



**UNIVERSITY OF ALBERTA
COLLABORATIVE BACCALAUREATE
NURSING PROGRAM
KEYANO COLLEGE**

COURSE SYLLABUS

NURSING 395

NURSING PRACTICE VI

October 27 to December 12, 2014

Tutors:

Tania Lysak RN, BScN, MN
Karen Biggar RN, BScN

Revised Sept 2014

NURSING 395

Course Outline

CALENDAR STATEMENT:

NURS 395 Nursing Practice VI *7 (fi 14) (either term, 0-3s-28c in 7 weeks).

Practice focuses on restoration, rehabilitation and support (including health promotion and disease prevention) of clients across the life-span who are experiencing more acute variances in health. Practice occurs in homes, acute care settings, or in community-based settings. Prerequisites: NURS 151, 291, 294, 295. Pre- or co requisite: NURS 390.

COURSE HOURS: LEC: 0 SEM: 21 LABS: 7 CLINICAL: 189

COURSE DESCRIPTION:

This clinical course will provide students with the opportunity to assess community as client, and to work with clients experiencing mental health issues. Students will continue to incorporate health promotion, and all levels of prevention in nursing practice with clients, families, groups and/or aggregates. Nursing practice over a continuous block of time will occur in various community and/or acute care settings.

COURSE OBJECTIVES:

LEVELS OF INDEPENDENCE

In evaluating objectives, the following levels of independence will be used:

With assistance: The student requires direction and information.

With minimal assistance: The student requires *occasional* direction and information.

With guidance: The student requires clarification, prompting and confirmation.

With minimal guidance: The student requires *occasional* clarification, prompting and confirmation.

Independently: The student works mostly on his or her own and seeks information, clarification and consultation as appropriate.

Direction: Clinical tutor tells the student what to do, about what steps to take.

Information: Clinical tutor tells the student specifics about a concept or topic.

Clarification: Clinical tutor, through questioning and feedback, assists the student to state their information in a different and clearer way, often with more details. The student asks questions to increase their understanding; questions asked demonstrate a sound knowledge base.

Prompting: Clinical tutor provides the student with a cue that answer is incomplete or incorrect and how to resolve the lack of information. A prompt is broader than a hint. Prompting is generally used to add breadth or depth.

Confirmation: Clinical tutor provides positive feedback for correct information and direction provided by the student.

Consultation: The student provides clinical tutor with information and/or direction and asks specific questions about the information or direction which the instructor confirms.

Occasional: Indicates that input is provided by clinical tutor now and then.

Students are responsible to familiarize themselves with *Graduate Competencies and Year Outcomes* relevant to Nursing 395. This document serves as the basis for the evaluation of students' clinical practice. These can be found in the Keyano College Student Handbook 2014-2015.

All students must practice in a manner that is consistent with:

- CARNA Practice Standards for regulated Members (2013) and all other CARNA standards
- The CNA Code of Ethics for Registered Nurses (2008)

In addition to maintaining competency with previous course objectives, upon completion of Nursing 395, the nursing student will be able to:

1. Demonstrate, with minimal guidance, the process of self-directed learning, critical thinking, and context-based learning in a variety of community and /or acute care settings.
2. Demonstrate, with guidance, the ability to practice in accordance with Year 3 competencies, as described in the Keyano College Student Handbook 2014-2015.
3. Demonstrate, with minimal guidance, the ability to manage restoration, rehabilitation, and support activities for clients experiencing mental health issues, in a variety of community and/or acute care settings.
4. Demonstrate, with minimal guidance, the ability to provide evidence-based, competent nursing care to clients experiencing more acute variances in health, in a variety of community and/or acute care settings.
5. With guidance, assess the mental health needs of the community as client.
6. Demonstrate the ability to integrate knowledge into clinical practice.

