Course Outline

UNIVERSITY STUDIES

PERLS 207
Physical Activity & Leisure for Special Populations
Fall, 2012

3 CREDITS
4 HOURS PER WEEK

INSTRUCTOR: Anna Brake
INSTRUCTOR: Anna Brake

PHONE NUMBER: (780) 791-4824

E-MAIL: Anna.Brake@keyano.ca

OFFICE NUMBER: S213E

OFFICE HOURS:
Tuesday 08:00 – 08:50 AM
Wednesday 08:00 – 08:50 AM
Thursday 12:00 – 12:50 PM

HOURS OF INSTRUCTION:
Monday 03:00 - 03:50 pm Room SSWC
Tuesday 09:00 - 09:50 am - LAB TBA
Wednesday 09:00 - 10:50 am Room SSWC

COURSE DESCRIPTION:
This is an introduction to current trends in theory and practice in physical education and recreation for special groups. The course includes a survey of special populations and their implications for service delivery. Students will be exposed to topics such as: health and wellness activities and practices for persons with a disability and will investigate, research and examine current issues and topics affecting persons with a disability in the subject areas of: terminology and language, inclusion practices, sport and advancements in research.

PRE-REQUISITE(S):

COURSE OUTCOMES:
The student will be able to:
1. To dispel common myths and stereotypes related to special populations and to examine the relationship between attitudes and service delivery.
2. To acquire knowledge about important characteristics of people with a disability or special need(s) and the relationship of these characteristics to the development of services in physical activity and leisure.
3. To introduce the students to the process of integration in the school and community settings.
4. Through the completion of projects and assignments, students will have an opportunity to develop some basic skills and leadership techniques in working with special population.
REQUIRED RESOURCES:

Adapted physical activity, recreation and sport (5th Ed.).
Champaign, IL. Human Kinetics
Winnick, J. (2010).

Other resources:
http://www.pecentral.org
http://www.education.gov.ab.ca/k_12/specialneeds/resources.asp
http://www.paralympics.org

TOPICS TO BE COVERED:

Please Note:
This course outline may be modified to facilitate unforeseen time constraints. Date and time allotted to each topic is subject to change.

Week 1 Introduction to PERLS 207 1hr
Week 2 Attitudes towards disability, Terms and Language 2hrs
(Lecture notes, Ch. 1)
Week 2 Historical Perspectives 1hr
(Ch. 1 and Lecture notes)
Week 2 Program Organization and Management (Ch. 2) 1hr
Week 3 Adapted Sport (Ch. 3) 1hr
Week 3–4 Teaching Instruments for APA 4hrs
(Ch. 4-7, Lecture notes)
Week 5 TEST (Ch. 1 – 7) 1hr
Week 5 Hearing Impairments (Ch. 13) 2hrs
Week 6 Thanksgiving
Week 6 Visual Impairments (Ch. 12) 1hr
Week 6 – 7 Cerebral Palsy, Traumatic Brain Injury, Stroke 3hrs
(Ch. 14)
Week 7–8 Spinal Cord Injury (Ch. 16) 2hr
Week 8 Amputations, Dwarfism and Les Autres (Ch. 15) 2hrs
Week 9 Other Health-Impaired Students (Ch. 17 – 18) 1hr
Week 9 Intellectual and Behavioral Disabilities (Ch. 8 - 9) 2 hrs
Week 10 TEST (Ch. 12 – 18) 1hr
Week 10 Specific Learning Disabilities (Ch. 11) 1hr
Week 11 Statutory Holiday (Remembrance Day)
Week 11-13 Health, Fitness and Activities (Ch. 23-29) 6hrs
Week 13 Paralympic Games/ Special Olympics 2hrs
Week 14 Discussion Practical Experience 1hr
MOODLE 7

Go to http://ilearn.keyano.ca

This course is supported through Moodle 7. Assignments, readings and handouts will be posted on Moodle 7. Login information will be provided by your instructor. For further instructions please see the Moodle 7 handout.

EVALUATION:

Lab/practical  25%

PRACTICAL EXPERIENCE AND LOG (PROJECT AND REPORT):
You are required to work in some form of adapted physical activity or leisure program for a special population for a minimum of 15 hours. Keep a log of all of your work experience as well as your efforts to set up the project, preparation, and your thoughts and feelings. Present my letter and the Work Experience Form to the supervisor(s). This form must be signed by your supervisor. Your final report must include:
1. Your logbook, kept so diligently throughout the project!!
2. The Work Experience Form signed by your supervisor(s) and showing all hours worked.
3. Copies of any reference letters you receive plus any other information that you wish to include.
4. Special Population mini-research paper: Choose a disability or special population relative to the person(s) you are working with in your practicum.
Use at least 3 valuable resources plus your text and any other quality resources that you wish to write your paper. This paper must be 2 to 3 pages in length (1.5-spaced, typed) and must have a complete reference list with any quotes or original ideas being properly cited. Use APA format. It is recommended that the 3 main areas of the paper focus on cause, characteristics, and recommendations for adaptations for physical activity and leisure programs and services.

