

NATST 201: A Canadian Indigenous Perspective to Helping

3 credits, 3 hours lecture

An analysis of Canadian welfare policy and the human services from an aboriginal perspective. The course emphasizes the linkage between practice and policy and overlays concepts such as colonization, decolonization, and approaches to practices which include cross culture, structure and anti-oppression in the context of Indigenous world views, experience and helping practices.

In this course the processes of colonization, decolonization and empowerment are discussed as they relate to: 1) emerging initiatives arising from Indigenous self-government and; 2) the role of human services in the development and delivery of culturally sensitive policies and practice. Specific attention is given to Indigenous philosophies and structural social theories as they apply to historical, contemporary and emerging modes of human service practice with Indigenous systems and populations.

Prerequisites and/or co-requisites: See course calendar

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Office Hours

Monday 9:00 – 10:00
Friday 12:00 – 1:00

Or by appointment

Hours of Instruction

Friday 9:00 AM - 11:50 AM
Room: S205

Required Resources

Course readings will be provided.

Course Outcomes

Upon successful completion of this course, the student shall be able to:

- Identify how policy has defined and continues to define relationships between Indigenous peoples of Canada and the Canadian state.
- Identify the manner in which broader policies have impacted Indigenous peoples in Canada.
- Identify the resurgence of Indigenous peoples' ways of helping and healing as part of the decolonization process.
- Identify the historical values and cultural foundations of Indigenous peoples' ways of helping, teaching, and healing.
- Describe the relationship between colonizing Euro-western powers and Indigenous populations.

- Describe the manner in which social welfare institutions are used as assimilative instruments of Canadian social policy with Indigenous populations in Canada.
- Describe decolonization processes among Indigenous populations and the need to recognize the role of non-Indigenous populations in decolonization efforts.
- Discuss potential for change in existing social welfare institutions serving Indigenous populations in Canada.
- Explain the impact of colonization on traditional Indigenous Peoples' social institutions.
- Critically analyze human service practice from an Indigenous perspective.
- Participate effectively in groups in the learning environment

Evaluation

Participation	15%
Midterm	30%
Personal Practice Paper	25%
Final Assignment	30%
TOTAL	100%

A grade of C- is required for progression or transfer.

Participation

Students will be assigned a participation grade based on attendance and participation in group activities/discussions. Further information will be provided in class.

Midterm

This will be a 3 hour, in class exam on March 6th, 2020. This exam will cover all course material discussed in class.

This exam will be worth 25% of students' overall grade.

Personal Practice Paper

For this assignment, students are expected to write a formal assessment and intervention paper that reflects an Indigenous approach to assessment and intervention strategies. The objective of this assignment is to demonstrate the development of your personal practice approach in work with Indigenous individuals, families and/or communities. The assignment also requires that you identify what guides your assessment and intervention strategies in your work within the Indigenous community. You can draw on an actual situation you have worked with as long as client confidentiality is protected, or may choose to use a case study example.

This assignment will be 7-8 pages long. Further information will be provided in class

This assignment will be worth 25% of students' overall grades and will be due March 20th, 2020.

Final Assignment

The final assignment will be completed during the final exam period. Students will be provided the assignment on April 14th and it will be due on April 17th at 4:30 PM. The final assignment will cover all course material presented after the midterm.

Date (April 14th – 17th, 2020). Weight: 30%

Grading System

Descriptor	Alpha Grade	4.0 Scale	Percent	Rubric for Letter Grades
Excellent	A+	4.0	> 92.9	Work shows in-depth and critical analysis, well developed ideas, creativity, excellent writing, clarity and proper format.
	A	4.0	85 – 92.9	
	A-	3.7	80 – 84.9	
Good	B+	3.3	77 – 79.9	Work is generally of high quality, well developed, well written, has clarity, and uses proper format.
	B	3.0	74 – 76.9	
	B-	2.7	70 – 73.9	
Satisfactory Progression	C+	2.3	67 – 69.9	Work has some developed ideas but needs more attention to clarity, style and formatting.
	C	2.0	64 – 66.9	
	C-	1.7	60 – 63.9	
Poor Minimum Pass	D+	1.3	55 – 59.9	Work is completed in a general way with minimal support, or is poorly written or did not use proper format.
	D	1.0	50 – 54.9	
Failure	F	0.0	< 50	Responses fail to demonstrate appropriate understanding or are fundamentally incomplete.

