

NURS 323, Community Nursing Through the Lifespan

★9 (fi 18) (either term, 2-14c-2)

Lecture: 16 hours, Lab: 16 hours, Clinical: 192 hours

The course covers theories, ethics and evidence-informed approaches to community health nursing including primary health care, population health, health maintenance and promotion, and disease and injury prevention. It includes exploration of concepts of community-based assessment, planning, intervention and evaluation with community-as-client. The practicum portion of the course includes a variety of community settings. Nursing practice will include health assessment and interventions for clients throughout the lifespan and care continuum. Course includes 192 clinical hours total. Note: Available only to nursing students in the Collaborative/Honors Program or Bilingual Program.

Prerequisites: NURS 216, NURS 224 (or NURS 307), and NURS 225 (or NURS 308).

Instructor

Nursing Instructor- Lecture, Groups L1 & L3

Chelsea Cleary

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Nursing Instructor- Groups L2 & L4

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Office Hours

By appointment only

Communication

It is the students' responsibility to ensure that they check Moodle courses at minimum of twice daily, once in morning and evening. It is recommended to check more frequently. Instructors will communicate with the student group by announcements in the news forum on Moodle. It is the students' responsibility to ensure thorough review of all resources and content on the Moodle course site. The instructors have placed many resources and documents to ensure the students' success in each course.

It is the students' responsibility to check their Keyano College email at minimum of twice daily, once in morning and again in evening. It is recommended to check email more frequently. Please note that the method to contact your instructor is email. Please allow a 48 hour minimum response time from your instructor on business days. Instructors will not be checking emails on evenings and weekends/holidays. Do not text or call your instructor unless you will be absent for clinical that day; inquiries related to assignments and course content must be sent in an email to your instructor.

Hours of Instruction

See Timetable

Required Resources

All students will be required to have access to the previously purchased Elsevier bundle. This includes access to the required textbook along with the Nursing Concepts Online platform.

Students are required to have appropriate clinical attire and supplies per the BScN Student Handbook.

Canadian Nurses Association. (2017). *Code of ethics for registered nurses*. Ottawa, ON. Retrieved from: <https://www.cna-aiic.ca/~media/cna/page-content/pdf-en/code-of-ethics-2017-edition-secure-interactive>

College and Association of Registered Nurses of Alberta. (2019). *Entry-level competencies for the practice of registered nurses*. Edmonton, AB: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/standards/entry-to-practice-competencies-for-the-registered-nurses-profession.pdf?sfvrsn=15c1005a_16

College and Association of Registered Nurses of Alberta (2010). *Ethical decision-making for registered nurses in Alberta: Guidelines and recommendations*. Edmonton: Author. Retrieved from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/RN_EthicalDecisions_May2010.pdf

Course Outcomes

Upon successful completion of the course, the student shall be able to:

- 1) Explore, apply, and integrate theory, ethics and evidence informed approaches for community health nursing.
- 2) Identify, integrate, and practice primary health care, population health, health promotion and maintenance, and illness and injury prevention approaches with community as client.
- 3) Explore and practice the nursing process in a community context and setting.
- 4) Practice and integrate health assessment and nursing interventions for clients throughout the lifespan and care continuum within a community context.
- 5) Articulate and perform, as appropriate, the role of the community health nurse in promoting the health of individuals, families, groups, communities, and populations.
- 6) Demonstrate safe, ethical, and collaborate practice with childbearing families in diverse settings
- 7) Demonstrate performance of selected health assessment skills with:
 - a. Women during pre-conception, pregnancy, birth and post-partum
 - b. Newborns, infants, and children
- 8) Demonstrate integration of evidence-informed knowledge from previous and concurrent nursing courses in clinical, lab, and simulation settings.

Evaluation

Focused Learning in Community & Care of the Childbearing Families			
Assignments/Course components	Dates	Weight	Course objectives no.
1) Clinical Assessment Tool	See Timetable	Pass/Fail	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
2) Weekly Reflections	See Timetable	Pass/Fail	1, 2, 3, 5, 6, 8, 9
3) Public Health Concept Maps	See Timetable	Pass/Fail	1, 2, 4, 6, 8, 9, 10
4) Medication Administration Proficiency Exam	See Timetable	Pass/Fail	6, 7, 8, 9, 10
5) Quizzes	Throughout Course	Pass/Fail	1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Students must achieve a pass in all assignments and course components to pass this course. A failure in submitting any assignment or course component will result in an overall failure in the course.

