



**PRACTICAL NURSING 204**

**NURSING FOUNDATIONS V1:  
COMMUNITY NURSING**

**February 5, 2020 –February 24, 2020**

**COURSE OUTLINE**

**Instructor:  
Fatima Legrou**

Revised 2020

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**PRACTICAL NURSING 204  
NURSING FOUNDATIONS VI:  
COMMUNITY NURSING**

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**NURSING FOUNDATIONS VI:  
COMMUNITY NURSING  
COURSE OUTLINE**

**CALENDAR STATEMENT/ COURSE DESCRIPTION**

**NURSING FOUNDATIONS VI:** \* Semester 3

This nursing course provides the learner with theories of family and community to acquire the knowledge and skill required to promote the health and well-being of populations within the community. The course emphasizes the importance of collaboration between the interdisciplinary health-care team, families, and communities to achieve safe, evidence-informed community nursing practice. The learner will build upon previous nursing knowledge and related theory in adapting the nursing approach to the care and health promotion of the family and community using the nursing metaparadigm and nursing process. Trends and issues in the care of families and communities will also be explored.

**Pre-requisites:** PN 200, successful completion of all first year courses

**COURSE HOURS**

**TOTAL HOURS: 45                      LECTURE: 45                      CREDITS: 3**

**TUTOR INFORMATION**

Instructor: Fatima Legrou  
Phone (Office): 780-791-8949  
E-mail: Fatima.legrou@keyano.ca  
Office Hours: By appointment only

## GENERAL LEARNING OUTCOMES

### General Learning Outcomes

Upon successful completion of this course, the learner will meet the following outcomes:

1. Describe the role of the practical nurse as part of the interdisciplinary health-care team in the community.
2. Integrate the nursing metaparadigm, nursing theory, and related knowledge into community nursing.
3. Explain the concepts of health promotion and population health as related to community nursing.
4. Maintain and promote safety of clients within the community.
5. Apply the nursing process to the community as client.
6. Integrate concepts of nurse/client synergy to community nursing care and health promotion.
7. Determine appropriate communication techniques to establish a therapeutic nurse/client relationship with community as client.
8. Apply principles of teaching and learning related to the community as client.
9. Identify the legal and ethical principles in the care of the community as client.
10. Incorporate the concept of cultural competence in the community setting.
11. Apply knowledge of documenting, reporting, and recording of pertinent client information to community nursing,
12. Integrate professionalism and leadership to the community as client.
13. Incorporate research findings in evidence-informed practice in the delivery of community nursing care.
14. Demonstrate reflective practice for personal and professional growth and continued learning related to community nursing

### Instructional Methods

- This course uses a variety of teaching/learning methods including: case studies, reflective questions, discussions, personal discovery, interactive online learning activities, multiple-choice assessments, and critical thinking exercises. These course activities provide the opportunity for learners to learn with and from others who are undergoing a similar learning experience.
- The course emphasizes pre-class preparation, participation in interactive classes, and post-class reflection and review. The learner is expected to take an active part in class discussions and take responsibility for his/her own learning. The instructor's role is to facilitate learning.

## **PRACTICAL NURSING PROGRAM POLICIES**

Please refer to Keyano College Practical Nurse Handbook for specific Practical Nursing Program policies and to Keyano College Calendar for general College policies.

## **LATE POLICY FOR ASSIGNMENTS**

### **LATE ASSIGNMENTS:**

Assignments not submitted on the day and time specified will incur a 5% deduction per day including weekends. This will be applied each day until the assignment is received by the instructor. Students can submit assignments by e-mail on weekends, but must provide a paper copy on the first day following the weekend. Assignments are due at 1200 on the required day.

## **SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE**

### **ACCESSIBILITY SERVICES: LEARNER ASSISTANCE PROGRAM**

It is the College's goal that learning experiences be as accessible as possible. If you anticipate or experience physical or academic barriers based on disability, please let your instructor know immediately so that we can discuss options. You are also welcome to contact Disability Services (780-791-8934) to establish reasonable accommodations.

