UNIVERSITY OF ALBERTA
COLLABORATIVE BACCALAUREATE
NURSING PROGRAM
KEYANO COLLEGE

COURSE SYLLABUS

NURSING 206

Introduction to Nursing Theory II

January 4 2016– April 15 2016

INSTRUCTORS:
Arlene Starkes, BSc, BNRN, MN

Revised 2015/12
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NURSING 206: INTRODUCTION TO NURSING THEORY II
COURSE OUTLINE

CALENDAR STATEMENT:

NURS 206 Introduction to Nursing Theory II ★3 (fi 6) (either term, variable).
Focuses on health promotion and support to individuals in the pursuit of health throughout their lives. A variety of concepts from nursing and other disciplines will be integrated into the overall learning. Students will be initiated into nursing roles with individuals in community, assisted living, and long-term care settings. Prerequisites: NURS 114, 116 and 113. Note: Available only to nursing students in the Collaborative Program.

COURSE HOURS:

Seminar: 39

COURSE DESCRIPTION:

The focus of this course, NURS 206, is advancing students’ knowledge of the promotion of health and the prevention of disease and injury across the life span. Concepts from a variety of nursing and support disciplines will be integrated throughout the course. Students will build on knowledge from NURS 114 and NURS 116 about forms of knowledge and skills essential to the practice of nursing to explore health and variations in health among diverse populations.

INSTRUCTOR INFORMATION

Arlene Starkes
Phone (Office): 780-791-8987
e-mail: arlene.starkes@keyano.ca

OFFICE HOURS

The Instructor is available for student consultation in office from Monday to Friday. Please contact your Instructor at the number above or contact the Nursing Office at (780) 791-4889 to arrange a time.
LEARNING OUTCOMES:

(Based on the anticipated competencies of a second-year nursing student)

Levels of independence:

- **With assistance:** The student requires direction and information.
- **With minimal assistance:** The student requires occasional direction and information.
- **With guidance:** The student requires clarification, prompting and confirmation.
- **With minimal guidance:** The student requires occasional clarification, prompting and confirmation.
- **Independently:** The student works mostly on his or her own and seeks information, clarification and consultation as appropriate.

**Direction:** Instructor tells the student what to do, about what steps to take.

**Information:** Instructor tells the student specifics about a concept or topic.

**Clarification:** Instructor, through questioning and feedback, assists the student to state their information in a different and clearer way, often with more details. The student asks questions to increase their understanding; questions asked demonstrate a sound knowledge base.

**Prompting:** Instructor provides the student with a cue that answer is incomplete or incorrect and how to resolve the lack of information. A prompt is broader than a hint. Prompting is generally used to add breadth or depth.

**Confirmation:** Instructor provides positive feedback for correct information and direction provided by the student.

**Consultation:** The student provides instructor with information and/or direction and asks specific questions about the information or direction which the instructor confirms.

**Occasional:** Indicates that input is provided by instructor now and then.

**Learning Outcomes**

Students are responsible to familiarize themselves with Graduate Competencies and Year End Outcomes Collaborative BScN. Particular attention must be paid to the competencies associated with NURS 206.

By the end of the course, the student is expected to:

1. Demonstrate, with assistance, the processes of self-directed learning, critical thinking, and group process skills in utilizing inquiry learning in all activities.

2. Demonstrate, with minimal assistance, an understanding and application of the nursing process and its components.
3. Demonstrate, with minimal assistance, the ability to use a repertoire of skills for professional and/or therapeutic communication in all learning activities.

4. Integrate knowledge and skills acquired from all teaching and learning experiences (e.g., Anatomy, Physiology, Pathophysiology, Medical Microbiology, Health Assessment), and be able to apply to nursing care situations.

5. Demonstrate a beginning knowledge of the challenges of health and health care of individuals, families and groups in diverse circumstances.

6. Demonstrate an understanding and ability to apply principles of primary health care, health promotion, disease prevention, harms reduction, social determinants of health, global citizenship, health equity, and social justice as relevant to nursing practice through the life span.

7. Demonstrate a beginning knowledge of safety within diversity, including security concepts and cultural know-how.

8. Demonstrate, with assistance, an understanding and application of fundamental aspects of teaching and learning principles.

9. Demonstrate a beginning knowledge of the concepts related to the experience of recovery and rehabilitation.

10. Demonstrate, with assistance, a beginning understanding of critical and feminist perspectives and the ways these perspectives inform nursing knowledge and practice.

