



## **Health Care Aide 113**

### **Providing Client Care and Comfort**

**October 10, 2017 – October 26, 2017**

## **COURSE OUTLINE**

Instructor:  
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## Table of Contents

CALENDAR STATEMENT .....	4
COURSE HOURS .....	4
COURSE DESCRIPTION .....	4
TUTOR INFORMATION .....	4
GENERAL LEARNING OUTCOMES .....	5
INSTRUCTIONAL METHODS .....	5
HEALTH CARE AIDE PROGRAM POLICIES .....	6
LATE POLICY FOR ASSIGNMENTS .....	6
SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE .....	6
DISABILITY SUPPORT SERVICES: LEARNER ASSISTANCE PROGRAM .....	6
SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE .....	6
OVERVIEW OF LEARNING EXPERIENCES .....	7
REQUIRED TEXTS .....	7
OVERVIEW OF COURSE ASSESSMENT .....	7
DISTRIBUTION OF MARKS .....	8
PASSING LEVEL AND GRADING SCALE .....	8

## HEALTH CARE AIDE 113

### COURSE OUTLINE

#### CALENDAR STATEMENT

The student will learn to safely bath a client in the bed, tub and shower. Bed making skills, assisting with elimination and meals will be introduced. Body mechanics for both client and staff will be emphasized. Infection prevention and control guidelines and safety measures to prevent slips, trips, falls and accidental scalding will be introduced.

*Prerequisites: HCA 110, HCA 111, HCA 112,*

#### COURSE HOURS

TOTAL HOURS: **63**      LECTURE: 28 Hours      LAB 35 Hours      CREDITS: 2

#### COURSE DESCRIPTION

During this course you will learn the basic care skills that will allow you to give safe and efficient care to your clients. Providing personal grooming and hygiene care to your clients is an intimate and highly personal experience. During the theory and lab elements of this course you will learn to approach this care in a professional and compassionate manner.

#### TUTOR INFORMATION

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## GENERAL LEARNING OUTCOMES

Upon successful completion of this course, you will be able to meet or exceed the following:

- 1.1 Identify safe techniques for dressing and undressing clients.
- 1.2 Identify causes and signs of skin breakdown and pressure sores, and describe basic skin care to prevent skin breakdown.
- 1.3 Explain the purpose of back rubs.
- 1.4 Describe appropriate oral care techniques for conscious and unconscious clients.
- 1.5 Describe appropriate personal hygiene practices.
- 1.6 Examine best practices while bathing.
- 1.7 Integrate knowledge of urinary system and the structure and function of the bowel to assist with elimination.
- 1.8 Demonstrate the best practice principles of bed making.
- 1.9 Integrate knowledge of the musculoskeletal and nervous systems with mobility, positioning, transfers, and lifts.
- 1.10 Demonstrate best practice principles to meet a client's nutritional needs.

## Instructional Methods

- This course uses a variety of teaching/learning methods including: discussion, experiential exercises, learner presentations, role-plays, case studies, lectures, reflection, lab demonstration and practice, and group activities. These course activities provide the opportunity for learners to learn with and from others who are undergoing a similar learning experience.
- The course emphasizes pre-class preparation, participation in interactive classes, and post-class reflection and review. The learner is expected to take an active part in class discussions and take responsibility for his/her own learning. The instructor's role is to facilitate learning.

## **HEALTH CARE AIDE PROGRAM POLICIES**

Please refer to Keyano College Health Care Aide Handbook for specific Health Care Aide Program policies and to Keyano College Calendar for general College policies.

Please review the Keyano College Nursing Program Policy on Clinical Attire, which is outlined in the student handbook. The following are required items for clinical: nametag, health center ID, watch, penlight, black pen, and bandage scissors.

## **LATE POLICY FOR ASSIGNMENTS**

All assignments are to be passed in at the time and place they are due. Please see timetable. Extensions on assignments may be granted and must be negotiated with the tutor prior to the due date and with a date specified for late submissions. If prior arrangements are not made, a penalty of a letter grade for each working day that an assignment is submitted after the due date will be deducted from the final grade i.e. an assignment graded at B would receive an adjusted grade of B- if handed in one day late; if two days late, the grade is adjusted to C+ etc.

## **SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE**

### **DISABILITY SUPPORT SERVICES: LEARNER ASSISTANCE PROGRAM**

If you have a documented disability or you think that you would benefit from some assistance from a Disabilities Counselor, please call or visit the Disability Supports Office 780-792-5608 to book an appointment (across from the library). Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of Keyano College. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at Keyano College.

### **SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE**

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.

## OVERVIEW OF LEARNING EXPERIENCES

### Course Modules

This course consists of the following units:

**Module 1:** Client Grooming and Personal Hygiene

**Module 2:** Bathing the Client

**Module 3:** Assisting with Elimination

**Module 4:** Bed Making

**Module 5:** Assisting with Client Mobility

**Module 6:** Positioning, Transfers and Lifts

**Module 7:** Assist at Mealtimes

## REQUIRED TEXTS

Sorrentino, S.A., Remmert, R., & Wilk, M.J. (2013). *Mosby's Canadian textbook for the support worker* (4<sup>th</sup> Ed.). Toronto, ON: Elsevier.

Sorrentino, S.A., Remmert, R., & Wilk, M.J. (2013). *Mosby's Canadian textbook for the support worker* (4<sup>th</sup> Ed.). Toronto, ON: Elsevier. Work book to accompany.

Access to the Internet

## OVERVIEW OF COURSE ASSESSMENT

### Skills Demo

Students are required to demonstrate and perform the skills that they have learned so far in the lab setting. This is a scenario based demonstration and is pass/fail; the student will have a second attempt to pass the demonstration if they are not successful the first time.

## Final Exam

The final exam is **cumulative**, meaning that it tests your knowledge of the content of the entire course. It is a multiple-choice exam with 60 questions. Your responses must be made on the bubble sheet (provided by your instructor or tutor) or written on Moodle.

## DISTRIBUTION OF MARKS

THEORY			DATE
<b>Skills Demo</b>	Students Demonstrate skill knowledge to date in the lab setting	<b>P/F</b>	<b>Oct 25</b>
<b>Final Exam</b> cumulative; multiple choice	Demonstrate knowledge of course content	<b>100%</b>	<b>Oct 26</b>
		<b>Total</b>	<b>100%</b>

## PASSING LEVEL AND GRADING SCALE

This is a combined theory course. Learners must complete **all** examinations to receive a final theory grade. Learners will be allowed one rewrite of exams to raise their theory grade.

To receive credit for HCA 113, a learner must achieve each of the following:

- A minimum overall grade of 2.3 (C+) or 70%

Refer to the Health Care Aide Handbook for information regarding grading scale, extensions, and other program standard practices.

## Important Additional Information

**Note to all students:** It is the student's responsibility to retain course outlines for possible future use in support of applications for transfer credit to other educational institutions.