TUTOR GENERAL INFORMATION

Instructor: Tania Lysak RN BScN MN
Office: Nursing Office 187E
Phone: 780-792-5630 (w)
Email: tania.lysak@keyano.ca
Office hours: Mondays 0900-1400

Instructor: Tracy Parker RN BScN
Office: Nursing Office 187F
Phone: 780-791-8906 (w)
Email: karen.biggar@keyano.ca
Office hours: Wednesdays 0900-1400

REQUIRED TEXTBOOKS

Townsend, Mary C. (2012). *Psychiatric mental health nursing, Concepts of Care in Evidence-Based Practice* (7th ed.). Philadelphia: F.A. Davis.
Stanhope, M., Lancaster, J., Jessup-Falcioni, H. & Viverais-Dresler, G. (2011). *Community Health Nursing in Canada* (2nd Canadian ed.). Toronto, ON: Elsevier.

NURSING PROGRAM POLICIES

Please refer to Keyano College Nursing Program Student Handbook for Specific Nursing Program policies and to Keyano College Calendar for general College policies.

Please see College Calendar for an overview of the Student's Rights, Responsibilities, Student Misconduct and Discipline, and the Student Appeal Process.

If a student is absent from the clinical setting due to illness the following must occur:

- **The student will contact their assigned unit;**
- **The student will contact The Nursing Office at 791-4889 and leave a message;**
- **The individual instructor will advise students if and how they wish to be contacted, including the number; and**
- **The Instructor may advise the student to contact the Keyano College Nurse at 791-4808.**

Students not following these requirements will be considered absent without leave and abandoning their patients, this may result in clinical failure

If the student is absent from the clinical setting for other reasons:

- **The student will contact their assigned unit;**
- **The student will contact the Nursing Office at 791-4889 and leave a message; and**
- **The individual instructor will advise students if and how they wish to be contacted, including the number.**

Specialized Supports and Duty to Accommodate:

Disability Support Services: Learner Assistance Program

If you have a documented disability or you think that you would benefit from some assistance from a Disabilities Counselor, please call or visit the Disability Supports Office 780-792-5608 to book an appointment (across from the library). Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of Keyano College.

Specialized Supports and Duty to Accommodate

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.

Overview of Evaluation

1. Nursing Practice		
a. Self-Evaluation of Nursing Practice: (ENP)		60%
b. Communication Analysis Exercise		
2. Mental Health/Illness Exam		40%
4. Medication Calculation Exam		Pass/Fail
	Total	<hr style="width: 20%; margin: 0 auto;"/> 100%

SEMINARS

Seminars will be held on Mondays from 0900-1200. The focus of these seminars will be topics related to course content and provide an opportunity to meet individually with the Tutor. These seminars are **mandatory** unless there is a specific requirement of your community agency that can only be met on Monday's. During the orientation to Nurse 395, the Tutor will provide further details regarding seminars.

LABS

1. Mental Status Assessment:

Demonstrate a full mental status assessment for a client with a mental illness

- Students are to review lab on Mini Mental Status Assessment
 - During orientation information will be shared with students related to beginning assessment of individuals with mental illnesses.
 - During the week of orientation, information on suicide and other related illnesses will be presented. In addition, appropriate interventions for assessment will also be discussed. This information will assist students in meeting objective #2.
 - Utilize the collected assessment data to develop a focused learning plan.
- b. Describe the essential components of a mental status assessment and outline immediate nursing interventions.
- This will be discussed during the orientation of N395 and the acute care clinical orientation.
- c. Describe how to maintain personal and co-worker safety when intervening with clients with mental illness.
- Prior to the beginning of students' acute care mental health experience consideration will be given to concepts of basic personal safety. This will be covered in the acute care orientation.

2. Mental Health Diagnosis

View and discuss presentation of different signs and symptoms of mental illness as well as diagnosis specific communication.

PLEASE NOTE:

In order to successfully pass Nursing 395, students must (a) demonstrate safe, knowledgeable, and ethical behaviors expected of a professional in all nursing practice, lab, home and or community visit experiences (b) complete all the specified learning experiences and assignments.

EVALUATION CRITERIA

1. Nursing Practice (60%)

Acute Care Clinical Experience
Community Experience

- a. **In order to pass Nursing 395, a student must receive 15/24 on the Evaluation of Nursing Practice (ENP) of the mental health experience.**

The student will be responsible to complete a weekly reflection of their experience and insights that week, with the exception of the midterm and the final ENP. These can be emailed or given directly to your respective tutor. Anecdotal notes from the tutor will be documented, discussed and signed by the instructor and the student.

