



**UNIVERSITY OF ALBERTA**  
Faculty of Nursing Undergraduate Programs  
**BScN COLLABORATIVE PROGRAM**  
Grande Prairie Regional College, Keyano College,  
Red Deer College, University of Alberta



**NURS 125**  
**NURSING PRACTICE - HEALTH ASSESSMENT & NURSING PROCESS**  
**COURSE OUTLINE**  
**WINTER 2021**

**Note: Students are expected to familiarize themselves with this course outline,  
the BScN Program Student Handbook and Moodle site.**

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## Calendar statement

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### **NURS 125 -Nursing Practice - Health Assessment & Nursing Process**

(★4) The focus is on the health assessment of the adult, and expected health assessment findings throughout the lifespan. The course provides a beginning foundation of the nursing process as framework for developing assessment skills and use of clinical technologies necessary for determining client health status and provision of care. Course includes 15 clinical hours total.

Prerequisites: MMI 133, NURS 106 and NURS 120 (or NURS 103);

Corequisite: NURS 124 (or NURS 103).

Students must achieve a minimum grade of C+ in order to progress in the program. Credit cannot be obtained for NURS 125 if credit is granted for NURS 105 or 305.

### Course hours

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Lecture: 30 hours

Lab: 30 hours

Clinical: 15 hours for entire term

Total: 75 hours

### Course Learning Outcomes

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**Upon completion of this course, the student will be able to:**

- 1) Understand the role of health assessment in nursing practice and patient care in all settings.
- 2) Develop and demonstrate the relationship of health assessment and assessment skills in the nursing process through understanding of subjective and objective data collection, validation of findings, and exploration of beginning phases for patient care.
- 3) Provide rationale underlying assessment techniques for subjective and objective data collection.
- 4) Apply therapeutic communication skills to facilitate professional relationship building, conduct health history interviews, health promotion activities, risk reduction identification, and patient learning.
- 5) Describe and demonstrate a holistic approach to health assessment across the lifespan.
- 6) Acquire the foundational skills of physical examination and demonstrate safe, timely and competent patient assessments.
- 7) Demonstrate professionalism and ethical practice during health assessment and nursing practice.
- 8) Demonstrate accurate, organized, and concise documentation of health assessment findings.

### **TRANSFERABILITY:**

**U of A NURS124**

**\*Warning:** Although we strive to make the transferability information in this document up-to-date and accurate, **the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities.** Please consult the Alberta Transfer Guide for more

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information. You may check to ensure the transferability of this course at Alberta Transfer Guide main page <http://www.transferalberta.ca> or, if you do not want to navigate through few links, at <http://alis.alberta.ca/ps/tsp/ta/tbi/onlineSearch.html?SearchMode=S&step=2>

\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions.  
**Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

## Course Instructors

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Name	Office number	Phone number	email
Jennifer Courtney	CC187H	780-791-4812	<a href="mailto:jennifer.courtney@keyano.ca">jennifer.courtney@keyano.ca</a>
Donna MacDougall	S109E	780-791-4975	<a href="mailto:donna.macdougall@keyano.ca">donna.macdougall@keyano.ca</a>

### Note:

- Please allow 2 business days for a response. Include “NURS 125” in your subject line.
- Professional and respectful communication is expected.

## Policy Statement

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The course outline acts as an agreement between the student and the instructor of this class regarding the details of the course.

Keyano College is committed to the highest standards of academic integrity and honesty. Students are expected to be familiar with these standards regarding academic honesty and to uphold the policies of the College in this respect. Students are particularly urged to familiarize themselves with the provisions of the Academic Policies and Student Rights and Code of Conduct and avoid any behavior which could potentially result in suspicions of cheating, plagiarism, misrepresentation of facts and/or participation in an offence. Academic dishonesty is a serious offence and can result in suspension or expulsion from the College.

Student or instructor content, digital or otherwise, created and/or used within the context of the course is to be used solely for personal study, and is not to be used or distributed for any other purpose without prior written consent from the content author(s).