**STUDENT CODE OF CONDUCT**

Please refer to the Student Handbook and review the Student Code of Conduct Policy (Policy 110.0), Student Rights Policy (Policy 111.0) and Student Code of Conduct Procedure (110.1). It is expected that you will review and be aware of expectations relative to student rights, responsibilities and behavior.

**NURSING PROGRAM POLICIES**

Please refer to the Nursing Program Student Handbook for specific Nursing Program Policies, including, attendance examinations, withdrawal dates for classes, and plagiarism.

Refer to Keyano College Calendar for Student Rights and Responsibilities, Misconduct and Discipline, and Student Appeal Procedure.

Refer to Appendix D for Keyano College Percentage – Alpha Grading System.
Refer to Appendix A for Context-Based Learning (CBL) Seminar Student and Instructor Roles and Appendix B for Expectations for Instructors and Students in CBL Labs.

Statement on Plagiarism

All students must complete the Plagiarism/Tutorial Certificate found on Moodle. To locate this information, sign into Moodle and on the left side of the page under student the tutorial can be located.

Expectations:
1. Beginning in January 2016 all students must complete this tutorial. The certificate must be shown to the instructor prior to submitting any written assignment. Failure to show the instructor the certificate of completion could result in a late written assignment penalty.

2. If you have completed this tutorial in a University Studies course you can show your instructor the certificate. The tutorial is required to be completed only once during your time at Keyano unless you have left the program and returned.

3. Beginning in September 2016 all new students must complete the plagiarism tutorial.

Late Assignments

All assignments are to be submitted as indicated in the syllabus and timetable. Extensions on assignments may be granted; however, must be negotiated with the Instructor prior to the due date and with a date specified for late submissions. Assignments not submitted on the day and time specified will incur a 5% deduction per day including weekends. This will be applied each day until the assignment is received by the instructor. Students can submit assignments by e-mail on weekends, but must provide a paper copy on the first day following the weekend.

Expectations of Students Writing on-Line Exams

1. Students are responsible for accessing the exam from a location and computer of their choice. The student is responsible for discussing any computer/internet issues with the Instructor at least two days prior to the exam date listed on the course timetable.

2. Quizzes and exams are not open book exams. The quiz or exam is to have been studied for prior to the quiz/exam date and is to be completed independently; that is by oneself, not in collaboration with or company of another person or persons. No photos of quiz/exam questions are to be taken via phones.

3. Once the quiz/exam has started, the student will submit their answers immediately before going on to the next question. The student will not be able review/change answers.

4. Students must ensure they have a reliable internet connection.
5. If students are writing from outside Fort McMurray or in another province, it is the students’ responsibility to ensure the time change is adhered to. That is if the exam is to start at 0900 hours Alberta time and is being written in Ontario, then the time to begin the exam is at 1100 hours Ontario time. It is strongly recommended that students write within Alberta as Moodle may not be supported outside of the province. Students must seek permission from instructor if writing a quiz/exam outside of the province.

6. Time for online quizzes/exams will be strictly adhered to. For example, if a quiz is for thirty minutes it will be open for exactly thirty minutes. The instructor will let the student know the exact time of the quiz/exam. Fourth year students will have access to the NCLEX prep exam for 60-90 minutes after the exam closes in order for review of rationale to occur for questions they answered incorrectly.

7. No grades will be released until the instructor has had time to review the quiz/exam stats. Once the review has been done, the marks will be released. Review of quiz/exam questions in class will be done at the instructors’ discretion.

8. If any arises during the taking of the quiz/exam, the student is to contact the instructor immediately at the time of the issue.

9. It is the responsibility of each student to be familiar with the contents of the Student Code of Conduct. At the beginning of January 2016, it will be mandatory that all students sign a form identifying they have read/or are familiar with the Student Code of Conduct. First, Second, and Third year students will have read or are familiar with the Keyano College Student Code of Conduct. Fourth year students will identify they are familiar with the University of Alberta Student Code of Conduct. Beginning in September 2017, all new students plus students moving from third to fourth year will be mandated to sign the above form(s).

