



PRACTICAL NURSE CURRICULUM

KEYANO COLLEGE

COURSE OUTLINE

PN 158

HEALTH ASSESSMENT

Fall 2018

September 12, 2018 - December 12, 2018

INSTRUCTOR: Abby Boychuk

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Reviewed and revised Keyano College 2016

HEALTH ASSESSMENT

Course Outline

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**HEALTH ASSESSMENT
COURSE OUTLINE**

CALENDAR STATEMENT/COURSE DESCRIPTION

HEALTH ASSESMENT Semester I

This health assessment course introduces the student to assessment of a client's health status and the identification of normal structures and functions of the physical component of the adult. Overt deviations from normal are included. This course prepares the student to gather the data by obtaining a health history and conducting a physical examination. This course includes theory and laboratory practice.

Co-requisite: PN 100 Anatomy & Physiology I, PN 101 Anatomy & Physiology II

COURSE HOURS

TOTAL HOURS: 60 LECTURE/LABORATORY: 30/30 CREDITS: 4

TUTOR INFORMATION

Instructor: Abby Boychuk

Phone: 780-792-5629

Email: abby.boychuk@keyano.ca

Office Hours: The instructor is available Monday-Friday. Please e-mail the instructor to schedule a meeting time.

GENERAL LEARNING OUTCOMES

Upon successful completion of this course, you will be able to meet or exceed the following outcomes:

1. Perform a systematic health assessment of an adult.
2. Identify the components of a health history.
3. Differentiate among various aspects of physical assessments.
4. Apply the correct assessment to a given situation.
5. Adapt the physical assessment to meet the needs of elderly clients.
6. Confer, report and document findings of the physical assessment and health history

Instructional Methods

- This course uses a variety of teaching/learning methods including: discussion, experiential exercises, learner presentations, role-plays, case studies, lectures, reflection, lab demonstration and practice, and group activities. These course activities provide the opportunity for learners to learn with and from others who are undergoing a similar learning experience.
- The course emphasizes pre-class preparation, participation in interactive classes, and post-class reflection and review. The learner is expected to take an active part in class discussions and take responsibility for his/her own learning. The instructor's role is to facilitate learning.

Expectations of Students Writing On-Line Exams

1. Each instructor will have the following options with regards to writing quizzes: writing on line from a location and computer of their choice; writing in a classroom with their own device invigilated by the instructor, or writing the quiz on paper. The course instructor will provide information related to where the student is to write the quiz.
2. If quizzes are written from a location and computer of their choice, these are **not** open book exams. The quiz is to have been studied for prior to the quiz or exam date and is to be completed independently: that is by oneself, not in collaboration with or in the company of another person or persons. No photos of quiz questions are to be taken via phones.
3. Midterm and Final exams will be invigilated by the instructor. The time and place can be found in the course syllabi. Students may be required to provide their own devices for these exams.

4. Students who are writing from a location and computer of their choice are responsible for discussing any computer/internet issues with the instructor at least two days prior to the exam date listed in the course timetable.
5. Once the quiz/exam has started, the student will submit their answers immediately prior to going on to the next question.
6. Time for all quizzes and exams will be strictly adhered to. For example if a quiz is 30 minutes, the quiz will be open for exactly 30 minutes.
7. No grades will be released until the instructor has had time to review the quiz/exam stats. Once the review has been done, the marks will be released. Review of the quiz/exam questions in class will be done at the instructor's discretion.
8. If any problem arises during the taking of the quiz/exam, the student is to contact the instructor immediately at the time of the issue.
9. It is the responsibility of each student to be familiar with the contents of the Student Code of Conduct. It is mandatory that all students sign a form identifying they have read/or are familiar with the Student Code of Conduct. First, Second, and Third year students will have read or are familiar with the Keyano College Student Code of Conduct. Fourth year students will identify they are familiar with the University of Alberta Student Code of Conduct. Beginning in Sept 2016, all new students plus those moving from third year to fourth year will be mandated to sign the above form(s).