1) Clinical Assessment Tool

The Clinical Assessment Tool (CAT) is used to evaluate students' performance in the clinical setting. Students will be evaluated in accordance with the criteria outlined in the CAT. Student performance will be evaluated through direct and indirect observations by the clinical instructor and/or co-assigned staff, peers, or other faculty. Students are expected to be adequately prepared for clinical in order to deliver safe, knowledgeable, and ethical care to assigned clients; this includes client research, prioritizing and planning care, and competency with psychomotor skills. Students who fail to meet any component of the CAT will fail the course. Students who are demonstrating unsatisfactory clinical performance will be informed immediately by their instructor and a collaborative learning plan will be developed within 24 hours. Students who do not meet the required learning outcomes will receive a failing grade in the course. Students requiring a learning plan are not eligible to withdraw from a clinical course.

2) Weekly Reflections

Students will be required to submit a written reflection on a clinical experience they encountered during their week. Critical Reflections are NOT a summary of an activity or an emotional outlet. The goal of these papers is to articulate a change in your thinking about a subject and thereby a change in your behavior. Critical self-reflection must be written in a scholarly format, APA formatted, and include evidence from the literature. *See the Guideline for Writing Critical Reflections on Moodle.*

3) Public Health Concept Maps

Students will create three concept maps and care plans in preparation for Well Child visits at ages 2 months, 6 months, and 12 months. Concept maps must be comprehensive and include relevant health promotion information for each age group. *Concept maps must fit onto one page, but font can be small.*

Each concept map must include the following information:

- Age
- Growth: Height/length, weight, head circumference
- Vital signs
- Developmental theories
- Developmental Milestones (fine motor, gross motor, social/emotional, cognitive)
- Immunizations (What is due, what it protects against, route, dose, fit to immunize questions, anaphylaxis, side effects, after care)
- Nutrition
- Elimination

- Skin care
- Sleep
- Self-concept
- Safety (SIDS, car seats, cords/strings, cribs, toys, soothers, bottles, clothing, environment)
- Family
- Sexuality
- Primary health care principles
- Community resources (in person and online)
- Determinants of health

4) Medication Administration Proficiency Exam

The MAPE demonstrates that a student is proficient in safe medication administration in the clinical setting. Students are required to obtain a grade of 90% (27/30) on the MAPE in order to proceed into the clinical setting. Students who are unsuccessful will be given the opportunity to rewrite the MAPE. Students who are unsuccessful on the MAPE write/rewrite, the student can administer medications under direct supervision until successful completion of the MAPE. Students are given a maximum of three (3) attempts to pass the MAPE. Students who are unsuccessful after three attempts will be awarded a grade of F for the course and will be unable to complete the clinical component as this reflects the student is unable to safely administer medications.

The MAPE will cover content from Unit 1, 2, 3 and 4. Respondus and Lockdown Browser will be used for this exam.

5) Quizzes

Three quizzes are available on Moodle. Students must achieve at least 60% on at least one of the quizzes located on Moodle. Quizzes can be completed anytime throughout the course; however, these quizzes will cover all lecture content so students are encouraged to study prior to writing. Quizzes are not open book and Respondus Lockdown Browser will be used.

All of these requirements must be met by the end of the course to achieve a PASS.

Late Assignments

All assignments are to be submitted as indicated in the syllabus and timetable. Extensions on assignments may be granted; however, must be negotiated with the Instructor prior to the due date and with a date specified for late submissions. Assignments not submitted on the day and time specified will incur a 5% deduction per day including weekends. This will be applied each day until the assignment is received by the instructor. Students can submit assignments on Moodle on weekends.

If the student does not submit an assignment by course end date and prior to the final exam date, a zero will be given for that assignment.

Students MUST submit all assignments in order to pass the course. If an assignment is not submitted before aforementioned deadlines, the student will receive a failing grade of an F in the course.

Plagiarism

The Plagiarism Tutorial below must be completed within the first week of class. Please send your certificate of completion to your instructor via Keyano Mail.

<https://www.indiana.edu/~academy/firstPrinciples/choice.html>

Deferrd Final Exams

A student who has missed a final exam because of incapacitating mental and/or physical illness, severe domestic affliction or for circumstances as described in Keyano College's Examination Policy in the Credit Calendar. Students are required to follow the process outlined in the policy should they wish to apply for a

deferred exam.

Grading System

This course is a pass/fail course. Failure to complete any of the required components to a satisfactory level will result in failure of the course.

Proposed Schedule

See the class schedule, topics, and readings as attached.

Please Note:

Date and time allotted to each topic is subject to change.

Performance Requirements and Student Services

Student Responsibilities

It is your responsibility as a student to contact the Office of the Registrar to complete the forms for Withdrawal or Change of Registration, and any other forms. Please refer to the list of important dates as noted in the Academic Schedule in the [Keyano College credit calendar](#). The Keyano College credit calendar also has information about Student Rights and Code of Conduct. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Code of Conduct Policies.