Students wishing to proceed in the Nursing program must achieve a grade of at least C+ in the foundational Nursing courses. Policy regarding the foundational course minimum pass can be found in the Keyano College Credit Calendar ([www.keyano.ca/creditcalendar](http://www.keyano.ca/creditcalendar)).

Please refer to the Nursing Program Student Handbook for specific Nursing Program Policies, including, attendance, examinations, withdrawal dates for classes, and plagiarism.

Refer to Keyano College Calendar for Student Rights and Responsibilities, Misconduct and Discipline, and Student Appeal Procedure.

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Please refer to the Student Handbook and review the Student Code of Conduct Policy (Policy 110.0), Student Rights Policy (Policy 111.0) and Student Code of Conduct Procedure (110.1). It is expected that you will review and be aware of expectations relative to student rights, responsibilities and behavior.

## Communication

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Students must use their College e-mail address and a subject line when communicating with faculty members. The content of both e-mail and voice mail must be delivered in a professional manner. Inappropriate use of e-mail sent to fellow students and faculty members will result in disciplinary action.

The use of social networking services, such as but not limited to, Facebook, Myspace, blogs and wikis, are subject to the professional and ethical responsibilities outlined in the Canadian Nurses Association (2017) Code of Ethics for Registered Nurses, Part I Nursing Values and Ethical Responsibilities, Section E – Maintaining Privacy and Confidentiality and the Keyano College Student Code of Conduct.

It is the students' responsibility to ensure that they check Keyano Email and Moodle courses at minimum of twice daily, once in morning and evening. It is the students' responsibility to ensure thorough review of all resources and content on the Moodle course site. The instructors have placed many resources and documents to ensure the students' success in each course.

Instructors will communicate with the student group by announcements in the news forum on Moodle or through email. Please note that the method to contact your instructor related to assignments and course content is email. Please allow a 48-hour minimum response time from your instructor on business days. Instructors will not be checking emails on evenings, weekends/holidays. It is acceptable to text or phone your clinical instructor on the morning prior to clinical if you are going to be absent.

## Online Course Information for Lectures

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Due to the pandemic, COVID-19, the lecture components of this course will be delivered in an online format. Instructors will deliver course material by utilizing different platforms that best suits the course. Online resources may include Microsoft Teams, ZOOM, virtual simulation, Adobe Connect, or Voice-Over PowerPoint Presentations. Courses will remain interactive throughout the semester and may include video lectures, forum discussions and virtual group projects. Evaluation criteria will be listed in each course syllabus. Although the lecture component will be delivered online, this course will still follow a course schedule with due dates for assessments and scheduled times for online classes.

It is the responsibility of the student to ensure access to these resources and participate in course content fully. If technical difficulties arise it is the responsibility of the student to contact their instructor as soon as possible to inform them of such. Where possible instructors will seek mutual resolution in the best interests of the class as a whole.

Required Computer Access Codes for Elsevier Evolve e-books

Elsevier. (2020). *Nursing concepts online-Access Code*.  
Elsevier ebooks

## Required Resources

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College and Association of Registered Nurses of Alberta. (March 2019). *Entry-to-practice competencies for the registered nurses profession*. Edmonton, AB: Author. Retrieved from [https://www.nurses.ab.ca/docs/default-source/document-library/standards/entry-to-practice-competencies-for-the-registered-nurses-profession.pdf?sfvrsn=15c1005a\\_12](https://www.nurses.ab.ca/docs/default-source/document-library/standards/entry-to-practice-competencies-for-the-registered-nurses-profession.pdf?sfvrsn=15c1005a_12)

College and Association of Registered Nurses of Alberta (2010). *Ethical decision-making for registered nurses in Alberta: Guidelines and recommendations*. Edmonton: Author. Retrieved from [https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/rn-ethical-decisions-making.pdf?sfvrsn=d714472f\\_10](https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/rn-ethical-decisions-making.pdf?sfvrsn=d714472f_10)