Statement on Plagiarism

All students must complete the Plagiarism/Tutorial Certificate found on Moodle. To locate this information, sign into Moodle and on the left side of the page under student the tutorial can be located.

Expectations:

1. All students must complete this tutorial. The certificate must be shown to the instructor prior to submitting any written assignment. Failure to show the instructor the certificate of completion could result in a late written assignment penalty.
2. If you have completed this tutorial in a University Studies course you can show your instructor the certificate. The tutorial is required to be completed only once during your time at Keyano unless you have left the program and returned.

Student Code Of Conduct

Please refer to the Student Handbook and review the Student Code of conduct Policy (Policy 110.0), Students Rights policy (Policy 111.0) and Student Code of Conduct Procedure (110.1). It is expected that you will review and be aware of expectations relative to student rights, responsibilities and behaviours

PRACTICAL NURSING PROGRAM POLICIES

Please refer to Keyano College Practical Nurse Handbook for specific Practical Nursing Program policies and to Keyano College Calendar for general College policies.

LATE POLICY FOR ASSIGNMENTS

Assignments not submitted on the day and time specified will incur a 5% deduction per day including weekends. This will be applied each day until the assignment is received by the instructor. Students can submit assignments by e-mail on weekends, but must provide a paper copy on the first day following the weekend.

SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE

DISABILITY SUPPORT SERVICES: LEARNER ASSISTANCE PROGRAM

It is the College's goal that learning experiences be as accessible as possible. If you anticipate or experience physical or academic barriers based on disability, please let your instructor know immediately so that we can discuss options. You are also welcome to contact Disability Services (780-791-8934) to establish reasonable accommodations.

SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.

OVERVIEW OF LEARNING EXPERIENCES

Course Units

This course consists of the following units:

Unit 1: Foundations of Health Assessment

- Topic 1.1: Introduction to Client Health Assessment
- Topic 1.2: Data Collection, Documentation, and Validation
- Topic 1.3: Cultural and Social Considerations

Unit 2: Nursing Assessment of the Adult Client

- Topic 2.1: General Survey, Vital Signs, and Pain Assessment
- Topic 2.2: Assessing Nutrition
- Topic 2.3: Assessment of the Integumentary System
- Topic 2.4: Assessment of the Head, Face, and Neck
- Topic 2.5: Assessment of the Musculoskeletal System
- Topic 2.6: Assessment of the Neurological System
- Topic 2.7: Assessment of the Eye and Ear
- Topic 2.8: Assessment of the Respiratory System
- Topic 2.9: Assessment of the Gastrointestinal (GI) System
- Topic 2.10: Assessment of the Cardiovascular System
- Topic 2.11: Assessment of the Peripheral-Vascular (PV) and Lymphatic Systems
- Topic 2.12: Assessment of the Breasts
- Topic 2.13: Assessment of the Female Genitourinary (GU) System
- Topic 2.14: Assessment of the Male Genitourinary (GU) System

Unit 3: Assessing the Older Adult

Unit 4: Performing a Complete Health Assessment

CODE OF ETHICS

CLPNA Competencies

- A: Nursing Knowledge
- B: Nursing Process
- E: Nursing Practice

All students must practice in a manner that is consistent with:

- The CLPNA Code of Ethics and Standards of Practice (2015).

Refer to www.clpna.com for references

REQUIRED TEXTS

Jarvis, C. (2014). *Physical examination & health assessment* (2nd Canadian ed.). Toronto: Saunders Elsevier.

Jarvis, C. (2014). *Physical examination & health assessment* (2nd Canadian ed.). [Textbook CD-ROM]. Toronto: Saunders Elsevier.

Jarvis, C. (2014). *Student laboratory manual to accompany physical examination & health assessment* (2nd Canadian ed.). Toronto: Saunders Elsevier.

Penlight

Stethoscope

Access to the Internet

OVERVIEW OF COURSE ASSESSMENT

Overview

Assessment of your mastery of the content will be determined through a health history assignment, a midterm exam, guided practice nursing labs, a final cumulative exam, and a final clinical integration assessment.