Both a written formative midterm evaluation and a written summative final evaluation will be completed for each student.

Each student is expected to bring a completed reflective self-evaluation to the **final evaluation**. PLEASE DO NOT SIMPLY REGURGITATE THE ENP TERMINOLOGY. **Students are to come to their nursing practice evaluation with a detailed self-reflection of how they met the course objectives. This reflection should include examples and evidence from the literature. Ensure your reflection includes how behaviors expected of a professional were demonstrated in the community and acute care clinical experiences.**

Statements will also reflect on any feedback that has been received. In addition, the student will assign a mark for this component of their nursing practice experience.

The tutor's written evaluation will be added to the student's self-evaluation. Please see the ENP document for the guidelines.

Please Note: The tutor will immediately inform any student who at any time during the clinical experience demonstrates an unsatisfactory clinical performance that is indicative of clinical failure. To facilitate the progress of a student with failing behaviors, a remedial plan will be developed by the tutor in consultation with the student.

Communication Analysis Exercise

- a. The purpose of this assignment is to study the application of therapeutic communication principles and client response. Using appropriate self-awareness, the student will assess the effectiveness of the communication that has occurred.
- b. The process for the assignment is as follows:
 - ❖ Choose a significant real-life interaction involving your client. This interaction should consist of a meaningful, **consecutive**, interactive dialogue involving approximately **6 mutual exchanges** of conversation. These exchanges should be as close to “word for word” as possible and include any relevant body language as well as any other significant non-verbal forms of communication.
 - ❖ Using the format supplied in **Appendix B**, describe your analysis of the content of the interaction as well as the verbal and nonverbal communication. Be sure to include any relevant underlying dynamics and the importance of what is taking place.
 - ❖ The evaluation section should correctly identify the communication technique used for each response and document whether or not it was facilitative or blocking. In addition, if the technique was blocking (non-facilitative) the student should reflect on any alternative techniques/measures that might have made the communication process more therapeutically focused.
- c. The format for the assignment may be completed in columns as outlined in **Appendix B** and should be maximum **8 pages in length**. This exercise is to be completed during the acute care experience and will be incorporated into the ENP mark.

NOTE: This analysis is to be in-depth.

Clinical Client Research: Nursing Diagnoses, Goals and Concept Mapping

As a component of the ENP grade, students will be required **each week** to complete a concept map and **two** relevant nursing diagnoses and corresponding client goals. Concepts of primary health care including health determinants will also be included. Client research is to be submitted to the tutor the first day of clinical and it will be returned each day for revisions based on actual client care. It is the tutor’s expectation that the information will be adequately prepared and documented at the start of each clinical week to serve as a guide for the application of theory to practice. Thus the student should come prepared each week to demonstrate and apply the knowledge they have researched on the client.

Although this client research is not specifically graded, it does directly relate to the clinical grade.

Community Experience Exercise:

The Self-Evaluation of Nursing Practice form includes an expectation that students will participate in a project that targets a **specific aggregate**. The purpose of this project is to give the student experience in identifying an acute or chronic complex mental health issue, and in doing an associated project. Students may work individually or in small groups.

Community:

Evaluation of the student in the community setting will be accomplished through observation of the student by the tutor, weekly reflections by the student and feedback from the community agency. The clinical hours designated for the community experience is 24 hours per week in the community agency.

A summative evaluation will be done during the last week of the four-week community experience. The student, agency representative and tutor will be in attendance for this evaluation. This self-evaluation will include examples and relevant literature to support statements. Statements will also reflect on any feedback that has been received. Goals for further professional development will also be included. This completed evaluation will be brought to the meeting. An in-depth document related to the nature and expectations of the Community Experience is found on Moodle and will be reviewed by the tutor during the week of orientation.

Similar to the Acute Care experience, the Community experience includes an expectation that students will participate in a project that targets an **aggregate** within their respective community agency. The focus on this project is to be on health promotion, disease prevention or a combination of both concepts. Students must consult with the agency and tutor regarding their choice of project. A variety of formats may be used, for example:

- presenting on a selected topic to staff
- carrying out a group activity for clients
- making a poster and doing a presentation
- client teaching.

