PRACTICAL NURSE COLLABORATIVE CURRICULUM

KEYANO COLLEGE

COURSE OUTLINE

PN 202

NURSING FOUNDATIONS IV:
MATERNITY NURSING

Fall 2018

Dates

INSTRUCTOR: TBA

ALL RIGHTS RESERVED

Copyright © May 2013
Practical Nurse Collaborative Curriculum and its licensors

No part of this publication may be reproduced or transmitted in any form or by any means, or stored in a database and retrieval system, without the prior written permission of the publisher.

Practical Nurse Collaborative Curriculum (PNCC) has made every effort to obtain copyright permission. Please bring any omissions to our attention at the following address:

Curriculum Development, 10215 108 Street, Edmonton Alberta, T5J 1L6

PRACTICAL NURSING 202
NURSING FOUNDATIONS IV: MATERNITY NURSING

Course Outline
Table of Contents

PRACTICAL NURSE COLLABORATIVE CURRICULUM 1
PRACTICAL NURSING 202 3
CALENDAR STATEMENT 4
COURSE HOURS 4
COURSE DESCRIPTION 4
TUTOR INFORMATION 4
GENERAL LEARNING OUTCOMES 5
INSTRUCTIONAL METHODS 5
PRACTICAL NURSING PROGRAM POLICIES 6
LATE POLICY FOR ASSIGNMENTS 6
SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE 6
DISABILITY SUPPORT SERVICES: LEARNER ASSISTANCE PROGRAM 6
SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE 6
OVERVIEW OF LEARNING EXPERIENCES 7
OVERVIEW OF COURSE ASSESSMENT 8
DISTRIBUTION OF MARKS 8
PASSING LEVEL AND GRADING SCALE 8
IMPORTANT ADDITIONAL INFORMATION 8
ASSIGNMENT 1: BUILDING YOUR PROFESSIONAL PORTFOLIO 9
MIDTERM EXAM 9
POSTPARTUM NURSING CARE EXAM 9
FINAL EXAM 9
Assignment 1: Building Your Professional Portfolio 11
CONTINUING COMPETENCY ACHIEVEMENT 12
PROFICIENCY CATEGORIES 12
REPORT ON PROGRESS OF PROFESSIONAL PORTFOLIO 13
CODE OF ETHICS 14
CLPNA COMPETENCIES 14
REQUIRED TEXTS 14
REQUIRED TEXTBOOKS AND RESOURCES 14
PRIMARY TEXT .....
INTERNET RESOURCES TO SUPPLEMENT TEXT READINGS 15
Appendix A 16
NURSING FOUNDATIONS IV: MATERNITY NURSING 16
Marking Guide for Assignment 1 16
ASSIGNMENT 1: COMPETENCY PROFILE 16

NURSING FOUNDATIONS IV:
INTRODUCTION TO NURSING
COURSE OUTLINE

CALENDAR STATEMENT

NURSING FOUNDATIONS IV: * Semester 4

Pre-requisites: All first Year Courses

Co-requisite: PN 200; PN 201A; PN 201B

COURSE HOURS

TOTAL HOURS: 45 LECTURE: 45 CREDITS: 3

COURSE DESCRIPTION

This nursing examines evidence informed maternity nursing practice and the care of the expectant family before, during and after the birth of the baby. The learner will build upon previous nursing knowledge and related theory in adapting the nursing approach to the care and health promotion of the child-bearing family using nursing concepts and the nursing process. Trends and issues in the care of the child-bearing clients and their families will also be explored.

TUTOR INFORMATION

Instructor: TBA
Phone (Office): 780-791-
E-mail: first.last@keyano.ca
Office hours: by appointment

Instructor: TBA
Phone (Office): 780-791-
E-mail: first.last@keyano.ca
Office hours: by appointment

GENERAL LEARNING OUTCOMES

Upon successful completion of this course, the learner will meet the following outcomes:

1. Examine the role of the practical nurse and interdisciplinary health-care team in the care of the maternity client.
2. Integrate the nursing metaparadigm, nursing theory, and related knowledge to maternity nursing.
3. Examine ways to create a culture of safety in maternity nursing.
4. Apply the nursing process to the maternity client.
5. Integrate nursing of the family and nurse-client synergy to maternity nursing care.
6. Apply principles of teaching and learning and health promotion to the maternity client and the family.
7. Examine the legal and ethical principles in the care of the maternity client and the family.
8. Relate cultural competency to maternity nursing.
9. Apply knowledge of documenting, reporting, and recording of pertinent client information to maternity nursing.
10. Integrate professionalism and leadership to the maternity client.
11. Incorporate research findings in evidence-informed practice in the delivery of maternity nursing care.
12. Demonstrate reflective practice for personal and professional growth and continued learning related to maternity nursing.