Proposed Schedule of Topics

Week	Activity
January 10	Review of course outline and introduction: Policy Implications
January 17	Policy Implications
January 24	Well-Being and Resiliency: The miyo Resource
January 31	Guest Speaker - TBA
February 7	Participatory Learning – Mark Amy Treatment Centre
February 14	Gently Whispering the Circle Back
February 21	Reading Week – No Class
February 28	Guest Speaker: TBA
March 6	In Class Midterm Exam
March 13	Human Service and Indigenous Families Being an Ally
March 20	Personal Practice Paper Due
March 27	Guest Speaker - TBA
April 3	Final Exam Review
April 14 th – 17 th	Final Assignment

Please Note:

Date and time allotted to each topic is subject to change.

Performance Requirements

Student Responsibilities

It is your responsibility as a student to contact the Office of the Registrar to complete the forms for Withdrawal or Change of Registration, and any other forms. Please refer to the list of important dates as noted in the Academic Schedule in the Keyano College credit calendar.

More specific details are found in the Student Rights and Student Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

Student Attendance

Class attendance is useful for two reasons. First, class attendance maximizes a students' learning experience. Second, attending class is a good way to keep informed of matters relating to the administration of the course (e.g., the timing of assignments and exams). Ultimately, you are responsible for your own learning and performance in this course.

It is the responsibility of each student to be prepared for all classes. Students who miss classes are responsible for the material covered in those classes and for ensuring that they are prepared for the next class, including the completion of any assignments and / or notes that may be due.

Academic Misconduct

Students are considered to be responsible adults and should adhere to principles of intellectual integrity. Intellectual dishonesty may take many forms, such as:

- Plagiarism or the submission of another person's work as one's own
- The use of unauthorized aids in assignments or examinations (cheating)
- Collusion or the unauthorized collaboration with others in preparing work
- The deliberate misrepresentation of qualifications
- The willful distortion of results or data
- Substitution in an examination by another person
- Handing in the same unchanged work as submitted for another assignment
- Breach of confidentiality.

The consequences for academic misconduct range from a verbal reprimand to expulsion from the College. More specific descriptions and details are found in the Student Rights and Student Code of Conduct section of the Keyano College credit calendar. It is the responsibility of each student to be aware of the guidelines outlined in the Student Rights and Student Code of Conduct Policies.

In order to ensure your understanding of the concept of plagiarism, you must successfully complete the online tutorial found on ilearn.keyano.ca. Then print the certificate, sign it, and show it to each of your instructors. Your course work will not be graded until you show this signed certificate.

Specialized Supports

The Student Academic Support Services (SASS) department: Accessibility Services, Skill Centre, Wellness Services and Student Life Department work together to support student success at Keyano College.

Accessibility Services (CC167) supports student success through group and individualized instruction of learning, study and test taking strategies, and adaptive technologies. Students with

documented disabilities, or who suspect a disability, can meet with the Learning Strategists to discuss accommodation of the learning barriers that they may be experiencing. Students who have accessed accommodations in the past are encouraged to visit our office at their earliest opportunity to discuss the availability of accommodations in their current courses. Individual appointments can be made by calling 780-791-8934.

Skill Centre (CC119) provides a learning space where students can gather to share ideas, collaborate on projects and get new perspectives on learning from our tutorial staff. Students visiting the centre have access to one-to-one or group tutoring, facilitated study groups, and assistance in academic writing. The Skill Centre's Peer Tutor program provides paid employment opportunities for students who have demonstrated academic success and want to share what they have learned. Tutoring is available free to any students registered at Keyano College on a drop in basis, from 8:30 am to 5:00 pm Monday through Friday. Additional evening hours are subject to tutor availability and are posted in the Skill Centre.

Wellness Services (CC260) offers a caring, inclusive, and respectful environment where students can access free group and individual support to meet academic and life challenges. Mental Health Coordinators offer a safe and confidential environment to seek help with personal concerns. The Mindfulness Room in CC260 is available as a quiet space for students to relax during regular office hours. Wellness Service welcomes students to participate in any of the group sessions offered throughout the academic year addressing such topics as Mindfulness and Test Anxiety. Individual appointments can be made by calling 780-791-8934.

Student Life Department (CC210) is a place for students to go when they don't know who else can answer their questions. The staff will help students navigate barriers to success and if they don't know the answer, they will find it out. Student success is directly affected by how connected a student feels to their college. The student life department is there to help students get connected.

Please watch your Keyano email for workshop announcements from our Student Academic Support Services team.