Assignment 10%

BEING BLIND: For 7 - 10 hours (or more!), be blind; that is, blindfold yourself and move through the College and elsewhere with your partner’s gentle and trustworthy assistance. Be thoughtful and creative in attempting tasks. Also be thoughtful and thorough in your report. AND BE SAFE AS YOU COMPLETE YOUR TASKS
Here are a few important points that you could include in your report:
- length of the assignment
- any activities you performed during you assignment
- describe your experiences and emotions
- How did being blind affect your everyday life, describe differences compared to a "normal" day.

Mid-term 30% (2 tests at 15% each)
Final 35%
GRADING SYSTEM:

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<th>Letter Grade</th>
<th>Description</th>
<th>Grade Points</th>
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<tbody>
<tr>
<td>A+</td>
<td>Excellent</td>
<td>4</td>
</tr>
<tr>
<td>A</td>
<td>Excellent</td>
<td>4</td>
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<tr>
<td>A-</td>
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<td>B+</td>
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<td>D</td>
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<td>F</td>
<td>Failure</td>
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Students intending to transfer to other institutions should strive for a ‘C-’ as a minimum. Transfer information on each course is available at the Alberta Council on Admission and Transfers.

Lab Policy

Attendance is taken at each lab period. It is **MANDATORY** that you attend every lab throughout the term. There will be **5% deduction** from the final lab mark for every missed lab. Students are able to miss one lab with a written reason. I.e. death in the family, extreme sickness. Athletics is NOT a reason to miss labs.

**Students who do not complete all the required work should not expect to pass the course.**

*Students should consult:*
http://www.keyano.ca/current_students/examinations/index.htm

**IMPORTANT DATES:**

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<th>Event</th>
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<tr>
<td>September 18, 2012</td>
<td>Courses dropped after this date will be designated “W”. (A withdrawal (W) is not reflected in your GPA)</td>
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<tr>
<td>October 1, 2012</td>
<td>1st Mid-Term (tentative)</td>
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<tr>
<td>October 26, 2012</td>
<td>Courses dropped after this date will be designated “WF”. (A withdrawal failure (WF) counts as a 0 in your GPA)</td>
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<td>October 29, 2012</td>
<td>Assignment-Report “Being blind” due today</td>
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<td>November 5, 2012</td>
<td>2nd Mid-Term (tentative)</td>
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<td>December 7, 2012</td>
<td>Last day of classes</td>
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<td>December 10-19, 2012</td>
<td>Final Exams</td>
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COLLEGE POLICIES

Equality, Equity and Respect
The Keyano College is committed to providing an environment of equality, equity and respect for all people within the College community. All members of this community are considered partners in developing teaching and learning contexts that are welcoming to all. Faculty, staff, and students are encouraged to use inclusive language to create a classroom atmosphere in which students' experiences and views are treated with equal respect and valued in relation to their gender, ethnic and cultural background, and sexual orientation.

Students should consult:
http://www.keyano.ca/Committees/IRA/Individual_Rights_Policy.asp

Plagiarism and Cheating
Every student expects to be treated and evaluated fairly in a course. Plagiarism and cheating robs everyone of this right.

No student may submit words, ideas or data of another student or person as his or her own in any writing, project, assignment, quiz, electronic presentation, exam etc. Any work used that is not the student's own must be clearly cited as belonging to someone else. There are penalties for using other's work and not citing it. The Student's Rights & Responsibilities document clearly outlines these penalties and the appeal process.

• No learner can obtain information from another student during an exam.
• No learner can bring unauthorized information (paper or electronic) into an exam or quiz.
• No student can submit work done in another course for grading in this course without the written prior approval of the course instructor.
• No student can submit copyright protected or commercially produced materials as part or all of an assignment without proper citation & permission.

Student Rights & Responsibilities
Students should consult the Keyano College Credit Calendar or online at:
http://www.keyano.ca/Media/Collections/Calendars/Keyano.Calendar1112-10-full.pdf

Specialized Supports and Duty to Accommodate
Disability Support Services: Learner Assistance Program
If you have a documented disability or you think that you would benefit from some assistance from a Disabilities Counsellor, please call or visit the Disability Supports Office 780-792-5608 to book an appointment (across from the library). Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of Keyano College. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at Keyano College.

Specialized Supports and Duty to Accommodate
Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation, and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.
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Fall, 2012

3 CREDITS
4 HOURS PER WEEK

Anna Brake, Instructor  Date

Reviewed and approved by:

Vincella Thompson, Chairperson  Date

Guy Harmer, Dean  Date