Student Attendance

Class attendance is useful for two reasons. First, class attendance maximizes a student's learning experience. Second, attending class is a good way to keep informed of matters relating to the administration of the course (e.g., the timing of assignments and exams). Ultimately, you are responsible for your own learning and performance in this course.

It is the responsibility of each student to be prepared for all classes. Students who miss classes are responsible for the material covered in those classes and for ensuring that they are prepared for the next class, including the completion of any assignments and notes that may be due.

Academic Misconduct

Students are considered to be responsible adults and should adhere to principles of intellectual integrity. Intellectual dishonesty may take many forms, such as:

- Plagiarism or the submission of another person's work as one's own;
- The use of unauthorized aids in assignments or examinations (cheating);
- Collusion or the unauthorized collaboration with others in preparing work;
- The deliberate misrepresentation of qualifications;
- The willful distortion of results or data;
- Substitution in an examination by another person;
- Handing in the same unchanged work as submitted for another assignment; and
- Breach of confidentiality.

The consequences for academic misconduct range from a verbal reprimand to expulsion from the College. More specific descriptions and details are found in the Student Rights and Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Code of Conduct Policies.

In order to ensure your understanding of the concept of plagiarism, [you must successfully complete the online tutorial found on ilearn.keyano.ca. Then print the certificate, sign it, and show it to each of your instructors.](#) Your course work may not be graded until you show this signed certificate.

Specialized Supports

The Student Services Department is committed to Keyano students and their academic success. There are a variety of student supports available at Keyano. Due to the continuing situation with the Covid-19 pandemic, the offered support services will be implemented through a model to respond to the restrictions in force at the time. In-person and virtual services will be offered. All Alberta Health Services guidelines will be followed for in-person appointments—wear a mask, maintain two meters of physical distance, use hand sanitizer, and stay home if you are unwell.

All student services are available during Keyano business hours: Monday to Friday, 8h30-16h30. The College is closed for statutory holidays. If you require support outside of regular business hours, please inform the support service team, and we will do our best to accommodate your needs.

Accessibility Services: provides accommodations for students with disabilities. Students with documented disabilities, or who suspect a disability, can meet with a Learning Strategist to discuss their current learning barriers and possible accommodations. Students who have accessed accommodations in the past are encouraged to contact us to request them for the semester. Please note that requesting accommodations is a process and requires time to arrange. Contact us as soon as you know you may require accommodations. For accessibility supports and to book an appointment, please contact accessibility.services@keyano.ca.

Accessibility Services also provides individual and group learning strategy instruction for all students, as well as technology training and supports to enhance learning. Meet with a Learning Strategist to learn studying and test-taking strategies for online classes. Schedule an appointment with the Assistive Technology Specialist to explore technology tools for learning. Book an appointment today by emailing accessibility.services@keyano.ca

Wellness Services: offers a caring, inclusive, and respectful environment where students can access free group and individual support to meet academic and life challenges. Mental Health Coordinators offer a safe and confidential environment to seek help with personal concerns. Students may access services virtually and in-person.

Wellness Services welcomes students to participate in any of the group sessions offered throughout the academic year addressing topics including mindfulness and test anxiety.

Individual appointments can be made by emailing wellness.services@keyano.ca.

Library Services: provides students with research and information supports as they engage in their studies. Library staff are available to support you both online and in-person throughout the semester. For a detailed list of library supports and services, go to www.keyano.ca/library. For all inquiries, please email askthelibrary@keyano.ca or chat with us online.

Begin your research with the [Library's FIND page](#). Search for information and sources for your assignments using the OneSearch, the Library's Catalogue, or by searching in a specific database selected from the [A-Z Database List](#).

Individual support with us is available. For support with citations, research and other information needs, appointments can be booked using the online [Book A Librarian Calendar](#). For support with Moodle, educational tools for assignments, Microsoft Office, Zoom, Teams and more, book an appointment using the online [Educational Technology Support Calendar](#).

Research and subject guides are helpful resources when beginning your research, assignment, using new educational technology, or addressing other information needs. To view a subject or course-specific guide, check out the complete listing of online [Subject Guides](#).

To access additional research resources, including Citation Guides (APA, MLA, Chicago, or IEEE), go to the [Research Help Library page](#).

The Loanable Technology collection is available to support students in their learning pursuits, whether online, in person or both. Items available for borrowing include mobile projectors, webcams, noise-cancelling headphones, Chromebooks, and laptops. For an up-to-date list of technology available for borrowing as well as support available, go to the Library's [Loanable Technology webpage](#).

Academic Success Centre: The Academic Success Centre is a learning space in the Clearwater Campus (CC-119) at Keyano College. Students can gather to share ideas, collaborate on projects, get new perspectives on learning from our Academic Content Specialists, or use the Centre's educational resources. The Academic Success Centre provides academic support services to students registered in credit programs at Keyano College in the form of individual tutoring, writing support groups, facilitated study groups, workshops, and study space. Services are **free** to Keyano students.

