INSTRUCTOR:        Michelle Carreiro

PHONE NUMBER:      (780) 791-8968

E-MAIL:           michelle.carreiro@keyano.ca

OFFICE NUMBER:    202B

OFFICE HOURS:
Monday            4:30 – 6:30 PM
Wednesday         12:00 – 1:00 PM
Thursday          12:00 – 2:00 PM

HOURS OF INSTRUCTION:
Various- Online

COURSE DESCRIPTION:
This course emphasizes the importance of optimal nutrition, health and safety practices for young children and the staff who work with them in early childhood settings. Alberta’s child abuse protocol will be covered

2 credits, 30 hours

PRE-REQUISITE(S):

This course has no pre-requisites or co-requisites.

COURSE OUTCOMES:
By the end of this course, students will:

1. Develop an awareness of preventative health for the toddler, preschool and school-aged child.
2. Identify safety issues and describe appropriate measures to prevent childhood injury.
3. Illustrate health concerns that may affect the young child.
4. Examine and identify ways to protect children from dangers online.
5. Recognize how to respond to neglect and abuse when suspected and/or identified in children.
6. Examine the issue of obesity in our cultures and identify ways we can prevent childhood obesity.
7. Develop an awareness of Canada’s Food Guide and illustrate how it is incorporated into a healthy diet for adults, infants, toddlers, preschoolers and school-age care.
8. Identifying components of nutrition labels and implement this knowledge toward making informed choices.
9. Develop an awareness of common food allergies and safe food handling practices.
10. Examine a variety of nutrition issues experienced with young children, and demonstrate an ability to modify a meal plan to suit the nutritional needs of individual children
11. Paraphrase various nutrition policies and procedures

REQUIRED RESOURCES:
Reference material will be supplied by the instructor.

Within this course you will be using Adobe Reader, which is available for free from this website: http://get.adobe.com/reader/

The course is best viewed in the Mozilla Firefox browser. If you use Internet Explorer or some other browser then there's a chance that some components of the course will not open properly.

You will also need a word processor to complete some of the assignments. You may use Microsoft Word or any text editor such as Windows WordPad or NotePad. If you're using a MAC, save your documents in the Microsoft Word format before submitting them in this course. You will also need presentation software such Microsoft PowerPoint.

For the online "live" session, you will need to have a computer with speakers and microphone or you can also use a headset with the microphone.

TOPICS TO BE COVERED:
• Preventative health
• Injury Prevention
• Communicable Diseases
• Infection Control
• Chronic Conditions
• Abuse and Neglect
• Childhood Obesity
• Canada’s Food Guide
• Nutrition Labelling
• Nutrition Policy
• Allergies and intolerances
• Nutrition Issues

MOODLE

Go to http://ilearn.keyano.ca

This course is supported through Moodle. Assignments, readings and handouts will be posted on Moodle. Login information will be provided by your instructor. For further instructions please see the Moodle handout.
EVALUATION:

Health and Safety:
Forums 10% Weekly
Online Contributions 10% Weekly
(Wikis, Glossaries, Databases and Activities)
Live Class Attendance and Participation 5% TBA
Quizzes 5% Weekly
Project 1: Health and Safety Assignment 20%

Total: 50% of 2 credits

Methods of Evaluation:

Nutrition:
Forums 10% Weekly
Online Contributions 10% Weekly
(Glossary, Database, Activities)
Quizzes 5% Weekly
Grocery Scavenger Hunt 5%
Nutrition Project 20%

Total: 50% of 2 credits

GRADING SYSTEM:

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>Description</th>
<th>Grade Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>A</td>
<td>Excellent</td>
<td>4</td>
</tr>
<tr>
<td>A-</td>
<td></td>
<td>3.7</td>
</tr>
<tr>
<td>B+</td>
<td></td>
<td>3.3</td>
</tr>
<tr>
<td>B</td>
<td>Good</td>
<td>3</td>
</tr>
<tr>
<td>B-</td>
<td></td>
<td>2.7</td>
</tr>
<tr>
<td>C+</td>
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<td>2.3</td>
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<tr>
<td>C</td>
<td>Satisfactory</td>
<td>2</td>
</tr>
<tr>
<td>C-</td>
<td></td>
<td>1.7</td>
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<tr>
<td>D+</td>
<td></td>
<td>1.3</td>
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<tr>
<td>D</td>
<td>Minimal Pass</td>
<td>1</td>
</tr>
<tr>
<td>F</td>
<td>Failure</td>
<td>0</td>
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</table>
Students intending to transfer to other institutions require a ‘C-’ as a minimum grade. Transfer information on each course is available at the Alberta Council on Admission and Transfers.

PERFORMANCE REQUIREMENTS:

Course assignments have set due dates to manage both instructor and student workloads. Changes to due dates may occur to adjust overall student workload based on class consensus.

The department performance requirements (revised 2014) regarding student evaluation states that:

- Assignments are to be submitted in class on their respective due dates. If a student is absent from class, the assignment will be considered late.

- Individual extensions require students to contact and ask permission from the instructor prior to the assignment due date. In addition, a signed request for extension, including the extenuating circumstances, must be submitted at that time or as soon as possible.