College and Association of Registered Nurses of Alberta. (2013). *Practice standards for regulated members*. Retrieved from [https://www.nurses.ab.ca/docs/default-source/document-library/standards/practice-standards-for-regulated-members.pdf?sfvrsn=d4893bb4\\_8](https://www.nurses.ab.ca/docs/default-source/document-library/standards/practice-standards-for-regulated-members.pdf?sfvrsn=d4893bb4_8)

Canadian Nurses Association (CNA) Code of Ethics for Registered Nurses (2017). Accessed at: <https://cna-aic.ca/en/nursing-practice/nursing-ethics>

College and Association of Registered Nurses of Alberta. (January 2020). *Incorporating primary health care into practice*. Edmonton, AB: Author. Retrieved from [https://nurses.ab.ca/docs/default-source/document-library/position-statements/primary-health-care-position-statement.pdf?sfvrsn=9b1e0610\\_8](https://nurses.ab.ca/docs/default-source/document-library/position-statements/primary-health-care-position-statement.pdf?sfvrsn=9b1e0610_8)

College and Association of Registered Nurses of Alberta. (2011). *Professional boundaries for registered nurses: Guidelines for the nurse-client relationship*. Edmonton, AB: Author. Retrieved from [http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/RN\\_ProfessionalBoundaries\\_May2011.pdf](http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/RN_ProfessionalBoundaries_May2011.pdf)

Faculty of Nursing, University of Alberta. (2017). *Graduate Competencies and Year-End Outcomes Condensed Version Rev. 2.0*. Retrieved from Moodle Nurse 001Skills/Resources/Policies/Surveys course.

## Recommended Textbooks & Resources

Doane, G.H. & Varcoe, C. (2015). *How to nurse*. (1<sup>st</sup> ed.). Philadelphia, PA: Wolters Kluwer/Lippincott, Williams & Wilkins.

## Required Supplies

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Stethoscope  
Sphygmomanometer  
Penlight

A watch with timing capability (second hand or timer); no apple watches  
 Black pen/little notebook  
 Faculty of Nursing approved uniform (including appropriate footwear)  
 Nametag

## Course evaluation

Assignments/Course components	Dates	Weight	Course Outcomes
1. Lab Assessment Guide	April 8, 2021	20%	1,2,3,4,5, 6, 7, 8
2. Midterm Examination	February 8, 2021 0900 - 1100	25%	1,2,3,4,5
3. Skills Showcase	See timetable/sign-up	20%	3,4,5,6,7,8
4. Final Examination	April 19 to 30, 2021	35%	1,2,3,4,5,7,8
5. Clinical Practice (clinical assessment tool)	See Timetable	P/F	1,2,3,4,5,6,7,8

## Assignments Descriptions

### 1. Lab Assessment Guide (20%)

Lab activities will be face to face in the lab setting. See timetable for group times and lab room. Performance in lab will be evaluated by the lab instructor after completion of all lab experiences using the Lab Assessment Guide found in **Appendix A**. Students who receive a zero in any of the three categories on the Lab Assessment Guide will receive a failing grade for N125.

#### a. Weekly Lab Preparation Activities (Lab Assessment Guide)

Each lab has weekly study guides that reinforces the content from your Jarvis text. Each study guide contains exercises and questions in varying formats that provide the repetition needed to synthesize and master content from the text. Complete each study guide that correlates to the lab being taught prior to coming to lab. This will reinforce your lectures and prepare you for each lab experience. Submit each completed lab to your lab instructor prior to each lab. Once reviewed, the study guide will be returned to you and answers will be placed on Moodle.

### 2. Midterm Examination (25%)

Midterm Exam: The computer-based examination will consist of 50 multiple choice questions and be administered over 1 hour and 45 minutes timeframe. Examination will be completed within scheduled class time. See timetable for date and time. The examination will include content from lectures, required readings, and labs from Week 1 to Week 6 inclusive. The use of Respondus and Lockdown Browser is mandatory.

