-</td>
<td>3.7</td>
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<tr>
<td>B+</td>
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<td>D+</td>
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<tr>
<td>D</td>
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<tr>
<td>F</td>
<td>Failure</td>
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Students intending to transfer to other institutions require a ‘C-’ as a minimum. Transfer information on each course is available at the Alberta Council on Admission and Transfers.

Students who do not complete all the required work should not expect to pass the course. Students should consult:

http://keyano.ca/current-students/students/exams
IMPORTANT DATES:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 18, 2013</td>
<td>Courses dropped after this date will be designated “W”. (A withdrawal (W) is not reflected in your GPA)</td>
</tr>
<tr>
<td>February 25 - March 1, 2013</td>
<td>Reading Week- No School</td>
</tr>
<tr>
<td>March 4, 2013</td>
<td>Midterm Exam</td>
</tr>
<tr>
<td>March 8, 2013</td>
<td>Courses dropped after this date will be designated “WF”. (A withdrawal failure (WF) counts as a 0 in your GPA)</td>
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<tr>
<td>April 19, 2013</td>
<td>Last day of classes</td>
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<td>April 22-30, 2013</td>
<td>Final Exams</td>
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COLLEGE POLICIES

Equality, Equity and Respect

The Keyano College is committed to providing an environment of equality, equity and respect for all people within the College community. All members of this community are considered partners in developing teaching and learning contexts that are welcoming to all. Faculty, staff, and students are encouraged to use inclusive language to create a classroom atmosphere in which students' experiences and views are treated with equal respect and valued in relation to their gender, ethnic and cultural background, and sexual orientation.

Students should consult:

http://www.keyano.ca/Committees/IRA/Individual_Rights_Policy.asp

Plagiarism and Cheating

Every student expects to be treated and evaluated fairly in a course. Plagiarism and cheating robs everyone of this right.

No student may submit words, ideas or data of another student or person as his or her own in any writing, project, assignment, quiz, electronic presentation, exam etc. Any work used that is not the student's own must be clearly cited as belonging to someone else. There are penalties for using other's work and not citing it. The Student's Rights & Responsibilities document clearly outlines these penalties and the appeal process.

- No learner can obtain information from another student during an exam.
- No learner can bring unauthorized information (paper or electronic) into an exam or quiz.
- No student can submit work done in another course for grading in this course without the written prior approval of the course instructor.
• No student can submit copyright protected or commercially produced materials as part or all of an assignment without proper citation & permission.

TOPICS TO BE COVERED:

Please Note:
This course outline may be modified to facilitate unforeseen time constraints. Date and time allotted to each topic is subject to change.

Theory, discussion, observation and practical work will run concurrently throughout the course. The content listed below will be integrated for presentation rather than considered separately.

1. A study of the movement activities engaged in by children 5-12 years of age.
   a) the types of activities
   b) the content of the activities
   c) the suitability of activities for children within this age group
   d) the development of activities

2. An introduction to the characteristics and needs of children 5-12 years of age.
   a) growth and development; cognitive, affective and psychomotor
   b) age characteristics
   c) the needs of children for physical activity
   d) skill acquisition

3. A brief survey of the opportunities provided for children to participate in movement activities.
   a) agencies that provide programs; the family, private and public organizations
   b) types of program offered and their objectives
   c) basic observational techniques

4. Movement analysis.
   a) basic kinesiological principles and Laban's principles of movement
   b) the application of these principles of observation, activity analysis and task setting.
   c) basic observational techniques

5. The provision of suitable environment and activities for children 5-12 years of age.
   a) suitable toys and equipment for the promotion of activity
   b) natural and man-made environments which encourage activity
   c) climatic considerations
d) ways of helping children learn more about themselves and the activities and
the values of physical activity in their lives.
e) free play, its values and limitations
f) presentation of material
g) organization and progressive development of material
h) modification of adult activities for children

ATTENDANCE:

Regular attendance and participation are expected at all sessions, as much of the information
provided cannot be obtained in any other way than through personal participation.

DRESS FOR PRACTICAL COMPONENT:

Appropriate shorts and shirt and/or track suit. Running shoes will also be needed.
Course Outline

UNIVERSITY STUDIES

PESS 293
An Introduction to the Movement Activities of Children Ages 5-12
Winter, 2013

#3 CREDITS
#3 HOURS PER WEEK

Mark Dolmont, Instructor

January 15, 2013

Reviewed and approved by:

Vincella Thompson, Chairperson

Date

Guy Harmer, Dean

Date