Assignment: Health History

This assignment is due after Topic 2.3 and contributes **35%** towards your final course grade.

In this assignment, you will have the opportunity to:

- Collect health history information on a healthy adult through an interview
- Assess the individual's level of wellness and health practice choices
- Analyze your findings and determine the individual's areas of strength and areas for improvement in lifestyle and health practices.

Midterm Exam

The midterm exam evaluates your knowledge of content covered in Topics 1.1 to the end of Topic 2.8. This exam includes multiple-choice, matching, and labelling questions and contributes **25%** towards your final course grade. Exam will be done on Moodle, supervised in the classroom.

Final Exam

The final exam is cumulative and evaluates your knowledge of content covered in units 1 to 4. This is a multiple-choice examination and contributes **40%** towards your final course grade. Exam will be done on Moodle, supervised in the classroom.

Guided Practice Nursing Labs

This activity is graded on a **pass/fail** basis. Students must successfully demonstrate the integration of theory and skills related to physical examination learned in this course in the lab setting during guided practice. You will practise documenting assessment findings and you will also participate in reflective practice during the lab sessions. **If you do not receive a grade of “pass” in Guided Practice you will be required to repeat the entire course.**

Final Clinical Integration Assessment: Physical Assessment and Reflective Practice

The clinical integration assessment occurs at the end of the course and provides you with opportunity to demonstrate integration and application of theory and physical skills. The clinical integration assessment is pass/fail.

You must achieve a mark of 80% on the exam and 80% on the reflective practice, a second opportunity will be provided, if you are unsuccessful on your first attempt. **If you do not receive 80% on the second attempt, you will be required to repeat the entire Health Assessment Course.**

The Clinical Integration Assessment:

- Provides you with the opportunity to demonstrate your knowledge and skill in conducting a physical examination of a well adult in a simulated setting
- Provides you with the opportunity to demonstrate skill in reflective practice

***See appendix B for Instructions/Marking Guide**

Distribution of Marks

Assessment Method	Description	Value	
<i>Theory</i>			Exam Date
Midterm Exam: labelling, multiple choice	Demonstrate knowledge of course content Unit 1.1 – 2.8 inclusive	25%	Oct 30
Assignment	Written paper: Collect subjective data by performing a health history on a healthy adult	35%	Nov 16
Final Exam: cumulative, multiple choice	Demonstrate knowledge of course content Unit 1.1-unit 4 inclusive	40%	Dec 12
<i>Lab</i>			
Guided Practice Nursing Labs Integration of Theory and Lab	Conduct health assessments within the context of integrating theory with nursing skills	Pass/Fail	Nov 29 & 30
Final Clinical Integration Assessment Integration of Theory and Lab	Demonstrate application of physical assessment skills and reflective practice. *80% pass mark required	Pass/Fail	Dec 3-5
Total		100%	

Passing Level and Grading Scale

This is a combined theory and lab course. A student cannot pass this course by being proficient in theory but not proficient in application of nursing assessment skills to simulated situations.

Students must complete **all** assignments and examinations to receive a final course grade. Students must successfully demonstrate assessment skills AND integration of theory in guided practice labs and during the final clinical integration assessment.

To receive credit for PN 158, a student must achieve each of the following:

- a minimum overall grade of 1.7 (C-) or 60%
- a pass in the guided practice lab component
- a minimum of 80% in the final clinical integration assessment

Students who are unsuccessful in achieving a minimum of 80% on the final clinical integration assessment will be unsuccessful in passing PN 158.

Refer to the Practical Nurse Program Manual for information regarding grading scale, extensions, and other programs standard practices.

Guided Practice Nursing Labs

Students must successfully demonstrate integration of theory and assessment skills in the lab setting during guided practice. You will also practise documenting assessment findings and participate in reflective practice during the lab sessions.

If a student does not receive a grade of “pass” in the guided practice assessment skills component and 80% on the final clinical integration assessment in this course, he/she will be required to repeat the entire course.