2. **Mental Health/ Illness Exam (40%)**

A 100 question exam covering a variety of mental health and illness issues. It is strongly recommended students review their required textbook in preparation for this exam.

3. **Medication Administration Safety Screen (Pass/Fail)**

Students will have two opportunities to pass the Medication Administration Safety Screen (MASS) exam at the beginning of each clinical course. Failure to pass the MASS exam at the beginning of a clinical course will require the student to withdraw from the clinical course. **Students may drop a course without academic or financial penalty within the first 1/8 of the course start date. Please refer to the Keyano Student Handbook for further clarification of withdrawal dates.**

Please see the timetable for the date and time of this MASS exam.

Students will have one hour to complete the exam and the pass mark is set at 90%. Calculators may be used during the exam process.

Late Assignments:

Assignments not submitted on the day and time specified will incur a 5% deduction per day including weekends. This will be applied each day until the assignment is received by the instructor. Students can submit assignments by e-mail on weekends, but must provide a paper copy on the first day following the weekend.

**APPENDIX B
COMMUNICATION ANALYSIS WORKSHEET**

Client's Initials: _____

Student's Name: _____

Date: _____

Background Information:

Goal or Purpose:

Client's Verbal Statement and Non-verbal behavior	Client Message (Thoughts)	Client Feeling (Feelings)	Nurse's Thoughts	Nurse's Feelings	Nursing Response	Evaluation
<p>This column should include:</p> <p><u>Verbal Behavior:</u></p> <p>What the client said including tone of voice.</p> <p><u>Nonverbal Behavior</u></p> <p>i.e., the client's actions, facial expressions, mannerisms, and posture changes</p>	<p>Your interpretation of what the client said</p>	<p>Identify underlying feelings as well as those expressed</p>	<p>Demonstrate how you attempt to understand client experience</p>	<p>Identify own feelings in response to client behavior</p>	<p>Accurately documents own statements and describes own nonverbals objectively, critically, and thoroughly</p>	<p>What technique did you use?</p> <p>Was it effective in promoting client:</p> <ul style="list-style-type: none"> • Self exploration • Understanding • Action <p>What alternative response might you have used?</p>

CODE OF **Ethics**

FOR REGISTERED NURSES

Nursing Values and Ethical Responsibilities

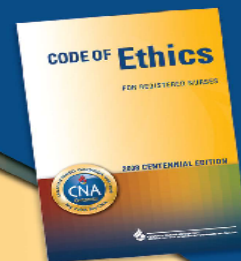
The core ethical responsibilities central to ethical nursing practice are articulated through the code's seven primary values and accompanying responsibility statements. See the code to read the responsibility statements connected with each of these seven values.

1. ***Providing safe, compassionate, competent and ethical care***
2. ***Promoting health and well-being***
3. ***Promoting and respecting informed decision-making***
4. ***Preserving dignity***
5. ***Maintaining privacy and confidentiality***
6. ***Promoting justice***
7. ***Being accountable***



Ethical Endeavours

Ethical nursing practice involves endeavouring to address broad aspects of social justice that are associated with health and well-being. These aspects relate to the need for change in systems and societal structures in order to create greater equity for all. The code contains thirteen statements entitled "ethical endeavours" that are intended to guide nurses in their practice.



TO OBTAIN A COPY OF THE *CODE OF ETHICS FOR REGISTERED NURSES*, VISIT OUR WEBSITE AT

www.cna-aiic.ca



CANADIAN NURSES ASSOCIATION
ASSOCIATION DES INFIRMIÈRES ET INFIRMIERS DU CANADA

Canadian Nurses Association (CNA). (2008). Code of Ethics for Registered Nurses. Ottawa, ON: Author.



**UNIVERSITY OF ALBERTA
COLLABORATIVE BACCALAUREATE NURSING PROGRAM:
KEYANO COLLEGE
EVALUATION OF NURSING PRACTICE (ENP)**

NURSING 395

2014-2015

STUDENT'S NAME: _____

TUTOR'S NAME: _____

NUMBER OF ABSENCES: _____

NURSING 395

EVALUATION OF NURSING PRACTICE

EXCELLENT	VERY	GOOD	SATISFACTORY	UNSATISFACTORY
(4)	GOOD	(3)	(2.5)	(0)
	(3.5)			

- 4: Excellent:**
Student meets the objective at a “Level of Independence” greater than identified on the ENP, all of the time.
- 3.5: Very Good:**
Student meets the objective at a “Level of Independence” greater than identified on the ENP guide, the majority of the time.
- 3: Good:**
Student meets the objective at a “Level of Independence” greater than identified on the guide some of the time.
- 2.5: Satisfactory:**
Student meets the objective at the “Level of Independence” required on the ENP guide.
- 0: Unsatisfactory:**
Student fails to meet the objective at the “Level of Independence” required on the ENP guide.