**SPECIALIZED SUPPORTS**

**Disability Support Services**

It is the College’s goal that learning experiences be as accessible as possible. If you anticipate or experience physical or academic barriers based on disability, please let me know immediately so that we can discuss options. You are also welcome to contact Disability Services (780-791-8934) to establish reasonable accommodations.
REQUIRED LEARNING EXPERIENCES

CBL Seminars
   Students will collaboratively work through three (3) Learning Packages using two seminar sessions for each Learning Package. Each seminar will be approximately three (3) hours. Learning packages to be covered in Nursing 206 are:

   1. Melanie Clark
   2. Shannon
   3. Rebecca

Fixed Resource Seminars
   Students are expected to attend the Fixed Resource Seminars as scheduled throughout the course. Additional information relevant to the course or assignments will be presented. For times refer to the Nursing 206 timetable. Please note that material covered in these seminars is testable material.

   1. Parenteral Medication Administration and Use of Glucometers (Theory)
   2. Documentation and Reporting
   3. Safety (elderly & cognitive impairment)
   4. Chronicity
   5. Culture
   6. Nursing Theory – Leininger’s Sunrise Model will be explored
   7. Oxygen Therapy
   8. Isolation Precautions

Lab Activities
   Students will participate in the lab. The lab will be approximately three-hours. Lab attendance, preparedness, and participation are all included in CBL marking. Moodle contains additional details for each lab, including preparation expected prior to attending. Students are expected to dress as indicated in the student handbook. The labs are:

   1. Parenteral Medication Administration and Glucometers

Please Note:
ATTENDANCE IS AN EXPECTATION FOR ALL SEMINAR, LAB, AND FIXED RESOURCE SESSIONS.

REFER TO APPENDIX A AND B FOR STUDENT AND INSTRUCTOR ROLES IN CBL SEMINAR/LAB.
OVERVIEW OF COURSE EVALUATION

Grading for all course evaluation methods will be based on the Four-Point Alpha Grading System.

1. Scholarly Paper 35%
2. Quizzes Online (5) 25% (5% each)
3. Final Examination Online 40%

100%

IN ORDER TO SUCCESSFULLY COMPLETE THIS COURSE, ALL EVALUATION COMPONENTS MUST BE COMPLETED AND SUBMITTED.

COURSE EVALUATION:

Scholarly Paper: - (35%)
Due March 21 2016 at 1200 hours

Support comes in many forms and is provided by many individuals. Gagnon and Waghorn, and Kennell et al. (as cited in Wong, Perry and Hockenberry, 2002) identified that support provided to women is associated with positive obstetrical benefits. Liao, Chen, Chen and Chen (2009) identified that women with suspected breast cancer who received supportive care had a decrease in anxiety during the period in which they were ‘waiting’ for a confirmed diagnosis. Some older adults have excellent ability to adjust, transition, and keep busy, while others struggle more with change. Family involvement and support is a crucial factor in enhancing and facilitating adjustment and helping older adults establish a fulfilling life in their senior years (Brandt, 2000). These are just a few examples to demonstrate that support is important in the lives of many and is associated with positive outcomes.

The purpose of this paper is to explore the concept of support. In doing so, consider how support is defined; who provides support and what type of support is provided by different people/groups. Consider the role nurses play and the effect their role has on patient outcomes.

This scholarly paper must incorporate both research and non-research based literature and is to follow APA format. The length of the paper is to be approximately 8 pages excluding the title and reference pages. The paper will be evaluated based upon the Scholarly Paper Marking Guide (See APPENDIX C).

When submitting papers, students shall attach copies of the reference papers used – these reference papers will be returned.
Quizzes Online: - (25%)

There will be 5 quizzes (5% each). Each quiz will have 20 multiple choice questions which will incorporate the previous scenario and/or any lab and fixed resources covered since the last quiz. The time for completion of each quiz is 30 minutes once started and may be written anywhere with internet access.

Final Exam Online: - (40%)
Friday, April 15th, 2016 (0900 – 1130hrs) Online

This exam will have 100 questions and will incorporate content from all scenarios, fixed resources and labs. The format for the final exam will be multiple choice. The exam can only be written at the listed time, but may be done anywhere with internet access.
**REQUIRED TEXTS**

All texts bought in Year 1 of the Program will be utilized in Nursing 206. Required Texts from Year 2 that will be utilized also include:


APPENDIX A

Context-Based Learning (CBL) Seminar Student and Instructor Roles

Student Role:

1. Students take an active, independent approach to their learning by:
   a. Determining what they need to pursue as learning issues within the Undergraduate Nursing CBL Curriculum
   b. Directing their own inquiry through group process work.