3. **Skills Showcase (20% is based on the first attempt)**

This is an opportunity to showcase proficiency in assessment skills with a lab partner utilizing objective evaluation criteria that is determined in advance. Three areas of assessment will be selected for the showcase and students are given the evaluative criteria for each to practice prior to the showcase day. Evaluative criteria for each assessment can be located on Moodle. Select a partner for the Skill Showcase as early as possible and inform your instructor. Students must successfully complete their skills showcase in order to pass N125. The pass mark for the Skills Showcase is 80%. Students who do not successfully pass the Skills Showcase on the first attempt will have one additional attempt. Students who are not successful on the second attempt will receive a failing grade in N125.

4. **Final Examination (35%)**

Final Exam: The computer based final examination will consist of 100 multiple choice and select all that apply questions, which will be administered over a three hour timeframe. The content is accumulative, and covers all lectures, required readings, and labs. The time and date is determined and announced by the Registrar's office during exam week. The use of Respondus and Lockdown Browser is mandatory.

5. **Clinical Practice (Pass/Fail)**

A summative assessment of nursing practice will be completed by the student and the instructor. This will be accomplished through observation, assessment and evaluation of the student during various clinical activities. Students will receive ongoing verbal and/or written feedback from the clinical instructor throughout the course in order to support learning. Feedback may be supplemented with input from peers, the staff of AHS/agency and client/family. See **Appendix B** for Clinical Assessment Guide.

Students at risk in any of the indicators on the clinical assessment tool will develop a learning support plan in collaboration with their clinical instructor. Students must successfully meet the learning support plan by the agreed upon date. At final, students must achieve a "pass" on all areas of the clinical assessment tool in order to successfully complete N125.

## Using LockDown Browser and Respondus for Online Exams

This course requires the use of LockDown Browser for online exams. Watch this [short video](#) to get a basic understanding of LockDown Browser and the optional webcam feature (which may be required for some exams).

Then download and install LockDown Browser from this link:

<https://ilearn.keyano.ca/course/view.php?id=28874#section-7>

To take an online test, start LockDown Browser and navigate to the exam. (You won't be able to access the exam with a standard web browser.) For additional details on using LockDown Browser, review this Student Quick Start Guide (PDF)

Finally, when taking an online exam, follow these guidelines:



- Select a location where you won't be interrupted
- Before starting the test, know how much time is available for it, and that you've allotted sufficient time to complete it
- Turn off all mobile devices, phones, etc. and don't have them within reach
- Clear your area of all external materials — books, papers, other computers, or devices
- Remain at your desk or workstation for the duration of the test
- LockDown Browser will prevent you from accessing other websites or applications; you will be unable to exit the test until all questions are completed and submitted

## Performance Requirements and Student Services

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### Student Responsibilities

It is your responsibility as a student to contact the Office of the Registrar to complete the forms for Withdrawal or Change of Registration, and any other forms. Please refer to the list of important dates as noted in the Academic Schedule in the Keyano College credit calendar ([www.keyano.ca/creditcalendar](http://www.keyano.ca/creditcalendar))

The Keyano College credit calendar also has information about Student Rights and Code of Conduct. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Code of Conduct Policies.

### Student Attendance

Class/Lab attendance is useful for two reasons. First, class/lab attendance maximizes a students' learning experience. Second, attending class/lab is a good way to keep informed of matters relating to the administration of the course (e.g., the timing of assignments and exams). Ultimately, you are responsible for your own learning and performance in this course.

It is the responsibility of each student to be prepared for all classes/labs. Students who miss classes/labs are responsible for the material covered in those classes and for ensuring that they are prepared for the next class/lab, including the completion of any assignments and / or notes that may be due.

### Academic Misconduct

Students are considered to be responsible adults and should adhere to principles of intellectual integrity. Intellectual dishonesty may take many forms, such as:

- Plagiarism or the submission of another person's work as one's own
- The use of unauthorized aids in assignments or examinations (cheating)
- Collusion or the unauthorized collaboration with others in preparing work
- The deliberate misrepresentation of qualifications
- The willful distortion of results or data
- Substitution in an examination by another person
- Handing in the same unchanged work as submitted for another assignment
- Breach of confidentiality.