## **OVERVIEW OF LEARNING EXPERIENCES**

Students will work through 8 Units in the classroom. Units to be covered in Nursing Foundations VI :Community Nursing are as follows:

### **Course Units**

This course consists of the following units:

**Unit 1:** Foundations of Community Health

**Unit 2:** Community Health Nursing Roles

**Unit 3:** Health Promotion and Diversity

**Unit 4:** Community as Client

**Unit 5:** Working with Vulnerable Populations

**Unit 6:** Family as Client

**Unit 7:** Communicable Disease Control

**Unit 8:** Environmental Health and Disaster Management

## CODE OF ETHICS

The following CLPNA competencies are learned during the Nursing Foundations V course:

- A: Nursing Knowledge
- B: Nursing Process
- C: Safety
- D: Communication and Interpersonal Skills
- E: Nursing Practice
- Q: Rehabilitation Nursing
- R: Community Health
- S: Clinic Based Nursing
- T: Occupational Health and Safety
- W: Professionalism
- X: Licensed Practical Nurse Role

All students must practice in a manner that is consistent with:

- The CLPNA Code of Ethics and Standards of Practice.

Refer to [www.clpna.com](http://www.clpna.com) for references

## REQUIRED TEXTS

### PRIMARY TEXT

Stanhope, M., Lancaster, J., Jessup-Falcioni, H., & Viverais-Dresler, G.A. (2017). *Community health nursing in Canada* (3rd Canadian ed.). Toronto, ON: Elsevier.

Potter, P. A., Perry, A.G, Stockett, P. A., Hall, A.M., Ross-Kerr, J.C., Wood, M.J. Astle, B. J., & Duggleby, W. (2014). *Canadian fundamentals of nursing* (6<sup>th</sup> ed.). Toronto, ON: Elsevier Mosby.

Practical Nurse Collaborative Curriculum. (2020). *Nursing Foundations VI: Community nursing: Course materials*.

### Internet Resources to Supplement Text Readings

Alberta Health and Wellness website at [www.health.gov.ab.ca](http://www.health.gov.ab.ca)

Boyle Street Community Services website at <http://boylestreet.org>

College of Licensed Practical Nurses of Alberta website at [www.clpna.com](http://www.clpna.com)

## OVERVIEW OF COURSE ASSESSMENT

### Assessments

To receive credit in Nursing Foundations VI: Community Nursing, the learner must complete all course requirements, which include all assignments and exams.

Course credit will **not** be given if only parts of the course have been completed.

### DISTRIBUTION OF MARKS

THEORY			Exam Date
<b>Midterm Exam</b> multiple choice	Demonstrate knowledge of course content (Units 1–4)	25%	<b>February 12, 2020</b>
<b>Assignment 1</b>	Health Promotion/Injury Prevention Resource/Teaching	25%	<b>February 13, 2020</b>
<b>Assignment 2</b>	Building Your Professional Portfolio	10%	<b>February 14, 2020</b>
<b>Final Exam</b> cumulative; multiple choice	Demonstrate knowledge of all course content	40%	<b>February 24, 2020</b>
		<b>Total</b>	<b>100%</b>

### PASSING LEVEL AND GRADING SCALE

This is a theory course. Students must complete all assignments and examinations to receive a final grade. Students will not be allowed to rewrite assignments or exams to raise their grade.

To receive credit for Nursing Foundations V, a learner must achieve each of the following:

- A minimum overall grade of 1.7 (C–) or 60%

Refer to the Practical Nurse Program Handbook for information regarding grading scale, extensions, and other program standard practices.

### Important Additional Information

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**Note to all Learners:** It is the learner's responsibility to retain course outlines for possible future use in support of applications for transfer credit to other educational institutions.

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# COURSE ASSESSMENT

Assessment of mastery of the content of Nursing Foundations VI: Community Nursing will be determined through the learner meeting expectations for the following:

- Development of a Health Promotion/Injury Prevention Teaching Resource and Analysis paper
- Building your professional portfolio
- Midterm exam
- Final cumulative exam

## Assignment 1: Health Promotion/Injury Prevention Teaching Resource and Analysis Paper

The learner will complete this assignment at a time determined by the instructor/tutor. To complete this assignment, you will develop a teaching resource focusing on either health promotion or injury prevention in the community. You will then write a scholarly paper analyzing the teaching resource. **This assignment contributes 25% towards the course grade.**

## Assignment 2: Competency Profile

You are **expected** to maintain and enhance the Professional Portfolio begun in Nursing Foundations I during each Nursing Foundations course. At the end of each Nursing Foundations course you will submit evidence of having maintained and enhanced your Professional Portfolio to your instructor/tutor. **This assignment contributes 10% towards the course grade.**

## Midterm Exam

**This exam contributes 25% toward the course grade.** It covers course information from Unit 1 through Unit 4 inclusive.

Exams will be offered online through Moodle. A device that enables internet access will be required for exam completion. Students who do not have access to such devices should notify the tutor at least one week in advance. The time and venue are flexible and will be discussed at orientation.