RC= Relevant Competency – Please refer to the Graduate Competencies and Year End Outcomes Condensed Version 2014-2015 for Year 3.

“Levels of Independence” are found in Nursing 395 Course Syllabus
Failure in any one of the following six sections will constitute a failure in the course. A student must receive 62.5% (15/24) on the ENP in order to pass the course. Each section is worth 4 marks.

- 1. PROFESSIONAL RESPONSIBILITY AND ACCOUNTABILITY**
- 2. KNOWLEDGE - BASED PRACTICE**
- 3. ETHICAL PRACTICE**
- 4. SERVICE TO PUBLIC**
- 5. SELF-REGULATION**
- 6. CONTEXT BASED LEARNING**

RELATED COURSE OBJECTIVE:

Demonstrate, independently or with guidance, the ability to practice in accordance with Year 3 competencies, as described in the document entitled: *Graduate Competencies and Year-End Outcomes Condensed Version*.

RC	1. PROFESSIONAL RESPONSIBILITY AND ACCOUNTABILITY	____/4
1.3	Independently presents a professional image.	
1.3	With minimal guidance, demonstrates accountability for making decisions and the outcomes of those decisions.	
2.3	With guidance, uses effective time management strategies in coordinating care, organizing workload, and setting priorities.	
3.3	With guidance, demonstrates the ability to practice safely and within the limits of own competence and knowledge.	
1.3	With guidance, demonstrates initiative and responsibility to accurately assess and meet own learning needs and implements learning goals to maximize and or improve nursing care.	
3.3 4.3 16.3	Independently understands and ensures personal, client and colleague safety by practicing within the policies and procedures of the agency/organization.	

RELATED COURSE OBJECTIVES :

Demonstrate, with guidance, the ability to provide evidence-based, competent nursing care to clients experiencing more acute variations in health, in a tertiary care center.

Demonstrate the ability to integrate knowledge into clinical practice.

Demonstrate, independently, the ability to use advanced therapeutic/interpersonal

communication skills with patients, staff & peers.

Demonstrate, with minimal guidance, the ability to manage health promotion and prevention activities using advanced skills.

RC	2. KNOWLEDGE - BASED PRACTICE	___/4
10.3	With guidance, applies a critical thinking approach to nursing.	
5.4	With guidance, identifies, develops and engages in strategies for social and political action.	
10.3 18.3	With guidance, uses credible and evidence informed theory and resources to provide competent care.	
19.3 20.3 21.3 23.3	With guidance, identifies appropriate nursing diagnoses from relevant assessment data, sets goals, develops plans for care, and evaluates outcomes in complex and rapidly changing client situations.	
21.3	With guidance, manages multiple nursing interventions in complex, rapidly changing unstable patient conditions.	
20.3	With guidance, recognizes and seeks help in rapidly changing unstable client conditions.	
15.3	With guidance, uses principles of primary health care to anticipate client health problems to manage complex problems and promote continuity of care.	
15.3 27.3	With guidance, collaborates with other members of the interdisciplinary health care team in the delivery of care to the client.	
18.3	With guidance, makes appropriate judgements and sound decisions in management of care based on clear and accurate understanding of rational for care, best practice guidelines and research.	
7.3 8.3	With guidance, applies a knowledge base from nursing and other disciplines concerning current health care issues in adult acute care.	
24.3	With guidance, uses appropriate lines of communication to report significant issues or concerns related to delivery of nursing care and patient/client outcomes.	
24.3	With minimal guidance, produces clear, timely, relevant, and thorough charting / documentation.	