The consequences for academic misconduct range from a verbal reprimand to expulsion from the College. More specific descriptions and details are found in the Student Rights and Student Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

In order to ensure your understanding of the concept of plagiarism, you must successfully complete the online tutorial found on [ilearn.keyano.ca](http://ilearn.keyano.ca). Then print the certificate, sign it, and show it to each of your instructors. Your course work will not be graded until you show this signed certificate. If you have completed this tutorial in a University Studies course, you can show your instructor the certificate. The tutorial is required to be completed only once during your time at Keyano unless you have left the program and returned.

### **Late Assignments**

All assignments are to be submitted as indicated in the syllabus and timetable. Extensions on assignments may be granted; however, must be negotiated with the instructor prior to the due date and with a date specified for late submissions. Assignments not submitted on the day and time specified will incur a 5% deduction per day including weekends. This will be applied each day until the assignment is received by the instructor. Students can submit assignments by e-mail on weekends.

### **Absence from Quizzes and Exams**

If you are ill and unable to write a quiz or exam, you must notify the instructor prior to the quiz or exam to allow and prepare for alternate arrangements.

## **Specialized Supports**

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The Student Services department is committed to Keyano students and their academic success. There are a variety of student supports available at Keyano College. Due to the continuing situation with the Covid-19 pandemic, the offered support services will be implemented differently this semester by being provided mostly virtually. In-person service can be requested as needed. All Alberta Health Services guidelines will be followed for in-person appointments—wear a mask, maintain two meters of physical distance, use hand sanitizer, and stay home if you are unwell.

All student services are available during Keyano business hours: Monday to Friday, 0830-1630.

### **Accessibility Services**

Accessibility Services provides accommodations for students with disabilities. Students with documented disabilities, or who suspect a disability, can meet with a Learning Strategist to discuss their current learning barriers and possible accommodations. Students who have accessed accommodations in the past are encouraged to contact us to request them for the semester. Please note that requesting accommodations is a process and requires time to arrange. Contact us as soon as you know you may require accommodations. For accessibility services supports and to book a virtual appointment, please contact [accessibility.services@keyano.ca](mailto:accessibility.services@keyano.ca).

Accessibility Services also provides individual and group learning strategy instruction for all students, as well as technology training and supports to enhance learning. Meet with a Learning Strategist to learn studying and test-taking strategies for online classes. Schedule an appointment with the

Assistive Technology Specialist to explore technology tools for learning. Book an appointment today by emailing [accessibility.services@keyano.ca](mailto:accessibility.services@keyano.ca)

### **Wellness Services**

Wellness Services offers a caring, inclusive, and respectful environment where students can access free group and individual support to meet academic and life challenges. Mental Health Coordinators offer a safe and confidential environment to seek help with personal concerns. All individual appointments will continue virtually.

Wellness Service welcomes students to participate in any of the virtual group sessions offered throughout the academic year addressing topics including mindfulness and test anxiety.

Individual virtual appointments can be made by emailing [wellness.services@keyano.ca](mailto:wellness.services@keyano.ca). If you require mental health supports outside of business hours, please contact 211 from anywhere in Alberta to receive information about community supports.

### **Library Services**

Library Services provides students with research and information supports as they engage in their studies. Although the Keyano Library is physically closed, we remain open online. Library staff are available to support you virtually during the semester. For any inquiries, please email [askthelibrary@keyano.ca](mailto:askthelibrary@keyano.ca).

Begin your research with the [Library's FIND page](#). Search for sources using OneSearch, the Library's Catalogue, or by searching in a specific database selected from the [A-Z Database List](#).

Individual support with the Information Librarian is available virtually. Appointments can be requested by using the [Book A Librarian online form](#).

Research and Subject Guides are helpful resources when beginning your research or addressing other information needs. To view a subject or course specific guide, go to the Subject Guide webpage [here](#).

To access additional research resources, including Citation Guides (APA, MLA, Chicago, or IEEE), go to the [Research Help Library page](#).