2. Students are committed to the group and willingly share their intellect, knowledge and expertise as demonstrated by their:
   a. Attending scheduled CBL group sessions as a requirement of the undergraduate program.
   b. Being prepared for group sessions by having completed their work assignment previously determined by their group.

3. Students share equally in group roles and responsibilities that facilitate their learning through group process work by:
   a. Helping group members to focus on given situations through reading it aloud.
   b. Recording the learning issues, assumptions and connections made by group (i.e., hypotheses) as well as other public lists of data, graphic representations important to their learning.
   c. Moderating group sessions and keeping track of learning issues and responsibilities for next session.
   d. Keeping track of the time used during group session to ensure the various and necessary activities of CBL group work occur.

4. Students follow through with the analysis and decision-making process associated with CBL situations specifically by:
   a. Identify learning issues within a given situation.
   b. Determine group member assignments needed for pursuing the learning issues.
   c. Individually or collectively complete assignments as planned by group.
   d. Share what has been learned, interpreted and synthesized with entire group.
   e. Participate in the end-of-session review of each CBL situation.
   f. Encourage and support participation of other group members during group sessions.
   g. Appraise credibility of information shared in-group sessions according to sources utilized and cited by group members.
   h. Provide feedback about individual and collective group member performance to group as a whole.
   i. Be open to receiving feedback about own performance and contribution to group process from fellow group members.

5. Students demonstrate respect and responsibility for the resources utilized in pursuing learning issues both in relation to their own needs as well as the needs of other students by:
a. Taking only the resources and materials that are necessary for learning issue being pursued.
b. Returning resources and materials promptly when finished using them.

Instructor Role:

1. In order to facilitate the CBL principle that learning is deliberate, focused and outcome-oriented, the Instructor:
   a. Understands relationship between learning situations under exploration by students and overall goals of the context-based learning curriculum.
   b. Serves as a learning process guide rather than a content expert for students oriented towards learning focused context-based learning outcomes.

2. In order to facilitate the CBL principle that students are active, involved, independent learners, the Instructor:
   a. Guides students through active learning process by asking questions rather than giving instructions thereby stimulating students to:
      i. Discover what it is they do not know or understand
      ii. Determine what they need to learn.
      iii. Determine how they will go about meeting their learning needs.
      iv. Seek credible resources that adequately address their learning needs.
      v. Synthesize information in relation to the demands of the context-based situation.
   b. Encourages students to be critical thinkers through a facilitative process that involves first modeling, then coaching and eventually mostly observing the students in action.

3. In order to facilitate the CBL principle that learning is a deliberate, deep reflective, critical activity, the Instructor:
   a. Challenges rather than confirms all conclusions that students reach, not just those that may be wrong (e.g., “Are there other possibilities you may not have thought of?” “Let’s stop and review our hypothesis again.”)
   b. Encourages students to question their own ideas and hypotheses (e.g., “Do the rest of you agree with that?” “What is the supporting evidence for that idea?” “What do you mean?” “How do you know that’s true?” “Can you please explain that to us?” or, “Why do you want to know that?”)
   c. Probes even after students feel they have learned (e.g., “What does that do for you?” “What does it mean in terms of your ideas about the situation?”)

4. In order to support the development of constructive group dynamics, the Instructor:
   a. Expects and feels comfortable with the various phases of group development.
   b. Uses facilitative communication skills that support task and maintenance group functions.
   c. Fosters discussion patterns in group that involve all students.
   d. Encourages debate and disagreement, among group members.
   e. Supports decision-making process that has the support of all group members.
f. Addresses dysfunctional group behaviors with entire group, constructively exploring how to reduce the negative effects on group progress.
g. Models constructive ways of giving others feedback about their contributions to group process.

5. In order to facilitate evaluation of student seminar performance, the Instructor:
a. Reviews and clarifies overall program goals with those of each context-based learning situation.
b. Helps students’ articulate personal learning objectives and the means by which to evaluate whether and how well each of those objectives is attained.
b. Provides constructive feedback to students throughout learning process identifying both what has been as well as what remains to be achieved by student.
c. Prepares an evaluative report for each student indicating whether the expected seminar learning outcomes for a given term have been achieved.