Academic Content Specialists are available in the areas of Math, Science, Human Services, and English/Humanities. This covers all courses offered at Keyano. The Academic Success Coach can also be found in the Academic Success Centre.

For the most up to date information on how to book a session, please view [the Keyano Academic Success Centre homepage](#).

Academic Integrity: The goal of the Academic Success Centre is to foster a student's ability to learn effectively and independently. Students registered at Keyano College are welcome to drop by the Centre to visit with any of our Academic Content Specialists to discuss their academic concerns.

Availability: Monday to Friday: 8:30 a.m. – 4:30 p.m. Flexible times may be available upon request. Virtual and in-person sessions, please email to get in contact with our Academic Content Specialists. For the most up to date information on how to book a session, please view the [Academic Success Centre homepage](#).

Academic Success Coach: offers you support and access to resources for your academic success to help you to find the Keys to your Success. The Academic Success Coach will work with you to develop an academic success plan, develop your study and time management skills, and connect you with the right resources here at Keyano. Academic.success@keyano.ca is the best way to access resources during blended service delivery. The Academic Success Coach is located in the Skill Centre in CC-119 at the Clearwater Campus.

E-Learning

Technology and internet will impact your online learning experience. It's important that you can watch an online video and other course materials, take online quizzes and participate in a live class with your instructor and other students. Live/virtual classes will be hosted in Microsoft Teams or Zoom.

For all course delivery types, you will access your course resources on Keyano's learning management system, **Moodle (iLearn)**. Login in using your [Keyano username and password](#).

Keyano College operates in a Windows based environment, and having the correct tools for online learning is important. Here's a list of recommended system requirements.

Internet Speed

Minimum Internet speeds of 10 Mbps.

Recommended Internet speeds of 25 Mbps (especially if you are sharing your internet at home).

Check your internet speed with [Fast.com](#).

System requirements:

Microsoft Windows	Apple
<p>Minimum Requirements:</p> <p>A Windows 10 computer/laptop</p> <ul style="list-style-type: none"> · Minimum 4GB of RAM. · 10GB+ available hard drive storage. · Enough available hard drive space to install the Microsoft Office suite (approximately 3GB). <u>Microsoft Office</u> software is free to all Keyano students and employees. · Microphone, webcam and speakers. A headset with a microphone is recommended. · System updates must be regularly installed. · Anti-Virus / Anti-Malware software 	<p>Minimum Requirements:</p> <p>A Macintosh (V10.14 and above) computer/laptop</p> <ul style="list-style-type: none"> · Minimum 4GB of RAM. · 10GB+ available hard drive storage. · Enough available hard drive space to install the Microsoft Office suite (approximately 3GB). <u>Microsoft Office</u> software is free to all Keyano students and employees. · Microphone, webcam and speakers. A headset with a microphone is recommended. · System updates must be regularly installed. · Anti-Virus / Anti-Malware software.
<p>Recommended Requirements</p> <ul style="list-style-type: none"> · 8GB of RAM · A method of backing up/synchronizing to local or cloud-based storage such as OneDrive is highly recommended. This is included if you complete the setup of KeyanoMail and download MS Office using your Keyano email for free. 	<p>Recommended Requirements</p> <ul style="list-style-type: none"> · 8GB of RAM · A method of backing up/synchronizing to local or cloud-based storage such as OneDrive is highly recommended. This is included if you complete the setup of KeyanoMail and download MS Office using your Keyano email for free.
<p>Chromebooks are not recommended as they are not compatible with testing lockdown browsers.</p> <p>A Microsoft Surface or iPad or iPad Pro may be possible alternatives in some program areas.</p>	

Specific Department Requirements:

Business and OA programs require Windows 10.
Other programs may utilize Windows based tools as well.

Computer Software

Students will be able to get access to Microsoft Office 365 for free using Keyano credentials by [clicking here](#).

Recording of Lectures and Intellectual Property

Students may only record a lecture if explicit permission is provided by the instructor or by Accessibility Services. Even if students have permission to record a lecture or lecture materials, students may not share, distribute, or publish any of the lectures or course materials, this includes any recordings, slides, instructor notes, etc. on any platform. Thus no student is allowed to share, distribute, publish or sell course related content (instructor, or students) without permission. It is important to recognize that the Canadian Copyright Act contains provisions for intellectual property.

The [Academic Integrity Policy](#) provides additional information on Keyano College's expectations from students as members of the intellectual community.

ITS Helpdesk

If you are having issues with your student account, you can contact the ITS Helpdesk by emailing its.helpdesk@keyano.ca or calling 780-791-4965.