Health Care Aide 114

Meeting Complex Care Needs


COURSE OUTLINE

Instructor:
Barb Reitz
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HEALTH CARE AIDE 114

COURSE OUTLINE

CALENDAR STATEMENT

This course will provide the student with knowledge related to keeping the client’s joints exercised through range of motion exercises. The student will also learn skills necessary for supporting care activities such as ostomy care, respiratory and catheter care, specimen collection, wound care and measuring vital signs, pain, height and weight.

Prerequisites: HCA 110, HCA 111, HCA 112, HCA 113

COURSE HOURS

TOTAL HOURS: 41             LECTURE: 17.5 Hours         LAB 23.5 Hours           CREDITS: 1

COURSE DESCRIPTION

The skills introduced in this course are sometimes referred to as advanced skills for health care aides. HCA skills for supporting care activities such as ostomy care, respiratory care, catheter care, and tube feeds are taught in this course.

TUTOR INFORMATION

Instructor: Barb Reitz
Phone (Office):  
E-mail:  
Office Hours:
GENERAL LEARNING OUTCOMES

Upon successful completion of this course, you will be able to meet or exceed the following:

1. Integrate knowledge of the integumentary system with the goal of safely maintaining client skin integrity.

2. Integrate knowledge of the musculoskeletal system with range of motion (ROM).

3. Integrate knowledge of the digestive system with client care relating to nasogastric tubes, gastrostomy care, and tube feeding.

4. Integrate knowledge of the urinary system with the safe care of clients with urinary catheters.

5. Integrate knowledge of the digestive and urinary systems with the goal of safe care of clients with ostomies.

6. Integrate knowledge of the circulatory, respiratory, and nervous systems when measuring clients’ vital signs.

7. Integrate knowledge of IPC with assistance with specimen collection.

8. Integrate knowledge of the respiratory system when caring for the client requiring assistance with respiratory care and oral suctioning.

Instructional Methods

- This course uses a variety of teaching/learning methods including: discussion, experiential exercises, learner presentations, role-plays, case studies, lectures, reflection, lab demonstration and practice, and group activities. These course activities provide the opportunity for learners to learn with and from others who are undergoing a similar learning experience.

- The course emphasizes pre-class preparation, participation in interactive classes, and post-class reflection and review. The learner is expected to take an active part in class discussions and take responsibility for his/her own learning. The instructor’s role is to facilitate learning.
HEALTH CARE AIDE PROGRAM POLICIES

Please refer to Keyano College Health Care Aide Handbook for specific Health Care Aide Program policies and to Keyano College Calendar for general College policies.

Please review the Keyano College Nursing Program Policy on Clinical Attire, which is outlined in the student handbook. The following are required items for clinical: nametag, health centre ID, watch, penlight, black pen, bandage scissors and stethoscope.

LATE POLICY FOR ASSIGNMENTS

All assignments are to be passed in at the time and place they are due. Please see timetable. Extensions on assignments may be granted and must be negotiated with the tutor prior to the due date and with a date specified for late submissions. If prior arrangements are not made, a penalty of a letter grade for each working day that an assignment is submitted after the due date will be deducted from the final grade i.e. an assignment graded at B would receive an adjusted grade of B- if handed in one day late; if two days late, the grade is adjusted to C+ etc.

SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE

DISABILITY SUPPORT SERVICES: LEARNER ASSISTANCE PROGRAM

If you have a documented disability or you think that you would benefit from some assistance from a Disabilities Counselor, please call or visit the Disability Supports Office 780-792-5608 to book an appointment (across from the library). Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of Keyano College. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at Keyano College.

SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.
OVERVIEW OF LEARNING EXPERIENCES

Course Modules

This course consists of the following units:

**Module 1:** Range of Motion  
**Module 2:** Assist with Wound Care  
**Module 3:** Assist with Naso-gastric, Gastrostomy and Tube Feeds  
**Module 4:** Assist with Urinary Catheters and Drainage Systems  
**Module 5:** Assist with Ostomy Care  
**Module 6:** Measuring vital signs, Pain, Height and Weight  
**Module 7:** Assist with Specimen Collection  
**Module 8:** Assisting with Respiratory Care and Oral Suctioning

REQUIRED TEXTS


Access to the Internet
OVERVIEW OF COURSE ASSESSMENT

Midterm

The mid-term exam is cumulative from module 1-5, meaning that it tests all the knowledge and content you have learned up and including module 5. It is a multiple choice exam with 40 questions. Your responses must be made on the bubble sheet (provided by your instructor or tutor).

Final Exam

The final exam is cumulative, meaning that it tests your knowledge of the content of the entire course. It is a multiple-choice exam with 60 questions. Your responses must be made on the bubble sheet (provided by your instructor or tutor).

DISTRIBUTION OF MARKS

<table>
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<th>THEORY</th>
<th>Date</th>
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<tbody>
<tr>
<td>Midterm Exam</td>
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<td>Demonstrate course knowledge from module 1-5 inclusive</td>
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<tr>
<td>Final Exam</td>
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PASSING LEVEL AND GRADING SCALE

This is a combined theory course. Learners must complete all examinations to receive a final theory grade. Learners will be allowed one rewrite of exams to raise their theory grade.

To receive credit for HCA 114, a learner must achieve each of the following:

- A minimum overall grade of 2.3 (C+) or 70%

Refer to the Health Care Aide Handbook for information regarding grading scale, extensions, and other program standard practices.
Important Additional Information

Note to all students: It is the student’s responsibility to retain course outlines for possible future use in support of applications for transfer credit to other educational institutions.