Instructional Methods

- This course uses a variety of teaching/learning methods including: discussion, experiential exercises, learner presentations, role-plays, case studies, lectures, reflection, and group activities. These course activities provide the opportunity for you to learn with and from others who are undergoing a similar learning experience.

- The course emphasizes pre-class preparation, participation in interactive classes, and post-class reflection and review. You are expected to take an active part in class discussions and take responsibility for your own learning. The instructor's role is to facilitate learning.

PRACTICAL NURSING PROGRAM POLICIES

Please refer to Keyano College Practical Nurse Handbook for specific Practical Nursing Program policies and to Keyano College Calendar for general College policies.

Please review the Keyano College Nursing Program Policy on Clinical Attire, which is outlined in the student handbook..

LATE POLICY FOR ASSIGNMENTS

Assignments not submitted on the day and time specified will incur a 5% deduction per day including weekends. This will be applied each day until the assignment is received by the instructor. Students can submit assignments by e-mail on weekends, but must provide a paper copy on the first day following the weekend.

SPECIALIZED SUPPORTS & DUTY TO ACCOMMODATE

DISABILITY SUPPORT SERVICES: LEARNER ASSISTANCE PROGRAM

It is the College's goal that learning experiences be as accessible as possible. If you anticipate or experience physical or academic barriers based on disability, please let your instructor know immediately so that we can discuss options. You are also welcome to contact Disability Services (780-791-8934) to establish reasonable accommodations.

SPECIALIZED SUPPORTS AND DUTY TO ACCOMMODATE

Specialized Support and Duty to Accommodate are aligned with the office of Disability Support Services: Learner Assistance Program (LAP) guided by federal and provincial human rights legislation and defined by a number of Keyano College policies. Keyano College is obligated by legislation to provide disability-related accommodations to students with identified disabilities to the point of undue hardship.

OVERVIEW OF LEARNING EXPERIENCES

Students will work through 7 Units in the classroom. Units to be covered in Nursing Foundations IV: Maternity Nursing are as follows:

This course consists of the following units:

Unit 1: Foundations of Maternity Nursing

Unit 2: Pregnancy and Prenatal Nursing Care for Childbearing Families

- Topic 2.1: Psychological and Physiologic Changes of Pregnancy
- Topic 2.2: Prenatal Care
- Topic 2.3: Promoting Nutritional Health in Pregnancy
- Topic 2.4: Preparing for Childbirth
- Topic 2.5: Nursing Care of the High-Risk Client
- Topic 2.6: Pregnancy in Special Populations

Unit 3: Assessment of Fetal Well-Being

Unit 4: Childbirth

- Topic 4.1: Processes of Labour and Delivery
- Topic 4.2: Comfort Measures in Labour and Delivery
- Topic 4.3: Intrapartum Nursing Care
- Topic 4.4: High-Risk Births and Obstetric Emergencies
- Topic 4.5: Perinatal Loss and Grief

Unit 5: Postpartum Health and Nursing Care

- Topic 5.1: Postpartum Nursing Care
- Topic 5.2: Postpartum Family Adjustment
- Topic 5.3: Nursing Care of Clients Experiencing Postpartum Complications

Unit 6: Newborn Development and Nursing Care

- Topic 6.1: Assessment of the Newborn
- Topic 6.2: Nursing Care of the Newborn
- Topic 6.3: Nutritional Needs of the Newborn
- Topic 6.4: High-Risk Newborns and Their Families

Unit 7: Trends, and Issues in Maternity Nursing

OVERVIEW OF COURSE ASSESSMENT

To receive credit in Nursing Foundations IV: Maternity Nursing, the learner must complete all course requirements, which include 1 assignment and 3 exams. Course credit will not be given if all components of the course are not completed.

DISTRIBUTION OF MARKS

THEORY			DATE
Exam 1 multiple choice	Demonstrate knowledge of course content (Units 1–4)	**25%**	**See timetable**
Exam 2 multiple choice	Postpartum Nursing (Unit 5)	**25%**	**See timetable**
Assignment 1	Building Your Professional Portfolio	**10%**	**See timetable**
Final Exam cumulative; multiple choice	Demonstrate knowledge of all course content	**40%**	**See timetable**
	Total	**100%**	

PASSING LEVEL AND GRADING SCALE

This is a theory course. You must complete all assignments and examinations to receive a final grade. You will not be allowed to rewrite assignments or exams to raise your grade.