6. Respecting learner needs that are both individually unique and common to groups of students, the Instructor:
a. Helps students realize that each one comes to the group with valuable skills and experiences.
b. Listens to student concerns with open verbal/non-verbal communication behaviours.
c. Supports students on a personal level, building them up not putting them down.
d. Encourages during periods of frustration thus encouraging students to believe in their capabilities.
e. Is open to variation as well as commonalities in life experience; accepts differences in opinion.
f. Attends to group process in seminars/labs with interest and enthusiasm so that students feel what they are experiencing matters.
g. Is flexible in scheduling time to meet with students outside of usual seminar times.

7. In order to create a climate of trust in a seminar setting, the Instructor:
a. Both models and supports individual risk-taking behaviours reflecting moves from comfortable to new positions and roles.
b. Respects the behaviors and roles assumed by group members.
c. Asks group for permission before assuming leadership role in group process work.
d. Follows words, promises and commitments through with actions.
e. Models willingness and ability to identify personal strengths and weaknesses that influence group functioning.
APPENDIX B

Expectations for Instructors and Students in CBL Labs

Instructors Role: Context-Based Learning Labs

In the labs, Instructors are expected to:

• Continue to facilitate the principles of context-based learning as outlined in the document Instructor Role: Context-Based Learning Seminar Sessions.
• Guide students through an active learning process in a lab situation by asking questions rather than giving instructions.
• Ask questions, which stimulate the student to assess/critique/appraise, what they do not know /understand regarding skills in the lab.
• Assist the students to consider the rationale for skills learned in the lab.
• Assist the students to use research-based evidence in the development of their skills in the lab.
• Assist the students to use the principles involved with skills in lab situations.
• Motivate students to seek resources that will support their learning about lab skills.
• Act as a role model within the lab setting.
• Evaluate students’ abilities to perform skills in the lab setting (e.g. OSCE’S).
• Continue to support the ongoing development of constructive group dynamics.
• Respect students as learners who have different learning styles.
• Create and foster a climate of trust within the group in the lab setting.

Student Role: Context-Based Learning Labs

In the labs in CBL, students are expected to:

• Continue to demonstrate an increased understanding of the principles of context-based learning (as outlined in the document Criteria for Evaluation of Student Behaviors in CBL).
• Progress through an active learning process in a lab situation by asking questions rather than seeking a demonstration.
• seek resources that will support their learning about lab skills (the students are expected to come to the labs prepared
• Ask questions, which will allow them to assess/critique/appraise what they do not know /understand regarding skills in the lab.
• Consider the rationale for skills learned in the lab.
• Apply research-based evidence to the development of their skills in the lab.
• Be involved in the ongoing development of constructive group dynamics.
## APPENDIX C

### Scholarly Paper Marking Guide

**Student Name:** ____________________________________________________

<table>
<thead>
<tr>
<th>Category</th>
<th>Evaluation</th>
<th>Weighting (%)</th>
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<td>• Identifies relevance to nursing practice</td>
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<td>Review of literature</td>
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<td>Discussion</td>
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<td>Implications for nursing practice</td>
<td>• Identifies future directions</td>
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<td>Recommendations</td>
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<td>Conclusion</td>
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<td>• Application (Year 2)</td>
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<td>o Explained how the concept/issue is applicable in nursing practice.</td>
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<td>o Demonstrated, with supporting exemplars the application of the concept/issue in a specific nursing practice situation.</td>
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Final Mark: _____________

Instructor Comments:
_______________________________________________________________________________________
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# APPENDIX D

## Keyano College Percentage – Alpha Grading System

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<thead>
<tr>
<th>Descriptor</th>
<th>Percentage Scale</th>
<th>Alpha Scale</th>
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<td>Excellent</td>
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<td>90-95</td>
<td>A</td>
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<td></td>
<td>85-89</td>
<td>A-</td>
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<tr>
<td>Good</td>
<td>80-84</td>
<td>B+</td>
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<td>76-79</td>
<td>B</td>
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<td>72-75</td>
<td>B-</td>
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<tr>
<td>Satisfactory</td>
<td>68-71</td>
<td>C+</td>
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<td></td>
<td>64-67</td>
<td>C</td>
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<td>Minimum Pass</td>
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<tr>
<td>Failure</td>
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Nursing 206
Introduction to Nursing Theory II

This course outline has been reviewed and approved by the Program Chair.

Arlene Starkes, Instructor

Bev Maron, Chair

Vincella Thompson, Dean

Signed copies to be delivered to:
Instructor
Registrar’s Office

Date Authorized

Date Authorized

Date Authorized