Important Additional Information

Note to all students: It is the student’s responsibility to retain course outlines for possible future use in support of applications for transfer credit to other educational institutions.

Assignment I: Health History

DUE Date: November 16, 2018 by 1200 Hours

Instructions

For this assignment, select a healthy adult (16 years or older) and conduct a health history interview. You will analyze the data collected to determine the individual's areas of strength and areas for improvement in lifestyle and health practices. The adult should be a friend, family member or peer.

This assignment is to be a maximum of 5–7 pages in length and must be type-written (word processed) following APA format. Refer to the marking guide at the end of this assignment.

- An abstract is not required for this assignment.
- Submit the 24-Hour Recall of Dietary Intake form as an appendix.

Note: Pages beyond the seven page limit will not be marked. The page limit **does not** include the cover page, appendix or references.

***See Appendix A for Marking Guide**

Collection of Health History Information

Conduct a health history interview on a healthy adult.

Begin your paper by introducing your healthy adult (over the age of 16 years) using biographical data. **It is important to maintain the privacy and confidentiality of the person.** Refer to the individual by initials only – do not include any identification other than the area in which this person lives.

Collect the following subjective data (refer to your textbook for sample questions):

- Biographical data
- Current health status
- Past health history
- Family history
- Developmental stage
- Cultural and social considerations

Assessment of Lifestyle and Health Practices

Assess the individual's lifestyle and health practices in the following areas (refer to your textbook for sample questions):

- Nutrition – 24-hour recall of intake (document this information on the **24-Hour Recall of Dietary Intake**)
- Exercise
- Rest and sleep
- Stress management
- Environment

Analysis of Lifestyle and Health Practices

Analyze the individual's lifestyle and health practices and determine the following:

- the person's strength in lifestyle and health practices
- areas where the individual could improve lifestyle and health practices

Support your explanation (rationale) with evidence from your Health Assessment textbook.

Note: Use Canada's Food Guide to analyze the adequacy of the individual's nutritional choices.

**Submit the Marking Guides with your assignment.*

24-Hour Recall of Dietary Intake

List the individual's food intake over a 24-hour period. Include the specific amounts for each food portion [i.e. ½ cup white rice with 1 tbsp. (15 mL) butter; 1 can of pop (355 mL)]

Include a type-written copy of this document as an appendix in your paper.

Breakfast
Snack
Lunch
Snack
Supper/Dinner
Snack

Appendix A
HEALTH ASSESSMENT
Marking Guide for Assignment 1

Assignment: Health History – Marking Guide

Key Content	Marking Guide				
	Points:	5	3	1	0
Collected health history information, in all required areas:					
Biographical data	Excellent	Satisfactory	Minimal	None	
Current health status	Excellent	Satisfactory	Minimal	None	
Past health history	Excellent	Satisfactory	Minimal	None	
Family history	Excellent	Satisfactory	Minimal	None	
Developmental stage	Excellent	Satisfactory	Minimal	None	
Cultural and social considerations	Excellent	Satisfactory	Minimal	None	
					/30

Comments:

Assessed lifestyle and health practices, in all required areas:

Nutrition – 24-hour recall	Excellent	Satisfactory	Minimal	None	
Exercise	Excellent	Satisfactory	Minimal	None	
Rest and sleep	Excellent	Satisfactory	Minimal	None	
Stress management	Excellent	Satisfactory	Minimal	None	
Environment	Excellent	Satisfactory	Minimal	None	

/25

Comments:

Submit this marking guide with your assignment.