## Final Exam

**This exam contributes 40% toward the course grade.** It covers all course information from Unit 1 through Unit 8. The final exam will also be offered online through Moodle. A classroom and specific time will be scheduled and the option to write in another venue will be discussed at the start of the course.

# **ASSIGNMENT 1: HEALTH PROMOTION/INJURY PREVENTION TEACHING RESOURCE AND ANALYSIS PAPER**

In this assignment, you will have the opportunity to do each of the following:

- Create a health promotion or injury prevention resource addressing an issue in your community.
- Complete an analysis paper of the teaching resource.

Through this assignment, you will create a health promotion or injury prevention resource addressing a health issue in your community using a method of your choice (e.g., pamphlet/brochure, PowerPoint presentation, poster presentation, radio/TV commercial or webpage). The resources need to be appropriate as a teaching resource for your target audience.

**\*See Appendix A for Marking Guide**

## **Instructions**

1. Choose a group/population in your community and assess the client for health promotion/injury prevention health education needs.
2. Choose a health issue to target for this audience and describe why this is an issue for this group.
3. Use research for evidence-informed practice as part of the assessment and health promotion/injury prevention strategies pertinent to the target audience. Develop a teaching strategy based on assessment and “at risk” health behaviour. Apply teaching and learning principles in the learning resource.
4. Describe how to evaluate the members of the target audience to identify whether strategies were successful. Choose three questions the target audience will answer to evaluate your teaching resource.
5. Develop resource:
  - Use method of your choice (e.g. pamphlet/brochure, PowerPoint presentation, poster presentation, radio/TV commercial or webpage).
  - Alternate ideas for resources must be preapproved by your instructor.
  - Assure the resource is appropriate to reach the learning needs of the target audience based on your assessment. Include a smart goal for your target audience.
6. Complete an analysis paper including the following:
  - The paper should be 2–3 pages in length minimum. It must be typewritten (word-processed) and follow APA 6th edition format.
  - Include a title page.
  - Headings – Research, Teaching Resource and Evaluation

- A brief description of the target audience, background information, current prevalence of the issue, magnitude of the problem, and factors influencing the problem
- Identification of three “at-risk behaviours” or factors
- A brief description of your learning/teaching strategy
- Discussion on the development of your teaching method and tool based on assessment and “at-risk” health behaviour
- Description of the resource developed
- Your plan for evaluation of the resource (questions for participants to answer – minimum three) and a self-evaluation (one strength and one suggestion for improvement identified)
- An APA-format reference list. Include three (3) references, with one being a current nursing journal.
- The teaching resource will be presented in the classroom.

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***Submit the marking guide with your assignment.***

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**APPENDIX A**  
**Marking Guide for Assignment 1**

**Assignment 1: Health Promotion/Injury Prevention Teaching  
Resource and Analysis Paper – Marking Guide**

**KEY CONTENT**

**MARKS**

**RESEARCH (20 MARKS)**

- Described target group (2)
- Selected target group and completed assessment for “at risk” issue and identified 3 at risk behaviours/factors (3)
- Described health issue including: background information (4), current prevalence (1), magnitude of problem (1), and factors influencing the problem (4)
- Used research for evidence-based practice for assessment and health promotion/injury prevention strategies pertinent to target audience in the essay and teaching tool (5)

     /20

**TEACHING RESOURCE (20 MARKS)**

- **Described learning/teaching method used (2)**
- **Listed 3 appropriate teaching strategies used based on assessment (3)**
- **Developed resource appropriate to target audience (10)**
  - ❖ Stated SMART goal for target audience
  - ❖ Teaching Tool/Resource
    - Age appropriateness
    - Correct wording/spelling
    - Correct Information
    - Size of font/printing
    - Suitable amount of content
    - Suitable Images used
    - Cited source on teaching tool/resource
- **Presentation of Resource to class (5)**

     /20

**EVALUATION (5 MARKS)**

Included plan for evaluation

- **Target Group evaluation (3)**
    - 3 open ended questions for participants to answer/evaluate you, with answer sheet from participants included
  - **Self-evaluation of teaching resource (2)**
    - One strength
    - One suggestion for improvement
- /5

Comments: 

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**TOTAL** 

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**/45** 

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***Submit this marking guide with your assignment.***

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## APA AND GRAMMAR – MARKING GUIDE