To receive credit for Nursing Foundations IV, a learner must achieve each of the following:

- A minimum overall grade of 1.7 (C–) or 60%

Refer to the Practical Nurse Program Handbook for information regarding grading scale, extensions, and other program standard practices.

Important Additional Information

***Note to all Learners**: It is the learner's responsibility to retain course outlines for possible future use in support of applications for transfer credit to other educational institutions.*

COURSE ASSESSMENT

Assessment of mastery of the content of Nursing Foundations IV will be determined through the learner meeting expectations for the following:

- Self-assessment and personalized nursing care plan
- Development of a professional portfolio
- Competency achievement exam 1 and 2
- Final cumulative exam
- Guided practice of nursing skills.

Assignment 1: Building Your Professional Portfolio

You are **expected** to maintain and enhance the Professional Portfolio begun in Nursing Foundations I during each Nursing Foundations course. At the end of each Nursing Foundations course you will submit to your instructor/tutor evidence of having maintained and enhanced your Professional Portfolio.

This assignment **must be completed** and contributes **10%** towards your course grade.

Exam 1

The exam evaluates your knowledge of content covered in Units 1 to 4. This exam contributes **25%** towards your course grade. The exam consists of 80 multiple choice questions in an online venue available on Moodle at the time and location specified in the timetable. Please bring your own electronic device to class with you. Check connectivity to Moodle (internet) prior to the exam from the class location.

Exam 2

The exam evaluates your knowledge of content covered in Unit 5 and contributes **25%** towards your course grade. The exam consists of 50 multiple choice questions in an online venue available on Moodle at the time and location specified in the timetable. Please bring your own electronic device to class with you. Check connectivity to Moodle prior to the exam from the class location.

Final Exam

This is a cumulative multiple-choice exam that contributes **40%** towards your final course grade. It covers all course content from Unit 1 through Unit 7. The exam consists of 100 multiple choice questions in an online venue available on Moodle at the time and location specified in the timetable. Please bring your own electronic device to class with you. Check connectivity to Moodle (internet) prior to the exam from the class location.

ASSIGNMENT 1: BUILDING YOUR PROFESSIONAL PORTFOLIO

Due Date: DATE by noon (1200 hours)

You are **expected** to maintain and enhance your Professional Portfolio begun in Nursing Foundations I during each Nursing Foundations course.

The purpose of a cumulative Professional Portfolio is to develop documentation you can use to secure employment in a health-care setting as a practical nurse graduate.

- At the end of each Nursing Foundations course you will submit to your instructor/tutor evidence of having maintained and enhanced your Professional Portfolio.
- Submission may be electronically through websites available in the College or in hard copy using the form below.
- **Do not submit** the entire Professional Portfolio unless requested to do so by your instructor/tutor.
- The **report** does **not** replace work on the Professional Portfolio but is an indication that you met expectations.
- This assignment is **graded** and **does** contribute **10%** towards the final grade for this course.

Categories to continue to build as applicable to the learning of each Nursing Foundations course are:

A. <u>Personal:</u>

- Personal goals
- Personal interests
- Education
- Experiences
- Achievements

B. <u>Professional:</u>

- Philosophy of practical nursing
- Resume and cover letter
- Appraisals and evaluations
- Reflective practice
- Leadership
- Scholarly papers
- Nursing care plans

- Client teaching plans
- Professional goals
- CPRNE study plan
- Continuing competency achievement

Continuing Competency Achievement

Continuing competency achievement is an essential aspect of the Professional Portfolio and is recorded through a review of the competencies from the Course Outline or from the Competency Profile on the CLPNA website at www.clpna.com. Make a list of the competencies learned in this course and rate the proficiency you achieved in each of the competencies.

PROFICIENCY CATEGORIES

Excellent: integrates competency theory with other knowledge, skills, and attitudes so that it becomes seamless/automatic as part of everyday nursing practice

Good: understands competency in theory and in scenarios and nursing practice

Fair: understands the competency in theory; unable to apply it to scenarios or nursing practice

Poor: does not understand content related to the competency

You will be expected to finalize your Professional Portfolio and to create a Continuing Competency Program Learning Plan/Binder upon completion of ***Nursing Foundations VIII.***

Report on Progress of Professional Portfolio

DESCRIPTION OF ONE SIGNIFICANT LEARNING EXPERIENCE IN THIS COURSE	
WHAT I LEARNED	
WHY IT WAS MEANINGFUL/ SIGNIFICANT	
HOW I WILL APPLY THIS LEARNING IN NURSING PRACTICE	
ADDITIONAL COMMENTS	