Analyzed lifestyle and health practices, in all areas:

Key Content	Marking Guide				
	Points:	5	3	1	0
Nutrition – Using Canada’s Food Guide	Excellent	Satisfactory	Minimal	None	
Exercise	Excellent	Satisfactory	Minimal	None	
Rest and sleep	Excellent	Satisfactory	Minimal	None	
Stress management	Excellent	Satisfactory	Minimal	None	
Environment	Excellent	Satisfactory	Minimal	None	
Identified the individual’s strengths in lifestyle and health practices.	Excellent	Satisfactory	Minimal	None	
Identified areas the individual could improve lifestyle and health practices.	Excellent	Satisfactory	Minimal	None	
Supported explanations with evidence from textbook	Excellent	Satisfactory	Minimal	None	
				/40	
Comments:					
Correctly formatted the assignment, following APA formatting (See APA and Grammar: Marking Guide)	Excellent	Satisfactory	Minimal	None	
				/5	
Total:				/100	

Legend

- | | |
|---|--|
| <p>5 – Excellent work, comprehensive information or analysis included, great attention to detail throughout</p> <p>3 – Satisfactory work, most required information included at an adequate level</p> | <p>1 – Minimal required information included, incomplete work</p> <p>0 – Required information not identifiable</p> |
|---|--|

APA and Grammar: Marking Guide

Key Content	Marking Guide				
	Points:	1	0.5	0.25	0
Title Page					
Included header/running head and page number. Included in the upper half of the page: title of paper, student name, college name, course and section number, assignment name and number, instructor name (all centred), and date.	Excellent	Satisfactory	Minimal	None	
Body of Paper					
Paper organized – running head and page number; introduction, body and conclusion; appropriate margins, double-spaced throughout, indented 5 spaces or 1 tab for new paragraphs, two spaces after a period, and correct font – Times New Roman, 12 pt. font.	Excellent	Satisfactory	Minimal	None	
References					
Citations in body of paper followed APA 6 th ed. format (if applicable)	Excellent	Satisfactory	Minimal	None	
References on separate page, followed APA 6 th ed. format (if applicable)	Excellent	Satisfactory	Minimal	None	
Grammar and Spelling					
Grammar appropriate and words spelled correctly (< 5 errors)	Excellent	Satisfactory	Minimal	None	
Total:					/5

Submit this Marking Guide with your assignment.

Appendix A
HEALTH ASSESSMENT
Marking Guide for Final Clinical Integration Assessment

Final Clinical Integration Assessment: Physical Assessment and Reflective Practice

Instructions

Physical Assessment

You will complete a physical assessment (collect objective data) of two body systems on a well adult in forty-five (45) minutes.

You will demonstrate **one** of:

1. Cardiovascular assessment (includes peripheral vascular)
or
2. Respiratory assessment
and one of the following:
 - a. Gastrointestinal assessment
 - b. Neurological assessment (including names of cranial nerves)
 - c. Upper musculoskeletal assessment
 - d. Lower musculoskeletal assessment

You will not know which of the two (2) systems assessments you are to complete until you enter the setting – these you will “pick from a hat.”

You may bring **one** cue card for each of the body systems into the examination with you. Cue cards may be 4×6 inches only; one card only for each scenario. You may use both sides of the card and include any information that will help you complete the assessment. These cards may be used as a reference **only** once at the start of the exam and once the end of the exam (to determine if you have missed anything). Cue cards are not to be used throughout the skill demonstration.

You are required to bring your stethoscope and penlight; all other materials will be provided.

You will be explaining aloud to both the individual and the instructor your actions, the rationale, and your assessment findings.

Bring the marking guides with you to the exam to be used by the instructor during the exam for your assessment.

Reflective Practice

Immediately after the physical assessment, you will be given another 30 minutes to reflect on your demonstration of knowledge and skill in conducting the physical assessment. This is to be handwritten on a document provided and will be submitted for marking and included in the overall mark for the exam.

You should reflect on your performance in the physical assessment component of the exam according to the questions on the “notes page” that follows.