27.3	Independently establishes and maintains effective working relationships and open communication with colleagues.
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RELATED COURSE OBJECTIVE:

Demonstrate, independently or with guidance, the ability to practice in accordance with Year 3 competencies, as described in the document entitled: *Graduate Competencies and Year-End Outcomes Condensed Version*.

RC	3. ETHICAL PRACTICE	___/4
25.3 26.3	With guidance, provides nursing care that respects professional boundaries, and individual rights such as informed consent, confidentiality, client autonomy, and advocacy.	
25.3 26.3	Demonstrates respect for cultural, spiritual, and individual values, beliefs, and opinions of peers, colleagues, and clients.	
25.3	With guidance, identifies potential effect(s) of own values, beliefs, and experiences on relationships with clients, and uses this self awareness to provide competent care.	
25.1	Establishes therapeutic and caring relationships with clients.	

RELATED COURSE OBJECTIVE:

Demonstrate, with guidance, the ability to manage health promotion and prevention activities using advanced therapeutic/interpersonal communication skills, health counselling skills and teaching and learning principles.

RC	4. SERVICE TO PUBLIC	___/4
27.3	With minimal guidance applies principles of therapeutic and professional relationships in establishing rapport with clients/staff and terminating these relationships.	
28.3 29.3	With guidance, demonstrates leadership, management, and administration skills.	

RELATED COURSE OBJECTIVE:

Demonstrate, independently or with minimal guidance the ability to practice in accordance with Year 3 competencies, as described in the document entitled: *Graduate Competencies and Year-End Outcomes Condensed Version*.

RC	5. SELF-REGULATION _____/4
31.3	Independently demonstrate understanding of the CARNA practice standards and competencies in relation to the development of own nursing practice.

RELATED COURSE OBJECTIVE

Demonstrate, independently, the processes of self-directed learning, critical thinking, and group process in utilizing context-based learning in all learning activities.

RC	6. CONTEXT BASED LEARNING _____/4
33.3.1	Independently directs own learning.
33.3.2	Independently uses critical thinking skills to facilitate learning of the group
33.3.3	Independently and effectively uses group process to facilitate learning of the group.
34	With guidance selects, and empowers clients to choose, appropriate strategies to deal with ambiguity and diversity.

N395 TUTOR MID-TERM COMMENTS

1. Professional Responsibility and Accountability
2. Knowledge-Based Practice
3. Ethical Practice
4. Service to Public
5. Self-Regulation
6. Context Based Learning

Tutor's mid-term recommendations for clinical performance development:

Student's mid-term comments for clinical performance development:

Student Name: _____ Signature: _____ Date: _____
Tutor's Name: _____ Signature: _____ Date: _____

Please Note: Student signature on this document denotes that the student has read the evaluation. It does not mean that the student necessarily agrees with all of its content. This information is collected for the purpose of appraising student performances; assigning a course mark; and monitoring student progress according to guidelines established in the *Alberta Freedom of Information and Protection of Privacy Act*.

STUDENT FINAL EVALUATION COMMENTS	
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1. Professional Responsibility and Accountability /4

2. Knowledge-Based Practice /4

3. Ethical Practice /4

4. Service to Public /4

5. Self-Regulation /4

6. Context Based Learning /4

N395 TUTOR FINAL EVALUATION COMMENTS

Professional Responsibility and Accountability	/4
Knowledge-Based Practice	/4
Ethical Practice	/4
Service to Public	/4
Self-Regulation	/4
Context Based Learning	/4

Final recommendations for clinical performance development:

Student Proposed Mark /24

Final Mark /24

Student's Name Signature Date _____

Tutor's Name Signature Date _____

Please Note: Student signature on this document denotes that the student has read the evaluation. It does not mean that the student necessarily agrees with all of its content.

Please Note: This information is collected for the purpose of appraising student performances; assigning a course mark; and monitoring student progress according to guidelines established in the *Alberta Freedom of Information and Protection of Privacy Act*.



Nursing 395 Nursing Practice VI

This course outline has been reviewed and approved by the Program Chair.

Instructor Name, Instructor

Instructor Name, Instructor

Bev Maron, Chair

Date Authorized

Dr. Vincella Thompson, Dean

Date Authorized

Signed copies to be delivered to:

Instructor
Registrar's Office