KEY CONTENT	MARKING GUIDE				
	POINTS:	1	0.5	0.25	0
<b>TITLE PAGE</b>					
Included: date; header and page number; running head. Remaining items centred: title of paper, student name, college name, course and section number, assignment name and number, instructor name		Excellent	Satisfactory	Minimal	None
<b>BODY OF PAPER</b>					
Paper organized – header and page number; headings; appropriate margins, double-spaced throughout, indent 5 spaces or 1 tab for new paragraphs, correct font – Times New Roman, 12 pt. font		Excellent	Satisfactory	Minimal	None
<b>REFERENCES</b>					
Citations in body of paper follow APA format		Excellent	Satisfactory	Minimal	None
References on separate page; followed APA format; included minimum of 3 references with one being a current nursing journal		Excellent	Satisfactory	Minimal	None
<b>GRAMMAR AND SPELLING</b>					
Grammar appropriate and words spelled correctly (minimal errors)		Excellent <5 errors	Satisfactory 6-10 errors	Minimal 11-20 errors	None >20 errors
	<b>TOTAL</b>				<b>/5</b>

Comments:

**GRAND TOTAL (ALL MARKING GUIDES)**

**/50**

*Submit this marking guide with your assignment.*

## ASSIGNMENT 2:      **COMPETENCY PROFILE**

You are **required** to maintain and enhance your Professional Portfolio begun in Nursing Foundations I during each Nursing Foundations course.

The purpose of a cumulative Professional Portfolio is to develop documentation you can use to secure employment in a health-care setting as a practical nurse graduate.

- At the end of each Nursing Foundations course you will submit to your instructor/tutor evidence of having maintained and enhanced your Professional Portfolio.
- Submission may be electronically through websites available in the College or in hard copy using the “Report on Progress of Professional Portfolio” form below.
- **Do not submit** the entire Professional Portfolio unless requested to do so by your instructor/tutor.
- The **report** does **not** replace work on the Professional Portfolio but is an indication that you met expectations.
- This assignment contributes 10% to your total course grade.
- **See Appendix B for grading**

Categories to continue to build as applicable to the learning of each Nursing Foundations course are:

### **A. Personal:**

- Personal goals
- Personal interests
- Education
- Experiences
- Achievements

### **B. Professional:**

- Philosophy of practical nursing
- Resume and cover letter
- Appraisals and evaluations
- Reflective practice
- Leadership
- Scholarly papers
- Nursing care plans
- Client teaching plans
- Professional goals

- CPRNE study plan
- Continuing competency achievement

### **Continuing Competency Achievement**

Continuing competency achievement is an essential aspect of the professional portfolio. Review the competencies from the Course Outline or from the Competency Profile on the CLPNA website at [www.clpna.com](http://www.clpna.com) that apply to this course. Choose the most significant competency you learned in this course. Reflect on the following questions: Using the "Proficiency Categories" below, how would you rate your proficiency in this competency? What did you do to achieve this competency? Why is this competency meaningful or significant? How will you use this learning in your nursing practice?

#### **PROFICIENCY CATEGORIES**

**Excellent:** integrates competency theory with other knowledge, skills, and attitudes so that it becomes seamless/automatic as part of everyday nursing practice

**Good:** understands competency in theory and in scenarios and nursing practice

**Fair:** understands the competency in theory; unable to apply it to scenarios or nursing practice

**Poor:** does not understand content related to the competency

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*You will be expected to finalize your Professional Portfolio and to create a Continuing Competency Program Learning Plan/Binder upon completion of Nursing Foundations VIII.*

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*Appendix B*  
**NURSING FOUNDATIONS VI: Community Health Nursing**  
**Marking Guide for Assignment 2**

**ASSIGNMENT 2: COMPETENCY PROFILE**

<b><u>DESCRIPTION OF ONE SIGNIFICANT LEARNING EXPERIENCE IN THIS COURSE</u></b>	5 Marks  Description of Event
<b><u>WHAT I LEARNED FROM THE EXPERIENCE</u></b>	10 marks  Reflect on experience and its relationship to the course content and how it impacted your learning
<b><u>WHY IT WAS MEANINGFUL/ SIGNIFICANT</u></b>	15 marks  Explain the significance of the learning experience as to why it was meaningful for you
<b><u>HOW I WILL APPLY THIS LEARNING IN NURSING PRACTICE</u></b>	15 marks  Demonstrate the application of the learning experience to your nursing practice now and in the future
<b><u>ADDITIONAL COMMENTS</u></b>	5 Marks  Other experience that may enhance learning in the course  Any other comments that may be pertinent to the course

Student Name: \_\_\_\_\_

Course: \_\_\_\_\_

Date: \_\_\_\_\_ Instructor: \_\_\_\_\_