Reflective Practice: Marking Guide

Marks	1	3	5
Evaluates organization and assessment skills	Minimal description or description unclear as to how your organization plan assisted in the implementation of assessment skills during the exam	Limited description of how your organization plan assisted in the implementation of assessment skills during the exam	Clear description of how your organization plan assisted in the implementation of assessment skills during the exam
Describes completion of skills within expected timeframe with rationale	Stated whether all assessments were completed during the exam. No rationale provided	Stated whether all assessments were completed during the exam. Limited rationale provided as to why/why not	Stated whether all assessments were completed during the exam. Rationale provided as to why/why not
Demonstrates responsibility for own learning	No knowledge identified	Identified knowledge that assisted in completion of the exam	Described knowledge that assisted in completion of exam
Demonstrates professionalism in identifying opportunities for improvement	Recommendations not given	Recommendations not always realistic or achievable	Recommendations realistic and achievable

Reflective Practice:

/20 marks

Respiratory Assessment: Marking Guide

Behaviour	Marks
Prepared client and gathered equipment	2 marks
Identified appropriate landmarks related to the respiratory system: <ul style="list-style-type: none"> • Lines of reference • Anatomical landmarks 	9 marks 9 marks
Identified location of lung lobes and fissures in relation to ribcage	7 marks
Provided appropriate explanations to client prior to performing each assessment (ie. respirations, anterior and posterior chest)	1 mark
Assessed respirations appropriately	3 marks
Assessed anterior chest appropriately: <ul style="list-style-type: none"> • Inspection • Palpation • Auscultation 	4 marks 5 marks 3 marks
Assessed posterior chest appropriately: <ul style="list-style-type: none"> • Inspection • Palpation • Auscultation 	4 marks 5 marks 3 marks
Identified location of breath sounds on anterior and posterior chest	5 marks

Total 60 marks

Each correct assessment is worth 1 mark.

Bring these Marking Guides with you to the simulation exam.

Cardiovascular and Peripheral Vascular Assessment: Marking Guide

Behaviour	Marks
Prepared client and gathered equipment	2 marks
Identified appropriate landmarks related to the respiratory system: <ul style="list-style-type: none"> • Lines of reference • Anatomical landmarks 	3 marks 6 marks
Provided appropriate explanations to client prior to performing each assessment (ie. neck vessels, heart, pulse, BP, peripheral vascular system)	1 mark
Appropriately inspected neck vessels	5 marks
Appropriately palpated neck vessels and provided rationale for same.	3 marks
Inspected and palpated appropriate areas of the heart	5 marks
Auscultated appropriate areas of the heart	5 marks
Identified location of S ₁ and S ₂ sounds	1 mark
Appropriately assessed: <ul style="list-style-type: none"> • Apical pulse • Radial pulse with rationale for actions 	1 mark 4 marks
Appropriately prepared client and assessed blood pressure (BP)	10 marks
Appropriately assessed peripheral vascular system bilaterally: <ul style="list-style-type: none"> • Inspected and palpated pulses in arms and feet (6 sites) 	7 marks
Appropriately assessed skin on extremities bilaterally	7 marks

Total 60 marks

Each correct assessment is worth 1 mark.

Gastrointestinal (GI) Assessment: Marking Guide

Behaviour	Marks
Prepared client and gathered equipment	2 marks
Provided appropriate explanations prior to performing each assessment (i.e., mouth and oropharynx, abdomen)	1 mark
Appropriately assessed mouth and oropharynx: <ul style="list-style-type: none"> • Lips (inner and outer) • Teeth and gums • Tongue and frenulum • Uvula • Tonsils and oropharynx • Ability to swallow 	7 marks 4 marks 4 marks 3 marks 4 marks 1 mark
Appropriately assessed abdomen: <ul style="list-style-type: none"> • Inspection • Assessment of pain • Auscultation with rationale • Palpation • Abdominal girth 	5 marks 3 marks 6 marks 2 marks 1 mark
Inspected and palpated for bladder distension	2 marks

Total 45 marks

Each correct assessment is worth 1 mark.