The Loanable Technology collection is available to support students in their online learning pursuits. Items available for borrowing include mobile projectors, webcams, noise cancelling headphones, Chromebooks, and laptops. For an up-to-date list of technology available for borrowing, go to the Library's [Loanable Technology webpage](#).

### **Skill Centre**

Skill Centre provides academic support services to students registered in credit programs at Keyano College in the form of tutoring, assignment/lab support, writing support groups, facilitated study groups, workshops, and study space. This service is free and is available for all Math, Sciences, Humanities and Trades courses offered at Keyano.

While most courses are being offered online, the Skill Centre will be offering mostly virtual services and in-person sessions as requested. Please email [Skill@keyano.ca](mailto:Skill@keyano.ca) to get in contact with our Academic Content Specialists. The Skill Centre is located in CC-119 at the Clearwater Campus.

For the most up to date information on how to book a session, please view the [Keyano Skill Centre homepage](#).

### **Academic Success Coaching**

Offers you support and access to resources for your academic success to help you to find the Keys to your Success. The Academic Success Coach will work with you to develop an academic success plan, develop your study and time management skills, and connect you with the right resources here at Keyano. [Academic.success@keyano.ca](mailto:Academic.success@keyano.ca) is the best way to access resources during virtual service delivery. The Academic Success Coach is located in the Skill Centre in CC-119 at the Clearwater Campus.

### **E-Learning**

Technology and internet will impact your online learning experience. It's important that you are able to watch an online video and other course materials, take online quizzes, and participant in a live class with your instructor and other students.

Keyano College operates in a Windows based environment and having the correct tools for online learning is important. Here's a list of recommended system requirements.

### **Internet Speed**

Minimum Internet speeds of 5 Mbps.

Recommended Internet speeds of 25 Mbps (especially if you are sharing your internet at home).

Check your internet speed with [Fast.com](http://Fast.com).

**System requirements:**

Microsoft Windows	Apple
<p><b>Minimum Requirements:</b></p> <p>A Windows 10 <b>computer/laptop</b></p> <ul style="list-style-type: none"> <li>· Minimum 4GB of RAM.</li> <li>· 10GB+ available hard drive storage.</li> <li>· Enough available hard drive space to install the Microsoft Office suite (approximately 3GB). <a href="#">Microsoft Office</a> software is free to all Keyano students and employees.</li> <li>· Microphone, webcam and speakers. A headset with a microphone is recommended.</li> <li>· System updates must be regularly installed.</li> <li>· Anti-Virus / Anti-Malware software</li> </ul>	<p><b>Minimum Requirements:</b></p> <p>A Macintosh (V10.14 and above) <b>computer/laptop</b></p> <ul style="list-style-type: none"> <li>· Minimum 4GB of RAM.</li> <li>· 10GB+ available hard drive storage.</li> <li>· Enough available hard drive space to install the Microsoft Office suite (approximately 3GB). <a href="#">Microsoft Office</a> software is free to all Keyano students and employees.</li> <li>· Microphone, webcam and speakers. A headset with a microphone is recommended.</li> <li>· System updates must be regularly installed.</li> <li>· Anti-Virus / Anti-Malware software.</li> </ul>
<p><b>Recommended Requirements</b></p> <ul style="list-style-type: none"> <li>· 8GB of RAM</li> <li>· A method of backing up/synchronizing to local or cloud-based storage such as OneDrive is highly recommended. This is included if you complete the setup of KeyanoMail and download MS Office using your Keyano email for free.</li> </ul>	<p><b>Recommended Requirements</b></p> <ul style="list-style-type: none"> <li>· 8GB of RAM</li> <li>· A method of backing up/synchronizing to local or cloud-based storage such as OneDrive is highly recommended. This is included if you complete the setup of KeyanoMail and download MS Office using your Keyano email for free.</li> </ul>
<p>Chromebooks are <b>not</b> recommended as they are not compatible with testing lockdown browsers.</p> <p>A Microsoft Surface or iPad or iPad Pro may be possible alternatives in some program areas.</p>	

**Specific department requirements:**

Business and OA programs require Windows 10.  
Other programs may utilize Windows based tools as well.