Student Name: _____

Course: _____

Date: _____

Instructor/Tutor: _____

CODE OF ETHICS

CLPNA Competencies

The following CLPNA competencies are learned during the Nursing Foundations IV course:

- A: Nursing Knowledge
- B: Nursing Process
- C: Safety
- D: Communication and Interpersonal Skills
- E: Nursing Practice
- K: Maternal/Newborn Care
- T: Occupation Health and Safety
- W: Professionalism
- X: Licensed Practical Nurse Leadership Role

All students must practice in a manner that is consistent with:

- The CLPNA Code of Ethics and Standards of Practice (2008). See **APPENDIX C**

Refer to www.clpna.com for references

REQUIRED TEXTS

Required Textbooks and Resources

Perry, S.E., Hockenberry, M. J., Lowdermilk, D. L., & Wilson, D. (2013) *Maternal child nursing care in Canada.* (1st ed.). Toronto, ON: Elsevier

Practical Nurse Collaborative Curriculum. (2012). *Nursing foundations IV: Maternity nursing: Course materials.*

Other Required Resources

Health Assessment textbook

Drug guide or online drug guide such as Medline Plus:
http://www.nlm.nih.gov/medlineplus/druginformation.html

Medical dictionary or online medical dictionary such as Medline Plus:
http://www.nlm.nih.gov/medlineplus/mplusdictionary.html

INTERNET RESOURCES TO SUPPLEMENT TEXT READINGS

Arbour Birth Center. (n.d.). Retrieved from www.arbourbirthcenter.com

Health Canada. (n.d.). *Women of childbearing age–Canada's food guide.* Retrieved from www.hc-sc.gc.ca

Health Link Alberta. (2010). *Getting breastfeeding off to a good start.* Retrieved from www.healthlinkalberta.ca

Public Health Agency of Canada. (June, 1999). *Infant mortality–Measuring up: A health surveillance update on Canadian children and youth.* Retrieved from www.phac-aspc.gc.ca

Public Health Agency of Canada. (n.d.). *Prenatal nutrition.* Retrieved from www.phac-aspc.gc.ca

Public Health Agency of Canada. (n.d.). *Special report on maternal mortality and severe morbidity in Canada enhanced surveillance: The path to prevention.* Retrieved from www.phac-aspc.gc.ca

Statistics Canada. (2010). *Births and birth rate, by province and territory.* Retrieved from www.statcan.gc.ca

CINAHL Plus with Full Text Database

Bartell, S. (2005). Perinatal loss: Understanding the loss, supporting the grieving. International *Journal of Childbirth Education.* September 2005. Retrieved from CINAHL Plus with Full Text database.

Nystedt, A., Edvardsson, D., & Willman, A. (2004). Epidural analgesia for pain relief in labour and childbirth – A review with a systematic approach. *Journal of Clinical Nursing*, 13(4), 455–466. Retrieved from CINAHL Plus with Full Text database.

Pinto, S., & March, P. (2009). Pregnancy in adolescence: Fathers. *Evidenced-Based Care Sheet* series. Glendale, CA: CINAHL Information Systems. Retrieved from CINAHL Plus with Full Text database.

Straye, D., Caple, C., & Pravikoff, D. (2010). Postpartum depression: Assessment and screening. *Evidence-Based Care Sheet* series. Glendale, CA: CINAHL Information Systems. Retrieved CINAHL Plus with Full Text database.

Straye, D., Caple, C., & Pravikoff, D. (2010). Postpartum depression in fathers. *Evidence Based Care Sheet* series. Glendale, CA: CINAHL Information Systems. Retrieved from CINAHL Plus with Full Text database.

Appendix A
NURSING FOUNDATIONS IV: MATERNITY NURSING
Marking Guide for Assignment 1

ASSIGNMENT 1: COMPETENCY PROFILE

DESCRIPTION OF ONE SIGNIFICANT LEARNING EXPERIENCE IN THIS COURSE	5 Marks Description of Event
WHAT I LEARNED FROM THE EXPERIENCE	10 marks Reflect on experience and its relationship to the course content and how it impacted your learning
WHY IT WAS MEANINGFUL/ SIGNIFICANT	15 marks Explain the significance of the learning experience as to why it was meaningful for you
HOW I WILL APPLY THIS LEARNING IN NURSING PRACTICE	15 marks Demonstrate the application of the learning experience to your nursing practice now and in the future
ADDITIONAL COMMENTS	5 Marks Other experience that may enhance learning in the course Any other comments that may be pertinent to the course

Student Name: _____

Course: _____

Date: _____ Instructor/Tutor:_____