- For assignments that are late without written permission:
  - A grade will be deducted for assignments up to 3 days late. e.g. a B assignment will become a B-
  - An additional grade will be deducted for assignments that are 4 – 7 days late; i.e.: An assignment with a grade of B now becomes a C+
  - No assignments will be accepted after 1 week past the due date.

- **No assignments will be accepted after the beginning of the class on final date of the course. The final due date for this course is December 9th, 2014**

- Since final exams are not a component of ELCC or EA courses and because learning is participatory, attendance and participation are part of the course grade. **80% attendance and word-processed assignments when required by the instructor, are necessary to achieve a final grade of B or higher in ELCC and EA courses.**

- A grade of B on an assignment recognizes that the student has met the basic requirements and knows the applicable content thoroughly enough to be able to apply it. A grade of less than B brings attention to the student that there are gaps in understanding the content and skills required for that assignment. Students should use the criteria for assignments to guide assignment work.

- A grade of B+ or higher acknowledges excellence in quality and quantity of work. The student’s assignment is above the basic requirements.

Students who do not complete all the required work should not expect to pass the course.

*Students should consult:* [http://keyano.ca/current-students/students/exams](http://keyano.ca/current-students/students/exams)

**IMPORTANT DATES:**
<table>
<thead>
<tr>
<th><strong>September</strong></th>
<th><strong>October</strong></th>
<th><strong>November</strong></th>
<th><strong>December</strong></th>
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<tbody>
<tr>
<td>Tuesday, 2</td>
<td><strong>Orientation day</strong></td>
<td>Tuesday, 11</td>
<td>Friday, 12</td>
</tr>
<tr>
<td>Wednesday, 3</td>
<td>Fall semester begins</td>
<td>Thursday, 25</td>
<td>Fall day of Classes for Childhood Studies programs.</td>
</tr>
<tr>
<td>Tuesday, 9</td>
<td>Last day to add courses for academic programs</td>
<td><strong>Remembrance Day, No classes</strong></td>
<td>Wednesday, 21</td>
</tr>
<tr>
<td>Tuesday, 16</td>
<td><strong>Tuition for Fall semester is due. Late fee of $100 charged on any outstanding balance after this date</strong></td>
<td>Keyano College Student Awards ceremony</td>
<td><strong>Fall grades due to Registrar by 4:30 p.m.</strong></td>
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<tr>
<td>Tuesday, 30</td>
<td>Last day to drop courses for academic programs. Last day to waive health and dental benefits.</td>
<td><strong>Last day to withdraw from courses with 50% refund of tuition fees.</strong></td>
<td><strong>Winter term Classes resume on Monday, January 5, 2015</strong></td>
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<td></td>
<td>Fall Awards application deadline</td>
<td>Monday, 13</td>
<td><strong>Thanksgiving Day, College closed.</strong></td>
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<td>Friday, 24</td>
<td><strong>Last Day to withdraw from courses without academic penalty</strong></td>
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**Winter term Classes resume on Monday, January 5, 2015**
COLLEGE POLICIES

Equality, Equity and Respect
The Keyano College is committed to providing an environment of equality, equity and respect for all people within the College community. All members of this community are considered partners in developing teaching and learning contexts that are welcoming to all. Faculty, staff, and students are encouraged to use inclusive language to create a classroom atmosphere in which students' experiences and views are treated with equal respect and valued in relation to their gender, ethnic and cultural background, and sexual orientation.

Students should consult:
http://keyano.ca/current-students/individual-rights

Plagiarism and Cheating
Every student expects to be treated and evaluated fairly in a course. Plagiarism and cheating robs everyone of this right.

No student may submit words, ideas or data of another student or person as his or her own in any writing, project, assignment, quiz, electronic presentation, exam etc. Any work used that is not the student's own must be clearly cited as belonging to someone else. There are penalties for using other's work and not citing it. The Student's Rights & Responsibilities document clearly outlines these penalties and the appeal process.

• No learner can obtain information from another student during an exam.
• No learner can bring unauthorized information (paper or electronic) into an exam or quiz.
• No student can submit work done in another course for grading in this course without the written prior approval of the course instructor.
• No student can submit copyright protected or commercially produced materials as part or all of an assignment without proper citation & permission.

Student Rights & Responsibilities
Students should consult the Keyano College Credit Calendar or online at:
http://www.keyano.ca/Media/Collections/Calendars/Keyano.Calendar1112-10-full.pdf

Specialized Supports and Duty to Accommodate
Disability Support Services: Learner Assistance Program
If you have a documented disability or you think that you would benefit from some assistance from a Disabilities Counsellor, please call or visit the Disability Supports Office 780-792-5608 to book an appointment (across from the library). Services and accommodations are intended to assist you in your program of study, while maintaining the academic standards of Keyano College. We can be of assistance to you in disclosing your disability to your instructor, providing accommodations, and supporting your overall success at Keyano College.

Specialized Supports and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation, and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.
Course Outline

Childhood Studies

ELCC 116I
Nutrition, Health and Safety
Fall, 2014

2 CREDITS
Online

_____________________________   _____________________________
Michelle Carreiro, Instructor   Date

Reviewed and approved by:

_____________________________   _____________________________
Vincella Thompson, Dean   Date