**Computer Software**

Students will be able to get access to Microsoft Office 365 for Free using Keyano Credentials by [clicking here](#).

## Recording of lectures and Intellectual Property

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Students may only record a lecture if explicit permission is provided by the instructor or by Accessibility Services. Even if students have permission to record a lecture or lecture materials, students may not share, distribute, or publish any of the lectures or lecture materials, this includes any recordings, slides, instructor notes, etc. on any platform. Thus no student is allowed to share, distribute, publish or sell course related content (instructor, or students) without permission. It is important to recognize that the Canadian Copyright Act contains provisions for intellectual property. The [Academic Integrity Policy](#) provides additional information on Keyano College's expectations from students as members of the intellectual community.

## ITS Helpdesk

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If you are having issues with your student account, you can contact the ITS Helpdesk by emailing [its.helpdesk@keyano.ca](mailto:its.helpdesk@keyano.ca) or calling 780-791-4965.

## Final grades

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The assignments are marked as raw scores according to the percentage weight assigned to each. The marks on course assignments will contribute to the overall letter grade according to the percentage that each assignment is weighted in the course. At the end of the course, all assignment scores are totaled for a term summary mark in the course based on the grading scale below. The FINAL COURSE GRADE is based on the cumulative total of individual student's weighted assignment marks.

Grading rubric is located in **Appendix C**

## Deferred final exams

A student who has missed a final exam because of incapacitating mental and/or physical illness, severe domestic affliction or for circumstances as described in Keyano College's Examination Policy in the Credit Calendar. Students are required to follow the process outlined in the policy should they wish to apply for a deferred exam.

## Lecture

N125 theory component is focused on helping students acquire and understand the knowledge necessary to be able to perform both focused and comprehensive health histories and physical examinations of clients across the lifespan. The theory component of the course will be facilitated using a virtual format. Students are expected to actively participate in the learning process and to come to all learning experiences having completed all required readings.

## N125 Lecture/Labs

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- Class 1: Introduction to Health Assessment Labs  
Part A: General Survey: Techniques of Assessment and Communication  
Part B: Hand Hygiene & Personal Protective Equipment  
Lab Preparation Study Guide:  
Assessment Techniques and the Clinical Setting
- Class 2: Health History and Assessment of vital signs (BP, HR, temp, SpO<sub>2</sub>, pain), height, weight  
Lab Preparation Study Guides:  
The Interview  
The Complete Health History  
General Survey, Measurement and Vital Signs  
Pain Assessment
- Class 3: Skin, Hair, and Nails, Braden Scale, pressure ulcers/relief, comfort (massage, turning), making an occupied and unoccupied bed  
Lab Preparation Study Guide:  
Skin, Hair, and Nails
- Class 4: Safe patient Handling (brakes, bed rails, call bell)  
Hygiene – partial/complete bed bath, shower including the following concepts: perineal care, foot care, hair care, mouth care (dentures, brushing/swabs), and toileting  
Equipment – shower chair/bench, wash basins, kidney basins, denture cups, attends, commode chairs, bedpans, wheelchairs  
Activities of Daily Living (ADLs), grooming, dressing, mobility
- Class 5: Musculoskeletal Assessment and It's Your Move  
Lab Preparation Study Guide:  
Musculoskeletal System
- Class 6: Abdominal Assessment, girth, bowel (enemas, suppositories), ostomy  
Feeding (by mouth, by feeding tube (NG & Gtube)  
Swallowing, dietician, speech  
Lab Preparation Study Guide:  
The Abdomen
- Class 7: Respiratory System and assessment, deep breathing and coughing, oxygenation, pulse oximetry, incentive spirometry  
Lab Preparation Study Guide:  
Thorax and Lungs
- Class 8: Cardiovascular System and Peripheral Vascular System: heart sounds, pulses (carotid, radial, femoral, popliteal, pedal), JVP theory, CSM