Neurological Assessment: Marking Guide

Behaviour	Marks
Prepared client and gathered equipment	2 marks
Provided appropriate explanations prior to performing each assessment (i.e., mental status, eyes, ears, nose, etc.)	1 mark
Appropriately assessed mental status: <ul style="list-style-type: none"> • LOC • Orientation • Appearance • Speech 	1 mark 3 marks 1 mark 1 mark
Appropriately assessed eyes: <ul style="list-style-type: none"> • Appearance • Response to light in each eye • Accommodation • Visual (cardinal) fields • Visual acuity (cranial nerve II) in each eye individually and both eyes 	1 mark 2 marks 1 mark 1 mark 1 mark
Appropriately assessed ears: <ul style="list-style-type: none"> • Appearance • Hearing (cranial nerve VIII) whisper test in both ears 	1 mark 2 marks
Appropriately assessed nose: <ul style="list-style-type: none"> • Appearance • Sense of smell (cranial nerve I) in each nostril using 2 different scents 	1 mark 2 marks
Appropriately assessed face <ul style="list-style-type: none"> • Cranial nerves V, VII, X, XI, XII 	12 marks
Appropriately assessed sensation and movement <ul style="list-style-type: none"> • To pain • Light touch 	4 marks 6 marks
Appropriately assessed cerebellar function <ul style="list-style-type: none"> • Romberg • Gait 	1 mark 1 mark

Each correct assessment is worth 1 mark.

Total

45 marks

You must be able to correctly name each of the cranial nerves.

Musculoskeletal (Upper) Assessment: Marking Guide

Behaviour	Marks
Prepared client	1 mark
Identified the following: <ul style="list-style-type: none"> • When to stop exam • What to inspect for all muscles/joints • What to palpate for • To assess range of motion bilaterally 	1 mark 3 marks 4 marks 1 mark
Provided appropriate explanations prior to performing each assessment (ie. head and neck, shoulders, arms, etc))	1 mark
Appropriately assessed head and neck: <ul style="list-style-type: none"> • Range of motion (only one side of the body) • Muscle strength (for one motion only) 	5 marks 1 mark
Appropriately assessed shoulders: <ul style="list-style-type: none"> • Range of motion (only one side of the body) • Muscle strength (for one motion only) 	8 marks 1 mark
Appropriately assessed elbows and forearms: <ul style="list-style-type: none"> • Range of motion (only one side of the body) • Muscle strength (for one motion only) 	4 marks 1 mark
Appropriately assessed wrists: <ul style="list-style-type: none"> • Range of motion (only one side of the body) • Muscle strength (for one motion only) 	5 marks 1 mark
Appropriately assessed fingers and thumb: <ul style="list-style-type: none"> • Range of motion • Muscle strength (for one motion only) 	7 marks 1 mark

Each correct assessment is worth 1 mark.

Total

45 marks

Only one side of the body is required to be assessed for range of motion during this exam. In clinical practice, both sides of the body should be assessed together.

Musculoskeletal (Lower) Assessment: Marking Guide

Behaviour	Marks
Prepared client	1 mark
Identified the following: <ul style="list-style-type: none"> • When to stop exam • What to inspect for all muscles/joints • What to palpate for • To assess range of motion bilaterally 	2 marks 3 marks 4 marks 1 mark
Provided appropriate explanations prior to performing each assessment (ie. head and neck, shoulders, arms, etc))	1 mark
Appropriately assessed trunk/spine: <ul style="list-style-type: none"> • Inspect • Range of motion (only one side of the body) • Muscle strength (for one motion only) 	2 marks 5 marks 1 mark
Appropriately assessed hips: <ul style="list-style-type: none"> • Inspect in appropriate positions • Range of motion (only one side of the body) • Muscle strength (for one motion only) 	2 marks 7 marks 1 mark
Appropriately assessed knees: <ul style="list-style-type: none"> • Range of motion (only one side of the body) • Muscle strength (for one motion only) 	2 marks 1 mark
Appropriately assessed ankles: <ul style="list-style-type: none"> • Range of motion (only one side of the body) • Muscle strength (for one motion only) 	4 marks 1 mark
Appropriately assessed toes: <ul style="list-style-type: none"> • Range of motion (only one side of the body) • Muscle strength (for one motion only) 	4 marks 1 mark
Assessed gait	1 mark
Assess for body alignment	1 mark

Each correct assessment is worth 1 mark.

Total 45 marks

Only one side of the body is required to be assessed for range of motion during this exam. In clinical practice, both sides of the body should be assessed together.