Lab Preparation Study Guides:  
Peripheral Vascular System and Lymphatic System  
Heart and Neck Vessels

Class 9: Head and Neck: eyes, ears, nose, throat, palpation of lymph nodes  
Lab Preparation Study Guides:  
Head, Face, and Neck, Including Regional Lymphatic System  
Nose, Mouth, and Throat  
Eyes  
Ears

Class 10: Neurological System and assessment: cranial nerves, mental status  
Lab Preparation Study Guide:  
Neurological system

Class 11: Genitourinary System and assessment, testicular and breast exams  
Lab Preparation Study Guides:  
Breast and Regional Lymphatic System  
Male Genitourinary System  
Female Genitourinary System  
Anus, Rectum, and Prostate

Class 12: Head to toe assessment: Integration of all concepts  
Lab Preparation Study Guide:  
The Complete Health Assessment: Pulling It All Together

Class 13: Skills Showcase

## Lab Activities

Lab learning experiences are required for students to develop nursing skills, integrate theory, pose questions, and practice psychomotor skills within a supportive learning environment prior to working with patients/clients/families. Students are expected to dress as indicated in the student handbook. Students are expected to practice the skills taught in the labs **outside of scheduled lab time at home or by scheduling additional time during the open lab sessions**. Students are responsible for making up a missed lab and can arrange this in consultation with the course instructor.

Please refer to the Nursing 125 Timetable for times and room number for labs. **Attendance at assigned lab section is required. All students are expected to come to the labs with all assigned readings and pre-lab activities completed.**



## APPENDIX A: N125 Lab Assessment Guide

Student Name:	Instructor Name:
Date:	Grade: /100

<b>Preparation and Participation</b>	/40
Consistently prepared and participated at expected level.....	40
Required guidance to participate at expected level.....	30
Not prepared for lab learning experiences once .....	20
Not prepared for lab learning experiences for two or more labs.....	10
Ineffective participation in lab learning experiences.....	0

<b>Professional Conduct</b>	/30
Consistently demonstrated professionalism.....	30
Requires guidance in demonstrating professional communication .....	20
Requires assistance in demonstrating professional communication.....	10
Consistently lacked professionalism.....	0

<b>Professional Responsibility</b>	/30
Attended all labs or absent only due to extenuating reason .....	30
Absent once without extenuating reason .....	20
Late on two or more occasions without extenuating reason .....	10
Absent more than once without extenuating reason .....	0

Comments:

Student Signature: \_\_\_\_\_

Instructor Signature: \_\_\_\_\_

## APPENDIX B: N125 Clinical Assessment Guide

Student Name:	Instructor Name:
Date:	Grade: /100

<b>Preparation and Participation</b>	<b>/40</b>
Required guidance to participate at expected level.....	40
Required minimal assistance to participate at expected level .....	30
Required assistance to participate at expected level .....	20
Not prepared for clinical learning experiences on one or two occasions .....	10
Ineffective participation in clinical learning experiences.....	0

<b>Professional Conduct</b>	<b>/30</b>
Consistently demonstrated professionalism in the clinical setting.....	30
Requires guidance in demonstrating professional communication .....	20
Requires assistance in demonstrating professional communication.....	10
Consistently lacked professionalism.....	0

<b>Professional Responsibility</b>	<b>/30</b>
Attended both clinical shifts or absent only due to extenuating reason .....	30
Absent once from clinical without extenuating reason .....	20
Late on one or two clinical shifts without extenuating reason .....	10
Absent for the two clinical shifts without extenuating reason .....	0

Comments:

## APPENDIX C: Keyano College Percentage – Alpha Grading System

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Descriptor	Percentage Scale	Alpha Scale
Excellent	96-100	A+
	90-95	A
	85-89	A-
Good	80-84	B+
	76-79	B
	72-75	B-
Satisfactory	68-71	C+
	64-67	C
Minimum Pass	60-63	C-
Poor	55-59	D+
	50-54	D
Failure	0-49	F

Student Signature: \_\_\_\_\_

Instructor Signature: \_\_\_\_\_